Resource Directory

Montgomery County

Abuse

Addiction

Adoption

Children

Clothing

Counseling/Support

Dental

Disability

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Employment

Food

Health

Hotlines

Housing

Income Stability

Legal & Criminal

Mental Health

Parenting

Re-entry

Seniors

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Utilities

Veteran's Services

Montgomery County Abuse

Adult Protective Services (Adult Abuse Hotline (800) 482-8049)

Investigations of abuse, neglect, self-neglect and exploitation of adults who are unable to understand they are in imminent risk of death or serious bodily injury.

Endangered Adults: An adult eighteen (18) years of age or older who is found to be in a situation or condition which poses an imminent risk of death or serious bodily harm to that person. Who demonstrates the lack of capacity to comprehend the nature and consequences of remaining in that situation or condition.

A resident eighteen (18) years of age or older of a licensed long-term care facility who is found to be in a situation or condition which poses an imminent risk of death or serious bodily harm to that person. Who demonstrates the lack of capacity to comprehend the nature and consequences of remaining in that situation or condition.

Impaired Adults: A person eighteen (18) years or older who as a result of mental or physical impairment is unable to protect himself or herself from abuse, sexual abuse, neglect or exploitation and as a consequence is endangered.

www.aradultprotection.com/

Alzheimer's Arkansas

Counseling, support, education, elder abuse programs and services for all Alzheimer's or related dementia patients, their caregivers, families and friends. Monday-Friday 8:30am-4:30pm.

201 Markham Center Drive Little Rock AR 72205 (501) 224-0021 or (800) 272-3900 24/7 Caregiver: (800) 689-6090 Elise Stuart, elise.stuart@alzark.org

www.alzark.org

American Academy of Facial Plastic and Reconstruction Surgery

FACE to FACE PROGRAM: A humanitarian and educational surgical exchange program conducted under the sponsorship of the Educational and Research Foundation for AAFPRS. In the United States and abroad, AAFPRS surgeons provide complimentary care to those who suffer from facial deformities caused by birth or trauma. The program offers individuals the opportunity to overcome the physical limitations placed on them by circumstances beyond their control: deformities at birth, domestic violence and war. AAFPRS surgeons use their expertise to perform plastic and reconstructive surgery of the face, head and neck. Referral service to physicians in Arkansas who provide volunteer plastic surgery for victims of domestic violence. (800) 842-4546

https://www.aafprs.org/humanitarian/pa_humprog.html

Arkansas Long Term Care Ombudsman Program

The mission of the **Arkansas Long-Term Care Ombudsman Program** is to assure that long-term care facility residents have the right to live their lives harmoniously and with dignity, feeling free to voice complaints or concerns without reprisal. Call Ombudsman when you have questions about: finances, long-term care Medicaid eligibility, use of restraints, guardianship/power of attorney, food quality, transfers or discharges, social activities, residents rights concern and care plans. (800) 467-2170 or (501) 321-2811.

Child Abuse Hotline

The Childhelp National Child Abuse Hotline 1-800-4-A-CHILD (1-800-422-4453) dedicated to the prevention of child abuse. Serving the United States, its territories, and Canada, the hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who, through interpreters, can provide assistance in over 200 languages. All calls are confidential. (800) 482-5964

Cooper-Anthony Mercy Child Advocacy Center

The center is dedicated to providing comprehensive, coordinated and compassionate services to victims of child abuse. Hope and healing for victims of child abuse. Monday-Friday 8:00am-4:30pm

216 McAuley Court Hot Springs AR 71913

(501) 622-2531 Contact: Karen Wright; karen.wright@mercy.net
https://www.mercy.net/practice/mercy-cooper-anthony-child-advocacy-center

Covenant House Shelter for Women and Children in Crisis

Shelter and counseling for women in crisis due to domestic violence, homelessness and unplanned or teen pregnancy. Limited availability for families. Thirty-day emergency housing. (479) 234-1166

Crime Victims Reparations Board

Provides a method of compensating and assisting victims and their dependents who have suffered personal injury or death as the result of a violent crime, including DWI. (501) 682-1020 or (800) 448-3014

https://www.arlegalservices.org/files/FSCrimeReparations.pdf

Division of Children and Family Services (DHS)

The Clark County Department of Family Services (DFS) is the local child welfare agency that works to protect children from abuse and neglect. We do this by partnering with our community to build safe, nurturing and stable families, support family preservation when possible, and provide permanent families for those children who cannot safely return home and to ensure the well-being of children in our care. humanservices.arkansas.gov

232 Graham Street Mt. Ida, AR 71957 (870) 867-3184 Monday-Friday 8:00am-4:30pm

Domestic Violence Support Group

At the National Domestic Violence Hotline, our highly trained expert advocates are available 24/7 to talk confidentially with anyone in the United States who is experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship. The Hotline provides lifesaving tools and immediate support to empower victims and survivors to find safety and live free of abuse. We also provide support to friends and family members who are concerned about a loved one. Resources and help can be found by calling 1-800-799-7233. Individuals who are Deaf or hard of hearing may use TTY 1-800-787-3224.

Human Trafficking Task Force

Human Trafficking is a form of modern slavery that occurs in every state. The NHTH works closely with service providers, law enforcement, and other professionals in Arkansas to serve victims and survivors of trafficking, respond to human trafficking cases, and share information and resources. Our Task Force seeks to educate and equip individuals and communities to strengthen local efforts in the fight to end Human Trafficking. Call for help (888) 274-7472 www.facebook.com/httfgc/

Montgomery County CASA (Court Appointed Special Advocates)

Montgomery County CASA trains and supports volunteers who intervene in the juvenile court system to advocate for children in abuse and neglect cases. Advocates work alongside Department of Human Services and Division of Children and Family Services case workers and investigators to represent these children's best interests and provide relief to a critically overburdened child welfare system. Serving Polk, Montgomery and Sevier Counties

812B DeQueen Street Suite C Mena, AR 71953 (479) 243-9277

National Teen Dating Abuse Hotline

The National Dating Abuse Helpline is the direct service provider behind <u>loveisrespect.org(link is external)</u>, operating the 24/7 text, phone and live chat services. The texting function of the Helpline allows for users to text the Helpline advocates 24/7. (866) 331-9474 or (800) 331-9474 or (800) 799-7233.

Ouachita Behavioral Health & Wellness (formerly Community Counseling Service)

Services include: Individual and Group Counseling, Marriage and Family Counseling,
Psychological, Personality and Intellectual Evaluations, Psychiatric Treatment and
Medication Management for children and adults. Clark, Garland, Hot Spring,
Montgomery and Pike Counties. Monday-Friday 8:00am-5:00pm.

125 Wellness Way Hot Springs, AR 71913 (501) 624-7111 or (800) 264-2410 www.OBHAW.org

Ouachita Children, Youth & Family Services - Family Center

Breaking the cycles of social and negative behavior as well as those of abuse and neglect for Arkansas youth, one child at a time. A non-profit child advocacy organization providing emergency shelter and quality services for youth and families, empowering them to achieve lifelong success. Serving Clark, Garland, Hot Spring, Montgomery and Pike Counties.

339 Charter Oak Street Hot Springs, AR 71901 (5201) 623-5591 www.occnet.org/

Potter's Clay

Potter's Clay Ministries, Inc. was founded in 1984 as an outreach to women and children in crisis. We accept no state or federal funding to fund our facility. Therefore, we depend on support from churches, organizations and individuals.

We provide food, clothing and shelter to our clients. Monday-Friday 8:00am-4:00pm. http://pottersclayhotsprings.org/

110 Crescent AvenueHot Springs, AR 71901(501) 624-1366

Potters Clay Thrift allow shoppers to find products like unique clothing, home goods items, antiques, novelty items and even furniture. Thrift stores are known for their bargain deals on items that you won't be able to find at your local department stores. Shop at Potters Clay Thrift Store in Hot Springs, AR. You'll be amazed at items that you can find. Monday-Friday 9:00am-4:00pm and Saturday 10:00am-3:00pm.

1032 Malvern Avenue Hot Springs, AR 71901 (501) 620-4405

Smart Moves Smart Choices

Online education, support and resources sponsored by the National Association of School Nurses to raise awareness of the epidemic of prescription drug abuse among our teens. Videos and other resources for teens, parents and school officials are available upon request.

http://www.smartmovessmartchoices.org/teens

Montgomery County Addiction

Addiction Center

Addiction Center connects you with the best drug and alcohol treatments centers in your area. Regardless of where you live we can help you find the perfect rehab. Call a treatment expert for: Compassionate guidance from specialists who are in recovery themselves, immediate enrollment into the treatment center of your choice and information on financial help, insurance and payment plans.

(866) 773-3180. https://www.addictioncenter.com/rehabs/arkansas/

Al-Anon

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving understanding and encouragement to the alcoholic. http://www.ar.al-anon.alateen.org

Alcoholics Anonymous

Alcoholics Anonymous is an international mutual aid fellowship with the stated purpose of enabling its members to "stay sober and help other alcoholics achieve sobriety." AA is nonprofessional, self-supporting, and apolitical. Its only membership requirement is a desire to stop drinking. http://aawestcentralarkansas.org/ Wednesday at 8:00pm at Norman Fire Department.

227 West Main Norman, AR 71960 (870) 334-3223

Arkansas Prevention Provider Services Region 8

Substance use and behavioral health prevention through awareness and education. Free educational resources and items upon request.

300 Werner Street Hot Springs, AR 71913 (501) 622-4112

CATAR Clinic for Addictions

CATAR's mission is to provide quality treatment services for opiate-dependent persons (prescription pain medication, heroin, morphine, codeine, oxycodone, hydrocodone etc.) The Primary purpose is to assist patients in attaining the highest level of functioning in physical, emotional, vocational and social structures.

Hot Springs: (501) 463-9565 North Little Rock: (501) 664 - 7833 Helpline: (877) 487 - 5584

http://catarclinic.com/2012/

Celebrate Recovery

Celebrate Recovery is a **recovery** program aimed at all "hurts, habits, and hangups", including but not exclusive to: high anxiety; co-dependency; compulsive behaviors; sex addiction; financial dysfunction; drug and alcohol addictions and eating disorders.

Tuesday @ 7:00pm First United Methodist Church US Highway 70 Mt. Ida, AR 71957 (870) 867-3213

Gethsemane Outreach

Faith-based, in-house transitional living home for men and women. Six-month minimum program with post-graduation homes available.

144 Weston Road Hot Springs AR 71913 Jeff Taylor (501) 617-3900 JIF4MA@yahoo.com

Narcotics Anonymous

Narcotics Anonymous describes itself as a "nonprofit fellowship or society of men and women for whom drugs had become a major problem". Narcotics Anonymous uses a traditional 12-step model that has been expanded and developed for people with varied substance abuse issues and is the second-largest 12-step. na.org

Find a meeting: http://www.na.org/meetingsearch/
http://www.na.org/admin/include/spaw2/uploads/pdf/litfiles/us_english/IP/EN3107.pdf

New Vision Drug & Alcohol Medical Stabilization Services

This is a 3-5 day Observational Detoxification service. Medicaid, Medicare and most other insurances accepted. Will give patients a plan to continue recovery. New Vision @ Mena Regional Hospital

311 North Morrow Street Mena, AR 71953 (479) 243-2280 or (800) 939-2273 www.specialcarecorp.com

Ouachita Behavioral Health & Wellness (formerly Community Counseling Service)

Our goal is to assist everyone in our community reach optimum mental health, to live their best lift. CCC's licensed professionals and psychiatrist can help you and your family using: individual and group counseling, marriage and family counseling, psychological, personality, intellectual evaluations, psychiatric treatment and medication management for children and adults. Monday-Friday 8:00am-5:00pm. obhaw.org

125 Wellness Way Hot Springs, AR 71913 (501) 624-7111 or (800) www.OBHAW.org

P.A.T.H. (Project for Assistance in Transition from Homelessness)

Program is provided to support individuals with serious mental illnesses, as well as individuals with co-occurring substance use disorders, who are homeless or at risk of becoming homeless. Housing, diagnostic screening, therapeutic treatment for serious mental illness, case management services, job training, educational opportunities, referral for substance abuse and primary healthcare. Walk-in clinic: Monday-Friday 8:30am-3:30pm.

125 Wellness Way Hot Springs, AR 71913 (501) 624-7111 (ask to speak with a member of the PATH team)

Potter's Clay

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We provide food, clothing and shelter to our clients. Monday-Friday 8:00am-4:00pm. http://pottersclayhotsprings.org/

110 Crescent Avenue Hot Springs, AR 71901 (501) 624-1366

Potters Clay Thrift allow shoppers to find products like unique clothing, home goods items, antiques, novelty items and even furniture. Thrifts stores are known for their bargain deals on items that you won't be able to find at your local department stores. Shop at Potters Clay Thrift Store in Hot Springs, AR. You'll be amazed at items that you can find. Monday-Friday 9:00am-4:00pm and Saturday 10:00am-3:00pm.

1032 Malvern Avenue Hot Springs, AR 71901 (501) 620-4405

Quapaw House

Quapaw House, Inc. is dedicated to compassionately providing comprehensive behavioral health prevention, treatment, and education services to clients, families and communities we serve. We are committed to providing high quality affordable programs that utilize a therapeutic and holistic approach that enriches their lives and quality of life they live.

(501) 767-4456 Monday-Friday 8:00am-4:30pm

Detoxification Services, Adult Residential 30 day (501) 767-4456

Drug & Alcohol Education, Re-entry Program (501) 318-0398 Medication Assisted Treatment (Subuxone) (501) 617-6984

Outpatient Programs, Transitional Living, Adult Aftercare, Adult Outpatient,

Adolescent Outpatient (501) 609-0400

Transitional Living (501) 205-4572

Adolescent (12-17 years of age) (501) 624-2455

Community Center (501) 623-9922

info@quapawhouseinc.org

Recovery Point Ministry

Recovery Point Ministry is a faith-based, non-profit organization which provides a nurturing environment for women who need to step out of their pain from destructive behavior and habits to rebuild their lives through the life-changing power of Jesus Christ. Thrift store hours: Monday-Friday 8:00am-5:00pm. recovery.ministry.org

1815 Albert Pike Hot Springs, AR 71913 (501) 760-8708 _

Shalom Recovery Centers

Shalom House Ministries provides holistic recovery for women and men addicted to alcohol and drugs. Our goal is to give the individuals with life controlling issues the tools to be mentally sound, physically transformed, spiritually alive and socially adjusted. We believe that through biblical principles and a personal relationship with Jesus Christ each person can be healed and restored. (501) 625-3811 or (501) 625-3895. shalomwomenscenter@gmail.com

Women's Center: 2375 East Grand Avenue

Hot Springs, AR 71901

Men's Center: 2446 East Grand Avenue

Hot Springs, AR 71901

Smart Moves Smart Choices

Online education, support and resources sponsored by the National Association of School Nurses to raise awareness of the epidemic of prescription drug abuse among teens. Videos and other resources for teens, parents and school officials are available upon request.

http://www.smartmovessmartchoices.org/teens

Solomon's Porch

Solomon's Porch is a faith-based program designed to restore the lives of men with life control issues. They house 30 men in 3 different locations. Solomon's Porch provides the tools and resources needed to lead a clean and sober life before and after they leave the program. All men must maintain employment and are responsible for weekly program fees. We are also closely tied to the Garland County court system. Our court liaison, Seth Gideon, works closely with Judge Wright and Judge Ohn to ensure any legal requirements and obligations are met by our residents. Seth works closely with District and Circuit Courts throughout the state. Contact Seth Godeon for information.

411 Highland Street Hot Springs, AR 71901 (501) 520-7991

Founder/Pastor: Richie Willis (501) 547-6233

Teen Challenge Men's Center

We are a faith-based Christian growth program for men with 18 years and older. We are non-medical and non-clinical. We are a completely voluntary program with a 15-month program. A minimum of 5 months in Hot Springs, AR and 10 months in the second phase in Cape Girardeau, MO. We exist to educate men with life controlling problems. This is accomplished through educational programs that are Biblically sound and highly structured. www.teenchallengear.org/

1679 North Highway 7 Hot Springs, AR 71909 (501) 624-2446

Teen Challenge Women's Center

Adult and teen challenge provides Christian faith-based, residential care to young teens and women who struggle with life controlling problems. The programs are typically 12-18 months and consist of Individual and Group Biblical Studies, work projects, education (for adolescents), recreation and more. http://womenstc.com/

2192 South Elira Avenue Russellville, AR 72802 (479) 967-1355

The Father's House

The Father's House helps people with life controlling problems such as drug or alcohol addiction, by providing faith and residential care those who qualify. Referrals are made by: Judges, Lawyers, Hot Lines, Probation Officers, Ministers, Police, Hospitals, Youth Agencies, Correctional Institutions, friends, family and concerned others.

Founder is Pastor Gary Jennings (501) 384-2265.

Main address: P.O. Box 129, Bismarck, AR 71929

Physical Address: 959 Vanderslice Road, Donaldson, AR 71941

The Hope Movement

The Hope Movement is concerned with the body, mind and spirit of the women who come to us for help. We endeavor to help people become mentally sound, emotionally balanced, socially adjusted, physically well and spiritually alive. This is a faith program that last 6 months to 1 year. (501) 318-8342

Montgomery County Adoption

Change Point Pregnancy Care and Parenting Resource Center

Change Point Pregnancy Care and Parenting Resource Center of Hot Springs has been helping families and single parents for over 30 years. We have a caring, loving staff, here to help you with free pregnancy testing, ultrasounds, educational materials on fetal development, and referrals to health care facilities. We offer educational parenting classes and programs, fatherhood program and classes, supervised parental court ordered visitation, and Biblically-Faith based classes to help a parent accomplish positive, loving, and solution solving parenting skills. changepointcenter.com/

201 Nickels Street Hot Springs, AR 71901

(501) 624-2773 Contact: Terri Sanders, tsanders.changepoint@yahoo.com

Children of Arkansas Loved For a Lifetime (The CALL)

The goal is to have no waiting children waiting in Arkansas foster care. The mission of The CALL is to educate, equip and encourage the Christian community to provide a future and a hope to children in foster care in Arkansas. The CALL Support Center is open 9:00am-2:00pm Tuesday and Thursday. You can donate needed items such as clothing, diapers wipes, etc. The resources are for the use of foster and adopted families only. The CALL Mall is a support center for the families of foster and adopted children. http://thecallinarkansas.org/foster-adopt/

220 Tom Ellsworth Drive Hot Springs, AR 71901 (501) 772-2522 or (501) 907-1048 www.garlandhotspring@thecallinarkansas.org

DCFS (Department of Children and Family Services)/DHS (Department of Human Services)

The Division of Children and Family Services DCFS) is responsible for safety of children and youth in Arkansas. DCFS is responsible for child abuse and neglect prevention, protective, foster care, and adoptive programs. Our mission is to keep children safe and help families. DCFS will respectfully engage families and youth and use community-based services and supports to assist parents in successfully caring for their children. We will focus on the safety, permanency and well-being for all children and youth. https://humanservices.arkansas.gov/

700 Main Street Little Rock, AR 72201 (501) 682-8590 Greg Gilliland, (501) 321-2583, ext. 227 Greg.Gilliland@arkansas.gov

Hillcrest Children's Home/COMPACT Family Services

Hillcrest Children's Home rests on a 52-acre campus with 8 cottages and a 24-apartment center for foster youth preparing for adult living. The residential programs care for approximately 40-50 children and youth at a time. Abused, neglected and otherwise vulnerable children come to us for redeeming care from state, court, church and other referrals. The facilities are equipped with state-of-the-art, audio-visual surveillance equipment in public areas to provide safer quality care. No matter the origin, we provide the professional Christian redemptive care they need and deserve.

http://www.compact.family

2325 Malvern Avenue Hot Springs, AR 71901 (501) 262-1660

Montgomery County Children

Arkansas Children Hospital (ACH)

Children are at the center of everything we do. Arkansas Children's is the only hospital system in the state sole dedicated to caring for children, which allows our organization to uniquely shape the landscape of pediatric care in Arkansas. ACH is a pediatric hospital with a Level 1 Trauma Center, that's located in Little Rock, AR. It is among the largest pediatric hospitals in the United States and serves children from birth to age 21. ACH is affiliated with the University of Arkansas for Medical Sciences and is a teaching hospital with the UAMS college of Medicine's Department of Pediatrics. Open 24/7. https://www.archildrens.org/

1 Children's Way Little Rock, AR 72202 (501) 364-1100

Arkansas Promise

Arkansas PROMISE is part of a new program sponsored by the U.S. Department of Education and the Social Security Administration (SSA) to help youth (14-16) who are receiving disability benefits and their families improve their educational and employment outcomes. http://www.promisear.org/

322 Main Street, Suite 501 Little Rock, AR 72201 (855) 649-0022

Arkansas Prevention Provider Services Region 8

Substance use and behavioral health prevention through awareness and education. Free educational resources and items upon request. Housed at CHI St. Vincent Hospital

300 Werner Street Hot Springs, AR 71913 (501) 622-4112

Arkansas Rehabilitation Services - Field Services

Arkansas Rehabilitation Services works to provide opportunities for Rehabilitation counselors and schools to develop partnerships in an effort to prepare high school students with disabilities the knowledge, skills and abilities to achieve successful transition from high school to post-secondary life. ace.arkansas.gov

200 Reserve Street Hot Springs AR 71901 Gaye Jones-Washington (501) 623-4479; gaye.jones-washington@arkansas.gov

Arkansas Sheriff's Youth Ranch

The Ranch is a transformative family-style foster care program. It provides a healthy home environment filled with emotional support. Our goal is to help each child learn to trust those around them and cope with their emotions while learning responsibility and building self-confidence. The Ranch's mission is to address, remedy and prevent child abuse and neglect by creating safe, healthy and permanent homes for children. Shelter and education for at-risk youth 6-17. www.youthranches.com

P.O. Box 3964 Batesville, AR 72503 (870) 793-6841

Contact: <u>admissions@youthranches.com</u>

Baptist Recovery Teen

Adults and teens who attend our recovery centers are given an opportunity to confront their destructive choices, their self-sabotaging behavior, and their unhealthy views with the love of God and the guidance of Biblical principles. One of the major differences between traditional recovery programs and our centers is our emphasis on Christian values and cultivating a personal relationship with Jesus Christ. It is this central spiritual dynamic upon which all aspects of the Adult and Teen Challenge program are built. (855) 363-2334

Camp Aldersgate

Camp Aldergate's Summer Camps serve children with medical, physical and developmental needs. Camp offers traditional summer activities such as campfires and singing, canoeing, fishing, arts and crafts, swimming and nature hikes.

Monday-Friday 8:30am-5:00pm. http://www.campaldersgate.net/

2000 Aldersgate Road Little Rock, AR 72205 K. Daniels (501) 225-1444; kdaniels @campaldersgate.net

Camp Alex

Sponsored by Alex Blackwood Foundation for Hope. Camp Alex will provide a fun filled, healing environment for children and teens whose lives have been affected by suicide. Our camp will provide a unique opportunity to connect with other survivors and develop lasting friendships while learning valuable coping skills to use in their everyday lives back home

Cindi Blackwood, cindi.blackwood@gmail.com

___200 River Market Avenue Suite 100 Little Rock, AR 72201 Steven (501) 920-8110, Cindi (501) 920-8111, Ariel (501) 920-9250

Camp Sunshine

Camp Sunshine was founded in 1991 to promote physical and emotional healing, to support growth and rejuvenate hope to children after surviving a burn injury. Contact Gretta Wilkinson, RN: wilkinsonge@archildrens.org

Camp Quality Arkansas

When a cancer diagnosis comes to a child, in lot of ways, childhood stops. Vacations, family time, crafts, and campfires are replaced with doctor visits, chemo, isolation and restrictions. With children's safety and medical needs forefront, Camp Quality Arkansas breaks down those barriers for children and families and restores the childhood experience. Surrounded by new friends that can relate, loving volunteers who care, and loads of fun experiences, Camp Quality campers find joy, courage and renewed hope for the future. They are free to be themselves - free to be kids again.

Contact: Beth Cameron (830) 486-7106; beth.camercon@campqualityusa.org

Camp Quality Arkansas P.O. Box 7754 Little Rock, AR 72217

Change Point Pregnancy Care and Parenting Resource Center

Change Point Pregnancy Care and Parenting Resource Center of Hot Springs has been helping families and single parents for over 30 years. We have a caring, loving staff, here to help you with free pregnancy testing, ultrasounds, educational materials on fetal development, and referrals to health care facilities. We offer educational parenting classes and programs, fatherhood program and classes, supervised parental court ordered visitation and Biblically Faith based classes to help a parent accomplish positive, loving, and solution solving parenting skills. changepointcenter.com/

201 Nickels Street Hot Springs, AR 71901

(501) 624-2773 Contact: Terri Sanders, tsanders.changepoint@yahoo.com

CHI St. Vincent's Primary Care

The Mission of CHI St. Vincent and Catholic Health Initiatives is to nurture the healing ministry of the Church, supported by education and research. Fidelity to the Gospel urges us to emphasize human dignity and social justice as we create healthier communities. As a ministry of the Catholic Church, we will lead the transformation of health care to achieve optimal health and well-being for the individuals and communities we serve, especially those who are poor and vulnerable. The core values define CHI and serve as our guiding principles. They are the roots, or anchors, from which all of our activities, decisions and behaviors follow.

320 Luzerne Street Mt. Ida, AR 71957 (870) 293-5367

Child Support Enforcement/ Arkansas Department of Finance and Administration

Child support agencies provide these services to families: locate noncustodial parents, establish paternity, establish and enforce support orders, modify and enforce support orders, modify orders when appropriate and collect and disburse child support payments. Either parent may apply for services. Grandparents or other custodians may also apply.

support.mena@ocsearkansas.gov

806 10th Street Mena, AR 71953 (479) 394-6339 Fax (479) 394-6719

Children and Family Services

Services provided to children (including runaways) who are are harmed or threatened with harm by abuse and/or neglect and are designed to prevent or remedy situations. Supportive services to children and families who need assistance in a wide range of problems associated with developmental and child rearing. (870) 867-3184

Child Care Aware of West Central Arkansas

Child Care Aware at National Park College is a community child care resource and referral program providing services including parent support in help to locating child care, child care provider training, technical assistance and other efforts to increase the quality and availability of child care. All services are FREE to you and the community. (501) 760-6588

https://np.edu/community-friends/community-corporate-training/childcare-aware/

Child Medical Services

Diagnostic evaluations for children suspected of having physically handicapping conditions regardless of financial status. Approval required for Physical Services, Hospital and Surgical Care, Laboratory, X-Rays, Applications, Equipment and other services. Referrals to specialists, social workers, follow-up and other agencies. Serving Clark, Garland, Hot Spring, Montgomery and Pike counties. (870) 867-3184

Child Support Enforcement/ Arkansas Department of Finance and Administration

The Office of Child Support Enforcement (OCSE) is a division within the Department of Finance and Administration.

OCSE works in partnership with the Federal Office of Child Support Enforcement and other State agencies to establish and enforce court-ordered financial and medical support.

Mena Child Support Office 806 10th Street Mena, AR 71953 (479) 394-6339 Fax (479) 394-6719

ConnectCare

Program administrated by the Arkansas Department of Health. The Arkansas Medicaid Program contracts with the Department of Health to assist Medicaid and ARKids First families find a medical home by helping them find a primary

care doctor (PCP) and dental care. (800) 275-1131

http://connectcare.arkansas.gov

Cooper-Anthony Mercy Child Advocacy Center

The center is dedicated to providing comprehensive, coordinated and compassionate services to victims of child abuse. Hope and healing for victims of child abuse. Monday-Friday 8:00am-4:30pm.

216 McAuley Court Hot Springs, AR 71913 (501) 622-2531

https://www.mercy.net/practice/mercy-cooper-anthony-child-advocacy-center

Developmental Disabilities Provider Association (DDPA)

Provides programs serving people with developmental disabilities. We strive to increase the options for individuals and families. ddpa@arkansasddpa.org

2020 West 3rd Street Suite 301 Little Rock, AR 72205-4464 (501) 907-5337 www.arkansasddpa.org

FamilyWize

The Free FamilyWize Prescription Saving Card Helps reduce the cost of prescription medication. The card has unlimited use, so you can apply it to every prescription you fill. The card works for both the insured and the uninsured - anyone can use it! The card has no eligibility requirements, no registration, no activation or restrictions due to pre-existing conditions. Just print it and show it at your nearest participating pharmacy. The FamilyWize care is accepted at 60,000+ pharmacies nationwide, including Walgreens, Walmart, Kmart, Target, CVS and Rite Aide. unitedwayouachitas.org

Montgomery County Health Depart. 346 Luzerne Street Mt. Ida, AR 71957 (870) 867-2331

Mount Ida Pharmacy 744 Highway 270 East Mt. Ida, AR 71957 (870) 867-3174

Healthy Connections

Provides medical, dental and social services to residents of all ages regardless of ability to pay. Offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify and low cost or no cost preventative care. Will assist clients in signing up for healthcare insurance. Services offered for all ages: Pediatric Services, Adult Medicine, Discount Medication, Preventative Health Screenings, Full Service Lab, X-Rays and Behavioral Health Services.

534 Luzerne Street Mt. Ida, AR 71957 (870) 867-4244 www.healthy-connections.org/

Hillcrest Children's Home/COMPACT Family Services

Hillcrest Children's Home rests on a 52-acre campus with 8 cottages and 24-apartment center for foster youth preparing for adult living. The residential programs care for approximately 40-50 children and youth at a time. Abused, neglected and otherwise vulnerable children come to us for redeeming care from state, court, church and other referrals. The facilities are equipped with state-of-the-art, audio-visual surveillance equipment in public areas to provide safer quality care. No matter the origin, we provide the professional Christian redemptive care they need and deserve.

http://www.compact.family

2325 Malvern Avenue Hot Springs, AR 71901 (501) 262-1660

Montgomery County CASA (Court Appointed Special Advocates)

Montgomery County CASA trains and supports volunteers who intervene in the juvenile court system to advocate for children in abuse and neglect cases. Advocates work alongside Department of Human Services and Division of Children and Family Services case workers and investigators to represent these children's best interests and provide relief to a critically overburdened child welfare system. Serving Polk, Montgomery and Sevier Counties

812 DeQueen Suite D Mena, AR 71953 (479) 243-9277

NEGLECT AND ABUSE

Arkansas Department of Children and Family Services (DHS)

The Division of Children and Family Services is responsible for safety of children and youth in Arkansas. DCFS is responsible for child abuse and neglect prevention, protective, foster care, and adoptive programs.

232 Graham Street Mount Ida, AR 71957 (870) 867-3184

http://humanservices.arkansas.gov/dcfs/Pages/dcfsServices.aspx

Child Abuse Hotline

The Childhelp National Child Abuse Hotline 1-800-4-A-CHILD (1-800-422-4453) dedicated to the prevention of child abuse. Serving the United States, its territories, and Canada, the hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who, through interpreters, can provide assistance in over 200 languages. **All calls are confidential**. (800) 482-5964 Arkansas or (800) 4-A-CHILD (1-800-422-4453) National Child Abuse Hotline TDD (800) 843-6349.

Ouachita Children, Youth & Family Services - Children's Center

Breaking the cycles of a social and negative behavior, as well as those of abuse and neglect for Arkansas youth, one child at a time. A non-profit child advocacy organization providing emergency shelter and quality services for youth and families, empowering them to achieve lifelong success.

339 Charter Oak Street Hot Springs, AR 71901 (501) 623-5591 www.occnet.org/

Ouachita Children, Youth & Family Services - Family Center

Ouachita Family Center is a Non-Profit Advocacy Organization providing emergency shelter, quality advocacy, outreach service, legal advocacy and support services to all victims and children of domestic abuse to live free from family violence.

202 South Third Street Hot Springs, AR 71913 (501) 701-4253 HOTLINE: (501) 865-3939

Potter's Clay

Potter's Clay Ministries, Inc. was founded in 1984 as an outreach to women and children in crisis. We accept no state or federal funding to fund our facility. Therefore, we depend on support from churches, organizations and individuals.

We provide food, clothing and shelter to our clients. Monday-Friday 8:00am-4:00pm. http://pottersclayhotsprings.org/

110 Crescent AvenueHot Springs, AR 71901(501) 624-1366

Potters Clay Thrift allow shoppers to find products like unique clothing, home goods items, antiques, novelty items and even furniture. Thrifts stores are known for their bargain deals on items that you won't be able to find at your local department stores. Shop at Potters Clay Thrift Store in Hot Springs, AR. You'll be amazed at items that you can find. Monday-Friday 9:00am-4:00pm and Saturday 10:00am-3:00pm.

1032 Malvern Avenue Hot Springs, AR 71901 (501) 620-4405

Smart Moves Smart Choices

Online education, support and resources sponsored by the National Association of School nurses to raise awareness of the epidemic of prescription drug abuse among our teens. Videos and other resources for teens, parents and school officials.

http://www.smartmovessmartchoices.org/teens

The National Center for Missing and Exploited Children

The National Center for Missing and Exploited Children (NCMEC) serves as a focal point in providing assistance to parents, children, law enforcement, schools, and the community in recovering missing children and raising public awareness about ways to help prevent child abduction, molestation, and sexual exploitation. (800) 843-5678 24/7

Montgomery County Clothing

Montgomery County Thrift Store

Provides 2 outfits of clothing per family member for anyone in dire circumstances. Certificates for clothing is available at Montgomery County DHS (870-867-3183).

203 Southwest Street Mt. Ida, AR 71957 (870) 867-2664

Montgomery County Counseling

AIDS Clinic (Tuggle Clinic)

Program funded by the United Way of the Ouachitas. Improving lives and building a better community. Community impact focus on addressing the issues of childhood poverty. Medical treatment and case management, testing, medications, support groups and prevention education. https://gettested.cdc.gov/organizations/hot-springs-aids-resource-

1801 Central Avenue Suite C Hot Springs, AR 71901 Mike Melancon (501) 623-5598

Al-Anon

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving understanding and encouragement to the alcoholic. http://www.ar.al-anon.alateen.org

Alcoholics Anonymous

International fellowship of men and women who have or had a drinking problem. It is a non-professional, self-supporting, multi-racial and apolitical. There are no age or education requirements. Open to anyone who wants to do something about their drinking problem. Multiple meeting times each day. (501) 623-6328

http://aawestcentralarkansas.org/

Alzheimer's Arkansas

Counseling, support, education, elder abuse programs and services for all Alzheimer's or related dementia patients, their caregivers, families and friends. Monday-Friday 8:30am-4:30pm.

201 Markham Center Drive
Little Rock AR 72205
(501) 224-0021 or (800) 689-6090 24/7
After hours Caregiver line: (501) 913-1878
Matthew Elmore; matthew.elmore@alzark.org

www.alzark.org

Arkansas Rehabilitation Services/ACE

Counseling, evaluation, job placement, vocational training, physical and mental restoration, independent living, supported employment and transition services for people with disabilities. Monday-Friday 8:00am-4:30pm.

http://ace.arkansas.gov/arRehabServices/programs/ACTI/Pages/default.aspx

200 Reserve Street Hot Springs, AR 71901 Kimberly Baker (501) 623-4479; kimberly.baker@arkansas.gov

Arkansas Spinal Cord Commission

The goal is to assist Arkansans with spinal cord disabilities in living as independently as they choose, and to identify and meet the unique and lifelong needs of people with spinal cord disabilities in Arkansas. Monday-Friday 8:00am-4:30pm.

5800 West 10th Street Suite 108 Little Rock, AR 72204 (501) 296-1788 or (800) 459-7491 http://spinal.ark.org/about-us/

Breast Cancer Support

If you or a loved one needs more information about breast health or breast cancer, call the Komen Breast Care Helpline at 1-877 GO KOMEN (1-877-465-6636). Komen Affiliates offer breast health education as well as fund breast cancer programs through local community organizations.

http://ww5.komen.org/BreastCancer/SupportGroups.html

Burn Survivor Adult Retreat

The retreat is an event for adult to meet others who are surviving and living in a world of adjustment and awareness of their scars. Commences on Friday and ends Sunday morning. Contact: Gretta Wilkinson, RN; wilkinsonge@archildrens.org

Conway Counseling & Wellness Center - Hot Springs

Individual, family and group counseling-assessment, behavior modification, counseling and out-patient treatment for many concerns including: Addiction, Adult ADHD, Anger Management, Anxiety, Depression, Couples Therapy, Domestic Violence, Sexuality, Trauma, LGBTQ, Bipolar, Eating Disorders, Pain and Neuropsychological Screening.

3907 Central Avenue Hot Springs, AR 71913 (501) 781-3122 https://www.conwaycwc.com/

Cooper-Anthony Mercy Child Advocacy Center

The center is dedicated to providing comprehensive, coordinated and compassionate services to victims of child abuse. Hope and healing for victims of child abuse. Monday-Friday 8:00am-4:30pm

216 McAuley Court
Hot Springs, AR 71913
(501) 622-2531 on call emergencies calls after hours
https://www.mercy.net/practice/mercy-cooper-anthony-child-advocacy-center

Cooperative Christian Ministries & Clinic (CCMC)

Cooperative Christian Ministries has "Case Managers" who are available to meet with people who need assistance to access needed resources and services. Coordination and collaboration of services among approved agencies include: Healthcare, Spiritual Needs, Mental Health Care, Housing Costs, Food, Shelter, Transportation and Education. NOTE:

Case Managers see individuals by appointment only Monday-Friday 9:00am-4:00pm.

133 Arbor Street Hot Springs, AR 71901 Lynn Blankenship (501) 318-1153 www.ccmchs.org

Fibromyalgia & Chronic Pain Support

Fibromyalgia is a common and complex chronic pain disorder that causes widespread pain and tenderness to touch that may occur body wide or migrate over the body. Along with other symptoms, pain and tenderness wax and wane over time. Fibromyalgia (FM) affects people physically, mentally and socially. There is no cure for fibromyalgia. For more information visit our website. www.fmcpaware.org/

Healthy Connections

Provides medical, dental and social services to residents of all ages regardless of ability to pay. Offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify and low cost or no cost preventative care. Will assist clients in signing up for healthcare insurance. Services offered for all ages: Pediatric Services, Adult Medicine, Discount Medication, Preventative Health Screenings, Full Service Lab, X-Rays and Behavioral Health Services. Monday-Friday 8:00am-6:00pm.

136 Health Park Lane Mena, AR 71953 www.healthy-connections.org/

Levi Hospital

Located in Hot Springs, Levi Hospital is a local non-profit organization that has many specialists ready to provide therapy for the mind and body. From physical rehabilitation to adult psychiatric care, we are dedicated to help all those who come through our doors. Levi Hospital offers many different physical therapy options such as aquatic therapy, occupational therapy, speech therapy, balance/fall prevention and more. Adult psychiatric services 24/7 and rehabilitation and fitness. Monday -Friday 9:00am-4:00pm. www.levihospital.com

300 Prospect Avenue
Hot Springs, AR 71901
(501) 624-1281
Physical Therapy (501) 622-3334
Jackie Arrison (501) 622-3498; jarrison@levihospital.com

Living Hope Southeast

Living Hope Southeast provides a comprehensive array of behavioral health services for adults, adolescents, children and their families. It is Living Hope's belief that human beings need more than just help to overcome mental illness; they also need hope. Living Hope has developed a comprehensive program for outpatient services, which addresses the physical, psychological, sociological and spiritual needs of our clients. Our program is designed to inspire those who actively participate, to seek total health and a newly-fashioned expectation for continued wellness. http://lhsoutheast.com/

3604 Central Ave Suite C Hot Springs, AR 71913 (501) 623-9220

Methodist Counseling Clinic

United Methodist Behavioral Health System, Inc. is a Adolescent and Children Mental Health Clinic in Hot Spring, AR. Mental health clinics provide diagnostic, treatment and prescriptive services related to mental and behavioral disorders. Monday-Friday 8:00am-5:00pm.

3632 Central Avenue Suite B Hot Springs, AR 71913 (501) 463-5003

Ouachita Behavioral Health & Wellness (formerly Community Counseling Service)
Services include; Individual and Group Counseling, Marriage and Family Counseling,
Psychological, Personality and Intellectual Evaluations, Psychiatric Treatment and
Medication Management for children and adults. www.OBHAW.org

205 North 26th St. Arkadelphia AR 71923 (870) 246-4123 Monday-Friday 8:00am-5:00pm

125 Wellness Way Hot Springs, AR 71913 (501) 624-7111 After hours emergency: (800) 264-2410 Monday-Thursday 8:00am-7:00pm; Friday 8:00am-5:00pm; Saturday 9:00am-2:00pm

Our Promise Cancer Patient Resources

The Mission of Our Promise is to provide caring, professional support and education to cancer patients, survivors and caregivers through direct financial assistance, social programs and educational services. Established by cancer care specialists and supported by generous physicians, companies, families and individuals who understand the special needs of the courageous individuals fighting the disease. http://www.ourpromise.info/

133 Harmony Park Circle Hot Springs, AR 71913 (501) 760-8060

Parents of Murdered Children

A group which offers emotional support and information about surviving the loss of a loved one who has been murdered. The only National self-help organization dedicated solely to the aftermath and prevention of murder. For the families and friends of those who have died by violence. http://pomc.com/

Sex Addicts Anonymous

As a fellowship of recovering addicts, Sex Addicts Anonymous offers a message of hope to anyone who suffers from sex addiction. The basic principles of recovery practiced by SAA are found in the Twelve Steps and Twelve Traditions of Alcoholics Anonymous. Although we are not affiliated with AA or with any other organization or agency, we are, indeed, grateful for permission to modify and apply the Steps and Traditions to sex addiction, making recovery possible for us.

www.saa-recovery.org

Smart Moves Smart Choices

Online education, support and resources sponsored by the National Association of School Nurses to raise awareness of the epidemic of prescription drug abuse among our teens. Videos and other resources for teens, parents and school officials are available upon request.

http://www.smartmovessmartchoices.org/teens

The Bridgeway

The BridgeWay offers a continuum of services designed to help children, adolescents and adults who are experiencing those behavioral, emotional or addictive problems that can lead to fractured lives. Since mental health issues occur across a spectrum, from mild to severe, we tailor our services for each person. https://thebridgeway.com/

21 Bridgeway Road, North Little Rock, AR 72113 (800) 245-0011

The Caring Place

Provides respite for caregivers and families of people with dementia through a supervised program for participants in a safe and comfortable environment. Monday-Thursday 9:00am-3:00pm.

101 Quapaw Avenue Hot Springs, AR 71901 (501) 623-2881 www.thecaringplaceofhotsprings.com

While We're Waiting

Faith-based support for bereaved parents who have experienced the death of a child.

P.O. Box 22823
Hot Springs, AR 71903
(501) 881-8851 24/7
Jill Sullivan, President; jill@whilewerewaiting.org.
www.whilewerewaiting.org

Montgomery County Dental

CHI St. Vincent Community Care

Reasonably priced discount dental care. Provides health care to low and moderate income patients. The clinic offers a sliding fee scale where service are based on an individual's ability to pay. Must bring photo ID and proof of income.

Monday-Thursday 8:00am-4:30pm and Friday 8:00am-12:00pm.

2500 East 6th Street Little Rock, AR 72202 (501) 552-4710

FACES Foundation

The FACES Foundation is an organization which provides qualified individuals with needed services involving facial deformities, birth defects and reconstruction while promoting safe and healthy living and giving back to the community.

http://www.fixfaces.org

208 McAuley Court Hot Springs, AR 71913 (501) 262-5272

Healthy Connections

Provides medical, dental and social services to residents of all ages regardless of ability to pay. Offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify, and low cost or no cost preventative care. Will assist clients in signing up for healthcare insurance. Services offered for all ages: Pediatric Services, Adult Medicine, Discount Medication, Preventative Health Screenings, Full Service Lab, X-Rays and Behavioral Health Services. Monday-Thursday 8:00am-6:00pm. www.healthy-connections.org/

 136 Healthy Park Drive
 Mena, AR
 71953
 (479) 437-3449

 1201 South Mena Street
 Mena, AR
 71953
 (479) 437-3300

 139 School Lane
 Mena, AR
 71953
 (479) 394-2932

UAMS Dental Hygiene

The Dental Hygiene Clinic at UAMS not only offers you an inexpensive way to get a routine dental visit but it also provides dental hygiene students with practical experience. Provides many of the basic services that any other dental clinic would offer. Those services include examination, cleaning, X-rays, pit and fissure sealant and whitening. Does not provide restorative services (fillings, crowns, etc.) or tooth extractions. Appointments: (501) 686-5733

http://uamshealth.com/medicalservices/dentalhygiene/

Montgomery County Disability

Abilities Unlimited

Education, adult development and work activity for individuals with disabilities. Work Center: 7:30am-4:00pm; Thrift Store: Monday-Saturday 8:00am-4:30pm. Contact: Lessa Cash (501) 767-8610

1819 Albert Pike
Hot Springs, AR 71913
Karen Kight (501) 767-8400 <u>AUIThrift@gmail.com</u>
www.abilitiesunlimitedhotsprings.com

ACTI (Arkansas Career Training Institute) Rehab Center

Counseling, Evaluation, Job Placement, Vocational Training, Physical and Mental Restoration, Independent Living, Supported Employment and Transition Services for people with disabilities. Monday-Friday 8:00am-4:30pm. Bi-weekly appointments available for Mt. Ida, AR.

200 Reserve Street
Hot Springs, AR 71901
Jonathan Bibb (501) 624-4411
http://ace.arkansas.gov/arRehabServices/programs/ACTI/Pages/default.aspx

Alzheimer's Arkansas

Counseling, support, education, elder abuse programs and services for all Alzheimer's or related dementia patients, their caregivers, families and friends. Monday-Friday 8:00am-4:30pm.

201 Markham Center Drive Little Rock, AR 72205 (501) 224-0021 or 800-689-6090. 24/7

Caregiver line: 501-913-1878

Matthew Elmore; mathew.elmore@alzark.org

Website: www.alzark.org

Area Agency on Aging

Area Agencies on Aging (AAA) is a local aging program that provide information and services on a range of assistance for older adults and those who care for them. By contacting your local agency, you get access to critical information: Mobility Assistance Programs, Meal Plans and Housing, Assistance in Gaining Access to Services, Individual Counseling, Support Groups, Caregiver Training, Respite Care, Supplemental Services all on a limited basis. Serves Clark, Conway, Garland, Hot Spring, Johnson, Montgomery, Perry, Pike, Pope and Yell counties. Monday-Friday 8:00am-4:30pm.

117 Ray Mt. Ida, AR 71957 (870) 867-4041 https://www.seniorspecialist.org

Arkansas Promise

Arkansas PROMISE is part of a new program sponsored by the U.S. Department of Education and the Social Security Administration (SSA) to help youth (14-16) who are receiving disability benefits and their families improve their educational and employment outcomes. http://www.promisear.org/

322 Main Street, Suite 501 Little Rock, AR 72201 (855) 649-0022

Arkansas Rehabilitation Services ARS)

Arkansas Rehabilitation Services (ARS) mission is to prepare Arkansans with disabilities to work and lead productive and independent lives. To achieve its mission, ARS provides a variety of training and career preparation programs.

Monday-Friday 8:00am-4:30pm. <u>ace.arkansas.gov</u>

200 Reserve Street Hot Springs, AR 71901 Kim Baker (501) 623-4479 @ kimberly.baker@arkansas.gov

Arkansas Spinal Cord Commission

The Arkansas Spinal Cord Commission will administer a statewide program to identify and meet the unique and lifelong needs of people with spinal cord disabilities in Arkansas. Our purpose is to assist Arkansans with spinal cord disabilities in living as independently as they choose. Monday-Friday 8:00am-4:30pm. http://spinal.ark.org/about-us/

5800 West 10th Street Suite 108 Little Rock, AR 72204 (501) 296-1788 or (800) 459-1517 Diane Francis, Client Services Administrator; diane.francis@arkansas.gov

Arkansas Vocational Rehabilitation for the Blind and Visually Impaired

Independent living aids, job training, college training, visual medical treatments, job development, placement and supported employment for the blind and visually impaired. (800) 960-9270 Contact: Brian Saneers (501) 682-0326 Monday-Friday 8:00am-5:00pm. http://humanservices.arkansas.gov/dsb/Pages/default.aspx

Assisted Living

Assisted Living is a community organization that prioritizes helping those who are disabled and the elderly fully enjoy their healthy years and age gracefully. Our organization creates and publishes comprehensive, unbiased, free webbased resources.

https://www.assistedliving.org/assisted-living-options-for-people-with-disabilities

Cap-Tel Telephone

Telephone at No-Cost to User. The CaptionCall phone provides amplification and displays captions on a large, easy-to-read screen. Outreach Educator: Nancy Foster (501) 454-7113; nancy.foster@oeius.org

Camp Aldersgate

Camp Aldergate's Summer Camps serve children with medical, physical and developmental needs. Camp offers traditional summer activities such as campfires and singing, canoeing, fishing, arts and crafts, swimming and nature hikes.

Monday-Friday 8:30am-5:00pm. http://www.campaldersgate.net/

2000 Aldersgate Road Little Rock, AR 72205 K. Daniels (501) 225-1444; kdaniels @campaldersgate.net

Camp Alex

Sponsored by Alex Blackwood Foundation for Hope. Camp Alex will provide a fun filled, healing environment for children and teens whose lives have been affected by suicide. Our camp will provide a unique opportunity to connect with other survivors and develop lasting friendships while learning valuable coping skills to use in their everyday lives back home

Cindi Blackwood, cindi.blackwood@gmail.com

___200 River Market Avenue Suite 100 Little Rock, AR 72201 Steven (501) 920-8110, Cindi (501) 920-8111, Ariel (501) 920-9250

Camp Sunshine

Camp Sunshine was founded in 1991 to promote physical and emotional healing, to support growth and rejuvenate hope to children after surviving a burn injury. Contact Gretta Wilkinson, RN: wilkinsonge@archildrens.org

Camp Quality Arkansas

When a cancer diagnosis comes to a child, in lot of ways, childhood stops. Vacations, family time, crafts, and campfires are replaced with doctor visits, chemo, isolation and restrictions. With children's safety and medical needs forefront,

Camp Quality Arkansas breaks down those barriers for children and families and restores the childhood experience. Surrounded by new friends that can relate, loving volunteers who care, and loads of fun experiences, Camp Quality campers find joy, courage and renewed hope for the future. They are free to be themselves - free to be kids again.

Contact: Beth Cameron (830) 486-7106;
beth.camercon@campqualityusa.org

Camp Quality Arkansas P.O.Box 7754 Little Rock, AR 72217

DDPA (Developmental Disabilities Provider Association)

Provides programs serving people with developmental disabilities, we strive to increase the options for individuals and families. (Waiver Services)

105 East Roosevelt Road Little Rock, AR 72206 Larry Stange Executive Director (501) 580-3528; lstante@ddpd@arkansas.org

Deaf and Hearing Impaired AR Rehab Services

Information, referral, in-service professional training, sign language classes, hearing evaluations and adaptive equipment.

Monday-Friday 8:00am-4:30pm.

200 Reserve Street Hot Springs, AR 71901 501-623-4479

Division of Developmental Disabilities Services (DHS)

Statewide system of home and community social work services to mentally delayed and other developmentally disabled individuals and their families. Referrals, Residential Programs, Day Programs, Sheltered Workshops, Respite Care and Special Needs. Monday-Friday 8:00am-4:30pm. http://humanservices.arkansas.gov

232 Graham Street
Mt. Ida, AR 71957
Tammy Crosson (870) 867-3183; tammy.crosson@DHS.Arkansas.GOV

Division of Services for the Blind

The Arkansas Division of Services for the Blind is dedicated to the independence of Arkansans who are blind or visually impaired and is committed to the principle that these individuals have the right to make informed choices regarding where they live, where they work, how they participate in the community, and how they interact with others.

Monday-Friday 8:00am-4:30pm. https://humanservices.arkansas.gov/

700 Main Street Little Rock, AR 72203 (501) 682-5463 or (800) 960-9270

Disability Rights Arkansas

Disability Rights Arkansas (DRA) is the independent, private, nonprofit organization designated by the governor of Arkansas to implement the federally funded and authorized protection and advocacy systems throughout the state.

DRA services include information and referral, short-term assistance, technical assistance, legal representation, systemic advocacy, monitoring and training. DRA services are provided free of charge. DRA is independent from state and local government. http://disabilityrightsar.org/

First Step

Their goal is to help improve the quality of life in the community by helping those with developmental disabilities become more independent. Transportation for Montgomery County. Locations in Fordyce, Glenwood Hot Springs and Malvern. Monday-Friday 8:30am-3:30pm.

1617 South Spur 8 Glenwood, AR 71943 (870) 356-3622 www.firststeparkansas.com

Governor's Council on Developmental Disabilities

The Governor's Council on Developmental Disabilities (GCDD or Council) promotes integration, inclusion and independence for Arkansans with developmental disabilities (DD). The Council works to improve the independence and productivity of Arkansans with developmental disabilities and to ensure their integration into the community. The Council's purpose is to connect people with developmental disabilities to the resources and programs they need to be independent, be productive and be integrated and included in all parts of community life. Additional information, email ddcstaff@dfa.arkansas.gov or call 501-682-2897.

1515 West 7th Street Little, Rock, AR 72201 (501) 682-2897

Healthy Connections

Provides medical, dental and social services to residents of all ages regardless of ability to pay. Offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify and low cost or no cost preventative care. Will assist clients in signing up for healthcare insurance. Services offered for all ages: Pediatric Services, Adult Medicine, Discount Medication, Preventative Health Screenings, Full Service Lab, X-Rays and Behavioral Health Services.

534 Luzerne Street Mt. Ida, AR 71957 (870) 867-4244 www.healthy-connections.org/

LendEDU (Guide to Paying for College for People With Disabilities)

Getting a college degree is hard enough but it presents a different set of challenges for people who have disabilities. If you have a disability, this guide can help you determine how to get financial aid and access to scholarships meant for people with disabilities. In this guide you can learn also how to apply for Federal Student Aids, Types of Federal Student Aids, Support for students with disabilities and Scholarships. Visit our web site for more information:

<u>lendedu.com/blog/paying-for-college-for-people-with-disabilities/</u>

Millcreek of Arkansas

Provider of specially designed mental health care services for children and adolescents. We are a progressive organization with a unique emphasis on excellence in education and treatment. (866) 928-2929 Free Consultation @ (855) 999-0271

http://www.millcreekbehavioralhealth.com/

Mount Ida Housing Authority

Our goal is to manage our Public Housing units and Section 8 Program in a manner that is consistent with good, financially sound management practices.

19 Graham Court Mount Ida, AR 71957 (870) 867-2332

National Down Syndrome Congress

The leading national resource of support and information for anyone touched by or seeking to learn about Down Syndrome from the moment of a prenatal diagnosis through adulthood.

30 Mansell Court Suite 108 Roswell, GA 30076 (800) 232-6372 https://www.ndsccenter.org/

National Easter Seal Society

Provides services, education, outreach and advocacy so that people living with autism spectrum disorder and other disabilities can live, learn, work and play in our communities.

www.easterseals.com/

P.A.T.H. (Project for Assistance in Transition from Homelessness)

Program is provided to support individuals with serious mental illnesses, as well as individuals with co-occurring substance use disorders, who are homeless or at risk of becoming homeless. Housing, Diagnostic Screening, Therapeutic Treatment for serious mental illness, Case Management Services, Job Training, Educational Opportunities, Referral for Substance Abuse and Primary Healthcare. Monday-Friday 8:30am-3:30pm.

125 Wellness Way
Hot Springs, AR 71913
(501) 624-7111 or Contact: Boyce Mitchell (501) 625-2357

1615 MLK Blvd
Malvern, AR 72104
(501) 332-5236 or Contact: Boyce Mitchell (501) 625-2357

SAILS (Spa Area Independent Living)

Provides linking to appropriate community services. Training and assistance in a variety of life skills areas including, but not limited to: Computer Training, Personal Management, Budget/Money Management and Job Readiness. Training and assistance in knowing and pursuing your rights as an individual with a disability. An opportunity to interact with others who share similar experiences. Providing opportunities to experience a variety of recreational activities.

Monday-Thursday 8:00am-4:00pm and Friday 8:00am-12:00pm.

621 Albert Pike Hot Springs, AR 71913 (501) 624-7710 or (800) 255-7549 www.ar-sails.org

Small Group Therapy

A licensed behavioral healthcare clinic that provides housing, outpatient therapy, intervention, psycho-social rehabilitation program and community integration assistance for severely mentally-ill adults.

311 Whittington Ave
Hot Springs, AR 71901
(501) 547-3563
http://smallgrouptherapy.com/?redirect=false

Support for Students with Down Syndrome

The Down Syndrome Association of Greater St. Louis (DSAGSL) strongly believes that creative collaboration between all team member is the best strategy for success. Each child possesses a unique potential and when parents, teachers, assistances, specialists, school administrators, bus drivers, etc. all work in the best interest of the child, your student will have a productive year. We offer a Down Syndrome Specialist Training Program for the team of general education and special staff.

https://www.affordablecollegesonline.org/college-resource-center/students-with-down-syndrome/

Montgomery County Education

AARP Foundation Senior Employment

2228 Albert Pike Suite C Hot Springs, AR 71913 (501) 767-2211

Adult Education/Career Development Center

National Park College Adults Education. Must be an Arkansas Resident. Monday, Tuesday and Thursday 8:00am-8:00pm. Wednesday and Friday 8:00am-4:30pm

101 College Drive Hot Springs, AR 71913 Bill Ritter (501) 760-4335; <u>writter2@np.edu</u> www.np.edu

Alzheimer's Arkansas

Counseling and support, education, elder abuse programs and services for all Alzheimer's or related dementia patients, their caregivers, families and friends. Monday-Friday 8:30am-4:30pm.

201 Markham Center Drive
Little Rock, AR 72205
(501) 224-0021 or (800) 689-6090 24/7
After hours Caregiver line: (501) 913-1878
Matthew Elmore; matthew.elmore@alzark.org

www.alzark.org

Arkansas Apprenticeship Pathways Initiative (AAPI)

Winrock International and Arkansas Department of Workforce Services is associate with the AAPI program. AAPI seeks to develop and promote Registered Apprenticeship Program around the state. The HVAC Technician is a program that is being offered at National Park College located in Hot Springs. This is a 3-year program that includes 160 classroom hours and 2,000 on-the-job-training hours. Classes meet from 6pm-9pm, 2 nights per week, for a 12-week semester. The cost of the program is \$450 per year (billed at \$225 per semester). Students may enter the program as a pre-apprentice and earn classroom hours while seeking employment as a HVAC apprentice. To be eligible, individuals must be 18 years or older, have a high school diploma/GED, and state ID. If an individual is interested they should contact program director, Pam Castleberry (501) 760-7392, Pam.Castleberry@np.edu. Our website provides Information about AAPI and other Registered Apprenticeship Programs and is provided in both English and Spanish. www.winrock.org

Winrock International
2101 Riverfront Drive
Little Rock, AR 72202
(501) 280-3031
Jordlyn Williams, Program Associates; skype jordyn.williams

Arkansas Career Training Institute (ACTI)

Counseling, evaluation, job placement, vocational training, physical and mental restoration, independent living, supported employment and transition services for people with disabilities. Bi-weekly appointments available for Mt. Ida, AR.

Monday-Friday 8:00am-4:30pm.

200 Reserve Street Hot Springs, AR 71901 (501) 682-1500 ace.arkansas.gov

Arkansas Rehabilitation Services - Field Services

Disability services in advocacy, counseling, education, literacy, and employment. Serving Clark, Garland, Hot Spring, Montgomery and Saline counties.

200 Reserve Street Hot Springs, AR 71901 Kimberly Baker (501) 623-4479; <u>kimberly.baker@arkansas.gov</u>

Career Pathways at National Park College

Employment, Counseling & Support Career Coach. Monday-Friday 8:00am-4:30pm.

101 College Drive Hot Springs, AR 71913 Mary Kay Wurm (501) 760-4243; <u>careerservices@np.edu</u> <u>www.np.edu</u>

Catholic Charities Immigration Services

Provides low-cost immigration counseling and support to families and individuals who are eligible for immigration benefits and cannot afford private assistance. Appointment required call (501) 664-0340

http://www.dolr.org/catholic-charities/immigration-little-rock

Central Arkansas Development Council (CADC)

Head Start- Income eligible and children with special needs have first priority. Infant-Toddler program- All parents in home must be working. Monday-Friday 7:00am-4:30pm.

156 Senior Drive Mt. Ida, AR 71957 (870) 867-3722 www.cadc.com

Change Point

Strives to help women with crisis pregnancies and families in crisis situations.

201 & 203 Nickels Street Hot Springs, AR 71913 (501) 624-2273 http://changepointcenter.com/

Child Care Aware

A non-profit community child care resource and referral program providing services in ten west central counties: Clark, Garland, Hot Spring, Howard, Montgomery, Perry, Pike, Polk, Saline and Sevier.

101 College DriveHot Springs, AR 71913(501) 760-6586

www.np.edu/community-friends/commcorp/childcare-aware/

College of the Ouachitas

1 College Cir.
Malvern, Ar 72104
(501) 337-5000
Monday-Friday 8:00am-4:30pm

First Step

Their goal is to help improve the quality of life in the community by helping those with developmental disabilities become more independent. Transportation for Montgomery county. Locations in Hot Springs, Fordyce, Glenwood, Hamburg, Malvern and Sparkman. (501) 624-6468

www.firststeparkansas.com

Girl Scouts - Diamonds of Arkansas, Oklahoma & Texas

11311 Arcade Drive Little Rock, AR 72212 (501) 758-1020 or (800) 632-6894

Monday-Thursday 8:30am-5:30pm closed 1:00pm-2:00pm for lunch;

Friday 8:30am-1:30pm

http://www.girlscoutsdiamonds.org/

Healthy Connections

Provides medical, dental and social services to residents of all ages regardless of ability to pay. Offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify and low cost or no cost preventative care. Will assist clients in signing up for healthcare insurance. Services offered for all ages: Parenting Education, Pediatric Services, Adult Medicine, Discount Medication, Preventative Health Screenings, Full Service Lab, X-Rays and Behavioral Health Services.

534 Luzerne Street Mt Ida, AR 71957 (870) 867-4244 www.healthy-connections.org/

Henderson State University

1100 Henderson St. Arkadelphia, AR 71999 (870) 230-5000 hsu.edu

LendEDU (Guide to Paying for College for People With Disabilities)

Getting a college degree is hard enough but it presents a different set of challenges for people who have disabilities. If you have a disability, this guide can help you determine how to get financial aid and access to scholarships meant for people with disabilities. In this guide you can learn also how to apply for Federal Student Aids, Types of Federal Student Aids, Support for students with disabilities and Scholarships. Visit our web site for more information:

lendedu.com/blog/paying-for-college-for-people-with-disabilities/

Montgomery County Extension Office (Home Economist)

Provides wide range of information and publications designed to enhance families, parenting and nutritional skills and knowledge.

117 Ray Drive Mt. Ida, AR 71957 (870) 867-2311

Montgomery County 4-H

4-H clubs and school programs provide youth development and youth mentoring programs to kids ages 8-18. 4-H programs are available in urban, suburban and rural communities and membership in 4-H is free.

Contact: Amy Monk (870) 867-2311 www.uaex.edu/counties/montgomery/

Mt. Ida Preschool

101 Whittington Street Mt. Ida, AR 71957 (870) 867-0149

National Park College

101 College Dr. Hot Springs, AR 71713 (501) 760-4222 or 501-760-4363 www.np.edu

Public Schools in Montgomery County

Caddo Hills Administration Office (870) 356-3444

Caddo Hills Elementary School Grades Pk - 6

2268 AR 8

Norman, AR 71960 (870) 356-3331

Caddo Hills High School Grades 7 - 12

2268 AR 8

Norman, AR 71960 (870) 356-3857

Mt. Ida Administration Office (870) 867-2323

Mt, Ida Elementary School Grades K - 6

430 Ball Park Road

Mt. Ida, AR 71957 (870) 867- 4596

Mt. Ida High School Grades 7 - 12

338 Whittington Street

Mt. Ida, AR 71957 (870) 867 - 4517

Ouachita River Administration Office Phone (479) 394 - 2348

Acorn Elementary School Grades Pk-5

143 Polk Road 96

Mena, AR 71953 (479) 394 - 4833

Acorn High School Grades 6-12

143 Polk Road 96

Mena, AR 71953 (479) 394 - 2348

Ouachita Children's Center (OCC)

Breaking the cycles of a social and negative behavior as well as those of abuse and neglect for Arkansas youth, one child at a time. A non-profit child advocacy organization providing emergency shelter and quality services for youth and families, empowering them to achieve lifelong success. Serving Clark, Garland, Hot Spring, Montgomery and Pike Counties.

339 Charter Oak Street Hot Springs, AR 71901 (501) 623-5591 www.occnet.org/

1P Single Parent Scholarship Fund

Apply online to the Link Below.

P.O. Box 1102

Mt. Ida, AR 71957

(870) 867-2326 <u>lbcarr@windstream.net</u>

(501) 617-9970 <u>lwilliard@aspsf.org</u>

UA Rich Mountain Adult Education Program

1100 College Drive Mena, AR 71953 Terry Francis, Director (479) 394-7622 ext 1460 FAX: 479-394-5329 tfrancis@uarichmountain.edu

Adult Education Program 31 Industry Drive Mt. Ida, AR 71957

Terry Franci, Director; tfrancis@uarichmountain.edu (479) 394-7622 ext. 1460 FAX: 479-394-5329

Adult Education Program 456 6th Street Waldron, AR 72958

Director: Terry Francis; tfrancis@uarichmountain.edu (479) 394-7622 ext. 1460 FAX: 479-394-5329

Contact: Leanne Morgan; lmorgan@uarichmountain.edu

Montgomery County Employment

AARP Foundation Senior Employment

2228 Albert PikeHot Springs, AR 71913(501) 767-2211

Abilities Unlimited

Education, adult development, work activity for individuals with disabilities. Thrift Store Monday-Saturday 8:00am-4:30pm (501) 624-5757 Leesa. Work Center: 7:30-4 p.m.

1819 Albert Pike Hot Springs, AR 71913 Karen (501) 767-8400 AUIThrift@gmail.com www.abilitiesunlimitedhotsprings.com

Arkansas Apprenticeship Pathways Initiative (AAPI)

Winrock International and Arkansas Department of Workforce Services is associate with the AAPI program. AAPI seeks to develop and promote Registered Apprenticeship Program around the state. These Programs connect individuals with potential employers by as providing the training individuals need to be successful on the job. As a part of AAPI, Winrock International has been providing outreach to community-based organizations who work with underserved populations to raise awareness of these training opportunities and provide information on how interested individuals can be referred to a program. Our website provides more information about AAPI and other Registered Apprenticeship Programs that are being offered around the state. Information offered in English and Spanish. wwwwinrock.org

Winrock International
2101 Riverfront Drive
Little Rock, AR 72202
(501) 280-3031
Jordlyn Williams, Program Associates; skype jordyn.williams

Arkansas Promise

Education and employment services, benefits counseling, emergency assistance for youth ages 14-16 who receive SSI.

322 Main Street Suite 501 Little Rock, AR 72201 (855) 649-0022 http://www.promisear.org/

Arkansas Rehabilitation Services

Counseling, Evaluation, Job Placement, Vocational Training, Physical and Mental Restoration, Independent Living, Supported Employment and Transition Services for people with disabilities.

200 Reserve Street

Hot Springs, AR 71913

Kimberly Baker (501) 623-4479; kimberly.baker@arkansas.lrg

http://ace.arkansas.gov/arRehabServices/programs/ACTI/Pages/default_aspx

Arkansas Workforce Development Services/Employment Security Department

An array of career training and placement services and Temporary Assistance to Needy Families.

Monday-Friday 8:00am-4:30pm

2254 Albert Pike Hot Springs, AR 71913 (501) 525-3450 http://dws.arkansas.gov/

(CADC) Central Arkansas Development Council

Our role is to develop and deliver the programs and services that can meet the needs of hard-working low income families and rural communities.

154 Senior Drive Mt. Ida, AR 71957 (870) 867-0151 www.cadc.com

First Step

Supported Employment program helps to locate jobs for people who have disabilities and provides continuous follow-up to ensure job satisfaction for both the employer and the employee. (501) 624-6468

www.firststeparkansas.com

NPC Career Services

Employment, Counseling and Support Career Coach. Monday-Friday 8:00am-4:30pm.

101 College Drive Hot Springs AR 71913 Mary Kay Wurm (501) 760-4243; <u>careerservices@np.edu</u> www.np.edu

Share Network

The SHARE Network Access Point is available to job seekers Monday through Friday from select CADC offices. Serves as sites where job seekers can look for jobs in their own communities and get assistance by trained individuals who connect them to jobs using the Arkansas JobLink (AJL) system via computers and direct referrals. (870) 867-0151

Stoneworks Agency

Veterans Reconnect Project & Community Re-entry, Life Redirection Programs for ex-offenders. Available at the Garland County Library on Thursdays 10:30am to 12:30pm, please come by if you need assistance (501) 620-9381 www.facebook.com/StoneWorks-Agency-277608995651514/timeline

Montgomery County Food

PLEASE TAKE ID & CALL IN ADVANCE IN CASE OF CHANGE IN HOURS OR DAYS

American Red Cross

The American Red Cross, also known as The American National Red Cross, is a humanitarian organization that provides emergency assistance, disaster relief, and disaster preparedness education.

1820 Central Avenue Suite J Hot Springs, AR 71901 (501) 623-9321 After hours (501) 748-1021

Area Agency on Aging (AAA) Meals on Wheels

The agency's services are 14 senior activity centers across the 10-county West Central Arkansas region, offering Meals on Wheels, group meals, socialization, recreations and educational activities, wellness programs and activities and other services to seniors. AAA is the main source of funding for the Senior Centers. Monday-Friday 8:30a-4:30pm. www.seniorspecialists.org

905 West Grand Avenue Hot Springs, AR 71913 (501) 321-2811 or (800) 467-2170

Arkansas Hunters Feeding the Hungry

Arkansas Hunters Feeding the Hungry (AHFH) is a community-minded program that provides venison and other wild game to those in need. (501) 282-0006. www.arkansashunters.org

Central Arkansas Development Council (CADC)

Our role is to develop and deliver the programs and services that can meet the needs of hard-working low-income families and rural communities. Food and Nutrition, LIHEAP/Crisis Intervention, Senior Activity Centers, USDA Commodities

158 Senior Drive Mount Ida, AR 71957 (870) 867-2313 http://www.cadc.com/

Department of Human Services (DHS)

The agency's skilled and passionate staff cares for Arkansans of all ages. Arkansans may apply for a vast array of services at their local county office as well as online. Services include ARKids First health insurance for children, the Supplemental Nutrition Assistance Program (SNAP, formerly known as food stamps), Transitional Employment Assistance (TEA) and Medicaid. Additionally, DHS protects children and the elderly who have been abused or neglected.

232 Graham Street Mount Ida, AR 71957 (870) 867-3183

Glenwood Nazarene Church

776 Hwy 70 East Glenwood, AR 71943 (870) 356-2717 2nd & 3rd Tuesday 9:00am-12:00pm

Montgomery County Food Pantry*

117 Ray Street
Mt. Ida, AR 71957
Brenda Forga, Director (870) 867-7168
Monday and Wednesday 10:00am-12:00pm
Pre-bagged, no personal contact, sterilized cart, take out, no entry

Montgomery County Health

American Cancer Society

The American Cancer Society is a nationwide voluntary health organization dedicated to eliminating cancer. The society is organized into six geographical regions of both medical and lay volunteers operating in more than 250 Regional offices throughout the United States. (800) 227-2345

American Council of the Blind

Strives to increase the independence, the security, the equality of opportunity and the quality of life, for all blind and visually-impaired people.

(800) 424-8666. http://www.acb.org/

American Diabetes Association

The American Diabetes Association is a United States-based nonprofit that seeks to educate the public about diabetes and to help those affected by it by funding research to manage, cure and prevent diabetes. (800) 342-2383 www.diabetes.org

American Kidney Fund

Our mission is to help people fight kidney disease and live healthier lives. We fulfill that mission by providing a complete spectrum of programs and services: Prevention Activities, Top-Rated Health Educational Resources and Direct Financial Assistance. Enabling 1 in 5 U.S. kidney patients to access lifesaving medical care, including dialysis and transplantation.

(866) 300-2900. <u>www.kidneyfund.org/</u>

American Lung Association of Arkansas

The American Lung Association is the leading organization working to save lives by improving lung health adn preventing lung disease, through research, education adnadvocacy. Our work is focused on four strategic imperatives:

- 1. to defeat lung cancer
- 2. to improve the air we breathe
- 3. to reduce the burden of lung disease on individuals and their families
- 4. and to eliminate tobacco us and tobacco-related diseases

2020 West 3rd Street #301 Little Rock, AR 72205 (501) 975-0758 or (800) 880-5684 <u>www.lungark.org/</u>

American Parkinson Disease Association

Founded in 1961 with the dual purpose to, "*Ease the Burden - Find the Cure*", for Parkinson's disease. (800) 223-2732

www.apdaparkinson.org/

Arkansas Children Hospital (ACH)

Children are at the center of everything we do. Arkansas Children's is the only hospital system in the state solely dedicated to caring for children, which allows our organization to uniquely shape the landscape of pediatric care in Arkansas. ACH is a pediatric hospital with a Level 1 Trauma Center, that's located in Little Rock, AR. It is among the largest pediatric hospitals in the United States and serves children from birth to age 21. ACH is affiliated with the University of Arkansas for Medical Sciences and is a teaching hospital with the UAMS college of Medicine's Department of Pediatrics. Open 24/7.

1 Children's Way Little Rock, AR 72202 (501) 364-1100

Arkansas Medicaid

- (800) 482-8988 Customer service Arkansas Medicaid eligibility, lost or nonreceipt of Medicaid cards, county DHS problems
- (800) 482-5431 Arkansas Medicaid Information Line coverage, bills, beneficiary denial letters, or other services
- (800) 457-4454 Arkansas Medicaid Providers
- (800) 482-5850 Extension 28301 Out of State Calls
- (800) 285-1131 Extension 26789 Telecommunication Device for the Deaf (TDD)
- (888) 987-1200 Arkansas Non-Emergency Transportation Helpline
- (800) 422-6641 Arkansas Medicaid Fraud and Abuse Hotline
- (888) 474-8275 ARKids First
- (800) 275-1131 ConnectCare
- (800) 285-1131 ConnectCare, Telecommunication Device for the Deaf (TDD)
- (888) 987-1200 Arkansas Medicaid Complaint Hotline (For complaints about healthcare)
- (800) 582-4887 Arkansas Nursing Home Abuse Hotline
- (800) 285-1131 Arkansas Medicaid Complaint Hotline, Telecommunication Device for the Deaf (TDD) (For complaints about healthcare)

Arkansas Poison Control and Drug Information Center

The APDIC wants people to call the poison hotline for the latest up to date clinical information regarding any poison exposure or drug interaction question rather than going online and getting information that may or may not be accurate or relevant. In some cases the information that you get online may actually be harmful to you or your loved one. The Poison Specialists who answer the phone is either a medical doctor, pharmacist or a registered nurse. http://arpoisoncenter.org/

UAMS 4301 West Markham Street Little Rock, AR 72205 (800) 222-1222

Arkansas Spinal Cord Commission

The Arkansas Spinal Cord Commission will administer a statewide program to identify and meet the unique and lifelong needs of people with spinal cord disabilities in Arkansas. https://www.spinalcord.ar.gov/

1501 North University Suite 400 Little Rock, AR 72207 (800) 459-1517 or (501) 701-6591

ARkids First (DHS office)

ARKids First is a health insurance program that provides coverage for more than 70,000 children across the state. It covers well-child checkups, eye-exams, dental checkups and more. It's insurance that is growing healthy kids in Arkansas and it might be the answer for health coverage for your children. 232 Graham Street Mt. Ida, AR 71957 (870) 867-3184 for Spanish: (800) 782-8988

Behavioral Health Services/Mental Health

Evolve Behavioral Health Services and Medication Management
INDIVIDUAL, GROUP AND FAMILY COUNSELING. Offering compassionate care
through individual and family counseling. Therapists provide caring and
confidential services to help cope with crises and life changes. Medication
management, pediatrics therapy and counseling available. Evolve accepts
Medicaid, including ARKids First, and all private health insurances. We also have
a sliding fee scale for patients without health insurance.

534 Luzerne Street Mount Ida, AR 71957

For appointment: 1-800-409-6250 https://healthy-connections.org/evolve/

Healthy Connections/ Montgomery County Community Clinic

Provides medical, dental and social services to residents of all ages regardless of ability to pay. Offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify and low cost or no cost preventative care. Will assist clients in signing up for healthcare insurance. Services offered for all ages: Adult Medicine, Discount Medication, Preventative Health Screenings, Full Service Lab, X-Rays.

534 Luzerne Street Mount Ida, AR 71957 For appointment: (888) 710-8220 EXT 311 08:00 AM - 06:00 PM Mon, Tues, Wed, Thurs, Fri www.healthy-connections.org/

Levi Hospital Physical Therapy

Mental Health Counseling 8:00am-4:30pm, Adult Psychiatric Services 24/7, Rehabilitation, Fitness and Outpatient Counseling. www.levihospital.com
300 Prospect Avenue Hot Springs AR 71901 (501) 624/1281
Physical Therapy (501) 622-3334

Methodist Behavioral Hospital

Comprehensive assessment and treatment services for behavioral, emotional, learning and adjustment difficulties are offered. (501) 661-0720. Monday-Friday 8:30am-4:30pm. (501) 803-3388 (Hospital and after hours inquiries)

www.methodistfamily.org/

Millcreek of Arkansas

Provider of specially designed mental health care services for children and adolescents. We are a progressive organization with a unique emphasis on excellence in education and treatment. (866) 928-2929128

www.millcreekbehavioralhealth.com/

Montgomery County Health Unit

Immunizations, WIC, Family Planning Services, Child Health Clinic, Home Health and Hospice. Case Management, Tuberculosis and TB prevention, Sexually Transmitted Disease, Presumptive Eligibility, Breast and Cervical Cancer Control Program, Sanitarian Services and Personal Care.

346 Luzerne Street Mt. Ida, AR 71957 (870) 867-2331

Mount Ida Community Clinic

Behavioral Health, Community Health, Dental Services, Diabetes, Pharmacy, Pregnancy, Primary Health Care, Radiology and Social Services. Monday-Thursday 7:45am-6:00pm.

534 Luzerne Street Mount Ida, AR 71957 (870) 867-4244

Ouachita Behavioral Health and Wellness

At OBHAW we believe that a collaborative, whole-person approach to behavioral health care will help people in our communities to heal. Our team is dedicated to helping every individual find a path to healing that fits them. Our mission guides our organization in seeking out and continuing services and programs that help bring hope and health to each person within our communities.

128 South George Street Mt. Ida, AR 71957 (870) 867-7197 Fax (870) 867-2164

Rivendell Behavioral Health Services of Arkansas

Offers award winning inpatient psychiatric and behavioral health treatment services for adults, adolescents and children.

(800) 264-5640. www.rivendellofarkansas.com/

Smart Moves Smart Choices

Online education, support and resources sponsored by the National Association of School Nurses which raises awareness about the epidemic of abuse of prescription drug abuse by teens. Videos and other resources for teens, parents and educators are available upon request. http://www.smartmovessmartchoices.org/teens

Center for Healing Hearts and Spirits

Our Mission is to promote and nurture individual in areas of education, economic and community development, health care issues and public safety. MISRGO Program-Minority Initiative Sub-recipient Grant Office (Grant from UAPB-Stop Smoking). Counties Served: Clark, Montgomery, Pike and Polk. www.hhscenter.org
2416 Chester Street Little Rock, AR 72206 (501) 372-3800 Fax (501) 372-2150

Child Medical Services

Diagnostic evaluations for children suspected of having physically handicapping conditions regardless of financial status. Approval required for physical services, hospital and surgical care, laboratory, x-rays, applications, equipment and other services. Referrals to specialists, social workers, follow-up and other agencies. (870) 246-9886

Department of Human Services

TEA (Transitional Employment Assistance), Food Stamps, Medicaid. DHS protects children and the elderly who have been abused or neglected; finds adoptive homes for foster children; Meal on Wheels; regulates nursing homes and childcare facilities; supports high-quality early childhood education; treats and serves youth in the juvenile justice system; runs residential facilities for people with developmental disabilities; manages the Arkansas State Hospital and Arkansas Health Center for those with acute behavioral health issues; and supports nonprofit, community and faith-based organizations that depend on volunteers to continue programs vital to our communities. https://humanservices.arkansas.gov/

232 Graham Street Mount Ida, AR 71957 (870) 867-3184

Division of Services for the Blind

Evaluation, counseling, referral, restoration, vocational training, orientation and mobility, job placement, at no charge. Monday-Friday 8:00am-4:30pm. http://humanservices.arkansas.gov/dsb/Pages/default.aspx

700 Main Street Little Rock, AR 72206 (800) 960-9270 or (501) 682-5463

FamilyWize

Prescription discount for those without other prescription insurance, up to 39% discount on all FDA approved drugs, good at all area pharmacies. Free prescription discount card, pay less for prescriptions. Cards available at:

Montgomery County Health Department 346 Luzerne Street Mt Ida, AR 71957 (870) 867-2331

Mt. Ida Pharmacy 744 Highwy 270 East Mt. Ida, AR 71957 (870) 867-3174

United Way of the Ouachitas 233 Hobson Avenue Hot Springs, AR 71913 Katie Gibson (501) 625-2505

Hearing

Arkansas Hearing Center

109 Airport Road Hot Springs, AR 71901 (501) 624-5111

Captioned Films for the Deaf

Voice: 864-585-1778 or 800-237-6213 **TTY:** 864-585-2617 or 800-237-6819 www.dcmp.org

Deaf and Hearing Impaired/Rehab Service

Information, referral, in-service professional training, sign language classes, hearing evaluations and adaptive equipment. Monday-Friday 8:00am-4:30pm.

200 Reserve Street Hot Springs AR 71913 (501) 623-4479

Telecommunications Relay Service- Arkansas

TRS Provider - Sprint Relay
711 or 800-285-1131 (TTY)
(800) 285-1121 (Voice)
(866) 656-8260 (VCO)
(800) 285-1131(HCO)
(866) 656-2966 (Speech-to-Speech)
(866) 656-1842 (Spanish)
(900) 230-3131 (900 Number calls)
(800) 855-4000 (TTY Operator Assistance)

Medicare Telephone Hotline

If your issue needs to be addressed within 10 days, you should call **(800)-633-4227 24/7** including some federal holidays. TTY/TTD users can call **(877)-486-2048**

Medicare/File a Complaint

Please note that this tool is for **non-critical** complaints. If your issue needs to be addressed within 10 days, you should call (800) 633-4227) 24/7 including some federal holidays. TTY/TTD users can call 1-877-486-2048. Medicare has health and safety standards to protect you. You can file a complaint against a Medicare or Medicaid provider (including hospitals, home health agencies, hospice or nursing homes) for improper care or treatment. www.medicare.gov/

National Cancer Institute

The National Cancer Institute coordinates the United States National Cancer Program and is part of the National Institutes of Health, which is one of eleven agencies that are part of the U.S. Department of Health and Human Services. (800) 422-6237. cancer.org

Evolve Behavioral Health Services and Medication Management

INDIVIDUAL, GROUP AND FAMILY COUNSELING. Offering compassionate care through individual and family counseling. Therapists provide caring and confidential services to help cope with crises and life changes. Medication management, pediatrics therapy and counseling available. Evolve accepts Medicaid, including ARKids First, and all private health insurances. We also have a sliding fee scale for patients without health insurance. For appointment: 1-800-409-6250

3604 Central Avenue Hot Springs, AR 71913

For appointment: 1-800-409-6250 https://healthy-connections.org/evolve/

Montgomery County Hotlines

also see "toll free"

Alzheimer's Arkansas

Counseling and support, education, elder abuse programs and services for all Alzheimer's or related dementia patients,

their caregivers, families and friends.

Caregiver line: (501) 913-1878 Toll-free: (800) 689-6090 24/7

Arkansas Adult Protective Services Hotline

Aging is a natural process, abuse is not. Elder Abuse remains a poorly understood problem in our state. (800) 482-8049

Arkansas State Police

Troop K 200 Karen Street Hot Springs, AR 71901 (501) 767-8550

Change Point Pregnancy Center

Resources for Pregnancy/Post-Pregnancy, diapers and set appointment for parenting classes

201 Nickels Street Hot Springs, AR 71901 (501) 624-2273

Child Abuse Hotline

The Childhelp National Child Abuse Hotline 1-800-4-A-CHILD (1-800-422-4453) dedicated to the prevention of child abuse. Serving the United States, its territories, and Canada, the hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who, through interpreters, can provide assistance in over 200 languages. **All calls are confidential**. (800) 482-5964 Arkansas or (800) 4-A-CHILD (1-800-422-4453) National Child Abuse Hotline

TDD (800) 843-6349.

Childhelp National Child Abuse Hotline

Child Abuse and Neglect. (800) 422-4453

Crisis and Intervention Hot Line

Our mission is restoring hope, empowering people and saving lives through suicide prevention. By calling our helpline **(888) 274-7472**, our crisis call specialists confidentially and anonymously offer intervention and counseling, link the caller with resources in their area and ultimately save lives by preventing crises from becoming life-threatening.

Deaf Hotline (Abuse)

(855) 812-1001

Domestic & Rape Violence Hotline

Call (800) 656-HOPE (4673) to be connected with a trained staff member from a sexual assault service provider in your area. (800) 799-SAFE (800-799-7233) (877) 215-0167 Spanish. www.domesticpeace.com/resources.html

Drug Rehab Center

Help find a Rehab Center near you. (800) 501-9330

Eating Disorder Solutions

While there are a variety of different treatment options available for those struggling with eating disorders, it is important to find the treatment, or combination of treatments, that works best for you. Effective treatment should address more than just your symptoms and destructive eating habits. It should also address the root causes of the problem—the emotional triggers that lead to disordered eating and your difficulty coping with stress, anxiety, fear, sadness, or other uncomfortable emotions. (855) 245-0961

Montgomery County Sheriff Department

(870) 867-3151

Mt. Ida Police Department

(870) 867-3151

Nationwide Runaway Hotline

If you are thinking of running from home, if you have a friend who has runaway, or if you are a runaway ready to go home. (800) RUNAWAY (800-786-2929)

National Sexual Assault Hotline

Calling the National Sexual Assault Hotline gives you access to a range of free services including: Confidential support from a trained staff member, support finding a local health facility, someone to help you talk through what happened, local resources, referrals for long term support in your area, information about the laws in your community and basic information about medical concerns. (800) 656-4673

Poison Control and Drug Information Center

(800) 222-1222

S.A.F.E. (Self Abuse Finally Ends)

The <u>S.A.F.E. Clinic</u> provides outpatient services to adolescents and adults who engage in self-destructive, impulsive behaviors and have a desire to stop. (800) 366-8288

Suicide Hotline

No matter what problems you are dealing with, we want to help you find a reason to keep living. You will be connected to a skilled, trained counselor at a crisis center in your area, **anytime 24/7.** (800) 273-8255 (800-273-TALK) 24/7

www.suicidepreventionlifeline.org/

Sex Addicts Anonymous

Sex Addicts Anonymous is a twelve-step program for people who want to stop their addictive sexual behavior. There also exists a group known as COSA, for those who have been impacted by others' sexual addiction. (800) 477-8191

saa.recovery.org

Teen Dating Abuse Hotline

The National Dating Abuse Helpline is the direct service provider behind loveisrespect.org(link is external), operating the 24/7 text, phone and live chat services. The texting function of the Helpline allows for users to text the Helpline advocates 24/7. (866) 331-9474

Veteran's Crisis Line

Connect with the Veterans Crisis Line to reach caring, qualified responders with the Department of Veterans Affairs. Many of them are Veterans themselves. (800) 273-8255 the press 1

Montgomery County Housing

American Red Cross

Disaster Services: Lodging, food, clothing and community referrals. Provided based on damage to place of residence.

Monday-Friday 9:00am-5:00pm call (501) 623-9321. After 5:00pm call (501) 748-1021

820 Central Avenue Suite J Hot Springs, AR 71901 Andrea Sellers (501) 623-9321 andrea.sellers@redcross.org www.redcross.org

Arkansas Sheriff's Youth Ranch

Shelter and education for at-risk youth 6-17.

P.O. Box 3964
Batesville, AR 72503
Nancy Weaver (870) 793-6841; nweaver@youthranches.com
www.youthranches.com

Caddo Creek Apartments (Based on income)

526 West Main Norman, AR 71960 (870) 334-2398

DHS-Division of Residential Placement/Licensing

Monitors Residential, Emergency Residential, Psychiatric Residential Treatment, Independent Living Facilities for children and Child Placement Agencies that place children into foster and adoptive homes.

700 Main Street
Little Rock, AR 72201
(501) 682-8590
Greg Gilliland, 501-321-2583 ext 227, Greg.Gilliland@arkansas.gov
http://humanservices.arkansas.gov/dccece/Pages/PlacementResidentialLicensing.asp

First Step, Inc.

First Step, Inc. residential program gives adults with disabilities the freedom of choice that is so often lacking at other long-term care facilities. (870) 356-3622 or (501) 620-5432

www.firststeparkansas.com

Intermediate Care Facility (ICF/IDD) residential program provides a highly-structured living environment that is supervised 24 hours by trained staff in a 'home-like' atmosphere for children ages five to eighteen that meet the Division of Developmental Services (DDS) eligibility criteria. (501) 609-9537

Highland Maternity Home

2325 Malvern Avenue Hot Springs, AR 71913 (501) 262-1660

hillcrest@compactfamilyservices.org

http://www.compactfamilyservices.org/ministries/hillcrest-childrens-home

Hillcrest Children's Center/COMPACT Family Services

Residential care for children 6-14. Assembly of God affiliation.

2325 Malvern Avenue Hot Springs, AR 71913 (501) 262-1660

hillcrest@compactfamilyservices.org

http://www.compactfamilyservices.org/ministries/hillcrest-childrens-home

Income-Based Housing

Caddo Creek Apartments 526 West Main, Norman, AR 71960 (870) 334-2398 Mt. Ida Gardens (Senior citizen or mobility impaired) Highway 27 South Mt. Ida, AR 71957 (870) 867-3666

Mt. Ida Public Housing 19 Graham Mt. Ida, AR 71957 (870) 867-2332

The Village Apartments (Elderly or low income) 428 Luzerne Street
Mt. Ida, AR 71957
(870) 867-3128

Mt. Ida Housing Authority

19 Graham St. Mt. Ida, Ar 71957 (870) 867-2332

P.A.T.H. (Project for Assistance in Transition from Homelessness)

Program is provided to support individuals with serious mental illnesses, as well as individuals with co-occurring substance use disorders, who are homeless or at risk of becoming homeless. Housing, Diagnostic Screening, Therapeutic Treatment for serious mental illness, Case Management Services, Job Training, Educational Opportunities, Referral for Substance Abuse and Primary Healthcare. Walk-in clinic: Monday-Friday 8:30am-3:30pm.

125 Wellness Way Hot Springs, AR 71913 (501) 624-7111 (ask to speak with a member of the PATH team)

Potter's Clay

Potter's Clay Ministries, Inc. was founded in 1984 as an outreach to women and children in crisis. We accept no state or federal funding to fund our facility. Therefore, we depend on support from churches, organizations and individuals.

We provide food, clothing and shelter to our clients. Monday-Friday 8:00am-4:00pm. http://pottersclayhotsprings.org/

110 Crescent Avenue Hot Springs, AR 71901 (501) 624-1366 Potters Clay Thrift allow shoppers to find products like unique clothing, home goods items, antiques, novelty items and even furniture. Thrifts stores are known for their bargain deals on items that you won't be able to find at your local departments stores. Shop at Potters Clay Thrift Store in Hot Springs, AR. You'll be amazed at items that you can find. Monday-Friday 9:00am-4:00pm and Saturday 10:00am-3:00pm.

1032 Malvern Avenue Hot Springs, AR 71901 (501) 620-4405

Safe Haven Transitional Housing for Women and Children

Safe Haven Shelter for Women and Children has, as its primary goal, to provide a safe and comfortable shelter for a diverse community of homeless women and children. We strive to create an environment of dignity, respect and compassion while providing shelter and meeting the needs of hungry and food for insecure women and children. Safe Haven Shelter provides temporary shelter of up to 180 days to homeless women and children.

110 Highrise Circle Hot Springs, AR 71901 (501) 276-7750

Samaritan Ministries of Hot Springs Rescue Mission for Homeless Men

Shelter, food, clothing and showers for 10 days. 24/7 with overnight intake from 4:00pm-5:45pm. Clean and sober only. By interview only. Resident program for 10 months: woodshop, job, and life skills

131 Sanford Street Hot Springs, AR 71901 (501) 321-2888 www.samaritanhs.org

Shalom Recovery Center

Shalom House Ministries provides holistic recovery for women addicted to alcohol and drugs. Our goal is to give women with life controlling issues the tools to be mentally sound, physically transformed, spiritually alive and socially adjusted. We believe that through biblical principles and a personal relationship with Jesus Christ each lady can be healed and restored.

shalomwomenscenter@gmail.com

2375 East Grand Avenue Hot Springs National Park, AR 71901 (501) 625-3811 or (501) 625-3895

Montgomery County Income Stability

Arkansas Community Foundation

Arkansas Community Foundation engages people, connects resources and inspires solutions to build a community. A nonprofit organization that promotes smart giving to improve communities. Grants available for non-profits. Scholarships available for all levels of education. (501) 620-4008 or (501) 282-0502

http://www.arcf.org/

Getting Ahead in a Just-Gettin'-By World

A 16-20 week curriculum designed to teach individuals who are experiencing poverty how they can create a path to a more stable, secure future for themselves and their family.

133 Arbor Hot Springs, AR 71901 (501) 318-1153

Montgomery County Legal

Arkansas State Police

Counties Served: Clark, Garland, Grant, Hot Spring, Montgomery, Pike and Polk

Troop K 200 Karen Street Hot Springs, AR 71901 (501) 767-8550

Arkansas State Public Defender's Office (Legal assistance)

101 East Capitol Suite 201 Little Rock, AR 72201

Scott Tanner (501) 682-9070; scott.tanner@arkansas.gov/
http://www.arkansas.gov/apdc/contact/index.html

Center for Arkansas Legal Services

Provides free legal services to low-income individuals residing in the state of Arkansas in civil (non-criminal) cases. CALS is headquartered in Little Rock and serves 44 counties of the 75 counties in Arkansas.

1820 Central Avenue Suite H Hot Springs, AR 71901 (501) 624-2591 www.arlegalservices.org/center

Child Support Enforcement

Paternity testing for open cases, child support orders, enforce wage withholding. Monday-Friday 8:00am-4:30pm.

806 10th Street Mena, AR 71953 (479) 394-6339

Crime Victims Reparations Board

Compensation and assistance to victims of violent crime (including DUI) and their families. (501) 682-1020 or (800) 448-3014

https://www.arlegalservices.org/files/FSCrimeReparations.pdf

DHS/DYS (Department of Youth Services)

Prevention, intervention and treatment to insure public safety. Oversees juvenile correction facilities.

700 Main Street Little Rock AR 72203 (501) 682-8654

After hours call: (501) 257-8223

http://humanservices.arkansas.gov/dys/Pages/default.aspx

Montgomery County CASA (Court Appointed Special Advocates)

Montgomery County CASA trains and supports volunteers who intervene in the juvenile court system to advocate for children in abuse and neglect cases. Advocates work alongside Department of Human Services and Division of Children and Family Services case workers and investigators to represent these children's best interests and provide relief to a critically overburdened child welfare system. Serving Polk, Montgomery and Sevier Counties

232 Graham St. Mt. Ida, AR 71957 (870) 867-3184

18th W. Judicial District Victim/Witness Advocate Program

Services for victims of violent crime including, but not limited to, race, domestic violence, child abuse, or severe maltreatment, victims or survivors of DWI or homicide. This includes secondary victims (ex-husbands, wives, boyfriends and children of violent crime.)

P.O. Box 1010 Mt. Ida, Ar 71957 (870) 867-4145

Thomas Smith Law Firm

We are a Hot Springs based legal practice that offers special needs legal services throughout the State of Arkansas.

Legal services in estate planning for those with a special-needs loved one include but are not limited to special needs trusts, ABLE Accounts and coordination with family financial planners. At Thomas Smith Law Firm special needs planning is near to our heart. We are committed to providing the best life-time possible for families of special needs children and adults. http://arspecialneedsplanners.com/

508 Ouachita Avenue Suite D Hot Springs, AR 71901 Thomas Smith, ESQ (501) 249-2600; thomas@smithlawfirmar.com

U.S. Secret Service

(501) 324-6241 Little Rock (202) 406-5708 Washington

Montgomery County Mental Health

Arkansas Children Hospital (ACH)

Children are at the center of everything we do. Arkansas Children's is the only hospital system in the state solely dedicated to caring for children, which allows our organization to uniquely shape the landscape of pediatric care in Arkansas. ACH is a pediatric hospital with a Level 1 Trauma Center, that's located in Little Rock, AR. It is among the largest pediatric hospitals in the United States and serves children from birth to age 21. ACH is affiliated with the University of Arkansas for Medical Sciences and is a teaching hospital with the UAMS college of Medicine's Department of Pediatrics. Open 24/7.

1 Children's Way Little Rock, AR 72202 (501) 364-1100

Burn Survivor Adult Retreat

The retreat is an event for adult to meet others who are surviving and living in a world of adjustment and awareness of their scars. Commences on Friday and ends Sunday morning. Contact Gretta Wilkinson, RN: wilkinsonge@archildrens.org

Healthy Connections

Provides medical, dental and social services to residents of all ages regardless of ability to pay. Offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify and low cost or no cost preventative care. Will assist clients in signing up for healthcare insurance. Services offered for all ages: Pediatric Services, Adult Medicine, Discount Medication, Preventative Health Screenings, Full Service Lab, X-Rays and Behavioral Health Services.

534 Luzerne Street Mt. Ida, AR 71957 (870) 867-4244 www.healthy-connections.org/

Levi Hospital

Mental Health Counseling 8:00am-4:30pm, Adult Psychiatric Services 24/7, Rehabilitation and Fitness. Inpatient, partial hospitalization and outpatient psychiatric program. Wide range of diagnosis treated: OCD, Suicidal Thoughts, Severe Grief, Anxiety Disorders, Chronically Mentally III, Drug and Alcohol Treatment and Chemical Addiction Treatments. Assessments done 24 hours a day. Medicaid, Medicare and private insurance accepted.

Mt. Ida (870) 867-2175 Hot Spring (501) 624-1281 Physical Therapy (501) 622-3334

Jackie Arrison (501) 622-3498, jarrison@levihospital.com

www.levihospital.com

Methodist Counseling Clinic

Comprehensive assessment and treatment services for behavioral, emotional, learning and adjustment difficulties are offered. Monday-Friday 7:30am-4:30pm. (501) 661-0720. Hospital and after hours inquiries (501) 803-3388

www.methodistfamily.org/services/outpatient-treatment-programs/counseling-clinics/

P.A.T.H. (Project for Assistance in Transition from Homelessness)

Program is provided to support individuals with serious mental illnesses, as well as individuals with co-occurring substance use disorders who are homeless or at risk of becoming homeless. Housing, Diagnostic Screening, Therapeutic Treatment for serious mental illness, Case Management Services, Job Training, Educational Opportunities, Referral for Substance Abuse and Primary Healthcare. Walk-in clinic: Monday-Friday 8:30am-3:30pm.

125 Wellness Way
Hot Springs, AR 71913
(501) 624-7111 (ask to speak with a member of the PATH team)

Pinnacle Pointe Behavioral Healthcare System

Provides a full continuum of behavioral healthcare services. We specialize in mental health treatment for children and adolescents.

11501 Financial Centre Parkway Little Rock, AR 72211 (501) 223-3322 or (800) 880-3322 pinnaclepointehospital.com/

Rivendell Behavioral Health Services of Arkansas

Offers award winning inpatient psychiatric and behavioral health treatment services for adults, adolescents and children.

100 Rivendell Dr. Benton, AR 72019 (800) 264-5640 www.rivendellofarkansas.com/

The Bridgeway

Caring for all ages. 24-hour nursing care. Medication Management, Physician Care, Neuropsychological Testing, discharge and aftercare planning.

21 Bridgeway Road North Little Rock, AR 72113 (800) 245-0011 24/7

Senior Behavioral Health Unit

For individuals over 55 requiring inpatient psychiatric treatment. Through a structured plan of individual counseling, group therapy, coordinated activities and family support. Patients are given the opportunity of a social, physical and mental skills.

311 North Morrow Mena, AR 71953 (479) 394-7400

UAMS Psychiatric Research Institute

Walker Family Clinic (501) 526-8200. Monday-Friday 8:00am-4:30pm. Child Study Center located at Arkansas Children's Hospital (501) 364-5150. Monday-Friday 8:00am-4:30pm.

psychiatry.uams.edu/

Montgomery County Parenting

Change Point Pregnancy Care and Parenting Resource Center

Change Point Pregnancy Care and Parenting Resource Center of Hot Springs has been helping families and single parents for over 30 years. We have a caring, loving staff, here to help you with free pregnancy testing, ultrasounds, educational materials on fetal development, and referrals to health care facilities. We offer educational parenting classes and programs, fatherhood program and classes, supervised parental court ordered visitation, and Biblically-Faith based classes to help a parent accomplish positive, loving, and solution solving parenting skills. changepointcenter.com/

201 Nickels Street
Hot Springs, AR 71901
Terri Sanders (501) 624-2773; tsanders.changepoint@yahoo.com

Child Support Enforcement

Mena Child Support Office 806 10th Street Mena, AR 71953

(479) 394-6339 Fax: (479) 394-6719

COMPACT - Highland Maternity Home

Dedicated to bringing hope and healing to young women facing an unplanned pregnancy and who have questions about their future.

2325 Malvern Avenue Hot Springs, AR 71901 (501) 262-1660

agfamilyservices.org/ministries/highlands-maternity-home

Healthy Connections

Provides medical, dental and social services to residents of all ages regardless of ability to pay. Offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify and low cost or no cost preventative care. Will assist clients in signing up for healthcare insurance. Services offered for all ages: Pediatric Services, Adult Medicine, Discount Medication, Preventative Health Screenings, Full Service Lab, X-Rays and Behavioral Health Services.

www.healthy-connections.org/

OCC (Ouachita Children's Center)

Breaking the cycles of a social and negative behavior, as well as those of abuse and neglect for Arkansas youth, one child at a time. A non-profit child advocacy organization providing emergency shelter and quality services for youth and families, empowering them to achieve lifelong success.

339 Charter Oak Street Hot Springs, AR 71901 (501) 623-5591 www.occnet.org/

Ouachita Behavioral Health & Wellness (formerly Community Counseling Services)
Services include: Individual and Group Counseling, Marriage and Family Counseling,
Psychological, Personality, Intellectual Evaluations, Psychiatric Treatment and
Medication Management for children and adults. Clark, Garland, Hot Spring,
Montgomery and Pike Counties. Monday-Friday 8:00am-5:00pm.

125 Wellness Way
Hot Springs AR 71913
(501) 624-7111 or (800) 264-2410
Caroline Finney, CarolineF@hsccs.org
http://www.communitycounselingservices.org/

Smart Moves Smart Choices

Online education, support and resources sponsored by the National Association of School Nurses which raises awareness about the epidemic of abuse of prescription drug abuse by teens. Videos and other resources for teens, parents and educators are available upon request.

http://www.smartmovessmartchoices.org/teens

Teen Dating Abuse Hotline

The National Dating Abuse Helpline is the direct service provider behind loveisrespect.org(link is external), operating the 24/7 text, phone and live chat services. The texting function of the Helpline allows for users to text the Helpline advocates 24/7. (866) 331-9474

Montgomery County Re-Entry

Arkansas Workforce Development Services/Employment Security Department

An array of career training and placement services and temporary assistance to needy families.

Monday-Friday 8:00am-4:30pm.

2254 Albert Pike Hot Springs, AR 91913 (501) 525-3450 http://dws.arkansas.gov/

P.A.T.H. (Project for Assistance in Transition from Homelessness)

Program is provided to support individuals with serious mental illnesses, as well as individuals with co-occurring substance use disorders who are homeless or at risk of becoming homeless. Housing, Diagnostic Screening and Therapeutic Treatment for serious mental illness, Case Management Services, Job Training, Educational Opportunities, Referral for Substance Abuse and Primary Healthcare. Walk-in clinic: Monday-Friday 8:30am-3:30pm.

125 Wellness Way
Hot Springs, AR 71913
(501) 624-7111 (ask to speak with a member of PATH team)

Stoneworks Agency

Veterans Reconnect Project and Community Re-entry, Life Redirection Programs for exoffenders. Available at the Garland County Library on Thursdays 10:30am to 12:30pm, please come by if you need assistance.

(501) 620-9381

www.facebook.com/StoneWorks-Agency-277608995651514/timeline

Montgomery County Seniors

AARP Foundation Senior Employment

2228 Albert Pike Suite C Hot Springs AR 71913 (501) 767-2211

Adult Day Care Centers/Senior Centers

Area Agency on Aging of Western Arkansas

Seniors or disabled under 60, elder care and home health care in Clark, Conway, Garland, Hot Spring, Johnson, Montgomery, Pike, Perry, Pope and Yell Counties.

Monday-Friday 8:00am-4:30pm.

320 Luzerne Street Mt. Ida, AR 71957 (870) 867-4041 or (800) 467-2170 www.seniorspecialists.org

Mt. Ida Senior Adult Center (870)867-4666

Adult Protective Services (Adult Abuse Hotline)

Investigations of abuse, neglect, self-neglect and exploitation of adults who are unable to understand they are in imminent risk of death or serious bodily injury. (800) 482-8049 www.aradultprotection.com/

Arkansas Long-Term Care Ombudsman Program

The mission of the **Arkansas Long-Term Care Ombudsman Program** is to assure that long-term care facility residents have the right to live their lives harmoniously and with dignity, feeling free to voice complaints or concerns without reprisal. Call Ombudsman when you have questions about: finances, long-term care Medicaid eligibility, use of restraints, guardianship/power of attorney, food quality, transfers or discharges, social activities, residents rights concern and care plans. (800) 467-2170 or (501) 321-2811.

Assisted Living & Nursing Home Facilities

Arkansas Long Term Care Ombudsman Program

Nursing home abuse. Division of Aging and Adult Services, Arkansas Department of Human Services. (501) 320-6552

Glenwood Health & Rehabilitation

615 Mountain View Drive Glenwood, AR 71943 (870) 356-3953 or (888) 481-8704

Montgomery County Assisted Living

147 Senior Drive Mt. Ida, AR 71957 (870) 867-2159

Email: mcnhassistedliving@windstream.net

Montgomery County Nursing Home

741 South Drive Mt. Ida, AR 71957 (870) 867-2156 ext. 226 or (866) 603-1221

Central Arkansas Development Council (CADC)

Our role is to develop and deliver the programs and services that can meet the needs of hard-working low income families and rural communities. Food and Nutrition, LIHEAP (energy assistance)/Crisis Intervention, Senior Activity Centers and USDA Commodities

158 Senior Drive Mount Ida , AR 71957 (870) 867-2313

Central Arkansas Veterans Healthcare System (VA)

177 Sawtooth Oak StreetHot Springs, AR 71913(501) 520-6250

Healthy Connections

Provides medical, dental and social services to residents of all ages regardless of ability to pay. Offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify and low cost or no cost preventative care. Will assist clients in signing up for healthcare insurance. Services offered for all ages: Pediatric Services, Adult Medicine, Discount Medication, Preventative Health Screenings, Full Service Lab, X-Rays and Behavioral Health Services.

534 Luzerne Street Mt. Ida, AR 71957 (870) 867-4244 www.healthy-connections.org/

Social Security Administration

112 Corporate Terrace Hot Springs, AR 71913 (855) 531-1685

Hospice

Area Agency on Aging

320 Luzerne Street Mt. Ida, AR 71957 (870) 867-4041

Arkansas Hospice

508 Ouachita Avenue Suite A Hot Springs, AR 71901 (501) 318-9992

Care IV Home Health

100 Ridgeway Street Suite 3 Hot Springs, AR 71901 (501) 623-5656

Dierksen Hospice

3648 North Highway 7 Suite E Hot Springs, AR 71909 (501) 318-1500 Monday-Friday 8:00am-5:00pm, 24 on-call service

Hospice of Central Arkansas

855 Central Avenue Suite 301Hot Springs, AR 71901(501) 623-2076

OTHER

AAA Meals on Wheels

Seniors or disabled under 60, elder care and home health care in Clark, Conway, Garland, Hot Spring, Johnson, Montgomery, Pike, Perry, Pope and Yell Counties. Monday-Friday 8:00am-4:30pm.

320 Luzerne Street Mt. Ida, AR 71957 (870) 867-4041 or (800) 467-2170 www.seniorspecialists.org

Alzheimer's Arkansas

Counseling and support, education, elder abuse programs and services for all Alzheimer's or related dementia patients, their caregivers, families and friends.

Monday-Friday 8:30am-4:30pm.

201 Markham Center Drive Little Rock AR 72205 (501) 224-0021 or (800) 689-6090 24/7 After hours Caregiver line: (501) 913-1878 Elise Stuart, elise.stuart@alzark.org www.alzark.org

CADC (Central Arkansas Development Council)

Our role is to develop and deliver the programs and services that can meet the needs of hard-working low income families and rural communities.

156 Senior Drive Mt. Ida, AR 71957 (870) 867-0151

District: (501) 778-1133

www.cadc.com

Center for Arkansas Legal Services

Provides free legal services to low-income individuals residing in the state of Arkansas in civil (non-criminal) cases. CALS is headquartered in Little Rock and serves 44 counties of the 75 counties in Arkansas.

1300 West 6th Street
Little Rock, AR 72206
(501) 376-3423 or (800) 952-9243
www.arlegalservices.org/center

Central Arkansas Veterans Healthcare System

177 Sawtooth Oak Street Hot Springs, AR 71913 (501) 520-6250

The Bridgeway

Caring for all ages. 24-hour nursing care. Medication Management, Physician Care, Neuropsychological Testing, discharge and after care planning. (800) 245-0011 24/7

Prescription Assistance

FamilyWize Prescription Discount Cards

Prescription discount for those without other prescription insurance, up to 39% discount on all FDA approved drugs, good at all area pharmacies. Cards available from United Way of Garland County (501) 623-2505 contact Katie Gibson.

https://familywize.org/prescription-savings-card/get-your-free-card/

Montgomery County Toll Free

see also "hotlines"

Arkansas Adult Protective Services Hotline

Aging is a natural process, abuse is not. Elder Abuse remains a poorly understood problem in our state.

(800) 482-8049

Arkansas Coalition Against Domestic Violence

Provides training, support, public information education and advocacy for victims of personal and institutional violence

(800) 269-4668. 24/7 Hotline 800-799-7233.

Monday-Friday 8:00am-4:00pm. http://www.domesticpeace.com/

Arkansas Poison Control and Drug Information Center

The Arkansas Poison & Drug Information Center is your 24/7 antidote for any poisoning concern you may have. Simply call (800) 222-1222 and speak with a pharmacist or RN about your concern.

Center for Missing and Exploited Children

The Center provides information to help locate children reported missing (by parental abduction, child abduction, or running away from home) and to assist physically and sexually abused children. In this resource capacity, the NCMEC distributes photographs of missing children and accepts tips and information from the public. It also coordinates these activities with numerous state and federal law enforcement agencies

(800) 834-5678 (800-THE-LOST) 24/7. http://www.missingkids.org/home

Child Abuse Hotline

The Childhelp National Child Abuse Hotline 1-800-4-A-CHILD (1-800-422-4453) dedicated to the prevention of child abuse. Serving the United States, its territories, and Canada, the hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who, through interpreters, can provide assistance in over 200 languages. **All calls are confidential**. (800) 482-5964 Arkansas or (800) 4-A-CHILD (1-800-422-4453) National Child Abuse Hotline

Crime Victims Reparations Board

Compensation and assistance to victims of violent crime (including DUI) and their families (800) 482-8982 or (501) 682-1020.

https://www.arlegalservices.org/files/FSCrimeReparations.pdf

Medicare telephone Hotline

You are now able to submit feedback about your Medicare health plan or prescription drug plan directly to Medicare. The Centers for Medicare & Medicaid Services values your feedback and will use it to continue to improve the quality of the Medicare program. If you have any other feedback or concerns, or if this is an urgent matter, please call 1-800- MEDICARE (1-800-633-4227). TTY/TTD users can call 1-877-486-2048.

Medicare/File a Complaint

You can file a complaint if you have concerns about the quality of care or other services you get from a Medicare provider.

(800) 633-4227.

www.medicare.gov/claims-and-appeals/file-a-claim/file-a-claim.html

Nationwide Runaway Hotline

The National Runaway Safeline is the national communications system designated by the United States federal government for runaway and homeless youth, their parents and families, teens in crisis, and others who might benefit from its services. It is confidential, anonymous, non-judgmental, non-directive, and free.

(800) RUNAWAY(800-786-2929) 24/7 Text 66008. <u>www.1800runaway.org/</u>

Suicide Prevention Hotline

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

(800) 273-8255 (800-273-TALK)

Suicide Prevention Hotline The Recovery Village

Symptoms of depression can pop up at the most inconvenient times. When your friends are asleep, your therapist is out of the office or your significant other is at work, it can be hard to know where to turn. Even if you have never considered it, a depression hotline could be a useful resource. Available 24 hours a day, seven days per week, depression helplines are a useful tool for your coping skill toolbox. (855) 498-5516.

https://www.therecoveryvillage.com/drug-addiction/drugs-and-suicide/ https://www.therecoveryvillage.com/co-occurring-disorders/

Montgomery County Transportation

Central Arkansas Development Council (CADC)

Our role is to develop and deliver the programs and services that can meet the needs of hard-working low-income families and rural communities. Food and Nutrition, IDA/Money Management, LIHEAP (energy Assistance)/ Crisis Intervention, Public Transportation, Public and Medicaid Transportation, Senior Activity Centers, Single Parent Scholarship Fund, USDA Commodities and Weatherization. www.cadc.com

1305 North 10th Street Arkadelphia, AR 71923 (870) 403-0679

Our Promise Cancer Patient Resources

Transportation for people receiving cancer treatments. http://www.ourpromise.info/

Road to Recovery Cancer Treatment Transportation

Patients must be traveling to an appointment required to begin or complete cancer treatment, or to an appointment for complementary therapy during cancer treatment. (877) 227-2345

Montgomery County Utilities

Central Arkansas Development Council (CADC)

Our role is to develop and deliver the programs and services that can meet the needs of hard-working low income families and rural communities. Food and Nutrition, LIHEAP (energy assistance)/Crisis Intervention, Senior Activity Centers and USDA Commodities

158 Senior Drive Mount Ida, AR 71957 (870) 867-2313

Montgomery County Veterans

Veterans Crisis Line

(800) 273-8255 then press 1, confidential chat <u>veteranscrisisline.net</u> text 838255

Area Agency on Aging

Seniors, veterans or disabled under 60, elder care and home health care in the following counties: Clark, Conway, Garland, Hot Spring, Johnson, Montgomery, Pike, Perry, Pope and Yell Counties. Monday-Friday 8:00am-4:30pm.

905 West Grand Hot Springs AR 71913 (501) 321-2811 or (800) 467-2170 www.seniorspecialists.org

Arkansas Department of Veteran Affairs

(501) 863-2382

www.veterans.arkansas.gov

Arkansas Department of Veteran Affairs District 1 Veteran Service Office

Serves Arkansas Veterans and their eligible dependents, through advocacy and education to access state and federal benefits, high-quality long-term nursing care and burial honors. Serving Johnson, Montgomery, Newton, Searcy, Van Buren and Yell.

District 4 - Russellville, AR 104 Rochester Avenue Russellville, AR 72801

Arkansas Freedom Fund

The Arkansas Freedom Fund exists to serve and support rehabilitative recreational outdoor activities that benefit our military, veterans, wounded/disabled veterans and their families.

6017 Springwood Circle
Bryant AR 72022
(501) 517-5338
www.arkansasfreedomfund.org

Arkansas Hospice

Hospice care actually enables patients to live their last days to the fullest, with purpose, dignity, grace and support. It is about bringing the best in physical, emotional and spiritual care to those who are facing the challenges of a life-limiting illness and their families. At Arkansas Hospice, that is our mission. As a "not-for-profit organization", we believe that fear of costs should never prevent a person from having access to hospice care and our patients are cared for regardless of ability to pay. (501) 748-3333 or (877) 713 - 2348

www.arkansashospice.org

Camp Alliance

Camp Alliance was established in 2010 "with the purpose to serve the United States Guard/Reserve Armed Forces; to compliment the Department of Defense Military Unit and family mission readiness programs." Camp Alliance is a leader in military unit and family support services as well as a role model for building strong support communities.

(479) 936-2160

www.campalliance.org

DD-214s

To obtain a DD-214 contact:

National Personnel Records Center (314) 801-0800 Arkansas National Guard DD-214s (501) 212-4171 Active duty/Arkansas DD-214s (501) 370-3820 www.archives.gov/veterans/military-service-records

Darby's Warrior Support

Provides combat veterans of the 9/11 Generation free, all-inclusive Arkansas duck hunting in luxury accommodations, while also providing educational scholarship assistance for the severely wounded and permanently disabled veteran seeking a college degree. (501) 724-0109

www.darbyswarriorsupport.org

Homeless Veteran Resources

Homeless Veteran Hotline

If you are a Veteran who has lost your home, VA can help you get back on your feet. Contact VA's National Call Center for Homeless Veterans at (877) 4AID-VET (877-424-3838) to speak to a trained VA responder. The hotline and online chat are free and neither a registration nor enrollment in VA healthcare is required to use either service.

www.littlerock.va.gov/services/homeless/index.asp

HUD/VASH

Collaborative program between HUD and VA combines HUD housing vouchers with VA supportive services to help veterans who are homeless and their families find and sustain permanent housing. (877-424-3838) 24/7

www.va.gov/homeless/hud-vash.asp

Jobs for Veterans

2254 Albert Pike Road #A Hot Springs, AR 71913

Representative: Stephen Ezelle (501) 525-3450

www.veterans.arkansas.gov/jobs

www.fedshirevets.gov.AgencyDirectory/index.aspx

Montgomery County Veteran Service Officer

105 Highway 270 East MT. Ida, AR 71957

Officer in Charge: Susan Elizandro (870) 867-3033

National Park College Veterans Assistance

Assists veterans in applying for and receiving veteran educational benefits as well as available resources outside of the college. Nathan Looper, Veteran Education Coordinator (501) 760-4151

P.A.T.H. (Project for Assistance in Transition from Homelessness)

Program is provided to support individuals with serious mental illnesses, as well as individuals with co-occurring substance use disorders, who are homeless or at risk of becoming homeless. Housing, Diagnostic Screening and Therapeutic Treatment for serious mental illness, Case Management services, Job Training, Educational Opportunities, Referral for Substance Abuse and Primary Healthcare. Walk-in clinic: Monday-Friday 8:30am-3:30pm.

125 Wellness Way
Hot Springs, AR 71913
(501) 624-7111 (ask to speak with a member of the PATH team)

Stoneworks Agency

Veterans Reconnect Project & Community Re-entry, Life Redirection Programs for exoffenders. Available at the Garland County Library on Thursdays 10:30 to 12:30, please come by if you need assistance. (501) 620-9381

www.facebook.com/StoneWorks-Agency-277608995651514/timeline

Veterans Administration Hospital Little Rock, AR

4300 West 7th Street Little Rock, AR 72205 (501) 257-1100

www.littlerock.va.gov/

Veterans Affairs Home Based Primary Care

177 Sawtooth Oak Street Hot Springs, AR 71901 (501) 520-6250

www.littlerock.va.gov/locations/HotSprings.asp

Veterans Crisis Line

Veterans Crisis Line: (800) 273-8225 Press 1

Veterans Villages of America

Our Mission is to combine many of the distinctly diverse programs and policies servicing our veterans into a unifying effort, which will improve the economic well-being and quality of life for our veterans. (501) 663-5003

www.veteransvillagesofamerica.org

Veteran Organization Headquarters

Veterans of Foreign Wars	(501) 834-8392	www.arkansasvfw.org
Paralyzed Veterans of America	(501) 370-3757	www.pva.org
American Legion	(501) 375-1104	www.arlegion.org
Disabled American Veterans	(501) 257-1896	www.ardav.org
Military Order of Purple Heart	(479) 263-6772	www.purpleheart.org
American Legion Auxiliary	(501) 374-5836	www.auxiliary.arlegion.org
National Guard Association of Arkansa	s (501) 758-6422	www.ngaa.org

Women Veterans Call Center

Call or Text (855) 829-6636

Workforce Development Office

An array of career training and placement services. Monday-Friday 8:00am-4:30pm.

2254 Albert Pike Road Hot Springs 71913 (501) 525-3450 http://dws.arkansas.gov/

1735 East SullenbugerMalvern, AR 72104(501) 332-5002

http://dws.arkansas.gov/