Resource Directory

Garland County

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Garland County

Abuse

Adult Protective Services (Adult Abuse Hotline (800) 482-8049)

Investigations of abuse, neglect, self-neglect and exploitation of adults who are unable to understand they are in imminent risk of death or serious bodily injury.

Endangered Adults

An adult eighteen (18) years of age or older who is found to be in a situation or condition which poses an imminent risk of death or serious bodily harm to that person. Who demonstrates the lack of capacity to comprehend the nature and consequences of remaining in that situation or condition. A resident eighteen (18) years of age or older of a licensed long-term care facility who is found to be in a situation or condition which poses an imminent risk of death or serious bodily harm to that person. Who demonstrates the lack of capacity to comprehend the nature and consequences of remaining in that situation or condition.

Impaired Adults: A person eighteen (18) years or older who as a result of mental or physical impairment is unable to protect himself or herself from abuse, sexual abuse, neglect or exploitation and as a consequence is endangered. www.aradultprotection.com/

Alzheimer's Arkansas

Counseling and support, education, elder abuse programs and services for all Alzheimer's or related dementia patients, their caregivers, families and friends. Monday-Friday 8:20am-4:30pm. www.alzark.org

201 Markham Center Drive Little Rock, AR 72205 (501) 224-0021 or (800) 272-3900 Caregiver: (800) 689-6090 24/7

Elise Stuart, elise.stuart@alzark.org

American Academy of Facial Plastic and Reconstruction Surgery

FACE to FACE PROGRAM: A humanitarian and educational surgical exchange program conducted under the sponsorship of the Educational and Research Foundation for AAFPRS. In the United States and abroad, AAFPRS surgeons provide complimentary care to those who suffer from facial deformities caused by birth or trauma. The program offers individuals the opportunity to overcome the physical limitations placed on them by circumstances beyond their control: deformities at birth, domestic violence and war. AAFPRS surgeons use their expertise to perform plastic and reconstructive surgery of the face, head and neck. Referral service to physicians in Arkansas who provide volunteer plastic surgery for victims of domestic violence. (800) 842-4546. https://www.aafprs.org/humanitarian/pa_humprog.html

Arkansas Long Term Care Ombudsman Program

The mission of the **Arkansas Long-Term Care Ombudsman Program** is to assure that long-term care facility residents have the right to live their lives harmoniously and with dignity, feeling free to voice complaints or concerns without reprisal. Call Ombudsman when you have questions about: finances, long-term care Medicaid eligibility, use of restraints, guardianship/power of attorney, food quality, transfers or discharges, social activities, residents rights concern and care plans. (800) 467-2170 or (501) 321-2811.

Center for Healing Hearts and Spirits

The Center for Healing Hearts and Spirits was created to assist victims of violent crimes and chronic illness and their affected families to improve the quality of their economic and social environment, transition back into the workforce and to provide for self-sufficiency. STOP Program - Service Training Officers Prosecutor is for 1) Sexual Assault and 2) Crisis Hotline. Serves Garland and Saline Counties. www.hhscenter.org

2416 Chester Street Little Rock, AR 72206 (501) 372-3800 fax (501) 372-2150

Child Abuse Hotline

The Child Help National Child Abuse Hotline 1-800-4-A-CHILD (1-800-422-4453) dedicated to the prevention of child abuse. Serving the United States, its territories, and Canada, the hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who, through interpreters, can provide assistance in over 200 languages. All calls are confidential. (800) 482-5964

Cooper-Anthony Mercy Child Advocacy Center

The center is dedicated to providing comprehensive, coordinated and compassionate services to victims of child abuse. Hope and healing for victims of child abuse.

Monday-Friday 8:00am-4:30pm.

https://www.mercy.net/practice/mercy-cooper-anthony-child-advocacy-center

216 McAuley Court Hot Springs AR 71913 Karen Wright (501) 622-2531; <u>Karen.Wright@mercy.net</u>

Crime Victims Reparations Board

Provides a method of compensating and assisting victims and their dependents who have suffered personal injury or death as the result of a violent crime, including DWI. (501) 682-1020 or (800) 448-3014

https://www.arlegalservices.org/files/FSCrimeReparations.pdf

Division of Children and Family Services (DHS)

The Garland County Department of Family Services (DFS) is the local child welfare agency that works to protect children from abuse and neglect. We do this by partnering with our community to build safe, nurturing and stable families, support family preservation when possible, and provide permanent families for those children who cannot safely return home and to ensure the well-being of children in our care. humanservices.arkansas.gov

115 Stover Street Hot Springs AR 71913 (501) 321-2583 Monday-Friday 8:00am-4:30pm

Domestic Violence Support Group

At the National Domestic Violence Hotline, our highly trained expert advocates are available 24/7 to talk confidentially with anyone in the United States who is experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship. The Hotline provides lifesaving tools and immediate support to empower victims and survivors to find safety and live free of abuse. We also provide support to friends and family members who are concerned about a loved one. Resources and help can be found by calling 1-800-799-7233. Individuals who are deaf or hard of hearing may use TTY 1-800-787-3224.

Garland County CASA (Court Appointed Special Advocates)

Garland County CASA trains and supports volunteers who intervene in the juvenile court system to advocate for children in abuse and neglect cases. Advocates work alongside Department of Human Services and Division of Children and Family Services. Case workers and investigators represent these children's best interests and provide relief to a critically overburdened child welfare system. Serving Garland, Hot Spring and Grant Counties. Monday-Friday 9:00am-5:00pm.

www.garlandcountycasa.org

508 Ouachita Avenue Suite B

Hot Springs, AR 71901

Donna Meeks (501) 321-9269; donna.meeks@garlandcountycasa.org

To become a volunteer contact, Justin Buck, Executive

Director; justin.buck@garlandcountycasa.or

Human Trafficking Task Force

Human Trafficking is a form of modern slavery that occurs in every state. The NHTH works closely with service providers, law enforcement, and other professionals in Arkansas to serve victims and survivors of trafficking, respond to human trafficking cases, and share information and resources. Our Task Force seeks to educate and equip individuals and communities to strengthen local efforts in the fight to end Human Trafficking. Call for help

(888) 274-7472

www.facebook.com/httfqc/

National Teen Dating Abuse Hotline

The National Dating Abuse Helpline is the direct service provider behind <u>loveisrespect.org</u>, operating the 24/7 text, phone and live chat services. The texting function of the Helpline allows for users to text the Helpline advocates 24/7. (866) 331-9474 or (800) 331-9474 or (800) 799-7233.

Ouachita Behavioral Health & Wellness (formerly Community Counseling Service)
Services include: Individual and Group Counseling, Marriage and Family Counseling,
Psychological, Personality and Intellectual Evaluations, Psychiatric Treatment and Medication
Management for children and adults.

Monday-Friday 8:00am-5:00pm.

www.OBHAW.org

125 Wellness Way Hot Springs, AR 71913 (501) 624-7111 or (800) 264-2410

Ouachita Children, Youth & Family Services - Children's Center

Breaking the cycles of a social and negative behavior as well as those of abuse and neglect for Arkansas youth, one child at a time. A non-profit child advocacy organization providing emergency shelter and quality services for youth and families, empowering them to achieve lifelong success. Serving Clark and Garland counties.

www.occnet.org/

339 Charter Oak Street Hot Springs, AR 71901 (501) 623-5591

Ouachita Children, Youth & Family Services - Family Center

Ouachita Family Center is a Non-Profit Advocacy Organization providing emergency shelter, quality advocacy outreach service, legal advocacy and support services to all victims and children of domestic abuse to live free from family violence. Serves Clark, Garland, Hot Spring, Montgomery and Pike counties.

202 South Third St. Hot Springs, AR 71913

(501) 701-4253 HOTLINE: (501) 865 3939

Potter's Clay Ministry

Potter's Clay Ministries, Inc. was founded in 1984 as an outreach to women and children in crisis. We accept no state or federal funding to fund our facility. Therefore, we depend on support from churches, organizations and individuals. We provide food, clothing and shelter to our clients. Monday-Friday 8:00am-4:00pm.

http://pottersclayhotsprings.org/ 110 Crescent Avenue Hot Springs, AR 71901 (501) 624-1366

Potters Clay Thrift allows shoppers to find products like unique clothing, home goods items, antiques, novelty items and even furniture. Thrift stores are known for their bargain deals on items that you won't be able to find at your local department stores. Shop at Potters Clay Thrift Store in Hot Springs, AR. You'll be amazed at items that you can find.

Monday-Friday 9:00am-4:00pm and Saturday 10:00am-3:00pm. 1032 Malvern Avenue Hot Springs, AR 71901 (501) 620-4405

Smart Moves Smart Choices

Online education, support and resources sponsored by the National Association of School Nurses to raise awareness of the epidemic of prescription drug abuse among our teens. Videos and other resources for teens, parents and school officials are available upon request. http://www.smartmovessmartchoices.org/teens

Garland County Addiction

Addiction Center

Addiction Center connects you with the best drug and alcohol treatments centers in your area. Regardless of where you live we can help you find the perfect rehab. Call a treatment expert for: Compassionate guidance from specialists who are in recovery themselves, immediate enrollment into the treatment center of your choice and information on financial help, insurance and payment plans.

(866) 773-3180.

https://www.addictioncenter.com/rehabs/arkansas/

Al-Anon

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving understanding and encouragement to the alcoholic. http://www.ar.al-anon.alateen.org

Alcoholics Anonymous

Alcoholics Anonymous is an international mutual aid fellowship with the stated purpose of enabling its members to "stay sober and help other alcoholics achieve sobriety." AA is nonprofessional, self-supporting, and apolitical. Its only membership requirement is a desire to stop drinking.

http://aawestcentralarkansas.org/ P.O. Box 6401 Hot Springs AR 71902 (501) 623-6328

Arkansas Prevention Provider Services Region 8

Substance use and behavioral health prevention through awareness and education. Free educational resources and items upon request. Serving Clark, Garland, Hot Spring, Montgomery and Pike Counties. Housed at CHI St. Vincent Hospital.

300 Werner Street Hot Springs, AR 71913 (501) 622-4112

CATAR Clinic for Addictions

CATAR's mission is to provide quality treatment services for opiate-dependent persons (prescription pain medication, heroin, morphine, codeine, oxycodone, hydrocodone etc). The Primary purpose is to assist patients in attaining the highest level of functioning in physical, emotional, vocational and social structures.

http://catarclinic.com/2012/

Hot Springs: (501) 463-9565 North Little Rock: (501) 664-7833 Helpline: (877) 487-5584

Celebrate Recovery

Celebrate Recovery is a **recovery** program aimed at all "hurts, habits, and hang-ups", including but not exclusive to: high anxiety; co-dependency; compulsive behaviors; sex addiction; financial dysfunction; drug and alcohol addictions; and eating disorders.

Monday 6:30pm-8:30pm Lake Valley Church 916 Shady Grove Road Hot Springs AR 71913

Tuesday 5:30pm-9:30pm (Dinner is served at 5:30pm) Hot Springs Baptist Church 144 Weston Road Hot Springs AR 71901

Thursday 5:30pm-9:30pm Lake Pointe Church 1343 Albert Pike Hot Springs, AR 71913

Thursday 5:30pm-8:30pm Gilead Baptist Church 26036 Hwy 67 Malvern, AR 72104 (Large Group 6:30pm; Small Group 7:30pm)

Friday 6:30pm-8:30pm Gospel Light Church 600 Garland Avenue Hot Springs, AR 71913 (501) 624-5288

Harbor House, Inc./Harbor Recovery Systems

Quality outpatient treatment for alcohol and other drugs with a Recovery Coach. The recovery coaching is personal and seeks wellness of body, mind and spirit in pursuit of a life worth living. A recovery life coach helps identify the skills needed to enrich life and assist in the development of a Personal Recovery Action Plan (PRAP). Family recovery coaching is available for families with a loved one in treatment. A recovery coach does not replace a client's therapist, sponsor or case manager. Call today for a free consultation: Allen Coker, Life Coach acoker@recoveryhhi.org

recoverycoachsystems.org 835 Central Avenue Suite 114 Hot Springs, AR 71901 (501) 625-2383

Gethsemane Outreach

Faith-based, in-house transitional living home for men and women. Six-month minimum program with post-graduation homes available.

JIF4MA@yahoo.com

144 Weston Road Hot Springs, AR 71913

Contact Jeff Taylor (501) 617-3900

Narcotics Anonymous

Narcotics Anonymous describes itself as a "nonprofit fellowship or society of men and women for whom drugs had become a major problem". Narcotics Anonymous uses a traditional 12-step model that has been expanded and developed for people with varied substance abuse issues and is the second-largest 12-step.

na.org

Find a meeting: http://www.na.org/meetingsearch/

http://www.na.org/admin/include/spaw2/uploads/pdf/litfiles/us_english/IP/EN3107.pdf

New Vision Drug and Alcohol Medical Stabilization Services

This is a 3-5 day Observational Detoxification service. Medicaid, Medicare, and most other insurances accepted. Will give patients a plan to continue recovery.

http://www.specialcarecorp.com

New Vision @ Mena Regional Hospital 311 North Morrow Street Mena, AR 71953 (479) 243-2280 or (800) 939-2273

Ouachita Behavioral Health and Wellness (formerly Community Counseling Service)

Our goal is to assist everyone in our community reach optimum mental health, to live their best lift. CCC's licensed professionals and psychiatrist can help you and your family using: individual and group counseling, marriage and family counseling, psychological, personality, intellectual evaluations, psychiatric treatment and medication management for children and adults. Monday-Friday 8:00am-5:00pm.

obhaw.org

125 Wellness Way Hot Springs, AR 71913 (501) 624-7111 or (800) 264-2410

P.A.T.H. (Project for Assistance in Transition from Homelessness)

Program is provided to support individuals with serious mental illnesses, as well as individuals with co-occurring substance use disorders, who are homeless or at risk of becoming homeless. Housing, Diagnostic Screening and Therapeutic Treatment for serious mental illness, Case Management Services, Job Training, Educational Opportunities, referral for Substance Abuse and Primary Healthcare.

Walk-in clinic: Monday-Friday 8:30am-3:30pm. 125 Wellness Way Hot Springs, AR 71913 (501) 624-7111 (ask to speak with a member of the PATH team)

Potter's Clay

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http://pottersclayhotsprings.org/

110 Crescent Avenue Hot Springs, AR 71901 (501) 624-1366

Potters Clay Thrift allow shoppers to find products like unique clothing, home goods items, antiques, novelty items and even furniture. Thrift stores are known for their bargain deals on items that you won't be able to find at your local department stores. Shop at Potters Clay Thrift Store in Hot Springs, AR. You'll be amazed at items that you can find.

Monday-Friday 9:00am-4:00pm and Saturday 10:00am-3:00pm.

1032 Malvern AvenueHot Springs, AR 71901(501) 620-4405

Quapaw House

Quapaw House, Inc. is dedicated to compassionately providing comprehensive behavioral health prevention, treatment, and education services to clients, families and communities we serve. We are committed to providing high quality affordable programs that utilize a therapeutic and holistic approach that enriches their lives and quality of life they live.

(501) 767-4456. Monday-Friday 8:00am-4:30pm.

mailto:info@quapawhouseinc.org

Detoxification Services, Adult Residential 30 day (501) 767-4456
Drug & Alcohol Education, Re-entry Program (501) 318-0398
Medication Assisted Treatment (Subuxone) (501) 617-6984
Transitional Living (501) 205-4572
Adolescent (12-17 years of age) (501) 624-2455
Community Center (501) 623-9922

Outpatient Programs, Transitional Living, Adult Aftercare, Adult Outpatient, Adolescent Outpatient (501) 609-0400

Recovery Point Ministry

Recovery Point Ministry is a faith-based, non-profit organization which provides a nurturing environment for women who need to step out of their pain from destructive behavior and habits to rebuild their lives through the life-changing power of Jesus Christ.

Thrift store hours: Monday-Friday 8:00am-5:00pm.

http://www.recovery.ministry.org 1815 Albert Pike Hot Springs, AR 71913

(501) 760-8708

Shalom Recovery Centers

Shalom House Ministries provides holistic recovery for women and men addicted to alcohol and drugs. Our goal is to give the individuals with life controlling issues the tools to be mentally sound, physically transformed, spiritually alive and socially adjusted. We believe that through biblical principles and a personal relationship with Jesus Christ each person can be healed and restored.

(501) 625-3811 or (501) 625-3895.

shalomwomenscenter@gmail.com

Women's Center: 2375 East Grand Avenue, Hot Springs, AR 71901 Men's Center: 2446 East Grand Avenue, Hot Springs, AR 71901

Smart Moves Smart Choices

Online education, support and resources sponsored by the National Association of School Nurses to raise awareness of the epidemic of prescription drug abuse among our teens. Videos and other resources for teens, parent and school officials are available upon request.

http://www.smartmovessmartchoices.org/teens

Solomon's Porch

Solomon's Porch is a faith based program designed to restore the lives of men with life control issues. They house 30 men in 3 different locations. Solomon's Porch provides the tools and resources needed to lead a clean and sober life before and after they leave the program. All the men must maintain employment and are responsible for weekly program fees. We are also closely tied to the Garland County court system. Our court liaison, Seth Gideon, works closely with Judge Wright and Judge Ohn to ensure any legal requirements and obligations are met by our residents. Seth also works closely with District and Circuit Courts throughout the state. Contact Seth Godeon for information.

411 Highland St.
Hot Springs AR 71901
(501) 520-7991
Richie Willis, Founder/Paster (501) 547-6233

Teen Challenge Men's Center

We are a faith-based Christian growth program for men with 18 years and older. We are non-medical and non-clinical. We are a completely voluntary program with a 15 month program. A minimum of 5 months in Hot Springs, AR and 10 months in the second phase in Cape Girardeau, MO. We exist to educate men with life controlling problems. This is accomplished through educational programs that are Biblically sound and highly structured.

www.teenchallengear.org/ 1679 North Highway 7 Hot Springs, AR 71909 (501) 624-2446

Teen Challenge Women's Center

Adult and teen challenge provides Christian faith-based, residential care to young teens and women who struggle with life controlling problems. The programs are typically 12-18 months and consist of Individual and Group Biblical Studies, work projects, education (for adolescents), recreation and more.

http://womenstc.com/ 2192 South Elira Avenue Russellville, AR 72802 (479) 967-1355

The Father's House

The Father's House helps people with life controlling problems such as drug or alcohol addiction, by providing faith and residential care those who qualify. Referrals are made by judges, lawyers, hot lines, probation officers, ministers, police, hospitals, youth agencies. Correctional Institutions, friends, family and concerned others.

Mailing address: P.O. Box 129, Bismarck, AR 71929

Physical Address: 959 Vanderslice Road, Donaldson, AR 71941

Founder/Pastor: Pastor Gary Jennings. (501) 384-2265

The Hope Movement

The Hope Movement is concerned with the body, mind and spirit of the women who come to us for help. We endeavor to help people become mentally sound, emotionally balanced, socially adjusted, physically well and spiritually alive. This is a faith based program that last 6months to 1 year long. (501) 318-8342

Garland County

Adoption

Change Point Pregnancy Care and Parenting Resource Center

Change Point Pregnancy Care and Parenting Resource Center of Hot Springs has been helping families and single parents for over 30 years. We have a caring, loving staff, here to help you with free pregnancy testing, ultrasounds, educational materials on fetal development, and referrals to health care facilities. We offer educational parenting classes and programs, fatherhood program and classes, supervised parental court ordered visitation, and Biblically-Faith based classes to help a parent accomplish positive, loving, and solution solving parenting skills. changepointcenter.com/

201 Nickels Street Hot Springs, AR 71901

(501) 624-2773 Contact: Terri Sanders, tsanders.changepoint@yahoo.com

Children of Arkansas Loved For a Lifetime (The CALL)

The goal is to have no waiting children waiting in Arkansas foster care. The mission of The CALL is to educate, equip and encourage the Christian community to provide a future and a hope to children in foster care in Arkansas. The CALL Support Center is open 9:00am-2:00pm Tuesday and Thursday. You can donate needed items such as clothing, diapers, wipes, etc. The resources are for the use of foster and adopted families only. The CALL Mall is a support center for the families of foster and adopted children. http://thecallinarkansas.org/foster-adopt/

220 Tom Ellsworth Drive Hot Springs, AR 71901 (501) 772-2522 or (501) 907-1048 www.garlandhotspring@thecallinarkansas.org

DCFS (Department of Children and Family Services)/DHS (Department of Human Services)

The Division of Children and Family Services DCFS) is responsible for safety of children and youth in Arkansas. DCFS is responsible for child abuse and neglect prevention, protective, foster care, and adoptive programs. Our mission is to keep children safe and help families. DCFS will respectfully engage families and youth and use community-based services and supports to assist parents in successfully caring for their children. We will focus on the safety, permanency and well being for all children and youth. https://humanservices.arkansas.gov/

700 Main Street
Little Rock, AR 72201
(501) 682-8590
Greg Gilliland, (501) 321-2583, ext. 227 Greg.Gilliland@arkansas.gov

Hillcrest Children's Home/COMPACT Family Services

Hillcrest Children's Home rests on a 52-acre campus with 8 cottages and a 24-apartment center for foster youth preparing for adult living. The residential programs care for approximately 40-50 children and youth at a time. Abused, neglected and otherwise vulnerable children come to us for redeeming care from state, court, church and other referrals. The facilities are equipped with state-of-the-art, audio-visual surveillance equipment in public areas to provide safer quality care. No matter the origin, we provide the professional Christian redemptive care they need and deserve.

http://www.compact.family

2325 Malvern Avenue Hot Springs, AR 71901 (501) 262-1660

Garland County

Children

Arkansas Children Hospital (ACH)

Children are at the center of everything we do. Arkansas Children's is the only hospital system in the state solely dedicated to caring for children, which allows our organization to uniquely shape the landscape of pediatric care in Arkansas. ACH is a pediatric hospital with a Level 1 Trauma Center, that's located in Little Rock, AR. It is among the largest pediatric hospitals in the United States and serves children from birth to age 21. ACH is affiliated with the University of Arkansas for Medical Sciences and is a teaching hospital with the UAMS college of Medicine's Department of Pediatrics. Open 24/7. https://www.archildrens.org/

1 Children's Way Little Rock, AR 72202 (501) 364-1100

Arkansas Prevention Provider Services Region 8

Substance use and behavioral health prevention through awareness and education. Free educational resources and items upon request. Housed at CHI St. Vincent Hospital

300 Werner Street Hot Springs, AR 71913 (501) 622-4112

Arkansas Rehabilitation Services - Field Services

Arkansas Rehabilitation Services works to provide opportunities for Rehabilitation counselors and schools to develop partnerships in an effort to prepare high school students with disabilities the knowledge, skills and abilities to achieve successful transition from high school to post-secondary life. ace.arkansas.gov

200 Reserve Street
Hot Springs AR 71901
Gaye Jones-Washington (501) 623-4479; gaye.jones-washington@arkansas.gov

Arkansas Promise

Arkansas PROMISE is part of a new program sponsored by the U.S. Department of Education and the Social Security Administration (SSA) to help youth (14-16) who are receiving disability benefits and their families improve their educational and employment outcomes.

http://www.promisear.org/

322 Main Street, Suite 501 Little Rock, AR 72201 (855) 649-0022

Arkansas Sheriff's Youth Ranch

The Ranch is a transformative family-style foster care program. It provides a healthy home environment filled with emotional support. Our goal is to help each child learn to trust those around them and cope with their emotions while learning responsibility and building self-confidence. The Ranch's mission is to address, remedy and prevent child abuse and neglect by creating safe, healthy and permanent homes for children. Shelter and education for at-risk youth 6-17. www.youthranches.com

P.O. Box 3964 Batesville, AR 72503 (870) 793-6841

Contact: admissions@youthranches.com

Baptist Recovery Teen

Adults and teens who attend our recovery centers are given an opportunity to confront their destructive choices, their self-sabotaging behavior, and their unhealthy views with the love of God and the guidance of Biblical principles. One of the major differences between traditional recovery programs and our centers is our emphasis on Christian values and cultivating a personal relationship with Jesus Christ. It is this central spiritual dynamic upon which all aspects of the Adult and Teen Challenge program are built. (855) 363-2334

Boy Scouts of America - Quapaw Area Council

Cub Scouts is for boys first through fifth grades; Boy Scouts for ages 11-18. Character building and skills training.

(501) 831-3318 Contact: L. J. Henson gerald.henson@scouting.org

Quapaw Area Council BSA Troop 1, First Presbyterian Church Hot Springs AR 71913 Ken Armstrong, Scoutmaster (501) 623-4197

Camp Aldersgate

Camp Aldergate's Summer Camps serve children with medical, physical and developmental needs. Camp offers traditional summer activities such as campfires and singing, canoeing, fishing, arts and crafts, swimming and nature hikes.

Monday-Friday 8:30am-5:00pm. http://www.campaldersgate.net/

2000 Aldersgate Road Little Rock, AR 72205 K. Daniels (501) 225-1444; kdaniels @campaldersgate.net

Camp Alex

Sponsored by Alex Blackwood Foundation for Hope. Camp Alex will provide a fun filled, healing environment for children and teens whose lives have been affected by suicide. Our camp will provide a unique opportunity to connect with other survivors and develop lasting friendships while learning valuable coping skills to use in their everyday lives back home Cindi Blackwood, cindi.blackwood@gmail.com

___200 River Market Avenue Suite 100 Little Rock, AR 72201 Steven (501) 920-8110, Cindi (501) 920-8111, Ariel (501) 920-9250

Camp Sunshine

Camp Sunshine was founded in 1991 to promote physical and emotional healing, to support growth and rejuvenate hope to children after surviving a burn injury. Contact Gretta Wilkinson, RN: wilkinsonge@archildrens.org

Camp Quality Arkansas

When a cancer diagnosis comes to a child, in lot of ways, childhood stops. Vacations, family time, crafts, and campfires are replaced with doctor visits, chemo, isolation and restrictions. With children's safety and medical needs forefront, Camp Quality Arkansas breaks down those barriers for children and families and restores the childhood experience. Surrounded by new friends that can relate, loving volunteers who care, and loads of fun experiences, Camp Quality campers find joy, courage and renewed hope for the future. They are free to be themselves. Free to be kids again. Contact: Beth Cameron (830) 486-7106 beth.camercon@campgualityusa.org

Camp Quality Arkansas P.O. Box 7754 Little Rock, AR 72217

Change Point Pregnancy Care and Parenting Resource Center

Change Point Pregnancy Care and Parenting Resource Center of Hot Springs has been helping families and single parents for over 30 years. We have a caring, loving staff, here to help you with free pregnancy testing, ultrasounds, educational materials on fetal development, and referrals to health care facilities. We offer educational parenting classes and programs, fatherhood program and classes, supervised parental court ordered visitation, and Biblically Faith based classes to help a parent accomplish positive, loving, and solution solving parenting skills. changepointcenter.com/

201 Nickels Street - Pregnancy Center
203 Nickels Street - Parenting Center
Hot Springs, AR 71901
Terri Strand (501) 624-3273; tstrand-changepoint@yahoo.com

CHI St. Vincent's Primary Care

The Mission of CHI St. Vincent and Catholic Health Initiatives is to nurture the healing ministry of the Church, supported by education and research. Fidelity to the Gospel urges us to emphasize human dignity and social justice as we create healthier communities. As a ministry of the Catholic Church, we will lead the transformation of health care to achieve optimal health and well-being for the individuals and communities we serve, especially those who are poor and vulnerable. The core values define CHI and serve as our guiding principles. They are the roots, or anchors, from which all of our activities, decisions and behaviors follow.

1 Mercy Lane Suite 506 Hot Springs, AR 71913 (501) 214-4758 2825 Albert Pike Road Hot Springs, AR 71913 (501) 406-2039 1707 Airport Road Hot Springs, AR 71913 (501) 214-4048 4419 N. Hwy 7 Suite 200 Hot Springs, AR 71909 (501) 213-1148

Child Abuse Hotline

The Childhelp National Child Abuse Hotline 1-800-4-A-CHILD (1-800-422-4453) dedicated to the prevention of child abuse. Serving the United States, its territories, and Canada, the hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who, through interpreters, can provide assistance in over 200 languages. All calls are confidential. (800) 482-5964

Child Care Aware of West Central Arkansas

Child Care Aware at National Park College is a community child care resource and referral program providing services including parent support and help locating child care, child care provider training, technical assistance and other efforts to increase the quality and availability of child care. All services are FREE to you and the community. (501) 760-6588

https://np.edu/community-friends/community-corporate-training/childcare-aware/

Child Medical Services

Diagnostic evaluations for children suspected of having physically handicapping conditions regardless of financial status. Approval required for: Physical Services, Hospital and Surgical Care, Laboratory, X-Rays, Applications, Equipment and other services. Referrals to specialists, social workers, follow-up and other agencies.

Arkansas Department of Human Services 115 Stover Street Hot Springs, AR 71913 (501) 623-6908

Child Support Enforcement/ Arkansas Department of Finance and Administration

Child support agencies provide these services to families: locate noncustodial parents, establish paternity, establish and enforce support orders, modify and enforce support orders, modify orders when appropriate and collect and disburse child support payments. Either parent may apply for services. Grandparents or other custodians may also apply.

support.hotsprings@ocsearkansas.gov

2228 Albert Pike Suite H Hot Springs, AR 71913 (501) 321-1561

Community Services Office, Inc

Offers Early Head Start for ages 0-3 in Hot Springs and Lake Hamilton. Free for eligible families. Register or inquire at:

600 West Grand Avenue, Hot Springs, AR 71901 (501) 624-5724 ext. 221

Offers Head Start for ages 3-5, in several locations including Hot Springs, Lake Hamilton, Mountain Pine and North Garland County. Register or inquire at:

401 Garden Street Hot Springs, AR 71901 (501) 623-3545

ConnectCare

Program administrated by the Arkansas Department of Health. The Arkansas Medicaid Program contracts with the Department of Health to assist Medicaid and ARKids First families find a medical home by helping them find a primary care doctor (PCP) and dental care. (800) 275-1131. http://connectcare.arkansas.g

Cooper-Anthony Mercy Child Advocacy Center

The center is dedicated to providing comprehensive, coordinated and compassionate services to victims of child abuse. Hope and healing for victims of child abuse.

Monday-Friday 8:00am-4:00pm. https://www.mercy.net

216 McAuley Court Hot Springs AR 71913 (501) 622-2531

Developmental Disabilities Provider Association (DDPA)

Provides programs serving people with developmental disabilities. We strive to increase the options for individuals and families. www.arkansasddpa.org

2020 West 3rd Street Suite 301 Little Rock, AR 72205-4464 (501) 907-5337 ddpa@arkansasddpa.org

FamilyWize

The Free FamilyWize Prescription Saving Card Helps reduce the cost of prescription medication. The card has unlimited use, so you can apply it to every prescription you fill. The card works for both the insured and the uninsured - anyone can use it! The card has no eligibility requirements, no registration, no activation or restrictions due to pre-existing conditions. Just print it and show it at your nearest participating pharmacy. The FamilyWize care is accepted at 60,000+ pharmacies nationwide, including Walgreens, Walmart, Kmart, Target, CVS and Rite Aide. unitedwayouachitas.org

United Way of the Ouachitas 233 Hobson Avenue Hot Springs, AR 71913 Katie Gibson (501) 623-2505

Garland County Health Department

Garland County Health Department offers numerous programs to help families in their needs. Birth certificates and death certificates are available upon request. WIC, Family Planning, Immunizations and Maternity. WIC program is available to low to moderate income pregnant women, recently delivered women, breast feeding women, infants and children up to age 5. Family Planning offer annual exams, contraceptives and pregnancy testing among other programs. Immunizations is offered to children and adolescents along with flu vaccinations. Monday-Friday 8:00am-4:30pm. www.healthy.arkansas.gov

1425 Malvern Avenue Hot Springs, AR 71901 (501) 624-3394

Healthy Connections

Provides medical, dental and social services to residents of all ages regardless of ability to pay. Offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify and low cost or no cost preventative care. Will assist clients in signing up for healthcare insurance. Services offered for all ages: Pediatric Services, Adult Medicine, Discount Medication, Preventative Health Screenings, Full Service Lab, X-Rays and Behavioral Health Services.

www.healthy-connections.org

1723 Malvern Avenue Hot Springs, AR 71901 (501) 620-4600 3604 Central Avenue Suite D Hot Springs, AR 71913 (501) 436-4074

Hillcrest Children's Home/COMPACT Family Services

Hillcrest Children's Home rests on a 52-acre campus with 8 cottages and a 24-apartment center for foster youth preparing for adult living. The residential programs care for approximately 40-50 children and youth at a time. Abused, neglected and otherwise vulnerable children come to us for redeeming care from state, court, church and other referrals. The facilities are equipped with state-of-the-art, audio-visual surveillance equipment in public areas to provide safer quality care. No matter the origin, we provide the professional Christian redemptive care they need and deserve.

http://www.compact.family

2325 Malvern Avenue Hot Springs, AR 71901 (501) 262-1660

MENTORING/TUTORING PROGRAMS

Cedar Mountain Boys and Girls Club

Sports, fitness and recreation and after school tutoring.

5050 Arkansas 7 North Hot Springs Village, AR 71909. (501)984-6993-Susan Clark, Director; <u>Susan@scbgclub.com</u>

Hot Springs YMCA

Reach and Rise Mentoring Program, c/o Stanley Barnes. http://www.hsymca.org

130 Werner Street, Hot Springs, AR 71913 (501) 623-8803

Junior Auxiliary of Hot Springs, Arkansas

Quarterly classes for children in skills for self-sufficiency and distribute goods to children through the schools.

http://www.jaofhotsprings.com/

P.O. Box 1326
Hot Springs, AR 71902
(870) 208-3275
Megan Stathakis or Jordan Horner at info@jaofhotsprings.com

NEGLECT AND ABUSE

Arkansas Department of Children and Family Service (DHS)

Our mission is to keep children safe and help families. DCFS will respectfully engage families and youth and use community-based services and supports to assist parents in successfully caring for their children. We will focus on the safety, permanency and well-being for all children and youth.

115 Stover Street
Hot Springs AR 71901
Cynthia Stroud (501) 321-2583; cynthia.stroud@dhs.arkansas.gov
http://humanservices.arkansas.gov/dcfs/Pages/dcfsServices.aspx

Child Abuse Hotline

The Childhelp National Child Abuse Hotline 1-800-4-A-CHILD (1-800-422-4453) dedicated to the prevention of child abuse. Serving the United States, its territories, and Canada, the hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who, through interpreters, can provide assistance in over 200 languages. All calls are confidential. (800) 482-5964

Garland County CASA (Court Appointed Special Advocates)

Garland County CASA trains and supports volunteers who intervene in the juvenile court systems to advocate for children in abuse and neglect cases. These dedicated advocates work alongside Department of Human Services and Division of Children and Family Services case workers and investigators to represent these children's best interests and provide relief to a critically over-burdened child welfare system. Serving Garland, Hot Spring and Grant Counties.

www.garlandcountycasa.org

508 Ouachita Avenue Suite B Hot Springs, AR 71901 Donna Meeks (501) 321-9269; donna.meeks@garlandcountycasa.org

Ouachita Children, Youth & Family Services - Children's Center

Breaking the cycles of a social and negative behavior as well as those of abuse and neglect for Arkansas youth, one child at a time. A non-profit child advocacy organization providing emergency shelter and quality services for youth and families, empowering them to achieve lifelong success. Serving Clark and Garland Counties. <u>www.occnet.org/</u>

339 Charter Oak Street Hot Springs, AR 71901 (501) 623-5591

Ouachita Children, Youth & Family Services - Family Center

Ouachita Family Center is a Non-Profit Advocacy Organization providing emergency shelter, quality advocacy outreach service, legal advocacy, and support services to all victims and children of domestic abuse to live free from family violence. Serves Clark, Garland, Hot Spring, Montgomery and Pike Counties.

202 South Third Street Hot Springs, AR 71913

Office: (501) 701-4253 HOTLINE: (501) 865-3939

The National Center for Missing and Exploited Children

As the nation's clearinghouse and comprehensive reporting center for all issues related to the prevention of and recovery from child victimization, NCMEC leads the fight against abduction, abuse, and exploitation - because every child deserves a safe childhood. (800) THE-LOST (800-843-5678) 24/7

Ouachita Youth Center Street Outreach

A program that locates, identifies and makes connections with homeless youth and provides appropriate services directly where the person is or by collaborating with other agencies. These two programs are located at:

115 Crescent Street Hot Springs, AR 71901 (501) 282-0292

The Drop-In Youth Day Shelter

An inclusive, accepting space for teens and young adult 14- 24 years old who are at-risk or experiencing homelessness by supporting their journey.

Monday-Friday 11:00am-5:00pm. Closed on Wednesday.

115 Cresent StreetHot Springs, AR 71901(501) 282-0292

Potter's Clay

Potter's Clay Ministries, Inc. was founded in 1984 as an outreach to women and children in crisis. We accept no state or federal funding to fund our facility. Therefore, we depend on support from churches, organizations and individuals. We provide food, clothing and shelter to our clients. Monday-Friday 8:00am-4:00pm. http://pottersclayhotsprings.org/

110 Crescent Avenue Hot Springs, AR 71901 (501) 624-1366

Potters Clay Thrift allow shoppers to find products like unique clothing, home goods items, antiques, novelty items and even furniture. Thrift stores are known for their bargain deals on items that you won't be able to find at your local department stores. Shop at Potters Clay Thrift Store in Hot Springs, AR. You'll be amazed at items that you can find. Monday-Friday 9:00am-4:00pm and Saturday 10:00am-3:00pm.

1032 Malvern AvenueHot Springs, AR 71901(501) 620-4405

PRESCHOOL/CHILDCARE - PLEASE CALL DURING CORONAVIRUS PANDEMIC FOR AVAILABILITY

123's and ABC's Daycare

123 and ABC's Child Care and Learning Center is a Child Care Center in Hot Springs, AR, with a maximum capacity of 91 children. This child care center helps with children in the age range of Infant/Toddler; Preschool; School Age (13 years). The provider also participates in a subsidized child care program. Monday-Friday 6:00am-5:30pm \$25 One-time registration fee

136 North Moore Street Hot Springs, AR 71913 (501) 760-7766

Charlies Angel Day Care

Charlies Angels is a Child Care Center in Hot Springs, AR, with a maximum capacity of 63 children. This child care center helps with children in the age range of Infant/Toddler (3weeks); Preschool; School Age (13 years). The provider also participates in a subsidized child care program. Monday-Friday 6:00am-Midnight.

135 Gold Nuggett Loop Hot Springs, AR 71913 501-760-7423

First Step, Inc

Developmental Therapy/Day Treatment Services to children birth to age five who meet the Division of Developmental Services (DDS) eligibility criteria. Monday-Friday 9:00am-5:00pm.

407 Carson Street Hot Springs, AR 71903 (501) 624-6468

Hot Springs Child Care Center

Hot Springs Child Care Center is a Child Care Center in Hot Springs, AR, with a maximum capacity of 169 children. This child care center helps with children in the age range of Infant (3 weeks)/Toddler; Preschool; School Age (13years). The provider also participates in a subsidized child care program. Monday-Friday 6:00am-9:00pm.

1125 Malvern AvenueHot Springs, AR 71901(501) 623-7320

Hot Springs Head Start

Hot Springs Head Start is one of the grantees of Community Services Office, Inc. in Garland County. The overall goal of the CSO, Inc. Head Start Program is to bring about a greater degree of social competence in the young children of low-income families. Social competence refers to the child everyday effectiveness in dealing with both his or her present environment and later responsibilities in school and life. Monday-Friday 7:30am-5:30pm.

401 Garden Street Hot Springs, AR 71901 (501) 623-3545

Kiddie Kingdom Learning Center

Kiddie Kingdom Learning Center is a Child Care Center in Pearcy, AR. This child care center is currently continuing their daily schedule and curriculum with their toddlers and pre-k children. School-aged children are welcome with meals provided by Lake Hamilton School, with assistance with school work. Check with DHS if your family receives vouchers. They will bump your status from part-time to full-time.

3131 Airport Road Pearcy, AR 71964 (501) 463-9000 or (501) 520-7899

Little Bitty City

Little Bitty City is a Child Care Center in Hot Spring, AR. This child care center helps with children in the age range of 3 weeks to 13 years. The provider also participates in a subsidized child care program. Monday-Friday 7:30am-5:30pm.

185 Cornerstone Boulevard Hot Springs, AR 71913 (501) 520-0660

Oaklawn Baptist Preschool

Oaklawn Baptist Preschool is a Child Care Center in Hot Spring, AR, with a maximum capacity of 86 children. This child care center helps with children in the age range of 3 weeks to 13 years. The provider also participates in a subsidized child care program.

Monday-Friday 7:30am-5:30pm.

220 Oaklawn Street Hot Springs, AR 71913 (501) 609-9282

St. Luke's Day School - CURRENTLY CLOSED

School children receive additional instruction in: Music, Spanish, Computers, and Gymnastics. Primary classes also receive special instruction in Physical Education and Health. Christian Education is an integral part of the principle school program with the main goal of helping teach values and principals that will help the children become caring, concerned individuals. All children attend chapel service once a week in an attempt to help them develop an awareness of Christian growth and love in a community. Monday-Friday 7:30am-5:30pm.

228 Spring Street Hot Springs, AR 71901 (501) 623-1653

Quapaw's Little Dreamers

Quapaw's Little Dreamers Childcare is a Child Care Center in Hot Springs, AR with a maximum capacity of 78 children. This child care center helps with children in the age range of Infant/Toddler, Preschool, and School Age (13 years). The provider also participates in a subsidized child care program. Monday-Friday 6:30am-6:00pm

500 Quapaw Avenue Hot Springs, AR 71914 (501) 701-8017

Project HOPE Coalition

Dedicated to improving the health of area residents, Project HOPE is a coalition that meets monthly on the second Thursday at 3:00pm in the conference room of Ouachita Behavioral Health and Wellness.

125 Wellness Way Hot Springs, AR 71913 Amy Thomason (501) 623-3663

Smart Moves Smart Choices

Online education, support and resources sponsored by the National Association of School nurses to raise awareness of the epidemic of prescription drug abuse among our teens. Videos and other resources for teens, parents and school officials are available upon request. http://www.smartmovessmartchoices.org/teens

Garland County

Clothing

Abilities Unlimited

Thrift shopping never goes out of style, uncover those great bargains that you can't find elsewhere. Why pay full price when you don't have to? Shoppers find products like unique clothing, home goods items, antiques, novelty items and even furniture. Thrifts stores are known for their bargain deals on items that you won't be able to find at your local departments stores. You'll be amazed at items that you can find.

www.abilitiesunlimitedhotsprings.com

Monday-Saturday 8:30am-4:00pm 1819 Albert Pike Road Hot Springs, AR 71913 (501) 624-5757

Work Center: Karen 501-767-8400

Monday-Saturday 9:00am-5:00pm 4055 North Highway 7 Suite C Hot Springs Village, AR 91909 (501) 204-5024

Goodwill

Have you ever had the Goodwill Moment? That second of heart fluttering and disbelief when you pick something up off the rack and think it's too good to be true? For an experience of a life time shop the Goodwill Stores of Hot Springs for unique clothing, home goods items, antiques, novelty items and even furniture. You'll be amazed at items that you can find.

631 East Grand Avenue, Hot Springs, AR 71913 (501) 321-0275 205 Garrison Street, Hot Springs, AR 71901 (501) 525-4473

Habitat for Humanity ReStores

Habitat ReStores are independently owned reuse stores operated by local Habitat for Humanity organizations that accept donations and sell home improvement items to the public at a fraction of the retail price. Proceeds are used to help build strength, stability, self-reliance and shelter in local communities and around the world — a good deal for you, your community and the environment.

Hot Springs: 350 Malvern Avenue (501) 321-4241

2817 Airport Road (501) 767-4483

Hot Springs Village: 3825 North Highway 7 (501) 624-3333

Jackson House Thrift Store

Food, Including baby food and formula, is available to individuals or families in emergency cases. Food is provided to the Jackson House through community can and dry goods pantry drives. Private, civic and church donations also contribute to the Jackson House pantry.

104 Jefferson Street Hot Springs, AR 71913 (501) 623-6641 623 Albert Pike Road Hot Springs, AR 71913 (501) 625-7467

Potter's Clay Thrift Store

Potters Clay Thrift allow shoppers to find products like unique clothing, home goods items, antiques, novelty items and even furniture. Thrift stores are known for their bargain deals on items that you won't be able to find at your local department stores. Shop at Potters Clay Thrift Store in Hot Springs, AR. You'll be amazed at items that you can find.

Monday-Friday 9:00am-4:00pm and Saturday 10:00am-3:00pm.

1032 Malvern AvenueHot Springs, AR 71901(501) 620-4405

Salvation Army

Thrift store is a low cost, gently used location. Clothes, furniture, household supplies, and more is sold.

Monday-Saturday 9:00a-4:00pm

115 Crescent Avenue Hot Springs, AR 71901 (501) 623-1628 4652 North State Highway 7 Hot Springs Village, AR 71909 (501) 984-5724

Monday-Saturday 9:00a-6:00pm

4409 Central Avenue Hot Springs, AR 71913 (501) 525-5059

Teen Challenge Vintage Mall

The Vintage Mall is located on Highway 7 North across from the Walnut Valley Baptist Church. There are collectors' items, housewares, clothing, toys, shoes, furniture, appliances and so much more. Sales help to support the programs of Teen Challenge of Arkansas. www.teenchallengear.org

1679 North Highway 7 Hot Springs Village, AR 71909 (501) 624-2446 ext. 201

Garland County

Counseling & Support

AIDS Clinic (Tuggle Clinic)

Program funded by the United Way of the Ouachitas. Improving lives and building a better community. Community impact focus on addressing the issues of childhood poverty. Medical treatment and case management, testing, medications, support groups and prevention education. https://gettested.cdc.gov/organizations/hot-springs-aids-resource-center

1801 Central Avenue Suite A Hot Springs, AR 71901 Mike Melancon (501) 623-5598

Al-Anon

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving understanding and encouragement to the alcoholic. http://www.ar.al-anon.alateen.org

Alcoholics Anonymous

International fellowship of men and women who have or have had a drinking problem. It is a non-professional, self-supporting, multi-racial and apolitical. There are no age or education requirements. Open to anyone who wants to do something about their drinking problem. Multiple meeting times each day. (501) 623-6328

http://aawestcentralarkansas.org/

Alzheimer's Arkansas

Counseling and support, education, elder abuse programs and services for all Alzheimer's or related dementia patients, their caregivers, families and friends. Monday-Friday 8:30am-4:30pm. www.alzark.org

201 Markham Center Drive Little Rock AR 72205

Matthew Elmore (501) 224-0021; <u>matthew.elmore@alzark.org</u> (800) 689-6090 24/7 After hours Caregiver line: (501) 913-1878

Alzheimer's Arkansas Caregiver Support Group, Village United Methodist Church HSV

As a caregiver, family member, or friend of someone who has Alzheimer's disease, you may feel overwhelmed and frustrated. Often it helps to talk with someone who really understands what you are experiencing.

200 Carmona Road Hot Springs Village, AR 71909 (501) 922-1030 4th Thursday of each month at 3:00pm

Arkansas Rehabilitation Services/ACE

Counseling, evaluation, job placement, vocational training, physical and mental restoration, independent living, supported employment and transition services for people with disabilities. Monday-Friday 8:00am-4:30pm.

http://ace.arkansas.gov/arRehabServices/programs/ACTI/Pages/default.aspx

200 Reserve Street Hot Springs, AR 71901 Kimberly Baker (501) 623-4479; kimberly.baker@arkansas.gov

Arkansas Spinal Cord Commission

The goal is to assist Arkansans with spinal cord disabilities in living as independently as they choose, and to identify and meet the unique and lifelong needs of people with spinal cord disabilities in Arkansas. Monday-Friday 8:00am-4:30pm.

http://spinal.ark.org/about-us/

5800 West 10th Street Suite 108 Little Rock, AR 72204 (501) 296-1788 or (800) 459-7491

Breast Cancer Support

If you or a loved one needs more information about breast health or breast cancer, call the Komen Breast Care Helpline at 1-877 GO KOMEN (1-877-465-6636). Komen Affiliates offer breast health education as well as fund breast cancer programs through local community organizations. http://ww5.komen.org/BreastCancer/SupportGroups.html

Burn Survivor Adult Retreat

The Adult Burn Survivor Retreat is offered to burn survivors, family members, caregivers and staff. Many burn survivors struggle with transitioning into their "normal" lives after a burn injury because there is often a need to learn a new "normal". The retreat is an event for adult to meet others who are surviving and living in a world of adjustment and awareness of their scars. Commences on a Friday and ends on a Sunday morning. Contact: Gretta Wilkinson, RN; wilkinsonge@archildrens.org

Caregivers Support Group, Christ of the Hills United Methodist Church, HSV

So often it is difficult to know what to say or do or how to provide meaningful activity for someone who has memory loss or diminished capacity. Vigil, is an experienced professional in the field, and in this two-hour workshop she will help caregivers learn how they can offer nocost or low cost activities with loved ones and friends for whom they are providing care. Call the church by Monday at 922-4503 to register. There is no cost to attend. Christ of the Hills also hosts a regular support group meeting of caregivers on the first and third Thursdays each month at 11 a.m.

700 Balearic Road Hot Springs Village, AR 71909 (501) 922-4503

Conway Counseling & Wellness Center - Hot Springs

Individual, Family and Group Counseling - Assessment, behavior modification, counseling and out-patient treatment for many concerns including: Addiction, Adult ADHD, Anger Management, Anxiety & Depression, Couples Therapy, Domestic Violence, Sexuality, Trauma, LGBTQ, Bipolar, Eating Disorders and Pain and Neuropsychological Screening.

https://www.conwaycwc.com/

3907 Central Avenue Hot Springs, AR 71913 (501) 781-3122

Cooper-Anthony Mercy Child Advocacy Center

The center is dedicated to providing comprehensive, coordinated and compassionate services to victims of child abuse. Hope and healing for victims of child abuse.

Monday-Friday 8:00am-4:30pm.

https://www.mercy.net/practice/mercy-cooper-anthony-child-advocacy-center

216 McAuley Court Hot Springs, AR 71913 (501) 622-2531 on call emergencies calls after hours

Cooperative Christian Ministries & Clinic (CCMC)

Cooperative Christian Ministries has "Case Managers" who are available to meet with people who need assistance to access needed resources and services. Coordination and collaboration of services among approved agencies include: Healthcare, Spiritual Needs, Mental Health Care, Housing Costs, Food, Shelter, Transportation and Education. Case Managers see individuals by appointment only. To make an appointment with a Case Manager contact us @

www.ccmchs.org. Monday-Friday 9:00am-4:00pm.

133 Arbor Street Hot Springs, AR 71901 Lynn Blankenship (501) 318-1153

Fibromyalgia & Chronic Pain Support

Fibromyalgia is a common and complex chronic pain disorder that causes widespread pain and tenderness to touch that may occur body wide or migrate over the body. Along with other symptoms, pain and tenderness wax and wane over time. Fibromyalgia (FM) affects people physically, mentally and socially. There is no cure for fibromyalgia. For more information visit our website. www.fmcpaware.org/

Healthy Connections

Provides medical, dental and social services to residents of all ages regardless of ability to pay. Offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify and low cost or no cost preventative care. Will assist clients in signing up for healthcare insurance. Services offered for all ages: Pediatric Services, Adult Medicine, Discount Medication, Preventative Health Screenings, Full Service Lab, X-Rays and Behavioral Health Services. Monday-Friday 8:00am-6:00pm. (888) 710-8220 www.healthy-connections.org/

1723 Malvern Avenue Hot Springs, AR 71901 (501) 620-4600 3604 Central Ave Suite D Hot Springs, AR 71913 (501) 463-4074

Levi Hospital

Located in Hot Springs, Levi Hospital is a local non-profit organization that has many specialists ready to provide therapy for the mind and body. From physical rehabilitation to adult psychiatric care, we are dedicated to help all those who come through our doors. Levi Hospital offers many different physical therapy options such as aquatic therapy, occupational therapy, speech therapy, balance/fall prevention and more. Adult psychiatric services 24/7 and rehabilitation and fitness. Monday -Friday 9:00am-4:00pm. www.levihospital.com

300 Prospect Avenue
Hot Springs, AR 71901
(501) 624-1281
Physical Therapy (501) 622-3334
Jackie Arrison (501) 622-3498; jarrison@levihospital.com

Living Hope Southeast

Living Hope Southeast provides a comprehensive array of behavioral health services for adults, adolescents, children and their families. It is Living Hope's belief that human beings need more than just help to overcome mental illness; they also need hope. Living Hope has developed a comprehensive program for outpatient services, which addresses the physical, psychological, sociological and spiritual needs of our clients. Our program is designed to inspire those who actively participate, to seek total health and a newly-fashioned expectation for continued wellness. http://lhsoutheast.com/

3604 Central Ave Suite C Hot Springs, AR 71913 (501) 623-9220

Living Restorations

Let us help you with your anger management. Fifteen classes are offered at 5:30pm on Tuesdays and 4:30pm on Sundays in a relaxed small group environment.

122 Sanford Street

Hot Springs, AR 71913

(501) 282-3515 Mike Prince, Group Leader; mikeprince@gmail.com

Methodist Counseling Clinic

United Methodist Behavioral Health System, Inc. is a Adolescent and Children Mental Health Clinic in Hot Spring, AR. Mental health clinics provide diagnostic, treatment and prescriptive services related to mental and behavioral disorders. Monday-Friday 8:00am-5:00pm.

3632 Central Avenue Suite B Hot Springs, AR 71913 (501) 463-5003

National Alliance on Mental Illness Support Group

NAMI Family Support Group is a peer-led support group for any adult with a loved one who has experienced symptoms of a mental health condition. Gain insight from the challenges and successes of others facing similar experiences. By sharing your experiences in a safe setting, you can gain hope and develop supportive relationships. This group allows your voice to be heard and provides an opportunity for your personal needs to be met. https://www.nami.org/

Piney Grove United Methodist Church 2963 Airport Road Hot Springs, AR 71913 (870) 550-0369 1st Monday of each month 1:00pm-2:00pm

Prince of Peace Lutheran Church 109 Hobson Avenue Hot Springs, AR 71901 (870) 550-0369 1st Monday of each of each month 12:15pm-1:15pm

Ouachita Behavioral Health & Wellness (formerly Community Counseling Service)

Services include: Individual and Group Counseling, Marriage and Family Counseling, Psychological, Personality, Intellectual Evaluations, Psychiatric Treatment and Medication Management for children and adults. Serves: Clark, Garland, Hot Spring, Montgomery and Pike Counties.

Monday-Thursday 8:00am-7:00pm, Friday 8:00am-5:00pm and Saturday 9:00am-2:00pm. www.OBHAW.org

125 Wellness Way Hot Springs, AR 71913 (501) 624-7111 or (800) 264-2410 after hours emergency

Our Promise Cancer Patient Resources

The Mission of Our Promise is to provide caring, professional support and education to cancer patients, survivors and caregivers through direct financial assistance, social programs and educational services. Established by cancer care specialists and supported by generous physicians, companies, families and individuals who understand the special needs of the courageous individuals fighting the disease. http://www.ourpromise.info/

133 Harmony Park Circle Hot Springs, AR 71913 (501) 760-8060

Parents of Murdered Children

A group which offers emotional support and information about surviving the loss of a loved one who has been murdered. The only National self-help organization dedicated solely to the aftermath and prevention of murder. For the families and friends of those who have died by violence. http://pomc.com/

Sex Addicts Anonymous

As a fellowship of recovering addicts, Sex Addicts Anonymous offers a message of hope to anyone who suffers from sex addiction. The basic principles of recovery practiced by SAA are found in the Twelve Steps and Twelve Traditions of Alcoholics Anonymous. Although we are not affiliated with AA or with any other organization or agency, we are, indeed, grateful for permission to modify and apply the Steps and Traditions to sex addiction, making recovery possible for us. Sex Addicts Anonymous offers a message of hope to anyone who suffer from sex addiction. www.saa-recovery.org

Smart Moves Smart Choices

Online education, support and resources sponsored by the National Association of School Nurses to raise awareness of the epidemic of prescription drug abuse among our teens. Videos and other resources for teens, parents and school officials are available upon request. http://www.smartmovessmartchoices.org/teens

Small Group Therapy

A licensed behavioral healthcare clinic that provides housing, outpatient therapy, intervention, a psycho-social rehabilitation program and community integration assistance for severely mentally-ill adults.

http://smallgrouptherapy.com/?redirect=false

311 Whittington Avenue Hot Springs, AR 71901 (501) 547-3536

The Caring Place

Provides respite for caregivers and families of people with dementia through a supervised program for participants in a safe and comfortable environment. Monday-Thursday 9:00am-3:00pm. www.thecaringplaceofhotsprings.com

101 Quapaw Avenue Hot Springs, AR 71901 (501) 623-2881

Threshold Singers of Hot Springs-Garland County Only

Threshold Singers of Hot Springs is a group dedicated to bringing comfort, ease and companionship to people at the thresholds of living and dying. The group brings a calm and focused presence at the bedside, with gentle voices, simple songs and sincere kindness. We visit in small groups of two to four singers and sing in 2-3 parts acapella. We choose songs to respond to the client's musical taste, spiritual direction and current receptivity. Many of the songs we offer are composed by Threshold Choir members specifically to communicate ease, comfort and presence. Threshold Singers of Hot Springs abides by HIPAA and hospice regulations. There is no fee for visits. Many of the people we visit are in hospice care but we also sing for those with debilitating illness, chronic pain and long-term confinement.

If you are interested in joining the group contact the director, Kathie White, at (501) 520-7272. The singers rehearse on Mondays at 2:00 p.m. at the Grand Avenue United Methodist Church located at 841 Quapaw Avenue. There is no audition but singers need to be able to read simple music and to hold a separate part acapella. To inquire about a visit, the group can be contacted by calling (501) 701-7605 or emailing ThresholdHSNP@gmail.com

While We're Waiting

Faith-based support for bereaved parents who have experienced the death of a child. www.whilewerewaiting.org

P.O. Box 22823 Hot Springs, AR 71903 (501) 881-8851 24/7 Jill Sullivan, President; jill@whilewerewaiting.org.

Garland County

Dental

Cooperative Christian Ministries & Clinic (CCMC)

Cooperative Christian Ministries and Clinic provides dental services to those in our community who are un-insured and under-insured. Volunteer health care professional provide simple dental extractions and dental hygiene. Clients must first be registered in order to be seen in the clinics. The registration process is by appointment only. Once registered, appointment can be made with our various clinics. To make a registration appointment please call our office.

Monday-Friday 9:00am-5:00pm and the 2nd Tuesday by appointment ONLY 6:00pm-8:00pm. www. ccmchs.org

133 Arbor Street Hot Springs, AR 71901 Lynn Blankenship (501) 318-1153

CHI St. Vincent Community Care

Reasonably priced, discount dental care. Provides health care to low and moderate income patients. The clinic offers a sliding fee scale where service are based on an individual's ability to pay. Must bring photo ID and proof of income.

Monday-Thursday 8:00am-4:30pm and Friday 8:00am-12:00pm.

2500 East 6th Street Little Rock, AR 72202 (501) 552-4710

FACES Foundation

The FACES Foundation is an organization provides qualified individuals with needed services involving facial deformities, birth defects, and reconstruction while promoting safe and healthy living and giving back to the community.

http://www.fixfaces.org

208 McAuley Court Hot Springs, AR 71901 (501) 262-5272

Healthy Connections

Provides medical, dental and social services to residents of all ages regardless of ability to pay. Offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify and low cost or no cost preventative care. Will assist clients in signing up for healthcare insurance. Services offered for all ages: Pediatric Services, Adult Medicine, Discount Medication, Preventative Health Screenings, Full Service Lab, X-Rays and Behavioral Health Services. Monday-Thursday 8:00am-6:00pm. www.healthy-connections.org/

1723 Malvern Avenue Hot Springs, AR 71913 (501) 620-4600 3604 Central Avenue Suite D Hot Springs, AR 71913 (501) 463-4074

UAMS Dental Hygiene

The Dental Hygiene Clinic at UAMS not only offers you an inexpensive way to get a routine dental visit but it also provides dental hygiene to students with practical experience. Provides many of the basic services that any other dental clinic would offer. Those services include: Examination, Cleaning, X-Rays, Pit and Fissure Sealant and Whitening. Does not provide restorative services (fillings, crowns, etc.) or tooth extractions.

Appointments call (501) 686-5733

http://uamshealth.com/medicalservices/dentalhygiene/

Garland County

Disability

ACTI (Arkansas Career Training Institute) Rehab Center

Counseling, Evaluation, Job Placement, Vocational Training, Physical and Mental Restoration, Independent Living, Supported Employment and Transition Services for people with disabilities. Monday-Friday 8:00am-4:30pm.

http://ace.arkansas.gov/arRehabServices/programs/ACTI/Pages/default.aspx

200 Reserve Street Hot Springs, AR 71901 Jonathan Bibb (501) 624-4411

Alzheimer's Arkansas

Counseling, support, education, elder abuse programs and services for all Alzheimer's or related dementia patients, their caregivers, families and friends. Monday-Friday 8:00am-4:30pm. www.alzark.org

201 Markham Center Drive Little Rock, AR 72205

Matthew Elmore (501) 224-0021; matthew.elmore@alzark.org

(800) 6889-6090 24/7 Caregiver line: (501) 913-1878

Area Agency on Aging

Area Agencies on Aging (AAAs) are local aging programs that provide information and services on a range of assistance for older adults and those who care for them. By contacting your local agency, you get access to critical information including: Mobility Assistance Programs, Meal Plans and Housing, Assistance in Gaining Access to Services, Individual Counseling, Support Groups, Caregiver Training, Respite Care and Supplemental Services on a limited basis.

Monday-Friday 8:00am-4:30pm. https://www.agingcare.com/

905 West Grand Avenue Hot Springs, AR 71901 Barbara Flowers, Executive Director (501) 321-2811

Arkadelphia Housing Authority

Our goal is to manage our Public Housing units and Section 8 Program in a manner that is consistent with good financially sound management practices.

Monday-Thursday 8:00am-4:30pm and Friday 8:00am-12:00pm.

670 South 6th Street
Arkadelphia, AR 71923
(870) 246-4632 Shelia Hunter, Executive Director @ arkansashousing@yahoo.com

Arkansas Promise

Arkansas PROMISE is part of a new program sponsored by the U.S. Department of Education and the Social Security Administration (SSA) to help youth (14-16) who are receiving disability benefits and their families improve their educational and employment outcomes. http://www.promisear.org/

322 Main Street, Suite 501 Little Rock, AR 72201 (855) 649-0022

Arkansas Rehabilitation Services (ARS)

Arkansas Rehabilitation Services (ARS) mission is to prepare Arkansans with disabilities to work and lead productive and independent lives. To achieve its mission, ARS provides a variety of training and career preparation programs.

Monday-Friday 8:00am-4:30pm. <u>ace.arkansas.gov</u>

200 Reserve Street Hot Springs, AR 71901 Kim Baker (501) 623-4479 @ kimberly.baker@arkansas.gov

Arkansas Spinal Cord Commission

The Arkansas Spinal Cord Commission will administer a statewide program to identify and meet the unique and lifelong needs of people with spinal cord disabilities in Arkansas. Our purpose is to assist Arkansans with spinal cord disabilities in living as independently as they choose. Monday-Friday 8:00am-4:30pm. http://spinal.ark.org/about-us/

5800 West 10th Street Suite 108 Little Rock, AR 72204 (501) 296-1788 or (800) 459-1517 Diane Francis, Client Services Administrator; diane.francis@arkansas.gov

Arkansas Vocational Rehabilitation for the Blind and Visually Impaired

Independent Living Aids, Job Training, College Training, Visual Medical Treatments, Job Development, Job Placement and Supported Employment for the Blind and Visually Impaired. Contact: Brian Sanders (501) 682-0326.

Monday-Friday 8:00am-5:00pm. Toll Free (800) 960-9270. http://humanservices.arkansas.gov/dsb/Pages/default.aspx

Assisted Living

Assisted Living is a community organization that prioritizes helping those who are disabled and the elderly fully enjoy their healthy years and age gracefully. Our organization creates and publishes comprehensive, unbiased, free web-based resources. https://www.assistedliving.org/assisted-living-options-for-people-with-disabilities

Cap-Tel Telephone

Telephone at No-Cost to User. The Caption Call phone provides amplification and displays captions on a large, easy-to-read screen. Outreach Educator: Nancy Foster (501) 454-7113; nancy.foster@oeius.org

Camp Aldersgate

Camp Aldergate's Summer Camps serve children with medical, physical and developmental needs. Camp offers traditional summer activities such as campfires and singing, canoeing, fishing, arts and crafts, swimming and nature hikes.

Monday-Friday 8:30am-5:00pm. http://www.campaldersgate.net/

2000 Aldersgate Road Little Rock, AR 72205 K. Daniels (501) 225-1444; <u>kdaniels @campaldersgate.net</u>

Camp Alex

Sponsored by Alex Blackwood Foundation for Hope. Camp Alex will provide a fun filled, healing environment for children and teens whose lives have been affected by suicide. Our camp will provide a unique opportunity to connect with other survivors and develop lasting friendships while learning valuable coping skills to use in their everyday lives back home. Cindi Blackwood, cindi.blackwood@gmail.com

____200 River Market Avenue Suite 100 Little Rock, AR 72201 Steven (501) 920-8110, Cindi (501) 920-8111, Ariel (501) 920-9250

Camp Sunshine

Camp Sunshine was founded in 1991 to promote physical and emotional healing, to support growth and rejuvenate hope to children after surviving a burn injury. Contact Gretta Wilkinson, RN: wilkinsonge@archildrens.org

Camp Quality Arkansas

When a cancer diagnosis comes to a child, in lot of ways, childhood stops. Vacations, family time, crafts, and campfires are replaced with doctor visits, chemo, isolation and restrictions. With children's safety and medical needs forefront, Camp Quality Arkansas breaks down those barriers for children and families and restores the childhood experience. Surrounded by new friends that can relate, loving volunteers who care, and loads of fun experiences, Camp Quality campers find joy, courage and renewed hope for the future. They are free to be themselves free to be kids again.

Contact: Beth Cameron (830) 486-7106; beth.camercon@campqualityusa.org

P.O. Box 7754 Little Rock, AR 72217

Camp Quality Arkansas

DDPA (Developmental Disabilities Provider Association)

Provides programs serving people with developmental disabilities, we strive to increase the option for individuals and families. (Waiver services). www.arkansasddpa.org

105 East Roosevelt Road Little Rock, AR 72206 Larry Stange Executive Director (501) 580-3528; |stante@ddpd@arkansas.org

Deaf and Hearing Impaired AR Rehab Services

Information, Referral, In-Service Professional Training, Sign Language Classes, Hearing Evaluations and Adaptive Equipment.

Monday-Friday 8:00am-4:30pm.

200 Reserve Street Hot Springs, AR 71901 (501) 623-4479

Divison of Developmental Disabilities Services (DHS)

Statewide system of home and community social work services to mentally delayed and other developmentally disabled individuals and their families. Referrals, Residential Programs, Day Programs, Sheltered Workshops, Respite Care and Special Needs. Monday-Friday 8:00am-4:30pm. http://humanservices.arkansas.gov/

115 Stover Lane Hot Springs, AR 91913 (501) 321-2583

Division of Services for the Blind

Evaluation, counseling, referral, restoration, vocational training, orientation, mobility and job placement at no charge. Monday- Friday 8:00am-4:30pm. http://humanservices.arkansas.gov/dsb/Pages/default.aspx

700 Main Street Little Rock, AR 72203 (501) 682-5463 or (800) 960-9270

Disability Rights Arkansas

Since 1977, DRA has been the designated protection and advocacy (P&A) organization for people with disabilities in Arkansas. We are not a department or agency of any state, local, or federal government. DRA is an independent, private, nonprofit organization dedicated to advocation for and protecting the rights of people with disabilities.

http://disabilityrightsar.org/

First Step

The goal is to help improve the quality of life in the community by helping those with developmental disabilities become more independent. Locations in Hot Springs, Fordyce, Glenwood and Malvern. Monday-Friday 8:00am-5:00pm.

www.firststeparkansas.com

407 Carson Street Hot Springs, AR 71901 (501) 624-6468

Governor's Council on Developmental Disabilities

The Council's purpose is to connect people with developmental disabilities to the resources and programs they need to be independent, be productive and be integrated and included in all parts of community life. http://www.gcdbarkansas.gov

1515 West 7th Street Suite 320-330 Little Rock, AR 72201 (501) 682-2897

Healthy Connections

Provides medical, dental and social services to residents of all ages regardless of ability to pay. Offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify, and low cost or no cost preventative care. Will assist clients in signing up for healthcare insurance. Services offered for all ages: Pediatric Services, Adult Medicine, Discount Medication, Preventative Health Screenings, Full Service Lab, X-rays and Behavioral Health Services.

Monday-Friday 8:00am-6:00pm. www.healthy-connections.org/

3604 Central Ave Suite D Hot Springs, AR 71913 (501) 463-4074 1723 Malvern Avenue Hot Springs, AR 71913 (501) 620-4600

LendEDU (Guide to Paying for College for People With Disabilities)

Getting a college degree is hard enough but it presents a different set of challenges for people who have disabilities. If you have a disability, this guide can help you determine how to get financial aid and access to scholarships meant for people with disabilities. In this guide you can learn also how to apply for Federal Student Aids, Types of Federal Student Aids, Support for students with disabilities and Scholarships. Visit our web site for more information:

<u>lendedu.com/blog/paying-for-college-for-people-with-disabilities/</u>

Millcreek of Arkansas

Provider of specially designed mental health care services for children and adolescents. We are a progressive organization with a unique emphasis on excellence in education and treatment.

(870) 352-8203 Monday-Friday 8:00am-5:00pm.

Free consultation call (855)999-0271. http://www.millcreekbehavioralhealth.com/

National Down Syndrome Congress

The leading national resource of support and information for anyone touched by or seeking to learn about Down Syndrome from the moment of a prenatal diagnosis through adulthood. https://www.ndsccenter.org/

30 Mansell Court Suite 108 Roswell, GA 30076 (800) 232-6372

National Easter Seal Society

Provides services, education, outreach and advocacy so that people living with autism spectrum disorder and other disabilities can live, learn, work and play in our communities. www.easterseals.com/

P.A.T.H. (Project for Assistance in Transition from Homelessness)

Program is provided to support individuals with serious mental illnesses, as well as individuals with co-occurring substance use disorders, who are homeless or at risk of becoming homeless. Housing, Diagnostic Screening and Therapeutic Treatment for serious mental illness, Case Management Services, Job Training, Educational Opportunities, Referral for Substance Abuse and Primary Healthcare. Walk-in clinic: Monday-Friday 8:30am-3:30pm.

125 Wellness Way Hot Springs, AR 71913 (501) 624-7111 Boyce Mitchell (501) 625-2357

SAILS (Spa Area Independent Living)

Provides linking to appropriate community services. Training and assistance in a variety of life skills areas including but not limited to: Computer Training, Personal Management, Budget/Money Management and Job Readiness. Training and assistance in knowing and pursuing your rights as an individual with a disability. An opportunity to interact with others who share similar experiences. Providing opportunities to experience a variety of recreational activities.

Monday-Thursday 8:00am-4:00pm and Friday 8:00am-12:00pm. www.ar-sails.org

621 Albert Pike Hot Springs, AR 71913 (501) 624-7710 or (800) 255-7549

Small Group Therapy

A licensed behavioral healthcare clinic that provides housing, outpatient therapy, intervention, a psycho-social rehabilitation program and community integration assistance for severely mentally-ill adults.

http://smallgrouptherapy.com/?redirect=false

311 Whittington Avenue Hot Springs, AR 71901 (501) 547-3563

Support for Students with Down Syndrome Support for Students with Down Syndrome

The Down Syndrome Association of Greater St. Louis (DSAGSL) strongly believes that creative collaboration between all team member is the best strategy for success. Each child possesses a unique potential and when parents, teachers, assistances, specialists, school administrators, bus drivers, etc. all work in the best interest of the child, your student will have a productive year. We offer a Down Syndrome Specialist Training Program for the team of general education and special staff. https://www.affordablecollegesonline.org/college-resource-center/students-with-down-syndrome/

Garland County

Education & Literacy

Adult Education/Career Development Center

National Park College Adults Education. Must be an Arkansas Resident. Monday, Tuesday and Thursday 8:00am-8:00pm

Wednesdays and Fridays 8:00am-4:00pm. www.np.edu

101 College Drive Hot Springs, AR 71913 (501) 760-4335 Bill Ritter @ writter2@np.edu

Alzheimer's Arkansas

Counseling and support, education, elder abuse programs and services for all Alzheimer's or related dementia patients, their caregivers, families and friends.

Monday-Friday 8:30am-4:00pm. www.alzark.org

201 Markham Center Drive Little Rock, AR 72205 Matthew Elmore (501) 224-0021; matthew.elmore@alzark.org (800) 689-6090 24/7 After- hours Caregiver line: (501) 913-1878

Arkansas Apprenticeship Pathways Initiative (AAPI)

Winrock International and Arkansas Department of Workforce Services is associate with the AAPI program. AAPI seeks to develop and promote Registered Apprenticeship Program around the state. The HVAC Technician is a program that is being offered at National Park College located in Hot Springs. This is a 3 year program that includes 160 classroom hours and 2,000 on-the-job-training hours. Classes meet from 6pm-9pm, 2 nights per week, for a 12 week semester. The cost of the program is \$450 per year (billed at \$225 per semester). Students may enter the program as a pre-apprentice and earn classroom hours while seeking employment as a HVAC apprentice. To be eligible, individuals must be 18 years or older, have a high school diploma/GED, and state ID. If an individual is interested they should contact program director, Pam Castleberry (501) 760-7392, Pam.Castleberry@np.edu. Our website provides Information about AAPI and other Registered Apprenticeship Programs and is provided in both English and Spanish. wwwwinrock.org

Winrock International
2101 Riverfront Drive
Little Rock, AR 72202
(501) 280-3031
Jordlyn Williams, Program Associates; skype jordyn.williams

Arkansas Career Training Institute (ACTI)

Counseling, Evaluation, Job Placement, Vocational Training, Physical and Mental Restoration, Independent Living, Supported Employment and Transition Services for people with disabilities. Monday-Friday 8:00am-4:30pm.

http://ace.arkansas.gov/arRehabServices/programs/ACTI/Pages/default.aspx

200 Reserve Street Hot Springs, AR 71901 (501) 682-1500

Arkansas Learning Through the Arts (ALTTA)

Serving the students across Arkansas by providing high quality arts programming (workshops and residencies) in regular and specialist classrooms: Dance, Music, Theater, Poetry, Storytelling, Pottery, Watercolor and Crafts. www.altta.org/

4501 North Highway 7 Suite 8 Hot Springs Village, AR 71901 (501) 922-2743 Martha Smither, Board President; marthasmither@aol.com

Arkansas Rehabilitation Services - Field Services

Disability services in advocacy, counseling, education, literacy, and employment. Serving Clark, Garland, Hot Spring, Montgomery and Saline Counties. ace.arkansas.gov

200 Reserve Street
Hot Springs, AR 71901
Kimberly Baker (501) 623-4479; kimberly.baker@arkansas.gov

Career Pathways at National Park College

Employment, Counseling and Support Career Coach. Monday-Friday 8:00am-4:30pm. www.np.edu

101 College Drive Hot Springs, AR 71913 Mary Kay Wurm (501) 760-4243; <u>careerservices@np.edu</u>

Catholic Charities Immigration Services

Provides low-cost immigration counseling and support to families and individuals who are eligible for immigration benefits and cannot afford private assistance. Appointment required. (501) 664-0340

http://www.dolr.org/catholic-charities/immigration-little-rock

Change Point

Strives to help women with crisis pregnancies and families in crisis situations. http://changepointcenter.com/

201 & 203 Nickels Street Hot Springs, AR 71913 Terri Sanders (501)624-2273

Child Care Aware

A non-profit community child care resource and referral program providing services in ten west central counties. Clark, Garland, Hot Spring, Howard, Montgomery, Perry, Pike, Polk, Saline and Sevier.

www.np.edu/community-friends/commcorp/childcare-aware/

101 College DriveHot Springs, AR 71913(501) 760-6586

College of the Ouachitas

1 College Cir. Malvern, AR 72104 (501) 337-5000

Computers for Kids

Software and peripheral equipment for school-aged children. The UU-Computers for Kids (C4K) program begin in 2008 with the mission of providing "refurbished" computers to students and adults who would otherwise not have a personal computer. The computers refurbished are donated by schools, local area residents and business. Church office hours: Tuesday, Thursday and Fridays 10:00am-2:00pm and Wednesday 10:00am-5:00pm. c4k@uuvc.org

Founder/Director Bob McCleskey (501) 226-9426, bmcleskey@sbcqlobal.net

UU Village Church
403 Barcelona Road
Hot Springs Village, AR 71909
(501) 204-2725 Contact: Loren Loberg, Technical Director; lorenloberg@gmail.com
[817) 210-2561 Contact: Dr. Jade Sierra (Dr. J), Marketing/Placement

Manager_jsseducator@aol.com
uuuvc.org/c4k

Cooperative Christian Minitries & Clinic (CCMC)

Cooperative Christian Ministries & Clinic offer "Bridge Out of Poverty Getting Ahead". Classes that teach those in poverty how to plan and build their resources for a more sustainable future. Classes are 14 sessions in duration and are offered several times each year at various locations throughout the community. "Getting Ahead While Getting Out" classes are offered at Garland County Detention Center. Classes for high school students -"The R Rules" - are also available. Potential participants must complete an application and have a live interview with our Getting Ahead Coordinator before accepted in these classes. For more information contact us www.ccmchs.org

133 Arbor Street Hot Springs, AR 71901 (501) 318-1153

Garland County 4-H

4-H clubs and school programs provide youth development and youth mentoring programs to kids ages 8 to 18. 4-H programs are available in urban, suburban and rural communities and membership in 4-H is free (costs nothing to join).

Monday-Friday 8:00am-4:30pm.

236 Woodbine Hot Springs, AR 71901 Linda Bates (501) 623-6841

Garland County Cooperative Extension Program

The Cooperative Extension Service and the University of Arkansas helps people improve their lives through educational process and research-based knowledge focused on issues and needs. There are three main areas of research based information: Agriculture/Natural Resource, Family and Consumer Sciences and Youth Development.

Monday-Friday 8:00am-4:30pm.

226 WoodbineHot Springs, AR 71901(501) 623-6841

Garland County Literacy Council

119 Hobson Avenue Hot Springs, AR 71901 (501) 624-7323

Julie Hart, Executive Director: garlicocouncil@gmail.com

Monday-Thursday 9:00am-1:00pm www.LiteracyCouncilGarlandCounty.org

https://www.facebook.com/literacycouncilofgarlandcounty/

Garland County Public School Districts

Cutter Morning Star

2801 Spring Street (501) 262-1883

Hot Springs, AR 71901

Elementary School Grades: PK - 6 High School Grades: 7 - 12

Fountain Lake

4207 Park Avenue

Hot Springs, AR 71901

Elementary School -- PK - 1: (501) 701-1708

Grades 2 - 4: (501) 701-1707

Middle School Grades 5 - 8: (501) 701-1730 High School Grades 9 - 12: (501) 701-1706

Hot Springs

Gardner Magnet School Grades PK - 4 525 Hammond Drive Hot Springs, AR 71901 (501) 620-7837

Langston Magnet School Grades PK - 4 120 Chestnut Hot Springs, AR 71901 (501) 620-7821

Oaklawn Magnet School Grades K - 4: 301 Oaklawn Blvd., Hot Springs, AR 71913 (501) 623-2661

Park Magnet School Grades K - 4: 617 Main Street, Hot Springs, AR 71913 (501) 623-5661

Intermediate Grades 5 - 6: 617 Main Street

Hot Springs, AR 71901

(501) 620-7851

Middle School Grades 7 - 8:

701 Main Street

Hot Springs, AR 71901

(501) 624-5228

High School Grades 9 - 12:

701 Emory Street Hot Springs, AR 71913

(501) 624-5286

Jessieville

7900 North Hwy 7 Jessieville, AR 71949

Elementary Grades: PK - 5 (501) 984-5665 Middle School Grades: 6 - 8 (501) 984-5610 High School Grades: 9 - 12 (501) 984-5011

Lake Hamilton

Primary Grades K - 1: (501) 767-9351

136 Oakbrook Street

Pearcy, AR 71964

Elementary Grades 2 - 3: (501) 767-8725

240 Wolf Street

Pearcy, AR 71964

Intermediate Grades 4 - 5: (501) 767-4111

104 Wolf Street

Pearcy, AR 71964

Middle School Grades 6 - 7: (501) 767-3355

120 Wolf Street

Pearcy, AR 71964

Junior High Grades 8 - 9: (501) 767-2731

281 Wolf Street

Pearcy, AR 71964

High School Grades 10 - 12: (501) 767-9311

280 Wolf Street

Pearcy, AR 71964

Lakeside

Primary School Grades PK - 1: (501) 262-1921

2841 Malvern Avenue

Hot Springs, AR 71901

Intermediate Grades 2 - 4: (501) 262-2332

2855 Malvern Avenue

Hot Springs, AR 71901

Middle School Grades 5-7: (501) 262-6244

2923 Malvern Avenue

Hot Springs, AR 71901

High School Grades 8 - 12: (501)262-1530

2871 Malvern Avenue

Hot Springs, AR 71901

Special Education: (501) 262-1724

Mountain Pine

Elementary Grades K - 6: (501) 767-2421

690 Blakely Dam Road

Mountain Pine, AR 71956

High School Grades 7 - 12: (501) 767-6917

726 Blakely Dam Road

Mountain Pine, AR 71956

Girl Scouts - Diamonds of Arkansas, Oklahoma & Texas

11311 Arcade Drive Little Rock, AR 72212 (501) 758-1020 or (800) 632-6894

http://www.girlscoutsdiamonds.org/

Healthy Connections

Provides medical, dental and social services to residents of all ages regardless of ability to pay. Offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify and low cost or no cost preventative care. Will assist clients in signing up for healthcare insurance. Services offered for all ages: Pediatric Services, Adult Medicine, Discount Medication, Preventative Health Screenings, Full Service Lab, X-rays and Behavioral Health Services and Parenting Education. www.healthy-connections.org/

1723 Malvern Avenue Hot Springs, AR 71901 (501) 620-4600

Henderson State University

1100 Henderson St. Arkadelphia, AR 71999 (870) 230-5000 www.hsu.edu

Hot Springs Family YMCA

After school education program till 6:00pm. http://www.hsymca.org

130 Werner Street Hot Springs, AR 71913 (501) 623-8803

Hot Springs School District Family Outreach (Backpack Program)

400 Linwood St. Hot Springs, AR 71913 (501) 436-7428

LendEDU (Guide to Paying for College for People With Disabilities)

Getting a college degree is hard enough but it presents a different set of challenges for people who have disabilities. If you have a disability, this guide can help you determine how to get financial aid and access to scholarships meant for people with disabilities. In this guide you can learn also how to apply for Federal Student Aids, Types of Federal Student Aids, Support for students with disabilities and Scholarships. Visit our web site for more information:

lendedu.com/blog/paying-for-college-for-people-with-disabilities/

National Park College

101 College Drive Hot Springs, AR 71913 (501) 760-4363 Monday-Friday 8:00am-4:30pm www.np.edu

Ouachita Behavioral Health & Wellness (formerly Community Counseling Service)

Services include: Individual and Group Counseling, Marriage and Family Counseling, Psychological, Personality and Intellectual Evaluations, Psychiatric Treatment and Medication Management for children and adults. Clark, Garland, Hot Spring, Montgomery and Pike Counties. http://www.communitycounselingservices.org/

125 Wellness Way Hot Springs, AR 71913 (501) 624-7111 or (800) 264-2410

Ouachita Baptist University

410 Ouachita St. Arkadelphia, AR 71998 (870) 245-5000 www.obu.edu

Ouachita Children's Center (OCC)

339 Charter Oak Street Hot Springs, AR 71901 (501) 623-5591 Monday-Friday 8:00am-5:00pm www.occnet.org

Parent Support Mentor: MidSOUTH-School of Social Work

Reduce STRESS and raise a happy baby. Get the latest parenting information in private sessions with a parent mentor.

1425 Malvern Avenue Hot Springs, AR 71913 (501) 624-3394 or (501) 747-0368 Mathesisa Erby @ mserby@midsouth.ualr.edu

1P Single Parent Scholarship Fund

P.O. Box 20116 Hot Springs, AR 71903 (501) 617-9970

lwilliard@aspsf.org

aspsf.ekey@gmail.com

UA Rich Mountain Community College

1100 College Dr. Mena, AR 71953 (479) 394-7622

Upward Bound (through National Park College)

Free money, ACT Prep, APP Academy and Robotics Team, College Tours, Cultural Field Trips, Career Workshops, After School Tutoring, Incentives and Giveaways, Scholarship and Financial Aid Info and Community Service Projects

101 College Drive Hot Springs, AR 71913 Michael Barnes (501) 760-4222

Garland County

Employment

AARP Foundation Senior Employment

2228 Albert Pike Suite C Hot Springs, AR 71913 (501) 767-2211 or (501) 767-2279

Abilities Unlimited

Education, Adult Development and Work Activity for individuals with disabilities.

Work Center: 7:30am-4:00pm

Thrift Store Monday-Saturday 8:00am-4:30pm.

Lessa (501) 624-5757. www.abilitiesunlimitedhotsprings.com

1819 Albert Pike

Hot Springs, AR 71913

Karen (501) 767-8400; AUIThrift@gmail.com

Arkansas Apprenticeship Pathways Initiative (AAPI)

Winrock International and Arkansas Department of Workforce Services is associate with the AAPI program. AAPI seeks to develop and promote Registered Apprenticeship Program around the state. These Programs connect individuals with potential employers by providing the training individuals need to be successful on the job. As a part of AAPI, Winrock International has been providing outreach to community-based organizations who work with underserved populations to raise awareness of these training opportunities and provide information on how interested individuals can be referred to a program. Our website provides more information about AAPI and other Registered Apprenticeship Programs that are being offered around the state. Information provided in both English and Spanish. wwwwinrock.org

Winrock International
2101 Riverfront Drive
Little Rock, AR 72202
(501) 280-3031
Jordlyn Williams, Program Associates; skype jordyn.williams

Arkansas Promise

Education and Employment Services, Benefits Counseling, Emergency Assistance for youth ages 14-16 who receive SSI.

http://www.promisear.org/

322 Main Street, Suite 501 Little Rock, AR 72201 (855)649-0022

Arkansas Rehabilitation Services

Counseling, Evaluation, Job Placement, Vocational Training, Physical and Mental Restoration, Independent Living, Supported Employment and Transition Services for people with disabilities. http://ace.arkansas.gov/arRehabServices/programs/ACTI/Pages/default.aspx

200 Reserve Street Hot Springs, AR 71901 Kimberly Baker (501) 623-4479; kimberly.baker@arkansas.gov

Arkansas Workforce Development Services/Employment Security Department

An array of career training and placement services, and temporary assistance to needy families.

Monday-Friday 8:00am-4:30pm. http://dws.arkansas.gov/

2254 Albert Pike Hot Springs, AR 71913 (501) 525-3450

(CADC) Central Arkansas Development Council

Our role is to develop and deliver the programs and services that can meet the needs of hard-working low income families and rural communities. (501) 778-1133. www.cadc.com

CSO (Community Service Organization)

Food Bank, Rental and Utilities Assistance, Weatherization, Head Start, Medical Transportation and Prescription Assistance.

Monday-Friday 8:00am-4:30pm.

600 West Grand Avenue Hot Springs, AR 71901 (501) 624-5724

First Step

Supported Employment program helps to locate jobs for people who have disabilities and provides continuous follow-up to ensure job satisfaction for both the employer and the employee. (501) 624-6468

Hot Springs School District Family OutReach Center

Connecting to community services for education, medical and mental health care. Recovery and other services such as clothing and food assistance are also primary goals of the center. The center provides: Assistance Access for Employment and Job Skills, Classes in Budgeting, Parenting, Credit Counseling, Healthy Living and Wellness and other life skills. Services are for Hot Springs School District families only. Monday-Friday 8:00am-4:00pm. Call for appointment

702 Main Street Hot Springs, AR 71913 (501) 620-7818

NPC Career Services

Employment, Counseling and Support Career Coach. Monday-Friday 8:00am-4:30pm. <u>www.np.edu</u>

101 College Drive Hot Springs, AR 71913 Mary Kay Wurm (501) 760-4243; careerservices@np.edu

Share Network

The SHARE Network Access Point is available to job seekers Monday through Friday from select CADC offices. Serves as sites where job seekers can look for jobs in their own communities and get assistance by trained individuals who connect them to jobs using the Arkansas JobLink (AJL) system via computers and direct referrals.

Monday-Friday 8:00am-4:30pm. (501) 778-1133

Stoneworks Agency

Veterans Reconnect Project & Community Re-entry, Life Redirection Programs for exoffenders. (501) 620-9381

Available at the Garland County Library on Thursdays 10:30am-12:30pm, please come by if you need assistance.

Facebook www.facebook.com/StoneWorks-Agency-277608995651514/timeline

Garland County

Food

Photo ID Required at ALL food pantries

All Create Equal (A.C.E.) Lakeside High School Special Services

Clothes and food pantry. Thursday 10:00am-4:00pm. (Lakeside Students ONLY) 2837 Malvern Avenue Hot Springs AR 71901 (501) 262-1880

NOTE: ONLY OPEN DURING SCHOOL

American Red Cross*

Disaster Services: Lodging, food, clothing and community referrals. Provided based on damage to place of residence. Monday-Friday 9:00am-5:00pm. After 5:00pm call (501) 748-1021. www.redcross.org

820 Central Avenue Suite J Hot Springs, AR 71901 Andrea Sellers (501) 623-9321; andrea.sellers@redcross.org

Area Agency on Aging (AAA) Meals on Wheels*

The agency's services are 14 senior activity centers across the 10-county West Central Arkansas region, offering Meals on Wheels, group meals, socialization, recreations and educational activities, wellness programs and activities and other services to seniors. AAA is the main source of funding for the Senior Centers. Monday-Friday 8:30a-4:30pm. www.seniorspecialists.org

905 West Grand Avenue

Hot Springs, AR 71913 (501) 321-2811 or (800) 467-2170 Contact: Billie Holsomback bholsomback@seniorspecialists.org

Arkansas Hunters Feeding the Hungry

Arkansas Hunters Feeding the Hungry (AHFH) is a community-minded program that provides venison and other wild game to those in need.

(501) 282-0006. www.arkansashunters.org

NOTE: HUNTING SEASON ONLY

Central Arkansas Development Council (CADC)*

Our role is to develop and deliver the programs and services that can meet the needs of hard-working low-income families and rural communities. Food and Nutrition and USDA Commodities. (501) 321-2583. www.cadc.com

Department of Human Services (DHS)*

The agency's skilled and passionate staff cares for Arkansans of all ages. Arkansans may apply for a vast array of services at their local county office as well as online. Services include ARKids First health insurance for children, the Supplemental Nutrition Assistance Program (SNAP, formerly known as food stamps), Transitional Employment Assistance (TEA) and Medicaid. Additionally, DHS protects children and the elderly who have been abused or neglected.

http://humanservices.arkansas.gov/Pages/default.aspx

115 Stover Lane Hot Springs, AR 71913 (501) 321-2583

FOOD PANTRY'S

Cumberland Presbyterian*

2891 Airport Road Hot Springs, AR 71901 (501) 760-3800 3rd Wednesday of each month

Crossgate Church*

3100 East Grand Ave. Fountain Lake, AR 71901 (501) 262- 9779 Drive Through Pantry on Thursday from 10:00am-12:00pm

Faith Felllowship*

Garland county residents only. Serving all of Hot Springs Village residents zip codes.

3213 North Hwy 7 Hot Springs, AR 71909 (501) 282-6559

2nd Wednesday from 9:00am-12:00pm for zip codes 71901 and 71949 4th Wednesday from 9:00am-12:00pm for all other zip codes.

Faith Pointe Ministries*

700 Richard Street
Hot Springs, AR 71913
501.627.3188
3rd Thursday 9:30am-2:00pm
Tuesday meal at 5:00pm and Wednesday meal 6:00pm after bible study

First Christian Church*

1806 Central Avenue Hot Springs, AR 71913 (501) 623-3389 2nd & 4th Tuesday 10:00am-12:00pm

First United Methodist Church*

1100 Central Avenue Hot Springs, AR 71913 (501) 623-6668 Tuesday 2:00pm-4:00pm

Grand Avenue United Methodist Church Outreach*

304 Albert Pike Hot Springs, AR 71901 (501) 624-4567 Tuesday and Thursday 9:00am-4:00pm (Must have Voucher from DHS)

Harvey's Chapel Baptist*

2515 Mountain Pine Road Hot Springs, AR 71901 (501) 767-5541 Wednesday 9:15am-11:15am

Haven United Methodist

107 Burroughs Street Hot Springs, AR 71913 (501) 623-9971 2nd & 4th Monday 8:00am-12:00pm

Jackson House

705 Malvern Avenue
Hot Springs, AR 71913
(501) 623-4048
Monday, Tuesday, Wednesday and Friday 9:30a-3:00pm.
Thursday 9:30am-2:00pm
Free Lunch Monday-Saturday 12:00pm-1:00pm

Lake Hamilton Parent Center (Food Backpack Program) *

309 Wolf Street
Pearcy, AR 71964
Contact Myra at (501) 760-5443
7:30am-12:00pm Monday-Friday: when school is in process

Lake Pointe City Church

1343 Albert Pike
Hot Springs, AR 71913
(501) 623-4237
Wednesday 4:00pm-6pm
Photo I.D. Required (By Appointment only-once every 30 days)

Lakeside Baptist*

3601 Malvern Road Hot Springs, AR (501) 262-2063 Wednesday Only 10:00am-12:00pm Photo I.D. Required

Lakeside A.C.E. All Created Equal (Lakeside students Only) *

Food Pantry and Clothes Closet on Thursday at 10:00am-1:00pm. (501) 693-5154

Oaklawn Baptist*

200 Oaklawn Hot Springs, AR 71901 Contact Susan @ (501) 623-6813 Thursday 1:00pm-3:00pm **By appointment only**.

Oaklawn Church of God*

2110 7th Street Hot Springs, AR 71913 (501) 623-3979 1st Thursday 3:00pm

Pearcy Baptist Church*

5985 Airport Road Pearcy, AR 71964 (501) 767-1992 2nd & 4th Wednesday 1:00pm-4:00pm 4 Miles Past Lake Hamilton School on Hwy 70 West

Piney Grove Methodist*

2963 Airport Road Hot Springs, AR 71901 (501) 767-4765 Tuesday & Thursday 2:00pm-4:00pm **Lake Hamilton School District residents only.**

Pleasant Hill Baptist

136 Standpipe Road Hot Springs, AR 71901 (501) 463-4200 Wednesday 12:00pm-4:00pm

Project Hope Food Bank

915 Gaines Avenue Hot Springs, AR 71901 (501) 623-3663 Monday-Thursday 10:00am-2:00pm

Prince of Peace Lutheran Church*

109 Hobson Street
Hot Springs, AR 71901
(501) 623-1549
1st Monday of month from 3:00pm-5:00pm.
Office opened from 10:00am-1:00pm Monday-Wednesday
Church will open the pantry for a second time on Monday in April 20th at 3pm until food is gone.

Potter's Clay*

Food only when available. Call first (501) 624-1366

Royal First Baptist*

7402 Albert Pike
Hot Springs, AR 71913
(501) 520-9165 or (501) 622-9095
3rd Saturday 10:00am-1:00pm.
Lake Hamilton and Mt. Pine School District residents only. Bring your own boxes
NOTE: FOOD WILL BE HANDED OUT OUTSIDE UNTIL FURTHER NOTICE
DUE TO CORONAVIRUS

Salvation Army*

155 Crescent
Hot Springs, AR 71901
(501) 623-1628
Monday-Thursday 9:00am-4:00pm closed for lunch 12:00pm-1:00pm (must qualify for program)
Tuesday & Thursday 9:00am-4:00pm closed for lunch 12:00pm-1:00pm
Meals are 5:00pm-6:00pm Monday-Friday.
Appointment Only (**Proof of income and residence**)

St. Luke Episcopal Church*

Meal snack packs along with St. Luke Shower Ministry. Provide one (1) set of clean clothing and toiletries (unused items sent with person). Tuesday are men's day from 10:00am-12:30pm. Thursday are women's day from 10:00am-12:30pm.

228 Spring Street Hot Springs, AR 71901 (501) 623-1653 Monday-Friday 9:00am-4:00pm

St. Mary's Catholic Church*

100 Central Avenue Hot Springs, AR 71913 (501) 623-3233 Monday only 10:30a-12:00pm (can participate 6 times year)

The Ark*

306 Butterfield St. Hot Springs, AR 71901 (501) 525-0340 **(Appointment Only)**

Trinity Church*

670 Panama Street Hot Springs, AR 71913 (501) 624-6453 Tuesday 2:00pm-4:00pm (can participate 6 times a year)

Visitors Chapel Food Pantry*

319 Church Street
Hot Springs, AR 71901
(501) 623-2975
Thursday 10:00am-1:00pm
3rd Saturday of month Meal Provided from 10:00am-12:00pm
Emergency Food Assistance provided after hours

Worldwide Christian Outreach*

3845 Albert Pike Hot Springs, AR 71913 (501) 318-9245 call Monday to verify that they will be open on Tuesday 3rd Tuesday 6:30am

Garland County Health Unit (WIC Program)

The WIC program is the Special Supplemental Nutrition Program for Women, Infants and Children.

1425 Malvern Avenue Hot Springs, AR 71901 (501) 624-3394 Monday-Friday 8:00am-4:30pm (Call for Appointment)

Hot Springs School District Family Outreach (Backpack Program)

The Backpack Program was launched to help fill weekend gaps for hungry children. The concept is simple: teachers and school administrators work to enroll children who can benefit in the program at the beginning of the school year. A headcount is submitted to the Arkansas Foodbank, which then provides monthly food deliveries to Langston Elementary. Teachers at Langston organize and store the packages. Every Friday, packages are inconspicuously placed in the backpacks of recipient children for them to take home. Portions placed in backpacks are meant to provide three meals for the children on Saturday and Sunday.

400 Linwood Street Hot Springs, AR 71913 (501) 436-7428

NOTE: ONLY WHEN SCHOOL IS IN SESSION

Garland County

Health

AIDS Clinic - Tuggle Clinic HIV/AIDS Resources

Medical Treatment, Case Management, Testing, Medications, Support Groups and Prevention Education.

1801 Central Avenue Suite A Hot Springs, AR 71901 Mike Melancon (501) 623-5598

American Cancer Society

The American Cancer Society (ACS) is a nationwide voluntary health organization dedicated to eliminating cancer. (800) 227-2345. cancer.org

American Council of the Blind

Strives to increase the independence, security, equality of opportunity, quality of life for all blind and visually impaired. (800) 424-8666 http://www.acb.org/

American Diabetes Association (ADS)

American Diabetes Association offers services in prevention and management of diabetes. The center offers services in diagnosis of type 1, type 2 and gestational diabetes. It provides information about meals, nutrition, exercise schedules, treatment and care and medication for diabetic community. ADS also educate the diabetic about complications, such as eye problems, foot problems, skin infections, hearing loss, heart diseases, mental health and high blood pressure. (800) 342-2383

Monday-Friday 8:30am-8pm ET. <u>www.diabetes.org</u> 320 Executive Court #104 Little Rock, AR 72205 (501) 221-7444

American Kidney Fund

Our mission is to help people fight kidney disease and live healthier lives. We fulfill that mission by providing a complete spectrum of programs and services: prevention activities, top-rated health educational resources, direct financial assistance enabling 1 in 5 U.S. kidney patients to access lifesaving medical care, including dialysis and transplantation.

www.kidneyfund.org/ (866) 300-2900.

American Lung Association of Arkansas

The American Lung Association is the leading organization working to save lives by improving lung health and preventing lung disease, through research, education and advocacy. Our work is focused on four strategic imperatives: to defeat lung cancer, to improve the air we breathe, to reduce the burden of lung disease on individuals and their families and to eliminate tobacco use and tobacco-related diseases. (800) 880-5684 https://www.lung.org/

American Parkinson Disease Association

Founded in 1961 with the dual purpose to "Ease the Burden - Find the Cure" for Parkinson's disease. (800) 223-2732 www.apdaparkinson.org/

Arkansas Children Hospital (ACH)

Children are at the center of everything we do. Arkansas Children's is the only hospital system in the state solely dedicated to caring for children, which allows our organization to uniquely shape the landscape of pediatric care in Arkansas. ACH is a pediatric hospital with a Level 1 Trauma Center, that's located in Little Rock, AR. It is among the largest pediatric hospitals in the United States and serves children from birth to age 21. ACH is affiliated with the University of Arkansas for Medical Sciences and is a teaching hospital with the UAMS college of Medicine's Department of Pediatrics. Open 24/7.

1 Children's Way Little Rock, AR 72202 (501) 364-1100

Arkansas Hospice

We provide comprehensive care designed with the patient's comfort and individual needs in mind. The physical, emotional and spiritual support provided is determined by the patient's wishes and the family's unique needs. Arkansas Hospice was one of the first providers of hospice care services in the state, and is now the largest in Arkansas. We are proud to be a leader in providing comfort care to patients and their families across our 43 county service area. 24/7 arkansashospice.org

508 Ouachita Avenue

Hot Springs, AR 71901 (501) 318-9992 or (877) 713-2348

Arkansas Medicaid

- (800) 482-8988 Customer service Arkansas Medicaid eligibility, lost or nonreceipt of Medicaid cards, county DHS problems
- (800) 482-5431 Arkansas Medicaid Information Line coverage, bills, beneficiary denial letters, or other services
- (800) 457-4454 Arkansas Medicaid Providers
- (800) 482-5850 Extension 28301 Out of State Calls
- (800) 285-1131 Extension 26789 Telecommunication Device for the Deaf (TDD)
- (888) 987-1200 Arkansas Non-Emergency Transportation Helpline
- (800) 422-6641 Arkansas Medicaid Fraud and Abuse Hotline
- (888) 474-8275 ARKids First
- (800) 275-1131 ConnectCare
- (800) 285-1131 ConnectCare, Telecommunication Device for the Deaf (TDD)
- (888) 987-1200 Arkansas Medicaid Complaint Hotline (For complaints about healthcare)
- (800) 582-4887 Arkansas Nursing Home Abuse Hotline
- (800) 285-1131 Arkansas Medicaid Complaint Hotline, Telecommunication Device for the Deaf (TDD) (For complaints about healthcare)

Arkansas Poison Control and Drug Information Center (APCDIC)

The APDIC wants people to call the poison hotline for the latest up to date clinical information regarding any poison

exposure or drug interaction question rather than going online and getting information that may or may not be accurate

or relevant. In some cases, the information that you get online may actually be harmful to you or your loved one. The Poison Specialists who answer the phone is either a medical doctor, pharmacist or a registered nurse.

http://arpoisoncenter.org/

4301 West Markham Street Little Rock, AR 72205 (800) 222-1222

Arkansas Spinal Cord Commission

The Arkansas Spinal Cord Commission will administer a statewide program to identify and meet the unique and lifelong needs of people with spinal cord disabilities in Arkansas. https://www.spinalcord.ar.gov/

5800 West 10th Street Suite 108

Little Rock, AR 72204 (501) 296-1788 or (800) 459-1517

ARkids First (DHS Office)

ARKids First is a health insurance program that provides coverage for more than 70,000 children across the state. It covers well-child checkups, eye-exams, dental checkups and more. It's insurance that is growing healthy kids in Arkansas and it might be the answer for health coverage for your children.

115 Stover Lane

Hot Springs, AR 71913 (501) 321-2583 or Spanish (800) 782-8988

Behavioral Health Services/Mental Health

CHI St. Vincent Community Care

Reasonably priced discount dental care. Provides health care to low and moderate income patients. The clinic offers a sliding fee scale where service are based on an individual's ability to pay. Must bring photo ID and proof of income. Monday-Thursday 8:00am-4:30pm and Friday 8:00am-12:00pm. 100 McGowan Court Hot Springs, AR 71913 (501) 318-6199

• Evolve Behavioral Health Services and Medication Management INDIVIDUAL, GROUP AND FAMILY COUNSELING. Offering compassionate care through individual and family counseling. Therapists provide caring and confidential services to help cope with crises and life changes. Medication management, pediatrics therapy and counseling available. Evolve accepts Medicaid, including ARKids First, and all private health insurances. We also have a sliding fee scale for patients without health insurance. For appointment: 1-800-409-6250

3604 Central Avenue Hot Springs, AR 71913

For appointment: 1-800-409-6250 https://healthy-connections.org/evolve/

Healthy Connections

Provides medical, dental and social services to residents of all ages regardless of ability to pay. Offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify and low cost or no cost preventative care. Will assist clients in signing up for healthcare insurance. www.healthy-connections.org/

1723 Malvern Avenue Hot Springs, AR 71901 (501) 620-4600 3604 Central Avenue Suite D Hot Springs, AR 71913 (501) 436-4074

Levi Hospital

Mental Health Counseling 8:00am-4:30pm. Adult Psychiatric Services 24/7. Rehabilitation and Fitness. Jackie Arrison (501) 622-3498; iarrison@levihospital.com

300 Prospect Avenue Hot Springs AR 71901 (501) 624-1281

Millcreek of Arkansas

Provider of specially designed mental health care services for children and adolescents. We are a progressive organization with a unique emphasis on excellence in education and treatment. www.millcreekbehavioralhealth.com/

5837 Millcreek Road Hot Springs, AR 71901 (501) 624-5639

 Ouachita Behavioral Health & Wellness (formerly Community Counseling Service). We are committed to bringing hope and health to our communities, one life at a time. www.OBHAW.org

125 Wellness Way Hot Springs AR 71913 (501) 624-7111 or (800) 264-2410

Sherwood Clinic

The_Urgent Team Family of Urgent Care & Walk-in Centers understands when the need for care is urgent to you, the solution needs to be compassionate, comprehensive and convenient-and have economic value.

201 Airport Road Hot Springs, AR 71913 (501) 547-9481

The Caring Place

Provides respite for caregivers and families of people with dementia through a supervised program for participants in a safe and comfortable environment. www.thecaringplacehotsprings.com

101 Quapaw Avenue Hot Springs, AR 71901 (501) 623-2881

Camp Quality Arkansas

Letting kids with cancer be kids again. Free week-long camp for children with cancer. Siblings accepted when space available.

Contact: Beth Cameron (830) 486-7106;

arkansas@campqualityusa.org, http://www.campqualityusa.org/ar

Child Medical Services

Diagnostic evaluations for children suspected of having physically handicapping conditions regardless of financial status. Approval required for physical services, hospital and surgical care, laboratory, x-rays, applications, equipment and other services. Referrals to specialists, social workers, follow-up and other agencies. (800) 482-5850 ext. 2227

Department of Human Services

TEA (Transitional Employment Assistance), Food Stamps and Medicaid. DHS protects children and the elderly who have been abused or neglected; finds adoptive homes for foster children; funds congregate and home-delivered meals for the elderly; regulates nursing homes and childcare facilities; supports high-quality early childhood education; treats and serves youth in the juvenile justice system; runs residential facilities for people with developmental disabilities; manages the Arkansas State Hospital and Arkansas Health Center for those with acute behavioral health issues; and supports nonprofit, community and faith-based organizations that depend on volunteers to continue programs vital to our communities.

115 Stover Lane Hot Springs AR 71913 (501) 321-2583

EYE-CARE

American Council of the Blind

American Eye Care Project Strives to increase the independence, security, equality of opportunity and quality of life for all blind and visually-impaired people. (800) 424-8666. www.acb.org/

Cooperative Christian Ministries and Clinic (CCMC)

CCMC provides Medical, Dental, Vision and Pharmacy Services to those in our community who are uninsured and under-insured. (**No narcotics are on the premises**). Monday-Friday 9:00am-4:00pm. www.ccmc.org
133 Arbor Street Hot Springs, AR 71901 (501) 318-1153

Division of Services for the Blind

The Arkansas Division of Services for the Blind is dedicated to the independence of Arkansans who are blind or visually impaired and is committed to the principle that these individuals have the right to make informed choices regarding where they live, where they work, how they participate in the community, and how they interact with others.

http://humanservices.arkansas.gov/

700 Main Street Little Rock, AR 72203 (501) 682-5463 or (800) 960-9270

South Hot Springs Lions Club

Lions meet the needs of the local communities and the world every day because they share a core belief- "to serve their community". Lions are focused on supporting sight, hunger, the environment, childhood cancer and our new global cause, diabetes, to help address some of the biggest challenges facing humanity.

310 Anderson Street Hot Springs, AR 71913 (501) 767-2855 or (501) 622-7950

FACES Foundation

The FACES Foundation is an organization provides qualified individuals with needed services involving facial deformities, birth defects and reconstruction while promoting safe and healthy living and giving back to the community.

http://www.fixfaces.org

208 McAuley Court Hot Springs, AR 71901 (501) 262-5272

FamilyWize

Free prescription discount card, pay less for prescriptions. <u>unitedwayouachitas.org</u>
United Way of the Ouachitas

233 Hobson Avenue Hot Springs, AR 71913 Katie Gibson (501) 625-2505

HEARING

• Captioned Films for the Deaf:

Voice: (864) 585-1778 or (800) 237-6213 **TTY:** (864) 585-2617 or (800) 237-6819 www.dcmp.org

Deaf and Hearing Impaired/Rehab Service

Arkansas Rehabilitation Services' (ARS) mission is to prepare Arkansans with disabilities to work and lead productive and independent lives.

Monday-Friday 8:00am-4:30pm.

200 Reserve Street Hot Springs AR 71901 (501) 623-4479

Telecommunications Relay Service- Arkansas

TRS Provider - Sprint Relay
711 or (800) 285-1131 (TTY)
(800) 285-1121 (Voice)
(866) 656-8260 (VCO)
(800) 285-1131(HCO)
(866) 656-2966 (Speech-to-Speech)
(866) 656-1842 (Spanish)
(900) 230-3131 (900 Number calls)
(800) 855-4000 (TTY Operator Assistance)

Medicare telephone Hotline

For specific billing questions and questions about your <u>claims</u>, medical records, or expenses, <u>log into MyMedicare.gov</u>, or call us at (800) 633-4227) TTY# (877) 486-2048

Medicare/File a Complaint

Medicare claims must be filed no later than 12 months (or 1 full calendar year) after the date when the services were provided. If a claim isn't filed within this time limit, Medicare can't pay its share.

www.medicare.gov/claims-and-appeals/file-a-claim/file-a-claim.html

National Cancer Institute (NCI)

NCI is the federal government's principal agency for cancer research and training. NCI leads, conducts, and supports cancer research across the nation to advance scientific knowledge and help all people live longer, healthier lives (800) 422-6237. https://www.cancer.gov/

Smart Moves Smart Choices

Online education, support and resources sponsored by the National Association of School Nurses which raises awareness about the epidemic of abuse of prescription drug abuse by teens. Videos and other resources for teens, parents and educators available upon request. http://www.smartmovessmartchoices.org/teens

UAMS Dental Hygiene

The Dental Hygiene Clinic at UAMS offers you an inexpensive way to get a routine dental visit but it also provides dental hygiene students with practical experience. Services include examination, cleaning, X-rays, pit and fissure sealant and whitening. Does not provide restorative services (fillings, crowns, etc.) or tooth extractions. Call for appointment at (501) 686-5733.

http://uamshealth.com/medicalservices/dentalhygiene/

Garland County

Hotlines

see also "toll free"

Alzheimer's Arkansas

Counseling, Support, Education, Elder Abuse Programs and Services for all Alzheimer's or related dementia patients, their caregivers, families and friends.

Caregiver line: (501) 913-1878 Toll-free: (800) 689-6090 24/7

Anger Management Classes

Classes are at Garage Church on Sunday at 4:00pm and 5:00pm on Tuesday. There is a total of 15 sessions.

122 Sanford Street Hot Springs, AR 71901 (501) 282-3515

Classes are at Change Point Pregnancy Care and Parenting Resource Center by appointment on a one on one counseling session. (For women ONLY)

201 & 203 Nickels St. Hot Springs, AR 71901 (501) 624-2273

Arkansas Adult Protective Services Hotline

Aging is a natural process, abuse is not. Elder Abuse remains a poorly understood problem in our state. (800) 482-8049

Arkansas State Police

Troop K 200 Karen Street Hot Springs, AR 71901 (501) 767-8550

Arkansas Crisis Line

Our mission is restoring hope, empowering people and saving lives through suicide prevention. By calling our helpline **(888) 274-7472**, our crisis call specialists confidentially and anonymously offer intervention and counseling, link the caller with resources in their area and ultimately save lives by preventing crises from becoming life-threatening

Change Point Pregnancy Center

Resources for Pregnancy/Post-Pregnancy, diapers, and set appointment for parenting classes

201 Nickels Street Hot Springs, AR 71901 (501) 624-2273

Child Abuse Hotline

The Childhelp National Child Abuse Hotline 1-800-4-A-CHILD (1-800-422-4453) dedicated to the prevention of child abuse. Serving the United States, its territories, and Canada, the hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who, through interpreters, can provide assistance in over 200 languages. **All calls are confidential**. (800) 482-5964 Arkansas or (800) 4-A-CHILD (1-800-422-4453) National Child Abuse Hotline TDD (800) 843-6349.

Childhelp National Child Abuse Hotline

Child Abuse and Neglect. (800) 422-4453

Crisis Intervention Hotline

Our mission is restoring hope, empowering people and saving lives through suicide prevention. By calling our helpline **(888) 274-7472**, our crisis call specialists confidentially and anonymously offer intervention and counseling, link the caller with resources in their area and ultimately save lives by preventing crises from becoming life-threatening.

Jackson House 705 Malvern Avenue Hot Springs, AR 71901 (501) 623-4048 or (888) 274-7472

Deaf Hotline (Abuse)

(855) 812-1001

Domestic & Rape Violence Hotline

Call (800) 656-HOPE (4673) to be connected with a trained staff member from a sexual assault service provider in your area.

(800) 799-SAFE (800-799-7233) (877) 215-0167 Spanish. www.domesticpeace.com/resources.html

Drug Rehab Center

Help find a Rehab Center near you. (800) 501-9330

Eating Disorder Solutions

While there are a variety of different treatment options available for those struggling with eating disorders, it is important to find the treatment, or combination of treatments, that works best for you. Effective treatment should address more than just your symptoms and destructive eating habits. It should also address the root causes of the problem—the emotional triggers that lead to disordered eating and your difficulty coping with stress, anxiety, fear, sadness, or other uncomfortable emotions.

(855) 245-0961

Garland County Sheriff's Department

Dispatch: (501) 622-3666 Receptionist: (501) 622-3660 Jail Receptionist: (501) 651-7801

Hot Springs Police Department

(501) 321-6789

Hot Springs Village Police

(501) 922-0011

Nationwide Runaway Hotline

If you are thinking of running from home, if you have a friend who has runaway, or if you are a runaway ready to go home.

(800) RUNAWAY (800-786-2929)

National Sexual Assault Hotline

Calling the National Sexual Assault Hotline gives you access to a range of free services including: Confidential support from a trained staff member, support finding a local health facility, someone to help you talk through what happened, local resources, referrals for long term support in your area, information about the laws in your community and basic information about medical concerns. (800) 656-4673

Pregnancy Resource Center for Southwest Arkansas (PRCSA)

The Pregnancy Resource Center for Southwest Arkansas (PRCSA) is locate in downtown Arkadelphia. The PRCSA was established to serve women and men in Southwest Arkansas who are in and unplanned pregnancy situations. Our purpose is to reach out to women and men in unexpected pregnancy situations to offer hope, emotional support and practical help. Client information is held in strict and absolute confidence.

202 Carpenter Street Arkadelphia, AR 71933 (870) 210-5353

Poison Control and Drug Information Center

The Arkansas Poison & Drug Information Center is your 24/7 antidote for any poisoning concern you may have. Simply call (800) 222-1222 and speak with a pharmacist or RN about your concern.

Rape Crisis

Rape crisis centers are community-based organizations affiliated with the anti-rape movement that work to help victims of rape, sexual abuse, and sexual violence. (800) 794-4175

S.A.F.E. (Self Abuse Finally Ends)

The <u>S.A.F.E. Clinic</u> provides outpatient services to adolescents and adults who engage in self-destructive, impulsive behaviors and have a desire to stop. (800) 366-8288

Suicide Hotline

No matter what problems you are dealing with, we want to help you find a reason to keep living. You will be connected to a skilled, trained counselor at a crisis center in your area, **anytime 24/7.** (800) 273-8255 (800-273-TALK) 24/7

www.suicidepreventionlifeline.org/

Sex Addicts Anonymous

Sex Addicts Anonymous is a twelve-step program for people who want to stop their addictive sexual behavior. There also exists a group known as COSA, for those who have been impacted by others' sexual addiction. (800) 477-8191

saa.recovery.org

Teen Dating Abuse Hotline

The National Dating Abuse Helpline is the direct service provider behind loveisrespect.org(link is external), operating the 24/7 text, phone and live chat services. The texting function of the Helpline allows for users to text the Helpline advocates 24/7. (866) 331-9474

Veteran's Crisis Line

Connect with the Veterans Crisis Line to reach caring, qualified responders with the Department of Veterans Affairs. Many of them are Veterans themselves. (800) 273-8255 the press 1

Housing

American Red Cross

Disaster Services: Lodging, Food, Clothing and Community Referrals. Provided based on damage to the place of residence. Monday-Friday 9:00am-5:00pm. After 5:00pm call (501) 748-1021. www.redcross.org

820 Central Avenue Suite J Hot Springs, AR 71901 Andrea Sellers (501) 623-9321; andrea.sellers@redcross.org

Arkansas Sheriff's Youth Ranch

The Ranch is a transformative family-style foster care program. It provides a healthy home environment filled with emotional support. Our goal is to help each child learn to trust those around them and cope with their emotions while learning responsibility and building self confidence. The Ranch's mission is to address, remedy and prevent child abuse and neglect by creating safe, healthy and permanent homes for children. Shelter and education for at-risk youth 6-17.

www.youthranches.com

P.O. Box 3964
Batesville, AR 72503
Nancy Weaver (870) 793-6841; nweaver@youthranches.com

DHS-Division of Residential Placement/Licensing

Monitors Residential, Emergency Residential, Psychiatric Residential Treatment, Independent Living facilities for children and Child Placement agencies that place children into foster and adoptive

homes. https://humanservices.arkansas.gov/

700 Main Street Little Rock, AR 72201 (501) 682-8590

Greg Gilliland (501) 321-2583 ext 227; Greg.Gilliland@arkansas.gov

First Step, Inc.

First Step, Inc. residential program gives adults with disabilities the freedom of choice that is so often lacking at other long-term care facilities. (501) 620-5432. www.firststeparkansas.com

Intermediate Care Facility (ICF/IDD) residential program provides a highly-structured living environment that is supervised 24 hours by trained staff in a 'home-like' atmosphere for children ages five to eighteen that meet the Division of Developmental Services (DDS) eligibility criteria.

(501) 609-9537. www.firststeparkansas.com

Garland County Habitat for Humanity

Garland County Habitat for Humanity is a long term housing solution for low to moderate-income families in Garland County.

240 Hobson Ave
Hot Springs, AR 71913
501-623-5600
info@garlandcountyhabitat.org
http://www.garlandcountyhabitat.org

Highland Maternity Home

Highlands is dedicated to bringing hope and healing to young women ages 13-28 facing an unplanned pregnancy. Highlands has helped more than 3,000 young women by offering hope, healing, peace, joy and a bright future. Highlands offers the remedy to fear...a supportive Christian living environment. Our mission is to rescue young women from harm's way and bring healing to broken hearts and spirits. hillcrest@compactfamilyservices.org

2325 Malvern Avenue Hot Springs, AR 71901 (501) 262-1660

Hillcrest Children's Center/COMPACT Family Services

Hillcrest Children's Home rests on a 52-acre campus with 8 cottages and a 24-apartment center for foster youth preparing for adult living. The residential programs care for approximately 40-50 children and youth at a time. Abused, neglected and otherwise vulnerable children come to us for redeeming care from state, court, church and other referrals. The facilities are equipped with state-of-the-art, audio-visual surveillance equipment in public areas to provide safer quality care. No matter the origin, we provide the professional Christian redemptive care they need and deserve.

http://www.compact.family

2325 Malvern Avenue Hot Springs, AR 71901 (501) 262-1660

Income Based Housing

There are many low-income housing complexes in Hot Springs, AR. Listing include: Hud Apartments, Public Housing Apartments, Non-profit senior and family low income apartments and Low income tax credit apartments(LIHTC)

Aristocrat Manor	240 Central Avenue	(501) 624-4601
Central City Apartments	595 Section Line Trail	(501) 291-4700
Chaucer Street Apartments	345 Chaucer Street	(501) 620-4142
Christopher Homes	1010 Cones Road	(501) 318-1317
Garland Towers Apartments	126 Oriole Street	(501) 623-9769
Greenbriar Apartments	315 Convention	(501) 623-1422
Home Harbor	501 Malvern Avenue	(501) 623-2565
Levi Towers	240 Prospect Avenue	(501) 623-8419
On Our Own, Inc.	201 Cones Road	(501) 617-6852
Park Avenue Apartments	125 Oriole Street	(501) 623-8663
Shorter College Plaza	240 Glade Street	(501) 623-2087
Springwood Manor	223 Sulphur Street	(501) 623-3477

Jackson House

Food, Clothing, Household Goods, Elder Prescription Assistance, Housing, Transportation and Utilities. Daily Lunch 12:00p-1:00p on Monday, Tuesday, Wednesday and on Thursday 9:30am-2:00pm, Fridays 9:30am-3:00pm

705 Malvern Avenue Hot Springs, AR 71901 (501) 623-4048

Ouachita Children's Center (OCC)

Emergency shelter and treatment for youth 8 to 18. Adolescent Drug Abuse Prevention Information, Case Management, Follow-Up Services, Referral to Family Therapy, Respite Care and Parent Support Groups are offered. For dependent neglected children and families.

339 Charter Oak Street Hot Springs, 71901 (501) 623-5591 (501) 623-4226 Fax

Project for Assistance in Transition Homelessness (P.A.T.H)

Program is provided to support individuals with serious mental illnesses, as well as individuals with co-occurring substance use disorders, who are homeless or at risk of becoming homeless. Housing, Diagnostic Screening and Therapeutic Treatment for serious mental illness, Case Management Services, Job Training, Educational Opportunities, Referral for Substance Abuse and Primary Healthcare. Walk-in clinic: Monday-Friday 8:30am-3:30pm.

125 Wellness Way Hot Springs, AR 71913 (501) 624-7111 (ask to speak with a member of the PATH team)

Potter's Clay

Potter's Clay Ministries, Inc. was founded in 1984 as an outreach to women and children in crisis. We accept no state or federal funding to fund our facility. Therefore, we depend on support from churches, organizations and individuals.

We provide food, clothing and shelter to our clients.

Monday-Friday 8:00am-4:00pm. http://pottersclayhotsprings.org/

110 Crescent Avenue Hot Springs, AR 71901 (501) 624-1366

Potters Clay Thrift allows shoppers to find products like unique clothing, home goods items, antiques, novelty items and even furniture. Thrift stores are known for their bargain deals on items that you won't be able to find at your local department stores. Shop at Potters Clay Thrift Store in Hot Springs, AR. You'll be amazed at items that you can find.

Monday-Friday 9:00am-4:00pm and Saturday 10:00am-3:00pm.

1032 Malvern Avenue Hot Springs, AR 71901 (501) 620-4405

Safe Haven Transitional Housing for Women and Children

Safe Haven Shelter for Women and Children has, as its primary goal, to provide a safe and comfortable shelter for a diverse community of homeless women and children. We strive to create an environment of dignity, respect and compassion while providing shelter and meeting the needs of hungry and food for insecure women and children. Safe Haven Shelter provides temporary shelter of up to 180 days to homeless women and children.

110 Highrise Circle Hot Springs, AR 71901 (501) 276-7750

Salvation Army (Emergency Food and Shelter Program)

The Rent/Mortgage category is intended to allow agencies to pay up to a one-month amount of rent or mortgage for qualifying clients. Each household may receive this assistance only **once** per spending period.

www.salvationarmyaok.org/hotsprings/

115 Crescent Street Hot Springs, AR 71913 (501) 623-1628

Samaritan Ministries of Hot Springs Rescue Mission for Homeless Men

Shelter, food, clothing and showers for 10 days. 24/7 with overnight intake from 4:00pm-5:45pm. Clean and sober only. By interview only, resident program for 10 months: woodshop skills, job skills and life skills. www.samaritanhs.org

131 Sanford Street Hot Springs, AR 71901 (501) 321-2888

Shalom Recovery Center

Shalom House Ministries provides holistic recovery for women addicted to alcohol and drugs. Our goal is to give women with life controlling issues the tools to be mentally sound, physically transformed, spiritually alive and socially adjusted. We believe that through biblical principles and a personal relationship with Jesus Christ each lady can be healed and restored.

shalomwomenscenter@gmail.com

2375 East Grand Avenue Hot Springs National Park, AR 71901 (501) 625-3811 or (501) 625-3895

St. Luke's Episcopal

Shelter program. A federal government funded assistance program that is administered by St. Luke's.

228 Spring Street Hot Springs, AR 71901 (501) 623-1653

Thee Brother's Keeper

To Assist single fathers and their families from dependence to independence with legal, housing, food, clothing, education and financial resources so that they can recover from a crisis and lead productive single father households.

Monday-Friday 8:00am-1:00pm. www.theebrotherskeeper.com

126 Oriole Street Suite 112 Hot Springs, AR 71901 (501) 781-8403

Timberline Apartments

HUD Voucher Acceptance. 30% of income is rent. Deposit is \$250.00 split in 3 payments

126 Cozy Acres Mountain Pine, AR 71956 (501) 767-8585

Garland County

Income Stability

Arkansas Community Foundation

Arkansas Community Foundation engages people, connects resources and inspires solutions to build community. A nonprofit organization that promotes smart giving to improve communities. Grants available for non-profits and scholarships available for all levels of education. (501) 620-4008 or (501) 282-0502. http://www.arcf.org/

Financial Literacy Reality Fair

Diamond Lakes Federal Credit Union. (501) 525-6530 or (501) 332-6530

Cooperative Christian Ministries & Clinic (CCMC)

Cooperative Christian Ministries and Clinic offer "Bridge Out of Poverty Getting Ahead" Classes that teach those in poverty how to plan and build their resources for a more sustainable future. Classes are 14 sessions in duration and offered several times each year at various locations throughout the community. "Getting Ahead While Getting Out" classes are offered at the Garland County Detention Center. Classes for high school students - "The R Rules" - are also available. NOTE: Potential participants must complete an application and have a live interview with our Getting Ahead Coordinator before accepted in these classes. For more information contact

us: www.ccmchs.org

133 Arbor Street Hot Springs, AR 71901 (501) 318-1153

Hot Springs School District Family Out Reach Center

Connecting to community services for education, medical and mental health care, recovery and other services such as clothing and food assistance are also primary goals of the center. The center provide assistance access for employment and job skills, classes in budgeting, parenting, credit counseling, healthy living and wellness and other life skills. **Services are for Hot Springs School District families only.** Monday-Friday 8:00am-4:00pm. Call for appointment.

317 Palmetto Street Hot Springs, AR 71901 (501) 463-7428

IDA/Money Management

CADC's Individual Development Account and Money Management programs are designed to help you become more financially self-sufficient. (501) 463-7428

Garland County

Legal and Criminal

Arkansas State Police

Troop K 200 Karen Street Hot Springs, AR 71901 (501) 767-8550

Arkansas State Public Defender's Office-Legal assistance

101 East Capitol Suite 201
Little Rock, AR 72201
Scott Tanner (501) 682-9070; scott.tanner@arkansas.gov
http://www.arkansas.gov/apdc/contact/index.html

Accessible Legal Services

This is a nonprofit firm that provides legal assistance on a case-by-case basis which includes: taking into consideration the personal situation of each client, including finances, number of people in the household, etc. We recently added immigration law to our list of services. Accessible legal services also provide educational training to the women that are incarcerated at the detention centers and also women that are residents in inpatient drug treatment program.

angela@angelaecholslaw.com

202 3rd Street Hot Springs, AR 71901 (501) 547-1287

Center for Arkansas Legal Services

Provides free legal services to low-income individuals residing in the state of Arkansas in civil (non-criminal) cases.

CALs is headquartered in Little Rock and serves 44 counties of the 75 counties in Arkansas.

1820 Central Avenue Suite H Hot Springs, AR 71901 (501) 624-2591

Circuit/Chancery Court Juvenile Division

Intake, Probation, Diversion, Referrals, Community Service, Victim Restitution, Juvenile Mentoring, Truancy and Legal Assistance.

607 Ouachita Avenue Hot Springs, AR 71901 Sharon Smith (501) 622-3770 ext. 351

Child Support Enforcement

Paternity testing for open cases, child support orders and enforce wage withholding. Monday-Friday 8:00am-4:30pm.

2228 Albert Pike Suite H Hot Springs, AR 71913 (501) 321-1561

Crime Victims Reparations Board

Compensation and assistance to victims of violent crime (including DUI) and their families. (501) 682-1020 or (800) 448-3014.

https://www.arlegalservices.org/files/FSCrimeReparations.pdf

DHS/DYS (Department of Youth Services)

Prevention, intervention and treatment to insure public safety. Oversees juvenile correction facilities.

http://humanservices.arkansas.gov/dys/Pages/default.aspx

700 Main Street Little Rock, AR 72203 (501) 682-8654 After hours call: (866) 257-8223

Diamondhead Police Department

110 Independence Drive Hot Springs, AR 71913 (501) 262-1631

Garland County CASA (Court Appointed Special Advocates)

Garland County CASA trains and supports volunteers who intervene in the juvenile court systems to advocate for children in abuse and neglect cases. These dedicated advocates work alongside Department of Human Services and Division of Children and Family Services case workers and investigators to represent these children's best interests and provide relief to a critically overburdened child welfare system. Serving Garland, Hot Spring and Grant Counties.

www.garlandcountycasa.org

508 Ouachita Avenue Suite B
Hot Springs, AR 71901
Donna Meeks(501) 321-9269; donna.meeks@garlandcountycasa.org
To become a volunteer contact, Justin Buck, Executive Director
justin.buck@garlandcountycasa.org

Garland County Court House

649 Ouachita Avenue Hot Springs, AR 71901 (501) 622-3600

Garland County Jail

(501) 651-7801

Garland County Judge's Office

County Judge Rick Davis: (501) 622-3600

Garland County Juvenile Court

607 Ouachita Avenue Hot Springs, AR 71901 (501) 622-3772

Garland County Prosecuting Attorney's Office

(501) 622-3720

Garland County Sheriff's Department

Jail (501) 651-7801 Dispatch (501) 622-3666 Receptionist (501) 622-3660 Criminal Investigations (501) 622-3690 www.garlandcountysheriff.com

Hot Springs Police Department

641 Malvern Avenue Hot Springs, AR 71901 (501) 321-6789

Juvenile Detention Center

(501) 622-3643

Thomas Smith Law Firm

We are a Hot Springs based legal practice that offers special needs legal services throughout the State of Arkansas.

Legal services in estate planning for those with a special needs loved one include but are not limited to special needs trusts, ABLE Accounts and coordination with family financial planners. At Thomas Smith Law Firm special needs planning is near to our heart. We are committed to providing the best life-time possible for families of special needs children and adults. http://arspecialneedsplanners.com/

508 Ouachita Avenue Suite D Hot Springs, AR 71901 Thomas Smith, ESQ (501) 249-2600; thomas@smithlawfirmar.com

U.S. Secret Service

(501) 324-6241 Little Rock (202) 406-5708 Washington

18th E. Judicial District/Victim Assistance Unit

501 Ouachita Ave. Hot Springs, AR 71901 (501) 622-3725 or (501) 622-3724

Garland County

Local Government

City of Hot Springs

Animal Services (501) 262-2091
 Fire Department (501) 321-6971

Municipal Services (501) 321-6880 (Water, Sewer, Sanitation)

Police Department (501) 321-6789

Garland County Sheriff's Office

Receptionist: (501) 622-3660 . Bookkeeping: (501) 622-3664 Fines and Fees: (501) 622-3681 (501) 622-3676 Records: Civil: (501) 622-3670 Dispatch: (501) 622-3666 Jail Receptionist: (501) 651-7801 Juvenile Court: (501) 622-3770 Juvenile Detention: (501) 622-3643

Criminal Investigations: (501) 622-3690
 Detention Programs Coordinator: (501) 651-7844
 Detention Ministry Services: (501) 651-7849

Fire Departments

Buckville Volunteer Fire Dept: (501) 984-5108
 Crow's Fire Station: (501) 794-1720
 Fountain Lake Fire Department: (501) 624-3465
 Lake Hamilton Fire Department: (501)525-4361
 Londale Fire Department: (501) 939-1911
 Mountain Pine Fire Department: (501) 767-4941
 Piney Fire Department: (501) 767-6836
 70W Fire Department: (501) 767-8540

Other Law Enforcement

Diamondhead Police Department: (501) 262-1631

Drug Task Force: (501) 321-9394
Highway Patrol: (501) 569-2421
Marine Patrol: (501) 815-4937

Mountain Pine Police Dept: (501) 767-4841State Police (Troop K): (501) 767-8550

Hot Springs Village

- HSV Police Deptartment (501) 922-0011
- HSV Fire Departments:

Balboa Fire Station (501) 922-5090 Coronado Fire Station (501) 922-4081 Cortez Fire Station (501) 922-2210 DeSoto Fire Station (501) 922-4078

Other Frequently Called Numbers

Animal Welfare (County): (501) 623-5012 (501) 622-3730 Assessor: Attorney General: (501) 682-2007 Child Abuse Hotline: (800) 482-5964 Child Support Enforcement: (501) 321-1561 Circuit Clerk: (501) 622-3630 Coroner: (501) 622-3638 County Judge / Rick Davis: (501) 622-3600 County Clerk: (501) 622-3610 Dept. of Emergency Management: (501) 767-3911 (501) 321-2583

DHS (Dept of Human Svcs): (501)
District Court: (501) 321-6765
Domestic Violence: (501) 321-1974
Election Commission: (501) 622-3622
Game and Fish: (800) 482-9262

Juvenile Court: (501) 622-3770
Probation / Parole: (501) 624-3347
Prosecuting Attorney: (501) 622-3720

Public Defender: (501) 624-6122
Revenue Office: (501) 624-4472
Tax Collector: (501) 622-3721
Treasurer: (501) 622-3650

• Victim Assistance: (501) 622-3724

Garland County

Mental Health

Arkansas Children Hospital (ACH)

Children are at the center of everything we do. Arkansas Children's is the only hospital system in the state solely dedicated to caring for children, which allows our organization to uniquely shape the landscape of pediatric care in Arkansas. ACH is a pediatric hospital with a Level 1 Trauma Center, that's located in Little Rock, AR. It is among the largest pediatric hospitals in the United States and serves children from birth to age 21. ACH is affiliated with the University of Arkansas for Medical Sciences and is a teaching hospital with the UAMS college of Medicine's Department of Pediatrics. Open 24/7.

1 Children's Way Little Rock, AR 72202 (501) 364-1100

Burn Survivor Adult Retreat

The retreat is an event for adult to meet others who are surviving and living in a world of adjustment and awareness of their scars. Commences on Friday and ends Sunday morning. Contact Gretta Wilkinson, RN; wilkinsonge@archildrens.org

Dayspring Behavioral Health Services

Works to build lives through a range of services for the good of the many individuals, families and communities we serve today and tomorrow.

1820 Central Avenue Suite D Hot Springs, AR 71901 (501) 609-0400

106 Ridgway Street Suite G Hot Springs, AR 71901 (501) 208-5911 www.dayspringbhs.com/

Healthy Connections

Provides medical, dental and social services to residents of all ages regardless of ability to pay. Offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify and low cost or no cost preventative care. Will assist clients in signing up for healthcare insurance. Services offered for all ages: Pediatric Services, Adult Medicine, Discount Medication, Preventative Health Screenings, Full Service Lab, X-Rays and Behavioral Health Services.

102 Chippewa Court Hot Springs, AR 71901 (501) 620-4600

3604 Central Avenue Suite D Hot Springs, AR 71913 Other Specialties: (501) 463-4074

Pediatrics: (501) 463-4233

Levi Hospital

Mental Health Counseling 8:00am-4:30pm. Adult Psychiatric Services 24/7. Rehabilitation and Fitness.

www.levihospital.com

300 Prospect Avenue
Hot Springs, AR 71901
(501) 624-1281
Physical Therapy (501) 622-3334
Jackie Arrison (501) 622-3498, jarr(501)ison@levihospital.com

Methodist Counseling Clinic

Comprehensive assessment and treatment services for behavioral, emotional, learning and adjustment difficulties are offered. Monday-Friday 8:00am-5:00pm.

100 Ridgeway Street Suite 5
Hot Springs, AR 71901
(501) 318-6066
Little Rock: (501) 661-0720
(501) 803-3388 (Hospital and after hours inquiries)
www.methodistfamily.org/services/outpatient-treatment-programs/counseling-clinics/

Ouachita Behavioral Health & Wellness (formerly Community Counseling Service)

Services include individual and group counseling, marriage and family counseling, psychological, personality and intellectual evaluations, psychiatric treatment and medication management for children and adults. Clark, Garland, Hot Spring, Montgomery and Pike Counties. Monday-Friday 8:00am-5:00pm and Saturday 9:00am-12:00pm.

125 Wellness Way Hot Springs, AR 71913 (501) 624-7111 or (800) 264-2410 www.OBHAW.org

P.A.T.H. (Project for Assistance in Transition from Homelessness)

Program is provided to support individuals with serious mental illnesses, as well as individuals with co-occurring substance use disorders, who are homeless or at risk of becoming homeless. Housing, diagnostic screening and therapeutic treatment for serious mental illness, case management services, job training, educational opportunities, referral for substance abuse, primary healthcare. Walk-in clinic: Monday-Friday 8:30am-3:30pm.

125 Wellness Way Hot Springs, AR 71913 (501) 624-7111 (ask to speak with a member of the PATH team)

Pinnacle Pointe Behavioral Healthcare System

Provides a full continuum of behavioral healthcare services. We specialize in mental health treatment for children and adolescents.

11501 Financial Centre Parkway Little Rock, AR 72211 (800) 880-3322 or (501) 223-3322 pinnaclepointehospital.com/

Rivendell Behavioral Health Services of Arkansas

Offers award winning inpatient psychiatric and behavioral health treatment services for adults, adolescents and children.

100 Rivendell Drive Benton, AR 72019 (800) 264-5640 www.rivendellofarkansas.com/

Therapeutic Family Services

Caring for all ages. 24-hour nursing care. Medication management, physician care, Nero-psychological testing, discharge and aftercare planning.

600 Main Street Suite V Hot Springs, AR 71913 (501) 321-8200 or (870) 625-7766

21 Bridgeway Road North Little Rock, AR 72113 (800) 245-0011 24/7

The Caring Place

Provides respite for caregivers and families of people with dementia through a supervised program for participants in a safe and comfortable environment.

101 Quapaw Avenue Hot Springs, AR 71901 (501) 623-2881 www.thecaringplacehotsprings.com

The Point Behavioral Outpatient

1249 Lakeside Road Hot Springs, AR 71901 (501) 262-2766

UAMS Psychiatric Research Institute

Walker Family Clinic (501) 526-8200 Monday-Friday 8:00am-4:30pm.

<u>Child Study Center</u> located at Arkansas Children's Hospital (501) 364-5150 Monday-Friday 8:00am-4:30pm.

psychiatry.uams.edu/

Garland County

Parenting & Pregnancy

CADC (Central Arkansas Development Council)

Our role is to develop and deliver the programs and services that can meet the needs of hard-working low income families and rural communities. (501) 623-2875 or (501) 778-1133. www.cadc.com

Change Point Pregnancy Care and Parenting Resource Center

Change Point Pregnancy Care and Parenting Resource Center of Hot Springs has been helping families and single parents for over 30 years. We have a caring, loving staff, here to help you with free pregnancy testing, ultrasounds, educational materials on fetal development, and referrals to health care facilities. We offer educational parenting classes and programs, fatherhood program and classes, supervised parental court ordered visitation, and Biblically-Faith based classes to help a parent accomplish positive, loving, and solution solving parenting skills. changepointcenter.com/

201 Nickels Street
Hot Springs, AR 71901
Terri Sanders (501) 624-2773; tsanders.changepoint@yahoo.com)

Child Support Enforcement Hot Springs (serves Garland and Clark counties)

2228 Albert Pike Suite H Hot Springs, AR 71913 (501) 321-1561 support.hotsprings@ocse.arkansas.gov

COMPACT - Highland Maternity Home

Dedicated to bringing hope and healing to young women facing an unplanned pregnancy and who have questions about their future.

agfamilyservices.org/ministries/highlands-maternity-home

2325 Malvern Avenue Hot Springs, AR 71901 (501) 262-1660

Hot Springs School District Family Out Reach Center

Connecting to community services for education, medical, mental health care, recovery and other services such as clothing and food assistance are also primary goals of the center. The center provides assistance access for employment and job skills, classes in budgeting, parenting, credit counseling and healthy living and wellness and other life skills.

Services are for Hot Springs School District families only. Call for appointment. Monday-Friday 8:00am-4:00pm.

317 Palmetto Street Hot Springs, AR 71901 Becky Rosburg (501) 624-3372

Healthy Connections

Provides medical, dental and social services to residents of all ages regardless of ability to pay. Offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify and low cost or no cost preventative care. Will assist clients in signing up for healthcare insurance. Services offered for all ages: Pediatric Services, Adult Medicine, Discount Medication, Preventative Health Screenings, Full Service Lab, X-rays and Behavioral Health Services.

www.healthy-connections.org/

102 Chippewa Court Hot Springs, AR 71903 (501) 620-4600

Malvern School Based Health Center 1517 South Main Street Malvern, AR 720014 501-332-7525

OCC (Ouachita Children's Center)

Breaking the cycles of a social and negative behavior as well as those of abuse and neglect for Arkansas youth, one child at a time. A non-profit child advocacy organization providing emergency shelter and quality services for youth and families and empowering them to achieve lifelong success. www.occnet.org/

339 Charter Oak Street Hot Springs, AR 71901 (501) 623-5591 Ouachita Behavioral Health & Wellness (formerly Community Counseling Service)
Services include: Individual and Group Counseling, Marriage and Family Counseling,
Psychological, Personality and Intellectual Evaluations, Psychiatric Treatment and
Medication Management for children and adults. Serves: Clark, Garland, Hot Spring,
Montgomery and Pike Counties. Monday-Friday 8:00am-5:00pm. www.OBHAW.org

125 Wellness Way Hot Springs AR 71913 (501) 624-7111 or (800) 264-2410

Parent Support Mentor: MidSOUTH-School of Social Work

Reduce STRESS and raise a happy baby. Get the latest parenting information in private sessions with a parent mentor.

1425 Malvern Avenue Hot Springs, AR 71913 (501) 624-3394 or (501) 747-0368 Mathesisa Erby; mserby@midsouth.ualr.edu

Project Hope-Teen Pregnancy Prevention

Changing attitudes to change lives (501) 655-3130. Contact: Kay Eakie; projecthopetppp@gmail.com

Smart Moves Smart Choices

Online education, support and resources sponsored by the National Association of School Nurses which raises awareness about the epidemic of abuse of prescription drug abuse by teens. Videos and other resources for teens, parents and educators are available. http://www.smartmovessmartchoices.org/teens

Teen Dating Abuse Hotline

The National Dating Abuse Helpline is the direct service provider behind <u>loveisrespect.org(link is external)</u>, operating the 24/7 text, phone and live chat services. The texting function of the Helpline allows for users to text the Helpline advocates 24/7. (866) 331-9474

Re-Entry

Arkansas Workforce Development Services/Employment Security Department

An array of career training and placement services and Temporary Assistance to Needy Families.

Monday-Friday 8:00am-4:30pm. http://dws.arkansas.gov/

2254 Albert Pike Hot Springs, AR 71913 (501) 525-3450

Harbor House, Inc./Harbor Recovery Systems

Assistance with re-entry with a Recovery Coach. The recovery coaching is personal and helps rebuild a life worth living.

A recovery life coach helps identify the skills needed to enrich life and assist in the development of a Personal Recovery Action Plan (PRAP). Family and Relationship recovery coaching is available for families tackling the difficulties that come with reentry. A recovery coach does not replace a client's therapist, sponsor or case manager. Call today for a free consultation with a recovery life coach (Allen Coker, Recovery Coach;

acoker@recoveryhhi.org).

recoverycoachsystems.org

835 Central Avenue Suite 114 Hot Springs, AR 71901 (501)625-2383

P.A.T.H. (Project for Assistance in Transition from Homelessness)

Program is provided to support individuals with serious mental illnesses, as well as individuals with co-occurring substance use disorders who are homeless or at risk of becoming homeless. Housing, Diagnostic Screening and Therapeutic Treatment for serious mental illness, Case Management Services, Job Training, Educational Opportunities, Referral for Substance Abuse and Primary Healthcare. Walk-in clinic: Monday-Friday 8:30am-3:30am.

125 Wellness Way Hot Springs, AR 71913 (501) 624-7111 (ask to speak with a member of the PATH team)

Stoneworks Agency

Veterans Reconnect Project and Community Re-entry, Life Redirection Programs for ex-offenders. Available at the Garland County Library on Thursdays 10:30am-12:30pm, please come by if you need assistance. (501) 620-9381

Facebook www.facebook.com/StoneWorks-Agency-277608995651514/timeline

Garland County

Seniors

AARP Foundation Senior Employment

The Senior Community Service Employment Program (SCSEP) is the nation's oldest program to help low-income, unemployed individuals aged 55+ find work. AARP Foundation first matches eligible older job seekers with local nonprofits and public agencies so they can increase skills and build self-confidence, while earning a modest income. Based on their employment interests and goals, participants may also receive supportive services and skills training through an educational institution. Their SCSEP experience most often leads to permanent employment.

2228 Albert Pike Suite C, Hot Springs AR 71913 (501) 767-2211

Alzheimer's Arkansas

Counseling and support, education, elder abuse programs and services for all Alzheimer's or related dementia patients their caregivers, families and friends. Monday-Friday 8:30am-4:30pm. (800) 689-6090

24/7 Caregiver line: 501-913-1878 www.alzark.org

201 Markham Center Drive Little Rock, AR 72205 Elise Stuart (501) 224-0021; elise.stuart@alzark.org

Area Agency on Aging (AAA) Meals on Wheels

The agency's services are 14 senior activity centers across the 10-county West Central Arkansas region, offering Meals on Wheels, group meals, socialization, recreational and educational activities, wellness programs and activities and other services to seniors. AAA is the main source of funding for the Senior Centers. Monday-Friday 8:30a-4:30pm.

<u>www.seniorspecialists.org</u> Contact: Billie Holsomback bholsomback@seniorspecialists.org

905 West Grand Avenue Hot Springs, AR 71913 (501) 321-2811 or (800) 467-2170

Arkansas Hospice

We provide comprehensive care designed with the patient's comfort and individual needs in mind. The physical, emotional and spiritual support provided is determined by the patient's wishes and the family's unique needs. Arkansas Hospice was one of the first providers of hospice care services in the state, and is now the largest in Arkansas. We are proud to be a leader in providing comfort care to patients and their families across our 43-county service area. 24/7 arkansashospice.org

508 Ouachita Avenue Hot Springs, AR 71901 (501) 318-9992 or (877) 713-2348

Arkansas Long-Term Care Ombudsman Program

The mission of the **Arkansas Long-Term Care Ombudsman Program** is to assure that long-term care facility residents have the right to live their lives harmoniously and with dignity, feeling free to voice complaints or concerns without reprisal. Call Ombudsman when you have questions about: finances, long-term care Medicaid eligibility, use of restraints, food quality guardianship/power of attorney, transfers or discharges, social activities, residents rights concern and care plans. (800) 467-2170 or (501) 321-2811.

Assisted Living Facilities Home Care

• Brookfield at Oaktree www.brookfieldseniors.com

205 Sawtooth Oak Hot Springs, AR 71913 (501) 520-0016

Canyon Springs Health & Rehabilitation Center https://www.caring.com/

1401 Park Avenue Hot Springs, AR 71901 (501) 623-3781

• Fair Weather Manor https://www.fmlarp.com/

320 Whittington Avenue Hot Springs, AR 71901 (501) 623-5260 or (877) 523-6523

Garland Nursing And Rehabilitation
 Center https://humanservices.arkansas.gov/

610 Carpenter Dam Road Hot Springs, AR 71901 (501) 262-257

Garret Woods Assisted Living https://garrettwoodsal.com/

142 Brighton Terrace Hot Springs, AR 71913 (501) 525-1725

- Greenwood Manor at Good Samaritan Society <u>www.good-sam.com</u>
 - 121 Cortez Road Hot Springs Village, AR 71909 (501) 922-2000
- Hearts And Home https://humanservices.arkansas.gov/
 - 154 Hamilton Dairy Road Hot Springs, AR 71901 (501) 282-7997
- Heritage of Hot Springs Health & Rehab https://www.caring.com/
 - 552 Golf Links Road Hot Springs, AR 71901 (501) 624-7149
- Lake Hamilton Health & Rehab https://www.lakehamiltonhr.com/
 - 120 Pittman Road Hot Springs, AR 71913 (501) 767-7530
- Lakeside Residential Care https://humanservices.arkansas.gov/
- 136 Stanage Terrace Hot Springs, AR 71901 (501) 262-4774
- Lakewood Residential Care <u>admissions@lakewoodhotsprings.com</u>
 - 264 Lakepark Drive Hot Springs, AR 71913 (501) 262-1559 or (877) 359-5902
- Mt. Carmel Community at the
 William https://www.mtsarmelcomm

Village https://www.mtcarmelcommunity.com/

- 540 Ponce De Leon Hot Springs Village, AR 71909 (501) 922-0166
- Park Place Group https://humanservices.arkansas.gov/
 - 109 Kimery Hot Springs, AR 71913 (501) 620-4351
- Quapaw Care and Rehab Center https://www.quapawcr.com/
 - 138 Brighton Terrace Hot Springs, AR 71901 (501) 525-7140
- Senior Comfort Assisted

Living https://www.seniorscomfortassistedliving.com/

100 Saint Nicholas Court Hot Springs, AR 71901 (480) 414-5525 or (855) 217-0248

Village Springs Health & Rehabilitation https://village-springs-health-and-rehab.business.site/

1208 North Highway 7 Hot Springs, AR 71909 (501) 624-5238

- The Atrium @ Serenity Pointe https://www.milestoneretirement.com/
- 2803 Albert Pike Road Hot Springs, AR 71913 (501) 566-1521 or (877) 311-7026
 - The Clear Springs (formly Crown Trace Villa) https://www.caring.com/

101 2nd Street Hot Springs, AR 71901 (501) 623-6308

• **The Pines** https://humanservices.arkansas.gov/

524 Carpenter Dam Road Hot Springs, AR 71901 (501) 262-4124

West Shores Retirement Community https://www.capitalsenior.com/

2607 Albert Pike Road Hot Springs, AR 71913 (501) 767-1200

CADC (Central Arkansas Development Council)

Our role is to develop and deliver the programs and services that can meet the needs of hard-working, low income families and rural communities. www.cadc.com

525 Airport Road Hot Springs, AR 71913 (501) 623-2875 (Transportation)

Central Arkansas Veterans Healthcare System (VA)

Honor America's Veterans by providing exceptional health care that improves their health and well-being. Voluntary Services Team promotes activities and recruits and places Volunteers to improve Veteran, Veteran's, Families and Staff experiences with friendly customer focused Guest Relations, Telephone Communication and Voluntary Service support.

Monday-Friday 8:00am-4:30pm. https://www.littlerock.vagov/

177 Sawtooth Oak Street Hot Springs, AR 71913 (501) 520-6250

Center for Arkansas Legal Services

Provides free legal services to low-income individuals residing in the state of Arkansas in civil (non-criminal) cases. CALS is headquartered in Little Rock and serves 44 counties of the 75 counties in Arkansas. (800) 9 LAW AID (800-952-9243). www.arlegalservices.org/center

1300 West 6th Street Little Rock, AR 72205 (501) 376-3423 1820 Central Avenue Suite H Hot Springs, AR 71901 (501) 624-2591

Central Arkansas Veterans Healthcare System (CAVHS)

The Central Arkansas Veterans Healthcare System (CAVHS), a flagship Department of Veterans Affairs (VA) healthcare provider, is one of the largest and busiest VA medical centers in the country. Its two hospitals, located in Little Rock and North Little Rock, anchor a broad spectrum of inpatient and outpatient healthcare services, ranging from disease prevention through primary care, to complex surgical procedures, to extended rehabilitative care. This System serves as a teaching facility for more than 1,500 students and residents enrolled in more than 65 educational programs; its principal affiliate is the University of Arkansas for Medical Sciences. https://www.littlerock.va.gov/

177 Sawtooth Oak Street Hot Springs, AR 71913 (501) 520-6250

FamilyWize Prescription Discount Cards

Prescription assistance and discount for those without other prescription insurance. Up to 39% discount on all FDA approved drugs, good at all area pharmacies. Cards available from United Way of Garland County. unitedwayouachitas.org

233 Hobson Avenue Hot Springs AR 71913 Katie Gibson (501) 623-2525

Healthy Connections

Provides medical, dental and social services to residents of all ages regardless of ability to pay. Offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify and low cost or no cost preventive care. Will assist clients in signing up for healthcare insurance. Services offered for all ages: Pediatric Services, Adult Medicine, Discount Medication, Preventative Health Screenings, Full Service Lab, X-rays and Behavioral Health Services.

www.healthy-connections.org/

102 Chippewa Court Hot Springs, AR 71901 (501) 620-4600 3604 Central Avenue Suite D Hot Springs, AR 71913 (501) 436-4074

Lakewood Convalescent Home

Skilled nurses, therapists and licensed care professionals are available to guide you through your personalized therapy. Whether you're recovering after a hospital visit or in need of on-going medical support, Lakewood Convalescent Home will help you achieve your personal goals.

1174 Carpenter Dam Road Hot Springs, AR 71901 (501) 262-5237 or (888) 514-6461

Nursing Homes

- Belvedere Nursing and Rehabilitation Center https://belvederenr.com/
 - 2600 Park Avenue Hot Springs AR 71901 (501) 321-4276 or (800) 583-1639
- Brookfield at Oaktree www.brookfieldseniors.com

205 Sawtooth Oak Street Hot Springs, AR 71901 (501) 520-0016

Garland Nursing and Rehabilitation
 Center https://humanservices.arkansas.gov/

610 Carpenter Dam Road Hot Springs, AR 71901 (501) 262-2571 or (877) 340-4736

Garrett Manor Retirement Community https://garrettwoodsal.com/

142 Brighton Terrace Hot Springs AR 71913 (501) 525-1725

 Good Samaritan Society Post Acute Rehabilitation and Skilled Nursing www.good-sam.com

121 Cortez Road Hot Springs Village, AR 71909 (501) 922-2000

• Heritage of Hot Springs https://www.caring.com/

552 Golf Links Road Hot Springs, AR 71901 (501) 624-7149

• Lake Hamilton Health and Rehab https://www.lakehamiltonhr.com/

120 Pittman Street Hot Springs, AR 71913 (501) 767-7530 or (888) 803-4176

• Lakewood Convalescent Home admissions@lakewoodhotsprings.com

1174 Carpenter Dam Road Hot Springs, AR 71901 (501) 262-5237 or (888) 514-6461

Lakewood Residential Care https://www.lakehamiltonhr.com/

260 Lake Park Drive Hot Springs, AR 71913 (501) 262-1559 admissions@lakewoodhotsprings.com

Superior Senior Care

715 West Grand Avenue Hot Springs, AR 71901 (501) 623-7767 www.superiorseniorcare.com/

The Caring Place

101 Quapaw Hot Springs, AR 71901 (501) 623-2881 www.thecaringplaceofhotsprings.com

• The Pines Nursing and Rehab https://humanservices.arkansas.gov/

524 Carpenter Dam Road Hot Springs, AR 71901 (501) 262-4124

West Shores https://www.capitalsenior.com/

2607 Albert Pike Road Hot Springs, AR 71913 (501) 767-1200

Oaklawn Center On Aging

Medicare Assistance, TaiChi, Zumba Gold and Exercise Classes, Chronic Disease Self-Management, Diabetes Management, Caregiver Education, Support Groups, Falls Prevention Education, Immunization and Heart Disease Education, Paraprofessional In-Services and Healthy Cooking Classes.

101 McGowan Court Hot Springs AR 71913 (501) 623-0020 or (501) 623-0021

The Bridgeway

Caring for all ages. 24-hour nursing care. Medication Management, Physician Care, Neuro-Psychological Testing, Discharge and After Care Planning. (800) 245-0011 24/7

Threshold Singers of Hot Springs

Threshold Singers of Hot Springs is a group dedicated to bringing comfort, ease, and companionship to people at the thresholds of living and dying. The group brings a calm and focused presence at the bedside, with gentle voices, simple songs, and sincere kindness. We visit in small groups of two to four singers and sing in 2-3 parts acapella. We abide by HIPAA and hospice regulations. There is no fee for visits. To inquire about a visit call: 501-701-7605 or email ThresholdHSNP@gmail.com. If you are interested in joining the group contact Kathie White at 501-520-7272. The singers rehearse on Mondays at 2:00 pm. at Grand Avenue United Methodist Church at 841 Quapaw. There is no audition but singers need to be able to read simple music and to hold a separate part acapella. (In Garland County Only)

Toll Free

see also "hotlines"

Arkansas Adult Protective Services Hotline

Aging is a natural process, abuse is not. Elder Abuse remains a poorly understood problem in our state.

(800) 482-8049

Arkansas Coalition Against Domestic Violence

Provides training, support, public information education and advocacy for victims of personal and institutional violence

(800) 269-4668. **24/7 Hotline 800-799-7233.**

Monday-Friday 8:00am-4:00pm. http://www.domesticpeace.com/

Arkansas Poison Control and Drug Information Center

The Arkansas Poison & Drug Information Center is your 24/7 antidote for any poisoning concern you may have. Simply call (800) 222-1222 and speak with a pharmacist or RN about your concern.

Center for Missing and Exploited Children

The Center provides information to help locate children reported missing (by parental abduction, child abduction, or running away from home) and to assist physically and sexually abused children. In this resource capacity, the NCMEC distributes photographs of missing children and accepts tips and information from the public. It also coordinates these activities with numerous state and federal law enforcement agencies

(800) 834-5678 (800-THE-LOST) 24/7. http://www.missingkids.org/home

Child Abuse Hotline

The Childhelp National Child Abuse Hotline 1-800-4-A-CHILD (1-800-422-4453) dedicated to the prevention of child abuse. Serving the United States, its territories, and Canada, the hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who, through interpreters, can provide assistance in over 200 languages. **All calls are confidential**. (800) 482-5964 Arkansas or (800) 4-A-CHILD (1-800-422-4453) National Child Abuse Hotline

Crime Victims Reparations Board

Compensation and assistance to victims of violent crime (including DUI) and their families (800) 482-8982 or (501) 682-1020.

https://www.arlegalservices.org/files/FSCrimeReparations.pdf

Medicare telephone Hotline

You are now able to submit feedback about your Medicare health plan or prescription drug plan directly to Medicare. The Centers for Medicare & Medicaid Services values your feedback and will use it to continue to improve the quality of the Medicare program. If you have any other feedback or concerns, or if this is an urgent matter, please call 1-800-MEDICARE (1-800-633-4227). TTY/TTD users can call 1-877-486-2048.

Medicare/File a Complaint

You can file a complaint if you have concerns about the quality of care or other services you get from a Medicare provider.

(800) 633-4227.

www.medicare.gov/claims-and-appeals/file-a-claim/file-a-claim.html

Nationwide Runaway Hotline

The National Runaway Safeline is the national communications system designated by the United States federal government for runaway and homeless youth, their parents and families, teens in crisis, and others who might benefit from its services. It is confidential, anonymous, non-judgmental, non-directive, and free.

(800) RUNAWAY(800-786-2929) 24/7 Text 66008. www.1800runaway.org/

Suicide Prevention Hotline

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

(800) 273-8255 (800-273-TALK)

Suicide Prevention Hotline The Recovery Village

Symptoms of depression can pop up at the most inconvenient times. When your friends are asleep, your therapist is out of the office or your significant other is at work, it can be hard to know where to turn. Even if you have never considered it, a depression hotline could be a useful resource. Available 24 hours a day, seven days per week, depression helplines are a useful tool for your coping skill toolbox. (855) 498-5516.

https://www.therecoveryvillage.com/drug-addiction/drugs-and-suicide/https://www.therecoveryvillage.com/co-occurring-disorders/

Transportation

CADC Medical Transportation

Through SCAT, public and Medicaid transportation, is available at a reduced rate to any person, regardless of income.

Monday-Friday 8:am-5:00pm. www.cadc.com

Memorial Field Airport 525 Airport Road Hot Springs, AR 71913 (501) 623-2878 or (501) 623-2875

Community Service Organization (CSO)

Garland County - Medical and social services including social security office. Little Rock - One trip is made per week to medical facilities in Little Rock.

600 West Grand Hot Springs, AR 71901 (501) 624-5724

Hot Springs Intercity Transit/SCAT (Medical)

100 Broadway Terrance Hot Springs, AR 71901 (501) 321-2020 or (501) 321-6625 for Para-Transit

Our Promise Cancer Patient Resources

Transportation for people receiving cancer treatments. http://www.ourpromise.info/

Road to Recovery Cancer Treatment Transportation

Patients must be traveling to an appointment required to begin or complete cancer treatment, or to an appointment for complementary therapy during cancer treatment. (877) 227-2345

Utilities & Financial Assistance

Community Services Organization (CSO/LiHEAP Program)

Low-income Home & Energy Assistance Program (LiHEAP) - Seasonal program that assists the elderly, low-income and handicapped persons in paying for gas or electrical costs.

Emergency Services - Aids low-income households with prescriptions, emergency shelter, rent and other basic needs on a case by case basis.

600 West Grand Hot Springs, AR 71901 (501) 624-5724

Salvation Army (Entergy's Power to Care Program)

Administered by Salvation Army and account holder must be 65 years or older or disabled. Can receive assistance every six months. www.salvationarmyaok.org/hotsprings/

115 Crescent Street Hot Springs, AR 71913 (501) 623-1628

Salvation Army (Emergency Food and Shelter Program)

The Utilities category is intended to allow agencies to pay a one month billed amount of a metered (electric, gas, water) or non-metered (propane, firewood, coal) utility bill for qualifying clients. Each household may receive this assistance only **once** per spending period. www.salvationarmyaok.org/hotsprings/

The Rent/Mortgage category is intended to allow agencies to pay up to a one-month amount of rent or mortgage for qualifying clients. Each household may receive this assistance only **one time** per spending period. www.salvationarmyaok.org/hotsprings/

115 Crescent StreetHot Springs, AR 71913(501) 623-1628

Veterans Services

Area Agency on Aging

Seniors, veterans or disabled under 60, elder care and home health care in Clark, Conway, Garland, Hot Spring, Johnson, Montgomery, Pike, Perry, Pope and Yell Counties. Monday-Friday 8:00am-4:30pm.

905 West Grand Hot Springs AR 71913 (501) 321-2811 or (800) 467-2170 Billie Holsomback <u>bholsomback@seniorspecialists.org</u> www.seniorspecialists.org

Arkansas Department of Veteran Affairs

(501) 683-2382

www.veterans.arkansas.gov

Arkansas Department of Veteran Affairs District 1 Veteran Service Office

Serves Arkansas Veterans and their eligible dependents, through advocacy and education to access state and federal benefits, high-quality long-term nursing care and burial honors. Serving Faulkner, Garland, Grant, Hot Spring, Pulaski, Saline and White counties.

220 Fort Roots Drive Building 65 Room 119 Little Rock, AR 72205 (501) 370-3820

Arkansas Freedom Fund

The Arkansas Freedom Fund exists to serve and support rehabilitative recreational outdoor activities that benefit our military, veterans, wounded/disabled veterans and their families.

6017 Springwood Circle Bryant, AR 72022 (501) 517-5338 www.arkansasfreedomfund.org

Arkansas Hospice

Hospice care actually enables patients to live their last days to the fullest with purpose, dignity, grace and support. It is about bringing the best in physical, emotional and spiritual care to those who are facing the challenges of a life-limiting illness and their families. At Arkansas Hospice that is our mission. Plus, as a not-for-profit organization, we believe that fear of costs should never prevent a person from having access to hospice care, and our patients are cared for regardless of ability to pay. (501) 748-3333 or (877) 713-2348

www.arkansashospice.org

Camp Alliance

Camp Alliance was established in 2010 with the purpose to serve the United States Guard/Reserve Armed Forces to compliment the Department of Defense Military Unit and family mission readiness programs. Camp Alliance is a leader in military unit and family support services as well as a role model for building strong support communities.

(479) 936-2160 www.campalliance.org

DD-214s

To obtain a DD-214:

National Personnel Records Center (314) 801-0800 Arkansas National Guard DD-214s (501) 212-4171 Active duty/Arkansas DD-214s (501) 370-3820 www.archives.gov/veterans/military-service-records

Darby's Warrior Support

Provides combat veterans of the 9/11 Generation free, all-inclusive Arkansas duck hunting in luxury accommodations, while also providing educational scholarship assistance for the severely wounded and permanently disabled veteran seeking a college degree. (501) 724-0109 www.darbyswarriorsupport.org

Garland County Veteran Service Officer

501 Ouachita Street Room 401 Hot Springs, AR 71901 Stanley Bee, Officer in charge (501) 622-3995

Homeless Veteran Resources

Homeless Veteran Hotline 877-424-3838

If you are a Veteran who has lost your home, VA can help you get back on your feet. Contact VA's National Call Center for Homeless Veterans at 1-877-4AID-VET (1-877-424-3838) to speak to a trained VA responder. The hotline and online chat are free and neither a registration nor enrollment in VA healthcare is required to use either service.

www.littlerock.va.gov/services/homeless/index.asp

HUD/VASH

Collaborative program between HUD and VA combines HUD housing vouchers with VA supportive services to help Veterans who are homeless and their families to find and sustain permanent housing. 877-4AID-VET (877-424-3838) 24/7 www.va.gov/homeless/hud-vash.asp

Jobs for Veterans

2254 Albert Pike Road #A Hot Springs, AR 71913

Hot Springs Representative: Stephen Ezelle (501) 525-3450

www.veterans.arkansas.gov/jobs

www.fedshirevets.gov.AgencyDirectory/index.aspx

National Park College Veterans Assistance

Assists veterans in applying for and receiving veteran educational benefits as well as available resources outside of the college.

Nathan Looper, Veteran Education Coordinator. (501) 760-4151

P.A.T.H. (Project for Assistance in Transition from Homelessness)

Program is provided to support individuals with serious mental illnesses as well as individuals with co-occurring substance use disorders, who are homeless or at risk of becoming homeless. Housing, diagnostic screening and therapeutic treatment for serious mental illness, case management services, job training, educational opportunities, referral for substance abuse, primary healthcare.

Walk-in clinic: Monday-Friday 8:30am-3:30pm.

125 Wellness Way Hot Springs, AR 71913 (501) 624-7111 (ask to speak with a member of the PATH team)

Stoneworks Agency

Veterans Reconnect Project & Community Re-entry, Life Redirection Programs for ex-offenders. Available at the Garland County Library on Thursdays 10:30am-12:30pm, please come by if you need assistance. (501) 620-9381

www.facebook.com/StoneWorks-Agency-277608995651514/timeline

Veterans Administration Hospital Little Rock, AR

4300 West 7th Street Little Rock, AR 72205 (501) 257-1000 www.littlerock.va.gov/

Veterans Affairs Home Based Primary Care

177 Sawtooth Oak Street Hot Springs, AR 71901 (501) 520-6250

www.littlerock.va.gov/locations/HotSprings.asp

Veterans Crisis Line

800-273-8255 press 1 confidential chat <u>veteranscrisisline.net</u> text 838255

Veterans Villages of America

Our Mission is to combine many of the distinctly diverse programs and policies servicing our veterans into a unifying effort which will improve the economic well-being and quality of life for our veterans. (501) 663-5003

www.veteransvillagesofamerica.org

Veteran Organization Headquarters

Veterans of Foreign Wars	(501) 834-8392	www.arkansasvfw.org
Paralyzed Veterans of America	(501) 370-3757	www.pva.org
American Legion	(501) 375-1104	www.arlegion.org
Disabled American Veterans	(501) 257-1896	www.ardav.org
Military Order of Purple Heart	(479) 263-6772	www.purpleheart.org
American Legion Auxiliary	(501) 374-5836	www.auxiliary.arlegion.org
National Guard Association of AR	(501) 758-6422	www.ngaa.org

Women Veterans Call Center

Call or Text (855) 829-6636

Workforce Development Office

An array of career training and placement services. Monday-Friday 8:00am-4:30pm.

2254 Albert Pike Rd. Hot Springs, AR 71913 (501) 525-3450

http://dws.arkansas.gov/