Resource Directory

Clark County

Abuse

Addiction

Adoption

Children

Clothing

Counseling/Support

Dental

Disability

Education

Employment

Food

Health

Hotlines

Housing

Income Stability

Legal & Criminal

Mental Health

Parenting

Re-entry

Seniors

Toll Free

Transportation

Utilities

Veteran's Services

Clark County Abuse

Adult Protective Services (Adult Abuse Hotline (800) 482-8049)

- Investigations of abuse, neglect, self-neglect and exploitation of adults who are unable to understand they are in imminent risk of death or serious bodily injury.
- **Endangered Adults:** An adult eighteen (18) years of age or older who is found to be in a situation or condition which poses an imminent risk of death or serious bodily harm to that person. Who demonstrates the lack of capacity to comprehend the nature and consequences of remaining in that situation or condition.
- A resident eighteen (18) years of age or older of a licensed long-term care facility who is found to be in a situation or condition which poses an imminent risk of death or serious bodily harm to that person. Who demonstrates the lack of capacity to comprehend the nature and consequences of remaining in that situation or condition.
- **Impaired Adults:** A person eighteen (18) years or older who as a result of mental or physical impairment is unable to protect himself or herself from abuse, sexual abuse, neglect or exploitation and as a consequence is endangered.

www.aradultprotection.com/

Alzheimer's Arkansas

Counseling and support, education, elder abuse programs and services for all Alzheimer's or related dementia patients, their caregivers, families and friends. Matthew Elmore; matthew.elmore@alzark.org

Monday-Friday 8:30am-4:30pm. www.alzark.org

201 Markham Center Drive Little Rock, AR 72205 (501) 224-0021 Caregiver line: (800) 689-6090

American Academy of Facial Plastic and Reconstruction Surgery

FACE to FACE PROGRAM: A humanitarian and educational surgical exchange program conducted under the sponsorship of the Educational and Research Foundation for AAFPRS. In the United States and abroad, AAFPRS surgeons provide complimentary care to those who suffer from facial deformities caused by birth or trauma. The program offers individuals the opportunity to overcome the physical limitations placed on them by circumstances beyond their control: deformities at birth, domestic violence and war. AAFPRS surgeons use their expertise to perform plastic and reconstructive surgery of the face, head and neck. Referral service to physicians in Arkansas who provide volunteer plastic surgery for victims of domestic violence. (800) 842-4546. aafprs.org

Arkansas Coalition Against Domestic Violence

Provides training, support, public information education and advocacy for victims of personal and institutional violence.

(800) 269-4668. Monday-Friday 8:00am-4:00pm.

24/7 Hotline 800-799-SAFE (7233) http://www.domesticpeace.com/

Arkansas Long Term Care Ombudsman Program

The mission of the **Arkansas Long-Term Care Ombudsman Program** is to assure that long-term care facility residents have the right to live their lives harmoniously and with dignity, feeling free to voice complaints or concerns without reprisal. Call Ombudsman when you have questions about: finances, long-term care Medicaid eligibility, use of restraints, guardianship/power of attorney, food quality, transfers or discharges, social activities, residents rights concern and care plans. (800) 467-2170 or (501) 321-2811.

Child Abuse Hotline

The Childhelp National Child Abuse Hotline (800-422-4453) is dedicated to the prevention of child abuse. Serving the United States, its territories, and Canada, the hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who, through interpreters, can provide assistance in over 200 languages. All calls are confidential.

(800) 482-5964

Crime Victims Reparations Board

Provides a method of compensating and assisting victims and their dependents who have suffered personal injury or death as the result of a violent crime, including DWI. (501) 682-1020 or (800) 448-3014 https://www.arlegalservices.org/

Clark County CASA (Court Appointed Special Advocates)

Clark County CASA trains and supports volunteers who intervene in the juvenile court system to advocate for children in abuse and neglect cases. Advocates work alongside Department of Human Services and Division of Children and Family Services caseworkers and investigators to represent these children's best interests and provide relief to a critically overburdened child welfare system.

401 Clay Street Arkadelphia, AR 71923 (870) 230-1450

Division of Children and Family Services (DHS)

The Clark County Department of Family Services (DFS) is the local child welfare agency that works to protect children from abuse and neglect. We do this by partnering with our community to build safe, nurturing and stable families, support family preservation when possible, and provide permanent families for those children who cannot safely return home and to ensure the well-being of children in our care. humanservices.arkansas.gov

602 South 10th Street Arkadelphia, AR 71923 (870) 246-9886

Domestic Violence Support Group

At the National Domestic Violence Hotline, our highly trained expert advocates are available 24/7 to talk confidentially with anyone in the United States who is experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship. The Hotline provides lifesaving tools and immediate support to empower victims and survivors to find safety and live free of abuse. Resources and help can be found by calling 1-800-799-7233. Individuals who are Deaf or hard of hearing may use TTY 1-800-787-3224.

Human Trafficking Task Force

Human Trafficking is a form of modern slavery that occurs in every state. The NHTH works closely with service providers, law enforcement, and other professionals in Arkansas to serve victims and survivors of trafficking, respond to human trafficking cases, and share information and resources. Our Task Force seeks to educate and equip individuals and communities to strengthen local efforts in the fight to end Human Trafficking.

Call for help (888) 274-7472 www.facebook.com/httfgc/

National Teen Dating Abuse Hotline

The National Dating Abuse Helpline is the direct service provider behind loveisrespect.org(link is external), operating the 24/7 text, phone and live chat services. The texting function of the Helpline allows for users to text the Helpline advocates 24/7. (866) 331-9474 or (800) 331-9474 or (800) 799-7233.

Ouachita Behavioral Health & Wellness (formerly Community Counseling Service) Services include: Individual and Group Counseling, Marriage and Family Counseling, Psychological, Personality and Intellectual Evaluations, Psychiatric Treatment and Medication Management for children and adults. Monday, Wednesday, Thursday 8:30am-6:00pm, Friday 8:30am-3:30pm and Saturday 9:00am-2:00pm. www.OBHAW.org

125 Wellness Way Hot Springs, AR 71913 (501) 624-7111 or (800) 264-2410

Ouachita Children, Youth & Family Services - Children's Center

Breaking the cycles of a social and negative behavior, as well as those of abuse and neglect for Arkansas youth, one child at a time. A non-profit child advocacy organization providing emergency shelter and quality services for youth and families, empowering them to achieve lifelong success. Serving Clark and Garland

Counties. www.occnet.org/

339 Charter Oak Street Hot Springs, AR 71901 (501) 623-5591

Ouachita Children, Youth & Family Services - Family Center

Ouachita Family Center is a Non-Profit Advocacy Organization providing emergency shelter, quality advocacy outreach service, legal advocacy and support services to all victims and children of domestic abuse to live free from family violence.

Arkadelphia, AR 71923 401 Crittenten (870) 246-8000 HOTLINE: (501) 865-3939

Percy and Donna Malone Child Safety Center

We are a child-focused center that was established to provide support and services to children who have been sexually abused, physically abused or exposed to violence or neglect. We hope to eliminate child abuse through prevention and awareness and provide a place of healing. Serving Clark, Pike and parts of Hot Spring County.

442 Mount Zion Road Arkadelphia, AR 71923 Christa Neal (870) 403-6879; Christa.Neal@PDMCSC.org

Potter's Clay

Potter's Clay Ministries, Inc. was founded in 1984 as an outreach to women and children in crisis. We accept no state or federal funding to fund our facility. Therefore, we depend on support from churches, organizations and individuals. We provide food, clothing and shelter to our clients.

Monday-Friday 8:00am-4:00pm. http://pottersclayhotsprings.org/
110 Crescent Avenue Hot Springs, AR 71901 (501) 624-1366

Women's Crisis Center of South Arkansas

Women's Crisis Center of South Arkansas is a domestic violence service near Camden, AR providing help for people dealing with domestic abuse. Monday-Friday 8:00am-5:00pm. www.facebook.com

1112 West Washington Street Camden, AR 71701 (870) 836-0375 main office (870) 836-325 24/7

Victim Services/Domestic Violence

Domestic violence can happen to anyone, regardless of age, educational background, income level, religion, ethnicity, and sexual and gender identity. Domestic violence is abusive behavior used to gain power and control over an intimate partner. Abuse takes many forms; it can be physical, emotional, sexual, or financial. It is a learned behavior, and is not caused by anger, drugs or alcohol, or stress. Call our 24-hour domestic violence hotline (we accept collect calls) (360) 695-0521. Toll free (800) 695-0137 or local (870) 246-9869

Smart Moves Smart Choices

Online education, support and resources sponsored by the National Association of School Nurses to raise awareness of the epidemic of prescription drug abuse among our teens. Videos and other resources for teens, parents and school officials are available upon request.

http://www.smartmovessmartchoices.org/teens

Clark County Addiction

Addiction Center

Addiction Center connects you with the best drug and alcohol treatments centers in your area. Regardless of where you live we can help you find the perfect rehab. Call a treatment expert for: Compassionate guidance from specialists who are in recovery themselves, immediate enrollment into the treatment center of your choice and information on financial help, insurance and payment plans. (866) 773-3180. https://www.addictioncenter.com/rehabs/arkansas/

Al-Anon

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving understanding and encouragement to the alcoholic. http://www.ar.al-anon.alateen.org

Alcoholics Anonymous

Alcoholics Anonymous is an international mutual aid fellowship with the stated purpose of enabling its members to "stay sober and help other alcoholics achieve sobriety." AA is nonprofessional, self-supporting, and apolitical. Its only membership requirement is a desire to stop drinking. http://aawestcentralarkansas.org/

P.O. Box 6401 Hot Springs, AR 71902 (501) 623-6328

Arkansas Prevention Provider Services Region 8

Substance use and behavioral health prevention through awareness and education. Free educational resources and items upon request. Serving Clark, Garland, Hot Spring, Montgomery and Pike Counties.

CHI Saint Vincent Hospital 300 Werner Street Hot Springs, AR 71913 (501) 622-4112

CATAR Clinic for Addictions

CATAR's mission is to provide quality treatment services for opiate-dependent persons (prescription pain medication, heroin, morphine, codeine, oxycodone, hydrocodone, etc.). The primary purpose is to assist patients in attaining the highest level of functioning in physical, emotional, vocational and social structures. http://catarclinic.com/2012/

Hot Springs: (501) 463-9565 North Little Rock: (501) 664-7833 Helpline: (877) 487 - 5584

Celebrate Recovery at Arkadelphia

Celebrate Recovery is a **recovery** program aimed at all "hurts, habits, and hang-ups", including but not exclusive to: high anxiety; co-dependency; compulsive behaviors; sex addiction; financial dysfunction; drug and alcohol addictions; and eating disorders. www.Parkhillbaptist.com

Methodist Church Sturgis Building 9th and Caddo Arkadelphia, AR 71923 (870) 403-2547

AA - U - Turn Group Park Hill Baptist Church 3333 Hollywood Road Arkadelphia, AR 71923 (870) 230-2975

Gethsemane Outreach

Faith-based, in-house transitional living home for men and women. Six-month minimum program with post-graduation homes available.

144 Weston Road Hot Springs, AR 71913 Jeff Taylor (501) 617-3900; <u>JIF4MA@yahoo.com</u>

Narcotics Anonymous

Narcotics Anonymous describes itself as a "nonprofit fellowship or society of men and women for whom drugs had become a major problem". Narcotics Anonymous uses a traditional 12-step model that has been expanded and developed for people with varied substance abuse issues and is the second-largest 12-step. na.org

Find a meeting: http://www.na.org/admin/include/spaw2/uploads/pdf/litfiles/us_english/IP/EN3107.pdf

New Vision Drug and Alcohol Medical Stabilization Services

This is a 3 - 5 day Observational Detoxification service. Medicaid, Medicare and most other insurances accepted.

Will give patients a plan to continue recovery. www.specialcarecorp.com

New Vision @ Mena Regional Hospital 311 North Morrow Street Mena, AR 71953 (479) 243-2280 or (800) 939-2273 **Ouachita Behavioral Health and Wellness** (formerly Community Counseling Service)

Our goal is to assist everyone in our community reach optimum mental health, to live their best lift. CCC's licensed professionals and psychiatrists can help you and your family using: individual and group counseling, marriage and family counseling, psychological, personality, intellectual evaluations, psychiatric treatment and medication management for children and adults. Monday-Friday 8:00am-5:00pm. obhaw.org

205 North 26th Street Arkadelphia, AR 71923 (870) 246-4123

P.A.T.H. (Project for Assistance in Transition from Homelessness)

Program is provided to support individuals with serious mental illnesses, as well as individuals with co-occurring substance use disorders, who are homeless or at risk of becoming homeless. Housing, Diagnostic Screening and Therapeutic Treatment for serious mental illness, Case Management Services, Job Training, Educational Opportunities, Referral for Substance Abuse and Primary Healthcare. Monday-Friday 8:30am-3:30pm.

1615 MLK Blvd Malvern, AR 72104 (501) 332-5263

Contact: Boyce Mitchell (501) 625-2357

Potter's Clay

Potter's Clay Ministries, Inc. was founded in 1984 as an outreach to women and children in crisis. We accept no state or federal funding to fund our facility. Therefore, we depend on support from churches, organizations and individuals. We provide food, clothing and shelter to our clients. Monday-Friday 8:00am-4:00pm. http://pottersclayhotsprings.org/

110 Crescent Avenue Hot Springs, AR 71901 (501) 624-1366

Potters Clay Thrift allow shoppers to find products like unique clothing, home goods items, antiques, novelty items and even furniture. Thrift stores are known for their bargain deals on items that you won't be able to find at your local department stores. Shop at Potters Clay Thrift Store in Hot Springs, AR. Monday-Friday 9:00am-4:00pm and Saturday 10:00am-3:00pm.

1032 Malvern Avenue Hot Springs, AR 71901 (501) 620-4405

Quapaw House

Quapaw House, Inc. is dedicated to compassionately providing comprehensive behavioral health prevention, treatment, and education services to clients, families and communities we serve. We are committed to providing high quality affordable programs that utilize a therapeutic and holistic approach that enriches their lives and quality of life they live.

Monday - Friday 8:00am - 4:30pm

Transitional Living (501) 205-4572 Adolescent (12-17 years of age) (501) 624-2455 Community Center (501) 623-9922

Detoxification Services, Adult Residential 30 day (501) 767-4456 Drug and Alcohol Education, Re-entry Program (501) 318-0398 Medication Assisted Treatment (Subuxone) (501) 617-6984

Outpatient Programs, Transitional Living, Adult Aftercare, Adult Outpatient, Adolescent

Outpatient (501) 609-0400 info@quapawhouseinc.org

Recovery Point Ministry

Recovery Point Ministry is a faith-based, non-profit organization which provides a nurturing environment for women who need to step out of their pain from destructive behavior and habits to rebuild their lives through the life-changing power of Jesus Christ.

Thrift store hours: Monday-Friday 8:00am-5:00pm. recovery.ministry.org

1815 Albert Pike Hot Springs, AR 71913 (501) 760-8708.

Shalom Recovery Centers

Shalom House Ministries provides holistic recovery for women and men addicted to alcohol and drugs. Our goal is to give the individuals with life controlling issues the tools to be mentally sound, physically transformed, spiritually alive and socially adjusted. We believe that through biblical principles and a personal relationship with Jesus Christ each person can be healed and restored. (501) 625-3811 or (501) 625-3895. shalomwomenscenter@gmail.com

Women's Center: 2375 East Grand Avenue

Hot Springs, AR 71901

Men's Center: 2446 East Grand Avenue

Hot Springs, AR 71901

Smart Moves Smart Choices

Online education, support and resources sponsored by the National Association of School Nurses to raise awareness of the epidemic of prescription drug abuse among our teens. Videos and other resources for teens, parents and school officials are available upon request. http://www.smartmovessmartchoices.org/teens

Solomon's Porch

Solomom's Porch is a faith based program designed to restore the lives of men with life control issues. They house 30 men in 3 different locations. Solomon's Porch provides the tools and resources needed to lead a clean and sober life before and after they leave the program. All the men must maintain employment and are responsible for weekly program fees. We are also closely tied to the Garland County court system. Our court liaison, Seth Gideon, works closely with Judge Wright and Judge Ohn to ensure any legal requirements and obligations are met by our residents. Seth also works closely with District and Circuit Court throughout the state. Contact Seth Godeon for information:

411 Highland Street Hot Springs AR 71901 (501) 520-7991

Founder/Pastor: Richie Willis (501)547-6233

Teen Challenge Men's Center

We are a faith-based Christian growth program for men with 18 years and older. We are non-medical and non-clinical. We are a completely voluntary program with a 15 month program. A minimum of 5 months in Hot Springs, AR and 10 months in the second phase in Cape Girardeau, MO. We exist to educate men with life controlling problems. This is accomplished through educational programs that are Biblically sound and highly structured. www.teenchallengear.org/

1679 North Highway 7 Hot Springs, AR 71909 (501) 624-2446

Teen Challenge Women's Center

Adult and teen challenge provides Christian faith-based, residential care to young teens and women who struggle with life controlling problems. The programs are typically 12-18 months and consist of Individual and Group Biblical Studies, work projects, education (for adolescents), recreation and more. http://womenstc.com/

2192 South Elira Avenue Russellville, AR 72802 (479) 967-1355

The Father's House

The Father's House helps people with life controlling problems such as drug or alcohol addiction, by providing faith and residential care those who qualify. Referrals are made by: Judges, Lawyers, Hot Lines, Probation Officers, Ministers, Police, Hospitals, Youth Agencies, Correctional Institutions, friends, family and concerned others.

Main address: P.O. Box 129

Bismarck, AR 71929

Physical Address: 959 Vanderslice Road

Donaldson, AR 71941

Founder/Pastor: Gary Jennings (501) 384–2265

The Hope Movement

The Hope Movement is concerned with the body, mind and spirit of the women who come to us for help. We endeavor to help people become: Mentally Sound, Emotionally Balanced, Socially Adjusted, Physically Well and Spiritually Alive.

This is a faith-based program that last 6 months to 1 year. (501) 318-8342

Clark County Adoption

Change Point Pregnancy Care and Parenting Resource Center

Change Point Pregnancy Care and Parenting Resource Center of Hot Springs has been helping families and single parents for over 30 years. We have a caring, loving staff, here to help you with free pregnancy testing, ultrasounds, educational materials on fetal development, and referrals to health care facilities. We offer educational parenting classes and programs, fatherhood program and classes, supervised parental court ordered visitation, and Biblically-Faith based classes to help a parent accomplish positive, loving, and solution solving parenting skills. changepointcenter.com/

201 Nickels Street Hot Springs, AR 71901 Terri Sanders (501) 624-2773; tsanders.changepoint@yahoo.com)

Children of Arkansas Loved For a Lifetime (The CALL)

The goal is to have no waiting children waiting in Arkansas foster care. The mission of The CALL is to educate, equip, and encourage the Christian community to provide a future and a hope to children in foster care in Arkansas. The CALL Support Center is open 9:00am-2:00pm Tuesday and Thursday. You can donate needed items such as clothing, diapers, wipes, etc. The resources are for the use of foster and adopted families ONLY. The CALL Mall is a support center for the families of foster and adopted children.

www.garlandhotspring@thecallinarkansas.org or http://thecallinarkansas.org/foster-adopt/

220 Tom Ellsworth Drive Hot Springs, AR 71901 (501) 772-2522 or (501) 907-1048

DCFS (Department of Children and Family Services)/DHS (Department of Human Services)

The Division of Children and Family Services DCFS) is responsible for safety of children and youth in Arkansas. DCFS is responsible for child abuse and neglect prevention, protective, foster care, and adoptive programs. Our mission is to keep children safe and help families. DCFS will respectfully engage families and youth and use community-based services and supports to assist parents in successfully caring for their children. We will focus on the safety, permanency and well being for all children and youth. https://humanservices.arkansas.gov/

700 Main Street
Little Rock, AR 72201
(501) 682-8590
Greg Gilliland, (501) 321-2583, ext. 227 Greg.Gilliland@arkansas.gov

Hillcrest Children's Home/COMPACT Family Services

Hillcrest Children's Home rests on a 52-acre campus with 8 cottages and a 24-apartment center for foster youth preparing for adult living. The residential programs care for approximately 40-50 children and youth at a time. Abused, neglected and otherwise vulnerable children come to us for redeeming care from state, court, church and other referrals. The facilities are equipped with state-of-the-art, audio-visual surveillance equipment in public areas to provide safer quality care. No matter the origin, we provide the professional Christian redemptive care they need and deserve.

http://www.compact.family

2325 Malvern Avenue Hot Springs, AR 71901 (501) 262-1660

Clark County Children

Arkansas Children Hospital (ACH)

Children are at the center of everything we do. Arkansas Children's is the only hospital system in the state solely dedicated to caring for children, which allows our organization to uniquely shape the landscape of pediatric care in Arkansas. ACH is a pediatric hospital with a Level 1 Trauma Center, that's located in Little Rock, AR. It is among the largest pediatric hospitals in the United States and serves children from birth to age 21. ACH is affiliated with the University of Arkansas for Medical Sciences and is a teaching hospital with the UAMS college of Medicine's Department of Pediatrics. Open 24/7. https://www.archildrens.org/

1 Children's Way Little Rock, AR 72202 (501) 364-1100

Arkansas Prevention Provider Services Region 8

Substance use and behavioral health prevention through awareness and education. Free educational resources and items upon request. Serving Clark, Garland, Hot Spring, Montgomery and Pike Counties. Housed at CHI St. Vincent Hospital.

300 Werner Street Hot Springs, AR 71913 (501) 622-4112

Arkansas Promise

Arkansas PROMISE is part of a new program sponsored by the U.S. Department of Education and the Social Security Administration (SSA) to help youth (14-16) who are receiving disability benefits and their families improve their educational and employment outcomes. http://www.promisear.org/

322 Main Street, Suite 501 Little Rock, AR 72201 (855) 649-0022

Arkansas Rehabilitation Services - Field Services

Arkansas Rehabilitation Services works to provide opportunities for Rehabilitation counselors and schools to develop partnerships in an effort to prepare high school students with disabilities the knowledge, skills and abilities to achieve successful transition from high school to post-secondary life. ace.arkansas.gov

200 Reserve Street Hot Springs, AR 71901 Kimberly Baker (501) 623-4479; <u>kimberly.baker@arkansas.gov</u>

Arkansas Sheriff's Youth Ranch

The Ranch is a transformative family-style foster care program. It provides a healthy home environment filled with emotional support. Our goal is to help each child learn to trust those around them and cope with their emotions while learning responsibility and building self-confidence. The Ranch's mission is to address, remedy and prevent child abuse and neglect by creating safe, healthy and permanent homes for children. Shelter and education for at-risk youth 6-17. www.youthranches.com

P.O. Box 3964 Batesville, AR 72503 (870) 793-6841

Contact: admissions@youthranches.com

Baptist Recovery Teen

Adults and teens who attend our recovery centers are given an opportunity to confront their destructive choices, their self-sabotaging behavior, and their unhealthy views with the love of God and the guidance of Biblical principles. One of the major differences between traditional recovery programs and our centers is our emphasis on Christian values and cultivating a personal relationship with Jesus Christ. It is this central spiritual dynamic upon which all aspects of the Adult and Teen Challenge program are built. (855) 363-2334

Camp Aldersgate

Camp Aldergate's Summer Camps serve children with medical, physical and developmental needs. Camp offers traditional summer activities such as campfires and singing, canoeing, fishing, arts and crafts, swimming and nature hikes.

Monday-Friday 8:30am-5:00pm. http://www.campaldersgate.net/

2000 Aldersgate Road Little Rock, AR 72205 K. Daniels (501) 225-1444; kdaniels @campaldersgate.net

Camp Alex

Sponsored by Alex Blackwood Foundation for Hope. Camp Alex will provide a fun filled, healing environment for children and teens whose lives have been affected by suicide. Our camp will provide a unique opportunity to connect with other survivors and develop lasting friendships while learning valuable coping skills to use in their everyday lives back home Cindi Blackwood, cindi.blackwood@gmail.com

__200 River Market Avenue Suite 100 Little Rock, AR 72201 Steven (501) 920-8110, Cindi (501) 920-8111, Ariel (501) 920-9250

Camp Sunshine

Camp Sunshine was founded in 1991 to promote physical and emotional healing, to support growth and rejuvenate hope to children after surviving a burn injury.

Contact Gretta Wilkinson, RN: wilkinsonge@archildrens.org

Camp Quality Arkansas

When a cancer diagnosis comes to a child, in lot of ways, childhood stops. Vacations, family time, crafts, and campfires are replaced with doctor visits, chemo, isolation and restrictions. With children's safety and medical needs forefront, Camp Quality Arkansas breaks down those barriers for children and families and restores the childhood experience. Surrounded by new friends that can relate, loving volunteers who care, and loads of fun experiences, Camp Quality campers find joy, courage and renewed hope for the future. They are free to be themselves, free to be kids again.

Contact: Beth Cameron (830) 486-7106; beth.camercon@campqualityusa.org

Camp Quality Arkansas P.O. Box 7754 Little Rock, AR 72217

CASA of Clark (Court Appointed Special Advocates)

CASA of Clark county trains and supports volunteers who intervene in the juvenile court systems to advocate for children in abuse and neglect cases. These dedicated advocates work alongside Department of Human Services and Division of Children and Family Services case workers and investigators to represent these children's best interests and provide relief to a critically overburdened child welfare system. Serving: Clark and Pike Counties. (870) 230-1450

Change Point Pregnancy Care and Parenting Resource Center

Change Point Pregnancy Care and Parenting Resource Center of Hot Springs has been helping families and single parents for over 30 years. We have a caring, loving staff, here to help you with free pregnancy testing, ultrasounds, educational materials on fetal development, and referrals to health care facilities. We offer educational parenting classes and programs, fatherhood program and classes, supervised parental court ordered visitation, and Biblically-Faith based classes to help a parent accomplish positive, loving, and solution solving parenting skills. changepointcenter.com/

201 Nickels Street - Pregnancy Center 203 Nickels Street - Parenting Center Hot Springs, AR 71901

Terri Strnad (501) 624-3273; tstrnad.changepoint@yahoo.com

CHI St. Vincent Primary Care

The Mission of CHI St. Vincent and Catholic Health Initiatives is to nurture the healing ministry of the Church, supported by education and research. Fidelity to the Gospel urges us to emphasize human dignity and social justice as we create healthier communities. As a ministry of the Catholic Church, we will lead the transformation of health care to achieve optimal health and well-being for the individuals and communities we serve, especially those who are poor and vulnerable. The core values define CHI and serve as our guiding principles. They are the roots, or anchors, from which all of our activities, decisions and behaviors follow.

3004 Pine Street Arkadelphia, AR 71923 (870) 230-0857

Child Abuse Hotline

The Childhelp National Child Abuse Hotline 1-800-4-A-CHILD (1-800-422-4453) dedicated to the prevention of child abuse. Serving the United States, its territories, and Canada, the hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who, through interpreters, can provide assistance in over 200 languages.

All calls are confidential. (800) 482-5964

Child Care Aware of West Central Arkansas

Child Care Aware at National Park College is a community child care resource and referral program providing services including parent support and help locating child care, child care provider training, technical assistance and other efforts to increase the quality and availability of child care. All services are FREE to you and the community. (501) 760-6588

https://np.edu/community-friends/community-corporate-training/childcare-aware/

Child Medical Services

Diagnostic evaluations for children suspected of having physically handicapping conditions regardless of financial status. Approval required for: Physical Services, Hospital and Surgical Care, Laboratory, X-Rays, Applications, Equipment and other services. Referrals to specialists, social workers, follow-up and other agencies. (870) 246-9886

Child Support Enforcement/ Arkansas Department of Finance and Administration

Child support agencies provide these services to families: locate noncustodial parents, establish paternity, establish and enforce support orders, modify and enforce support orders, modify orders when appropriate and collect and disburse child support payments. Either parent may apply for services. Grandparents or other custodians may also apply.

support.hotsprings@ocsearkansas.gov

2228 Albert Pike Suite H Hot Springs, AR 71913 (501) 321-1561

Child Study Center Clinic

Serves children up to age 18. A division of Child and Adolescent Psychiatry program and part of the UAMS Department of Psychiatry/Psychiatric Research Institute. The Child Therapy Clinic offers brief comprehensive evaluations as well as individual and family therapy. The Psychiatric Care Clinic is the child residency training clinic for the Child and Adolescent Psychiatry Division and offers diagnostic evaluations, medical consultation and treatment. Common referral problems include anxiety, depression, conduct and behavior problems, emotional adjustment difficulties, learning difficulties, attention problems, child management issues and other psychiatric disorders affecting children, adolescents and their families. Monday-Friday 8:00am-5:00pm.

1210 Wolfe Street Little Rock, AR 72202 (501) 364-5150

Child Support Enforcement/Arkansas Department of Finance and Administration

The Office of Child Support Enforcement (OCSE) is a division within the Department of Finance and Administration. OCSE works in partnership with the Federal Office of Child Support Enforcement and other State agencies to establish and enforce court-ordered financial and medical support. Monday-Friday 8:00am-4:00pm.

2228 Albert Pike Suite H Hot Springs, AR 71913 (501) 321-1561 Fax (501) 321-1581

Clark County Health Department

Clark County Health Department offers numerous programs to help families in their needs. Birth certificates and death certificates are available upon request. WIC, Family Planning, Immunizations and Maternity. WIC program is available to low to moderate income pregnant women, recently delivered women, breast feeding women, infants and children up to age 5. Family Planning offer annual exams, contraceptives and pregnancy testing among other programs. Immunizations is offered to children and adolescents along with flu vaccinations. Monday-Friday 8:00am-4:30pm. www.healthy.arkansas.gov

605 South 10th Street Arkadelphia, AR 71923 (870) 246-4471

Cooper-Anthony Mercy Child Advocacy Center

The center is dedicated to providing comprehensive, coordinated and compassionate services to victims of child abuse. Hope and healing for victims of child abuse. Monday-Friday 8:00am-4:30pm.

https://www.mercy.net/practice/mercy-cooper-anthony-child-advocacy-center

216 McAuley Court Hot Springs AR 71913 (501) 622-2531

ConnectCare

Program administrated by the Arkansas Department of Health. The Arkansas Medicaid Program contracts with the Department of Health to assist Medicaid and ARKids First families find a medical home by helping them find a primary care doctor (PCP) and dental care. (800) 275-1131. http://connectcare.arkansas.gov

Developmental Disabilities Provider Association (DDPA)

Provides programs serving people with developmental disabilities. We strive to increase the options for individuals and families. https://www.mercy.net/practice/mercy-cooper-anthony-child-advocacy-center

2020 West 3rd Street Suite 301 Little Rock, AR 72205-4464 (501) 907-5337

DHS/Division of Children and Family Services

The agency's skilled and passionate staff cares for Arkansans of all ages. Arkansans may apply for a vast array of services at their local county office as well as online. Services include ARKids First health insurance for children, the Supplemental Nutrition Assistance Program (SNAP, formerly known as food stamps), Transitional Employment Assistance (TEA) and Medicaid. Additionally, DHS protects children and the elderly who have been abused or neglected. http://humanservices.arkansas.gov/Pages/default.aspx

602 South 10th Street Arkadelphia, AR 71923 (870) 246-9886

First Step, Inc.

Offers Developmental Therapy/Day Treatment Services to children birth to age five who meet the Division of Developmental Services (DDS) eligibility criteria. (501) 624-6468. www.firststeparkansas.com

FamilyWize

The Free FamilyWize Prescription Saving Card Helps reduce the cost of prescription medication. The card has unlimited use, so you can apply it to every prescription you fill. The card works for both the insured and the uninsured - anyone can use it! The card has no eligibility requirements, no registration, no activation or restrictions due to pre-existing conditions. Just print it and show it at your nearest participating pharmacy. The FamilyWize care is accepted at 60,000+ pharmacies nationwide, including Walgreens, Walmart, Kmart, Target, CVS and Rite Aide. unitedwayouachitas.org

233 Hobson Avenue Hot Springs, AR 71913 Katie Gibson (501) 623-2505

Healthy Connections

Healthy Connections Pediatrics Primary Care Providers see children from infancy through their teenage years. Whether you're bringing in your child for a regular checkup or have questions on topics ranging from nutrition to sleep behavior, you have access to kid-focused medical expertise. There are two clinics, one in Hot Springs and the other in De Queen which offers a kid friendly environment. Our other locations also feature providers experienced in taking care of children. Healthy Connections accepts ARKids First, Medicaid and most private insurance. www.healthy-connections.org/

3034 A Pine Street	Arkadelphia, AR 71923	(870) 230-1280
1517 South Main Street	Malvern, AR 72104	(501) 332-7525
3604 Central Avenue Suite D	Hot Springs, AR 71913	(501) 463-4074
1357 Collin Raye Drive	De Queen, AR 71832	(501) 642-4364

Hillcrest Children's Home/COMPACT Family Services

Hillcrest Children's Home rests on a 52-acre campus with 8 cottages and a 24-apartment center for foster youth preparing for adult living. The residential programs care for approximately 40-50 children and youth at a time. Abused, neglected and otherwise vulnerable children come to us for redeeming care from state, court, church and other referrals. The facilities are equipped with state-of-the-art, audio-visual surveillance equipment in public areas to provide safer quality care. No matter the origin, we provide the professional Christian redemptive care they need and deserve.

http://www.compact.family

2325 Malvern Avenue Hot Springs, AR 71901 (501) 262-1660

Ouachita Behavioral Health & Wellness

We offer Adult Groups/Classes for: Anger Management Training, Rebuilding when your Relationship Ends, Bereavement Support, Healing from Childhood Abuse, Active Parenting, Trauma Informed Yoga, Life Skills, Anxiety/Depression Group and Living Well. Serving Clark, Garland and Hot Spring Counties. Monday-Saturday 8:00am-5:00pm.

125 Wellness Way Hot Springs, AR (501) 624-7111

Ouachita Children, Youth & Family Services - Children's Center

Breaking the cycles of a social and negative behavior as well as those of abuse and neglect for Arkansas youth, one child at a time. A non-profit child advocacy organization providing emergency shelter and quality services for youth and families, empowering them to achieve lifelong success. Serving Clark and Garland Counties. www.occnet.org/

339 Charter Oak Street Hot Springs, AR 71901 (501) 623-5591

Ouachita Children, Youth & Family Services - Family Center

Ouachita Family Center is a Non-Profit Advocacy Organization providing emergency shelter, quality advocacy outreach service, legal advocacy and support services to all victims and children of domestic abuse to live free from family violence. info@occnet.org

339 Charter Oak Hot Springs, AR 71901 (501) 623-5591

Potter's Clay

Potter's Clay Ministries, Inc. was founded in 1984 as an outreach to women and children in crisis. We accept no state or federal funding to fund our facility. Therefore, we depend on support from churches, organizations and individuals.

We provide food, clothing and shelter to our clients. Monday-Friday 8:00am-4:00pm. http://pottersclayhotsprings.org/

110 Crescent Avenue Hot Springs, AR 71901 (501) 624-1366

Potters Clay Thrift allow shoppers to find products like unique clothing, home goods items, antiques, novelty items and even furniture. Thrift stores are known for their bargain deals on items that you won't be able to find at your local department stores. Shop at Potters Clay Thrift Store in Hot Springs, AR. You'll be amazed at items that you can find. Monday-Friday 9:00am-4:00pm and Saturday 10:00am-3:00pm.

1032 Malvern Avenue Hot Springs, AR 71901 (501) 620-4405

Smart Moves Smart Choices

Online education, support and resources sponsored by the National Association of School nurses to raise awareness of the epidemic of prescription drug abuse among our teens. Videos and other resources for teens, parents and school officials are available upon request. http://www.smartmovessmartchoices.org/teens

The National Center for Missing and Exploited Children

As the nation's clearinghouse and comprehensive reporting center for all issues related to the prevention of and recovery from child victimization, NCMEC leads the fight against abduction, abuse, and exploitation - because every child deserves a safe childhood.

(800) THE-LOST (800-843-5678) 24/7

Clark County Clothing

Beehive Thrift Store

The Beehive Store, which operates on tax deductible donations from the public, provides training, employment opportunities and normalization for adults with developmental disabilities. At the Beehive they learn good work habits including keeping a schedule, following directions, reporting to work on time getting along with co-workers and supervisors, working in the midst of distraction, etc. Tasks include sorting, pricing, hanging, cleaning stocking, sacking, arranging merchandise and others.

724 Main Street Arkadelphia, AR 71923 (870) 246-5550

Helping Hands Thrift Store

To assist residents of the Bismarck School District who have needs. We provide utility assistance, make refers to the food pantries and assist with clothing needs. We are strictly operated by volunteers. We sell items in the thrift store at a good price so that others will be able to get good deals. We are here to show others that we care and that we believe that God has placed us in Bismarck to be a blessing to others. Wednesday-Saturday 9:00am-4:00pm.

6804 Hwy 7 Bismarck, AR 71929 (501) 865-2949

Lighthouse Ministries

Lighthouse ministries serves Clark County and surrounding areas. The Ministry includes: expectant mother and baby needs ministry, food distribution, clothing thrift store and coordination of help with other agencies

905 Hwy 67 South Arkadelphia, AR 71923 (870) 246-9524 Call Debbie for Appointments

Ottinger's Attic

Thrift shopping never goes out of style, uncover those great bargains that you can't find elsewhere. Why pay full price when you don't have to? Shoppers find products like unique clothing, home goods items, antiques, novelty items and even furniture. Thrifts stores are known for their bargain deals on items that you won't be able to find at your local departments stores. You'll be amazed at items that you can find.

Open Saturday and Sunday 9:00am-2:00pm.

132 South Main Street Malvern, AR 72104 (501) 467-1615

Clark County Counseling/Support

AIDS Clinic (Tuggle Clinic)

Program funded by the United Way of the Ouachitas. Improving lives and building a better community. Community impact focus on addressing the issues of childhood poverty. Medical treatment and case management, testing, medications, support groups and prevention education. https://gettested.cdc.gov/organizations/hot-springs-aids-resource-

1801 Central Avenue, Suite A Hot Springs, AR 71901 Mike Melancon (501) 623-5598

Al-Anon

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics and by giving understanding and encouragement to the alcoholic. http://www.ar.al-anon.alateen.org

Alcoholics Anonymous

International fellowship of men and women who have or had a drinking problem. It is a non-professional, multi-racial, self-supporting and apolitical. There are no age or education requirements. Open to anyone who wants to do something about their drinking problem. Multiple meeting times each day. http://aawestcentralarkansas.org/

Alzheimer's Arkansas

Counseling and support, education, elder abuse programs and services for all Alzheimer's or related dementia patients, their caregivers, families and friends.

Monday-Friday 8:30am-4:30pm. www.alzark.org

201 Markham Center Drive Little Rock, AR 72205

Matthew Elmore (501) 224-0021; matthew.elmore@alzark.org

(800) 689-6090. 24/7

After-hours Caregiver line: (501) 913-1878

Area Agency on Aging

Area Agencies on Aging (AAAs) are local aging programs that provide information and services on a range of assistance for older adults and those who care for them. By contacting your local agency you get access to critical information including: Mobility Assistance Programs, Meal Plans and Housing, Assistance in Gaining Access to Services, individual Counseling, Support Groups and Caregiver Training, Respite Care and Supplemental Services on a limited basis.

Monday-Friday 8:00am-4:30pm. https://www.seniorspecialist.org

905 West Grand Avenue Hot Springs, AR 71901 (501) 321-2811 Barbara Flowers, Executive Director

Arkansas Rehabilitation Services

Counseling, evaluation, job placement, vocational training, physical and mental restoration, independent living, supported employment and transition services for people with disabilities. Monday-Friday 8:00am- 4:30pm. https://www.arcareereducation.org/

200 Reserve Street Hot Springs, AR 71901 Kimberly Baker (501) 623-4479; kimberly.baker@arkansas.gov

Arkansas Spinal Cord Commission

The goal is to assist Arkansans with spinal cord disabilities in living as independently as they choose and to identify and meet the unique and lifelong needs of people with spinal cord disabilities in Arkansas.

Monday-Friday 8:00am-4:30pm. http://spinal.ark.org/about-us/

5800 West 10th Street Suite 108 Little Rock, AR 72204 (501) 296-1788 or (800) 459-1517

Breast Cancer Support

If you or a loved one needs more information about breast health or breast cancer, call the Komen Breast Care Helpline at 1-877 GO KOMEN (1-877-465-6636). Komen Affiliates offer breast health education as well as fund breast cancer programs through local community organizations. http://ww5.komen.org/BreastCancer/SupportGroups.html

Burn Survivor Adult Retreat

The retreat is an event for adult to meet others who are surviving and living in a world of adjustment and awareness of their scars. Commences on a Friday and ends on Sunday morning. (501) 364-1100 or (800) 880-7491. wilkinsonge@archildrens.org

Cooper-Anthony Mercy Child Advocacy Center

The center is dedicated to providing comprehensive, coordinated and compassionate services to victims of child abuse. Hope and healing for victims of child abuse.

Monday-Friday 8:00am-4:30pm. https://www.mercy.net

216 McAuley Court Hot Springs, AR 71913 (501) 622-2531 on call emergencies calls after hours

Fibromyalgia & Chronic Pain Support

Fibromyalgia is a common and complex chronic pain disorder that causes widespread pain and tenderness to touch that may occur body wide or migrate over the body. Along with other symptoms, pain and tenderness wax and wane over time. Fibromyalgia (FM) affects people physically, mentally and socially. There is no cure for fibromyalgia. For more information visit our website. www.fmcpaware.org/

Healthy Connections

Behavioral Health services are available at Healthy Connections Family Medical Clinic. The Licensed Staff includes: psychiatric mental health nurses, licensed clinical social workers, licensed professional counselor, licensed marriage and family therapist. Providing emotional support, mental health evaluations, therapy and case management services to people experiencing psychological, emotional, medical, social and/can or familial challenges. Healthy Connections offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify and low cost or no cost preventative care and can also provide assistance in signing up for healthcare insurance.

More information visit: www.healthy-connections.org/

301 Professional Park Drive Arkadelphia, AR 71923

(870) 230-1280 Monday-Friday 8:00am-6:00pm closed 12:00pm-1:00pm for lunch

1517 South Main Street Malvern, AR 72104

(501) 332-7525 Monday-Thursday 8:00am-6:00pm closed 12:00pm-1:00pm for lunch and Friday 12:00pm-4:00pm

Levi Hospital

Located in Hot Springs, Levi Hospital is a local non-profit organization that has many specialists ready to provide therapy for the mind and body. From physical rehabilitation to adult psychiatric care, we are dedicated to help all those who come through our doors. Levi Hospital offers many different physical therapy options such as aquatic therapy, occupational therapy, speech therapy, balance/fall prevention and more. Adult psychiatric services 24/7 and rehabilitation and fitness. Monday -Friday 9:00am-4:00pm. www.levihospital.com

300 Prospect Avenue
Hot Springs, AR 71901
(501) 624-1281
Physical Therapy (501) 622-3334
Jackie Arrison (501) 622-3498; jarrison@levihospital.com

Living Hope Southeast

Living Hope Southeast provides a comprehensive array of behavioral health services for adults, adolescents, children and their families. It is Living Hope's belief that human beings need more than just help to overcome mental illness; they also need hope. Living Hope has developed a comprehensive program for outpatient services, which addresses the physical, psychological, sociological and spiritual needs of our clients. Our program is designed to inspire those who actively participate, to seek total health and a newly-fashioned expectation for continued wellness. http://lhsoutheast.com/

3604 Central Ave Suite C Hot Springs, AR 71913 (501) 623-9220

Methodist Counseling Clinic

Methodist Counseling Clinics throughout the state offer comprehensive assessment and treatment services for child, adolescent and family behavioral, emotional, learning and adjustment difficulties. (referrals only for this county)

3632 Central Avenue Suite B Hot Springs, AR 71913 (501) 463-5003

Ouachita Behavioral Health & Wellness (formerly Community Counseling Service)

Services include individual and group counseling, marriage and family counseling, psychological, personality, intellectual evaluations, psychiatric treatment, and medication management for children and adults. (800) 264-2410 www.OBHAW.org

1615 MLK Boulevard
Malvern, AR 72104
(501) 332-5236 Monday-Thursday 8:30am-3:30pm & Friday 8:30am-12:00pm

205 North 26th Street
Arkadelphia AR 71923
(870) 246-4123 Monday-Friday 8:00am-5:00pm

125 Wellness Way Hot Springs, AR 71913 (501) 624-7111

Monday-Thursday 8:00am-7:00pm, Friday 8:00am-5:00pm & Saturday 9:00am-2:00pm

Our Promise Cancer Patient Resources

The Mission of Our Promise is to provide caring, professional support and education to cancer patients, survivors and caregivers through direct financial assistance, social programs and educational services. Established by cancer care specialists and supported by generous physicians, companies, families and individuals who understand the special needs of the courageous individuals fighting the disease. http://www.ourpromise.info/

133 Harmony Park Circle Hot Springs, AR 71913 (501) 760-8060

Parents of Murdered Children

A group which offers emotional support and information about surviving the loss of a loved one who has been murdered. The only National self-help organization dedicated solely to the aftermath and prevention of murder. For the families and friends of those who have died by violence. http://pomc.com/

Sex Addicts Anonymous

As a fellowship of recovering addicts, Sex Addicts Anonymous offers a message of hope to anyone who suffers from sex addiction. The basic principles of recovery practiced by SAA are found in the Twelve Steps and Twelve Traditions of Alcoholics Anonymous. Although we are not affiliated with AA or with any other organization or agency, we are, indeed, grateful for permission to modify and apply the Steps and Traditions to sex addiction, making recovery possible for us.

Sex Addicts Anonymous offers a message of hope to anyone who suffer from sex addiction. www.saa-recovery.org

Smart Moves Smart Choices

Online education, support and resources sponsored by the National Association of School Nurses to raise awareness of the epidemic of prescription drug abuse among our teens. Videos and other resources for teens, parents, and school officials are available upon request. http://www.smartmovessmartchoices.org/teens

Small Group Therapy

A licensed behavioral healthcare clinic that provides: Housing, Outpatient Therapy, Intervention, Psycho-Social Rehabilitation Program and Community Integration Assistance for severely mentally-ill adults.

http://smallgrouptherapy.com/

311 Whittington Avenue Hot Springs, AR 71901 (501) 547-3536

The Bridgeway

The BridgeWay offers a continuum of services designed to help children, adolescents and adults who are experiencing those behavioral, emotional or addictive problems that can lead to fractured lives. Since mental health issues occur across a spectrum, from mild to severe, we tailor our services for each person. https://thebridgeway.com/

21 Bridgeway Road, North Little Rock, AR 72113 (800) 245-0011

The Caring Place

Provides respite for caregivers and families of people with dementia through a supervised program for participants in a safe and comfortable environment. Monday-Thursday 9:00am-3:00pm. www.thecaringplaceofhotsprings.com

101 Quapaw Avenue Hot Springs, AR 71901 (501) 623-2881

While We're Waiting

Faith-based support for bereaved parents who have experienced the death of a child. www.whilewerewaiting.org

P.O. Box 22823 Hot Springs, AR 71903 (501) 881-8851 24/7 Jill Sullivan, President; iill@whilewerewaiting.org

Clark County Dental

Cooperative Christian Ministries & Clinic (CCMC)

Cooperative Christian Ministries and Clinic provides dental services to those in our community who are un-insured and under-insured. Volunteer health care professional provide simple dental extractions and dental hygiene. Clients must first be registered in order to be seen in the clinics. The registration process is by appointment only. Once registered, appointment can be made with our various clinics. To make a registration appointment please call our office.

Monday-Friday 9:00am-5:00pm and the 2nd Tuesday by appointment ONLY 6:00pm-8:00pm. www.ccmchs.org

133 Arbor Street Hot Springs, AR 71901 Lynn Blankenship (501) 318-1153

CHI St. Vincent Community Care

Reasonably priced, discount dental care. Provides health care to low and moderate income patients. The clinic offers a sliding fee scale where services are based on an individual's ability to pay. Must bring photo ID and proof of income.

Monday-Thursday 8:00am-4:30pm and Friday 8:00am-12:00pm.

2500 East 6th Street Little Rock, AR 72202 (501) 552-4710

FACES Foundation

The FACES Foundation is an organization provides qualified individuals with needed services involving facial deformities, birth defects, and reconstruction while promoting safe and healthy living and giving back to the community.

http://www.fixfaces.org

208 McAuley Court Hot Springs, AR 71901 (501) 262-5272

Healthy Connections

Provides medical, dental and social services to residents of all ages regardless of ability to pay. Offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify and low cost or no cost preventative care. Will assist clients in signing up for healthcare insurance. Services offered for all ages: Pediatric Services, Adult Medicine, Discount Medication, Preventative Health Screenings, Full Service Lab, X-Rays and Behavioral Health Services. Monday-Thursday 8:00am-6:00pm. www.healthy-connections.org/

1723 Malvern Avenue	Hot Springs, AR 71913	(501) 620-4600
3604 Central Avenue Suite D	Hot Springs, AR 71913	(501) 463-4074
1517 South Main Street	Malvern, AR 72104	(501) 332-7525

UAMS Dental Hygiene

The Dental Hygiene Clinic at UAMS not only offers you an inexpensive way to get a routine dental visit but it also provides dental hygiene to students with practical experience. Provides many of the basic services that any other dental clinic would offer. Those services include: Examination, Cleaning, X-Rays, Pit and Fissure Sealant and Whitening. Does not provide restorative services (fillings, crowns, etc.) or tooth extractions. Appointments call (501) 686-5733

http://uamshealth.com/medicalservices/dentalhygiene/

Clark County Disability

Alzheimer's Arkansas

Counseling and support, education, elder abuse programs and services for all Alzheimer's or related dementia patients, their caregivers, families and friends.

Monday-Friday 8:00am-4:30pm. www.alzark.org

201 Markham Center Drive Little Rock, AR 72205

Matthew Elmore (501) 224-0021; <u>matthew.elmore@alzark.org</u>

(800) 689-6090 24/7

Caregiver line: (501) 913-1878

Area Agency on Aging (AAA)

Area Agencies on Aging (AAA) are local aging programs that provide information and services on a range of assistance for older adults and those who care for them. By contacting your local agency, you get access to critical information including: Mobility Assistance Programs, Meal Plans and Housing, Assistance in Gaining Access to Services, Individual Counseling, Support Groups, Caregiver Training, Respite Care and Supplemental Services on a limited basis.

Monday-Friday 8:00am-4:30pm. https://www.seniorspecialists.org

905 West Grand Avenue, Hot Springs, AR 71901 (501) 321-2811 Barbara Flowers, Executive Director

208 North 26th Street Suite B, Arkadelphia, AR 71923 (870) 246-8708 or (800) 467-2174

Arkadelphia Housing Authority

Arkadelphia Housing Authority provides safe and affordable housing options to low income residents that qualify. Of all households participating in the Arkadelphia Housing Authority Housing Choice Voucher program, 12% include at least one person with a disability. They offer assistance by providing low rent apartments and through the management of the Housing Choice Voucher Program, formerly Section 8. The eligibility requirements for these programs are set by HUD. Monday-Thursday 8:00am-4:30pm & Friday 8:00am-12:00pm. https://affordablehousingonline.com/

670 South 6th Street
Arkadelphia, AR 71923
(870) 246-4632
Shelia Hunter, Executive Director; arkansashousing@yahoo.com

Arkansas Promise

Arkansas PROMISE is part of a new program sponsored by the U.S. Department of Education and the Social Security Administration (SSA) to help youth (14-16) who are receiving disability benefits and their families improve their educational and employment outcomes. http://www.promisear.org/

322 Main Street, Suite 501 Little Rock, AR 72201 (855) 649-0022

Arkansas Rehabilitation Services

Arkansas Rehabilitation Services (ARS) mission is to prepare Arkansans with disabilities to work and lead productive and independent lives. To achieve its mission, ARS provides a variety of training and career preparation programs.

Monday-Friday 8:00am-4:30pm. <u>ace.arkansas.gov</u>

200 Reserve Street Hot Springs, AR 71901 Kim Baker (501) 623-4479; kimberly.baker@arkansas.gov

Arkansas Spinal Cord Commission

The Arkansas Spinal Cord Commission will administer a statewide program to identify and meet the unique and lifelong needs of people with spinal cord disabilities in Arkansas. Our purpose is to assist Arkansans with spinal cord disabilities in living as independently as they choose. Monday-Friday 8:00am-4:30pm. http://spinal.ark.org/about-us/

5800 West 10th Street Suite 108 Little Rock, AR 72204 (501) 296-1788 or (800) 459-1517 Diane Francis, Client Services Administrator; diane.francis@arkansas.gov

Arkansas Vocational Rehabilitation for the Blind and Visually Impaired

Independent Living Aids, Job Training, College Training, Visual Medical Treatments, Job Development, Job Placement and Supported Employment for the blind and visually impaired. (800) 960-9270. Contact: Brian Sanders (501) 682-0326.

Monday-Friday 8:00am-5:00pm. http://humanservices.arkansas.gov/dsb/Pages/default.aspx

Assisted Living

Assisted Living is a community organization that prioritizes helping those who are disabled and the elderly fully enjoy their healthy years and age gracefully. Our organization creates and publishes comprehensive, unbiased, free web-based resources. https://www.assistedliving.org

Cap-Tel Telephone

Telephone at No-Cost to User. The CaptionCall phone provides amplification and displays captions on a large, easy-to-read screen.

Outreach Educator: Nancy Foster (501) 454-7113; nancy.foster@oeius.org

Camp Aldersgate

Camp Aldergate's Summer Camps serve children with medical, physical and developmental needs. Camp offers traditional summer activities such as campfires and singing, canoeing, fishing, arts and crafts, swimming and nature hikes.

Monday-Friday 8:30am-5:00pm. http://www.campaldersgate.net/

2000 Aldersgate Road Little Rock, AR 72205 K. Daniels (501) 225-1444; kdaniels @campaldersgate.net

Camp Alex

Sponsored by Alex Blackwood Foundation for Hope. Camp Alex will provide a fun filled, healing environment for children and teens whose lives have been affected by suicide. Our camp will provide a unique opportunity to connect with other survivors and develop lasting friendships while learning valuable coping skills to use in their everyday lives back home Cindi Blackwood, cindi.blackwood@gmail.com

____200 River Market Avenue Suite 100 Little Rock, AR 72201 Steven (501) 920-8110, Cindi (501) 920-8111, Ariel (501) 920-9250

Camp Sunshine

Camp Sunshine was founded in 1991 to promote physical and emotional healing, to support growth and rejuvenate hope to children after surviving a burn injury.

Contact Gretta Wilkinson, RN: wilkinsonge@archildrens.org

Camp Quality Arkansas

When a cancer diagnosis comes to a child, in lot of ways, childhood stops. Vacations, family time, crafts, and campfires are replaced with doctor visits, chemo, isolation and restrictions. With children's safety and medical needs forefront, Camp Quality Arkansas breaks down those barriers for children and families and restores the childhood experience. Surrounded by new friends that can relate, loving volunteers who care, and loads of fun experiences, Camp Quality campers find joy, courage and renewed hope for the future. They are free to be themselves, free to be kids again.

Contact: Beth Cameron (830) 486-7106; beth.camercon@campqualityusa.org

Camp Quality Arkansas P.O. Box 7754 Little Rock, AR 72217

Deaf and Hearing Impaired AR Rehab Services

Information, referral, in-service professional training, sign language classes, hearing evaluations, adaptive equipment. Monday-Friday 8:00am-4:30pm.

200 Reserve Street Hot Springs, AR 71901 (501) 623-4479

Developmental Disabilities Provider Association (DDPA)

Provides programs serving people with developmental disabilities, we strive to increase the options for individuals and families. (Waiver services). www.arkansasddpa.org

105 East Roosevelt Road Little Rock, AR 72206 Larry Stange, Executive Director (501) 580-3528; lstante@ddpd@arkansas.org

Developmental Disabilities Services, State of Arkansas

Statewide system of referrals, residential programs, day programs, respite care and more services for children and adults with developmental disabilities. http://humanservices.arkansas.gov/ddds/Pages/default.aspx

115 Market Street Little Rock, AR 71901 (501) 682-2897

DHS-Developmental Disabilities Services

Statewide system of home and community social work services to mentally delayed and other developmentally disabled individuals and their families. Referrals, Residential Programs, Day Programs, Sheltered Workshops, Respite Care and Special Needs.

Monday-Friday 8:00am-4:30pm. http://humanservices.arkansas.gov/

602 South 10th Street Arkadelphia, AR 71923 (870) 246-9886

Division of Services for the Blind

The Arkansas Division of Services for the Blind is dedicated to the independence of Arkansans who are blind or visually impaired and is committed to the principle that these individuals have the right to make informed choices regarding where they live, where they work, how they participate in the community, and how they interact with others.

Monday-Friday 8:00am-4:30pm. https://humanservices.arkansas.gov/

700 Main Street Little Rock, AR 72203 (501) 682-5463 or (800) 960-9270

Disability Rights Arkansas

Since 1977, DRA has been the designated protection and advocacy (P&A) organization for people with disabilities in Arkansas. We are not a department or agency of any state, local, or federal government. DRA is an independent, private, nonprofit organization dedicated to advocation for and protecting the rights of people with disabilities. http://disabilityrightsar.org/

First Step

Their goal is to help improve the quality of life in the community by helping those with developmental disabilities become more independent. Locations in Fordyce, Glenwood, Hot Spring and Malvern. Monday-Friday 7:30am-3:30pm.

www.firststeparkansas.com

1625 South Main Street Malvern, AR 72105 (501) 337-7622

Governor's Council on Developmental Disabilities

The Council's purpose is to connect people with developmental disabilities to the resources and programs they need to be independent, be productive and be integrated and included in all parts of community life. http://www.gcdbarkansas.gov

1515 West 7th Street Suite 320-330 Little Rock, AR 72201 (501) 682-2897

Healthy Connections

Provides medical, dental and social services to residents of all ages regardless of ability to pay. Offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify and low cost or no cost preventative care. Will assist clients in signing up for healthcare insurance. Services offered for all ages: Pediatric Services, Adult Medicine, Discount Medication, Preventative Health Screenings, Full Service Lab, X-Rays and Behavioral Health Services.

Www.healthy-connections.org/

301 Professional Park Drive Arkadelphia, AR 71923 (870) 230-1280 Monday-Friday 7:45am-6:00pm
1517 South Main Street Malvern, AR 72104 (501) 332-7525 Monday-Friday 7:45am-6:00pm
3604 Central Avenue Suite D Hot Springs, AR 71913 (501) 463-4074 Monday-Friday 7:45am-6:00pm
1723 Malvern Avenue Hot Springs, AR 71913 (501) 620-4600 Monday-Friday 7:45am-6:00pm

LendEDU (Guide to Paying for College for People With Disabilities)

Getting a college degree is hard enough but it presents a different set of challenges for people who have disabilities. If you have a disability, this guide can help you determine how to get financial aid and access to scholarships meant for people with disabilities. In this guide you can learn also how to apply for Federal Student Aids, Types of Federal Student Aids, Support for students with disabilities and Scholarships. Visit our web site for more information: lendedu.com/blog/paying-for-college-for-people-with-disabilities/

Millcreek of Arkansas

Provider of specially designed mental health care services for children and adolescents. We are a progressive organization with a unique emphasis on excellence in education and treatment. (870) 352-8203. Free Consultation @ (855) 999-0271.

Monday-Friday 8:00am-5:00pm. http://www.millcreekbehavioralhealth.com/

National Down Syndrome Congress

The leading national resource of support and information for anyone touched by or seeking to learn about Down Syndrome from the moment of a prenatal diagnosis through adulthood. https://www.ndsccenter.org/

30 Mansell Court Suite 108 Roswell, GA 30076 (800) 232-6372

National Easter Seal Society

Provides services, education, outreach and advocacy so that people living with autism spectrum disorder and other disabilities can live, learn, work and play in our communities. www.easterseals.com/

P.A.T.H. (Project for Assistance in Transition from Homelessness)

Program is provided to support individuals with serious mental illnesses, as well as individuals with co-occurring substance use disorders, who are homeless or at risk of becoming homeless. Housing, diagnostic screening and therapeutic treatment for serious mental illness, case management services, job training, educational opportunities, referral for substance abuse and primary healthcare. Walk-in clinic: Monday-Friday 8:30am-3:30pm.

Boyce Mitchell (501) 625-2357

125 Wellness Way Hot Springs, AR 71913 (501) 624-7111 1615 MLK Blvd Malvern, AR 72104 (501) 332-5236

S.A.I.L.S. (Spa Area Independent Living)

Provides linking to appropriate community services. Training and assistance in a variety of life skills areas including, but not limited to: computer training, personal management, budget/money management and job readiness. Training and assistance in knowing and pursuing your rights as an individual with a disability. An opportunity to interact with others who share similar experiences. Providing opportunities to experience a variety of recreational activities.

Monday-Thursday 8:00am-4:00pm and Friday 8:00am-12:00pm. www.ar-sails.org

621 Albert Pike Hot Springs, AR 71913 (501) 624-7710 or (800) 255-7549

Small Group Therapy

A licensed behavioral healthcare clinic that provides: Housing, Outpatient Therapy, Intervention, Psycho-Social Rehabilitation Program and Community Integration Assistance for severely mentally-ill adults.

http://smallgrouptherapy.com/?redirect=false

311 Whittington Avenue Hot Springs, AR 71901 (501) 547-3563

Support for Students with Down Syndrome

The Down Syndrome Association of Greater St. Louis (DSAGSL) strongly believes that creative collaboration between all team member is the best strategy for success. Each child possesses a unique potential and when parents, teachers, assistances, specialists, school administrators, bus drivers, etc. all work in the best interest of the child, your student will have a productive year. We offer a Down Syndrome Specialist Training Program for the team of general education and special staff. https://www.affordablecollegesonline.org/college-resource-center/students-with-down-syndrome/

Clark County Education

Adult Education/GED

Basic Computers Literacy and Math Tutor. Amity and Gurdon call for information

301 North 23rd Street Arkadelphia, AR 71923 (870) 246-5675 Fax (870) 246-5656

Adult Education/Career Development Center

National Park College Adults Education. Must be an Arkansas Resident. Monday, Tuesday and Thursday 8:00am-8:00pm. Wednesday and Friday 8:00am-4:00pm. www.np.edu

101 College Drive Hot Springs, AR 71913 Bill Ritter (501) 760-4335; writter2@np.edu

Alzheimer's Arkansas

Counseling, support, education, elder abuse programs and services for all Alzheimer's or related dementia patients, their caregivers, families and friends. Monday-Friday 8:30am-4:30pm. www.alzark.org

201 Markham Center Drive Little Rock, AR 72205 Matthew Elmore (501) 224-0021; matthew.elmore@alzark.org (800) 689-6090 24/7 After-hours Caregiver line: (501) 913-1878

Arkansas Apprenticeship Pathways Initiative (AAPI)

Winrock International and Arkansas Department of Workforce Services is associate with the AAPI program. AAPI seeks to develop and promote Registered Apprenticeship Program around the state. The HVAC Technician is a program that is being offered at National Park College located in Hot Springs. This is a 3 year program that includes 160 classroom hours and 2,000 on-the-job-training hours. Classes meet from 6pm-9pm, 2 nights per week, for a 12 week semester. The cost of the program is \$450 per year (billed at \$225 per semester). Students may enter the program as a pre-apprentice and earn classroom hours while seeking employment as a HVAC apprentice. To be eligible, individuals must be 18 years or older, have a high school diploma/GED and state ID. If an individual is interested they should contact program director, Pam Castleberry (501) 760-7392, Pam.Castleberry@np.edu. Our website provides information about AAPI and other Registered Apprenticeship Programs and is provided in both English and Spanish. www.winrock.org

Winrock International
2101 Riverfront Drive
Little Rock, AR 72202
(501) 280-3031
Jordlyn Williams, Program Associates; skype jordyn.williams

Arkansas Learning Through the Arts (ALTTA)

Serving the students across Arkansas by providing high quality arts programming (workshops and residencies) in regular and specialist classrooms: dance, music, theater, poetry, storytelling, pottery, watercolor and crafts. www.altta.org/

4501 North State Highway 7 #8 Hot Springs Village, AR 71909

Arkansas Promise

Arkansas PROMISE is part of a new program sponsored by the U.S. Department of Education and the Social Security Administration (SSA) to help youth (14-16) who are receiving disability benefits and their families improve their educational and employment outcomes. http://www.promisear.org/

322 Main Street, Suite 501 Little Rock, AR 72201 (855) 649-0022

Arkansas Rehabilitation Services - Field Services

Arkansas Rehabilitation Services' (ARS) mission is to prepare Arkansans with disabilities to work and lead productive and independent lives. ARS ha 19 field offices across the state serving all 75 counties. To achieve its mission, ARS provides a variety of training and career preparation programs. ace.arkansas.gov

200 Reserve Street Hot Springs, AR 71901 Kimberly Baker (501) 623-4479; kimberly.baker@arkansas.gov

Career Pathways at National Park College

The National Park College Career Pathways Initiative is a program that enables NPC to offer career training and college classes to those who qualify. The Pathways program may also help you overcome the barriers that have kept you from getting the training and education you need. Career Pathways offers the following services (when funds are available): childcare assistance, transportation assistance, tuition/fees assistance book loan program and supplies. Pathways can help you become job-ready, learn to fill out job applications, dress for success or complete your GED requirements. Job readiness classes result in an employer recognized certificate. www.np.edu

101 College Drive Hot Springs, AR 71913 Mary Kay Wurm (501) 760-4243; <u>careerservices@np.edu</u>

Catholic Charities Immigration Services

Provides low-cost immigration counseling and support to families and individuals who are eligible for immigration benefits and cannot afford private assistance. Appointment required. (501) 664-0340

http://www.dolr.org/catholic-charities/immigration-little-rock

Center of Economic Development and Community Engagement

The mission of the Center for Economic Development and Community Engagement is to develop and promote educational, economic and community growth for South Arkansas and its citizens.

640 South 6th Street Suite A Arkadelphia, AR 71923 (870) 230-5550

Central Arkansas Development Council (CADC)

Our role is to develop and deliver the programs and services that can meet the needs of hard-working low income families and rural communities. www.cadc.com

1303 South Main Malvern, AR 72104 (501) 332-5426

Central Arkansas Development Center (CADC) Head Start Amity Head Start

Head Start program provides educational resources, as well as health and dental services, nutrition and social services to children from low-income families. The program ensures three and four year old children are ready to learn when transitioning to kindergarten. Head Start offers parents training and resources to support their child's educational achievement. Monday-Friday 7:30am-4:30pm.

213 North Clark Amity, AR 71921 (870) 342-5358

Arkadelphia Head Start

Our program is a comprehensive child development program, which serves ages 0-5, and their families. The overall goal is to increase the social competence of young children of income eligible families. Monday-Friday 6:30am-5:00pm.

301 North 23rd Arkadelphia, AR 71923 (870) 246-8931

Gurdon Head Start

Head Start program provides educational resources, as well as health and dental services, nutrition and social services to children from low-income families. The program ensures three and four year old children are ready to learn when transitioning to kindergarten. Head Start offers parents training and resources to support their child's educational achievement. Monday-Friday 7:00am-4:30pm

410 East Main Street Gurdon, AR 71743 (870) 353-6616

Change Point Pregnancy Care and Parenting Resource Center

Change Point Pregnancy Care and Parenting Resource Center of Hot Springs has been helping families and single parents for over 30 years. We have a caring, loving staff, here to help you with free pregnancy testing, ultrasounds, educational materials on fetal development, and referrals to health care facilities. We offer educational parenting classes and programs, fatherhood program and classes, supervised parental court ordered visitation, and Biblically-Faith based classes to help a parent accomplish positive, loving, and solution solving parenting skills. changepointcenter.com/

201 Nickels Street
Hot Springs, AR 71901
Terri Sanders (501) 624-2773; tsanders.changepoint@yahoo.com)

Child Care Aware

Child Care Aware of Central and Southwest Arkansas is a resource and referral source that is designed to help families identify and locate high-quality child care that is affordable, accessible and available. We will help you find the child care resources to meet your individual needs. www.np.edu/childcare-aware/

101 College Drive Hot Springs, AR 71913 (501) 760-6586

Clark County Public School

Arkadelphia Public Schools-Administration Office (870) 246-1100.

Monday-Friday 8:00am-4:00pm. Louisa E. Perritt Primary School Grades Pre-K-1 1900 Walnut Arkadelphia, AR 71743 (870) 246-2260

Central Primary School Grades 2-3 233 North 11th Street Arkadelphia, AR 71923 (870) 246-2872

Peake Elementary Grades 4-5 1609 Pine Street Arkadelphia, AR 71923 (870) 246-2361

Goza Middle School Grades 6-8 140 Badger Lane Arkadelphia, AR 71923 (870) 246-4291

Arkadelphia High School Grades 9 - 12 401 High School Drive Arkadelphia, AR 71923 (870) 246-7373

Centerpoint Public Schools-Administration Office (870) 356-2912.

Monday-Friday 8:00am-4:00pm. Centerpoint Elementary Grades Pre-K-5 637 Hwy 8 East Amity, AR 71921 (870) 356-2912

Centerpoint Middle School Grades 6-8 755 Hwy 8 East Amity, AR 71921 (870) 356-2912

Centerpoint High School Grades 9 - 12 755 Hwy 8 East Amity, AR 71921 (870) 356-2912

Gurdon Public Schools- Administration Office (870) 353-4454.

Monday-Friday 8:00am-4:00pm. Gurdon Primary School Grades Pre-K-4 401 North 10th Street Gurdon, AR 71743 (870) 353-4321

Cabe Middle School Grades 5-8 7780 Hwy 67 South Gurdon, AR 71743 (870) 353-4311

Gurdon High School Grades 9-12 7777 Hwy 67 South Gurdon, AR 71743 (870) 353-5123

Clark County 4-H

4-H is the premier youth development program. 4-H programs are grounded in the belief that kids learn best by doing. Monday-Friday 8:00am-4:30pm.

640 South 6th Street Suite B Arkadelphia, AR 71923 (870) 246-2281

Clark County Cooperative Extension Program

We are part of the University of Arkansas Cooperative Extension Service's statewide network and the U of A System's Division of Agriculture. Our mission is to provide research-based information through non-formal education to help all Arkansans improve their economics well-being and the quality of lives. Whether it's agriculture, family and consumer science or community development, 4-H, our Clark County office is at your service. Monday-Friday 8:00am-4:30pm.

640 South 6th Street Suite B Arkadelphia, AR 71923 (870) 246-2281

College of the Ouachita

College of the Ouachitas (COTO) is a comprehensive, public two year institution of higher education in Malvern, AR providing accessible, high-value associate degrees and certificates in a quality academies environment that is focused on both the student success and the economic development needs of the communities it serves. The College offers more than 50 programs of study in academies, career and technical disciplines to approximately 3,500 credit, noncredit, adult education (three sites-Hot Spring, Clark and Grant Counties) and workforce students, while serving the culturally and economically diverse populations in the five-county service area of Clark, Grant, Dallas, Hot Spring and Saline Counties. Monday-Friday 8:00am-4:30pm.

1 College Circle Malvern, AR 72104 Phone (501) 337-5000

Girl Scouts - Diamonds of Arkansas, Oklahoma & Texas

We're the preeminent leadership development organizations for girls. With programs from coast to coast and across the globe, Girl Scouts offers every girl a chance to practice a lifetime of leadership, adventure and success. Girl Scouting builds girls of courage, confidence and character who make the world a better place.

Monday-Thursday 8:30am-5:30pm closed for lunch 1:00pm-2:00pm and Fri 8:30am-1:30pm. http://www.girlscoutsdiamonds.org/

11311 Arcade Drive Little Rock, AR 72212 (501) 758-1020 or (800) 632-6894

Henderson State University

Henderson State University is a public liberal arts university in Arkadelphia, Arkansas. Founded in 1890 as Arkadelphia Methodist College, it is Arkansas's only member of the Council of Public Liberal Arts Colleges. https://doi.org/10.1007/journal.org/

1100 Henderson Street Arkadelphia, AR 71929 (870) 230-5000

Healthy Connections

Healthy Families Arkansas (HFA) program serves pregnant and parenting moms 25 years of age and under. Services will be provided until the child reaches three years of age and all services are free. Through regular home visits and monthly group meetings HFA staff, strives to empower families to provide a healthy, nurturing environment for their children. HFA is an initiative also help parents get their children off to a healthy start. Participation in HFA services are strictly voluntary. Healthy Connections can also provide assistance in signing up for health insurance.

www.healthy-connections.org/

Family Support Specialist in Garland County: Crystal De La Paz

(501) 620-4600 ext. 418

Family Support Specialist in Polk County: Misty Surber

(479) 437-3449 ext.136

Program Manager & Family Support Specialist: Tonya Myers

(479) 437-3449 ext.176

Imagination Library

The Dolly Parton Imagination Library provides free books to children from birth to age 5. To find out if your county participates in The Dolly Parton Imagination Library and how to register your child, please visit:

https://usa.imagination.library.com/find_my_afillate.php#.WECSzizF7-c

LendEDU (Guide to Paying for College for People With Disabilities)

Getting a college degree is hard enough but it presents a different set of challenges for people who have disabilities.

If you have a disability, this guide can help you determine how to get financial aid and access to scholarships meant for people with disabilities. You can learn also how to apply for Federal Student Aids, Types of Federal Student Aids, Support for students with disabilities and Scholarships. Visit our web site for more information: lendedu.com

Literacy Council

The Clark County Literacy Council is a nonprofit organization that works with adult learners to improve their basic literacy and/or English as a second language skills. This is accomplished by utilizing trained volunteers to tutor adults in Clark Council, enabling them to become fully participating and empowered citizens.

Monday-Friday 8:00am-5:00pm. http://clarkcountyliteracy.weebley.com/

640 South Street Suite A Arkadelphia, AR 71923 (870) 230-5624, Kimberly Ellison, Director

National Park College

National Park College offers a university experience that's close to home at less than half the cost of the average university. Nearly 70% of NPC students receive financial aid and scholarships. We offer two-year degrees and certificates both on campus and online. https://np.edu/

101 College Drive Hot Springs, AR 71713 (501) 760-4222

Ouachita Baptist University (OBU)

Ouachita Baptist University seeks to foster a love of God and a love of learning by creating for students and other constituents dynamic growth opportunities both on campus and throughout the world. With foresight and faithfulness. Embracing the liberal arts tradition, the university prepares individuals for ongoing intellectual and spiritual growth, lives of meaningful work, and reasoned engagement with the world. It is affiliated with the Arkansas Baptist State Convention. https://obu.edu/

410 Ouachita Street Arkadelphia, AR 71998 (870) 245-5000

Ouachita Children's Center (OCC)

Breaking the cycles of a social and negative behavior as well as those of abuse and neglect for Arkansas youth, one child at a time. A non-profit child advocacy organization providing emergency shelter and quality services for youth and families empowering them to achieve lifelong success. Monday-Friday 8:00am-5:00pm. www.occnet.org/

339 Charter Oak Street Hot Springs, AR 71901 (501) 623-5591 Mark Howard, Executive Director

Peake Rosenwald Early Childcare Center

Peake Rosenwald Early Childhood Center is a Child Care Center in Arkadelphia, with a maximum capacity of 99 children. This child care center helps with children in the age range of Preschool (30months) to 13yrs. The provider also participates in a subsidized child care program. Monday-Friday 7:30am-5:30pm.

1604 Caddo Street Arkadelphia, AR 71923 Tasha Hines, Director (870) 246-7301

UA Rich Mountain Community College

University of Arkansas Rich Mountain is a public community college in Mena, Arkansas. There are satellite campuses of the college located in Waldron, Wickes, Oden and Mount Ida. The college serves the citizens of the Ouachita Mountain Region. http://www.uarichmountain.edu/

1100 College Drive Mena, AR 71953 (479) 394-7622

1P Single Parent Scholarship Fund

We help eligible single parents in Arkansas build a new future for their families. We support both part-time and full-time single-parent students pursuing a post-secondary education. Our scholarships not only help with school costs. They can be used for household expenses, daycare costs, community expenses and more while they are in school. If you are looking to complete your education, Arkansas Single Parent Scholarship Fund can help. Our goal is to ease the financial burden of single parents wanting to improve the quality of life for themselves and for their family.

P.O. Box 954
Arkadelphia, AR 71923
(870) 403-3052 clarkcountyspsf@gmail.com (Clark County only)
(501) 762-0113 Ext. 35 lwilliard@aspsf.org (Garland, Hot Springs, Montgomery, Pike and Saline Counties)

Clark County Employment

Abilities Unlimited

Education, adult development and work activity for individuals with disabilities. Thrift Store hours: Monday-Saturday 8:00am-4:30pm. Leesa @ (501) 624-5757. Work Center: Monday-Saturday 7:30am-4:00 p.m.

www.abilitiesunlimitedhotsprings.com

1819 Albert Pike Hot Springs, AR 71913 Karen (501) 767-8400; <u>AUIThrift@gmail.com</u>

Arkansas Promise

Education, employment services, benefits counseling and emergency assistance for youth ages 14-16 who receive SSI.

http://www.promisear.org/

322 Main Street Suite 501 Little Rock, AR 72201 (855) 649-0022

Arkansas Apprenticeship Pathways Initiative (AAPI)

Winrock International and Arkansas Department of Workforce Services is associate with the AAPI program. AAPI seeks to develop and promote Registered Apprenticeship Program around the state. These Programs connect individuals with potential employers by providing the training individuals need to be successful on the job. As a part of AAPI, Winrock International has been providing outreach to community-based organizations who work with underserved populations to raise awareness of these training opportunities and provide information on how interested individuals can be referred to a program. Our website provides more information about AAPI and other Registered Apprenticeship Programs that are being offered around the state. Information provided in both English and Spanish. www.winrock.org

Winrock International
2101 Riverfront Drive
Little Rock, AR 72202
(501) 280-3031
Jordlyn Williams, Program Associates; skype jordyn.williams

Arkansas Rehabilitation Services

Counseling, evaluation, job placement, vocational training, physical and mental restoration, independent living, supported employment and transition services for people with disabilities.

http://ace.arkansas.gov/aarkanssrRehabServices/programs/ACTI/Pages/default.aspx

200 Reserve Street Hot Springs, AR 71901 Kimberly Baker (501) 623-4479; kimberly.baker@arkansas.gov

Arkansas Workforce Development Services/Employment Security Department

An array of career training and placement services, and temporary assistance to needy families.

http://dws.arkansas.gov/

502 South Sixth Street Arkadelphia, AR 71923 (870) 246-2481

(CADC) Central Arkansas Development Council

Our role is to develop and deliver the programs and services that can meet the needs of hard-working low income families and rural communities. (870) 342-5358. www.cadc.com

Clark County Jobs

Arkadelphia is located on Interstate-30, just an hour from Little Rock, which provides access to the amenities of a larger city while enjoying the livability of a smaller community. (870) 246-1460. jobsinclarkcounty.com

First Step, Inc.

Supported Employment program helps to locate jobs for people who have disabilities and provides continuous follow-up to ensure job satisfaction for both the employer and the employee. (501) 624-6468

www.firststeparkansas.com

Healthy Connections

Healthy Connections is always looking for enthusiastic, caring people to join our team. If you are interested in a career at Healthy Connections, please review our job listings and upload your resume and letter of interest using the form. Or email to apply@healthy-connections.org. **No phone calls, please.** HCI offers competitive salary, generous benefits including: Paid Insurance Benefits, 401(k) Retirement Plan and Discounted Medical and Dental Treatment for employees are a small part of the package. Health, dental, and life insurance available for employees' and are paid in full. Employees' families are eligible for the same benefits at discounted pre-tax rates.

www.healthy-connections.com

Share Network

The SHARE Network Access Point is available to job seekers Monday through Friday from select CADC offices. Serves as sites where job seekers can look for jobs in their own communities and get assistance by trained individuals who connect them to jobs using the Arkansas JobLink (AJL) system via computers and direct referrals. (870) 403-0679

www.cadc.com

Stoneworks Agency

Veterans Reconnect Project & Community Re-entry, Life Redirection Programs for exoffenders. Available at the Garland County Library on Thursdays 10:30am to 12:30pm, please come by if you need assistance. (501) 620-9381

www.facebook.com/StoneWorks-Agency-277608995651514/timeline

Clark County Food

PLEASE TAKE ID & CALL IN ADVANCE IN CASE OF CHANGE IN HOURS OR DAYS

American Red Cross

The American Red Cross, also known as The American National Red Cross, is a humanitarian organization that provides emergency assistance, disaster relief, and disaster preparedness education.

1820 Central Avenue Suite J Hot Springs, AR 71901 (501) 623-9321 After hours (501) 748-1021

Area Agency on Aging (AAA) Meals on Wheels

The agency's services are 14 senior activity centers across the 10-county West Central Arkansas region, offering Meals on Wheels, group meals, socialization, recreations and educational activities, wellness programs and activities and other services to seniors. AAA is the main source of funding for the Senior Centers. Monday-Friday 8:30a-4:30pm. www.seniorspecialists.org www.seniorspecialists.org

905 West Grand Avenue Hot Springs, AR 71913 (501) 321-2811 or (800) 467-2170

Contact: Billie Holsomback bholsomback@seniorspecialists.org

Arkansas Hunters Feeding the Hungry

Arkansas Hunters Feeding the Hungry (AHFH) is a community-minded program that provides venison and other wild game to those in need.

(501) 282-0006. www.arkansashunters.org

CADC Commodities Distribution

CADC participates in the USDA Commodity Food program distributing canned and packaged foods to eligible households. Senior Activity Centers give persons 60 and older the chance to enjoy meals and social activities with other senior citizens who have a common interest.

410 East Main Gurdon, AR 71743 (870) 353-2095 CADC.com

Central Arkansas Development Council (CADC)

Our role is to develop and deliver the programs and services that can meet the needs of hard-working low income families and rural communities. Food and Nutrition, IDA/Money Management, LIHEAP (energy Assistance)/ Crisis Intervention, Public Transportation, Public and Medicaid Transportation, Senior Activity Centers, Single Parent Scholarship Fund, USDA Commodities and Weatherization.

1305 North 10th Street Arkadelphia, AR 71923 (870) 403-0679

Clark County Health Unit (WIC Program)

The WIC program is the Special Supplemental Nutrition Program for Women, Infants and Children. Monday-Friday 8:00am-4:30pm (Call for Appointment)

605 South 10th Street Arkadelphia, AR 71923 (870) 246-4471

Department of Human Services (DHS)

The agency's skilled and passionate staff cares for Arkansans of all ages. Arkansans may apply for a vast array of services at their local county office as well as online. Services include ARKids First health insurance for children, the Supplemental Nutrition Assistance Program (SNAP, formerly known as food stamps), Transitional Employment Assistance (TEA) and Medicaid. Additionally, DHS protects children and the elderly who have been abused or neglected. http://humanservices.arkansas.gov/Pages/default.aspx

602 South 10th Street Arkadelphia, AR 71923 (870) 246-9886

FOOD PANTRIES:

Community Family Enrichment Center*
Arkadelphia, AR 71923
(870) 246-5675
Tuesday and Wednesday 10:30am-1:00pm

Evergreen Church*
106 Walnut Street
Gurdon, AR 71743
(870) 230-7628
3rd Monday of each month.

Seniors over 60 only: 12:00pm-1:30pm. All ages: 2:00pm-4pm Friday after 3rd Monday take out service available 3:00pm - 6:00pm

First United Methodist Church - Faith Mission Community Pantry* 107 North 9th Street
Arkadelphia, AR 71923
(870) 246-2493
3rd Tuesday of every month 3:00pm-5:00pm

Gennesaret Missionary Baptist 1751 Logan Street Arkadelphia, AR 71923 (870) 246-6643

Lighthouse Ministries
Hwy 67 South
(870) 246-9524. Monday-Thursday 9:00am-4:00pm. Call Debbie for appointment

Clark County Health

Arkansas Children Hospital (ACH)

Children are at the center of everything we do. Arkansas Children's is the only hospital system in the state solely dedicated to caring for children, which allows our organization to uniquely shape the landscape of pediatric care in Arkansas. ACH is a pediatric hospital with a Level 1 Trauma Center, that's located in Little Rock, AR. It is among the largest pediatric hospitals in the United States and serves children from birth to age 21. ACH is affiliated with the University of Arkansas for Medical Sciences and is a teaching hospital with the UAMS college of Medicine's Department of Pediatrics. Open 24/7

www.archildrens.org

1 Children's Way Little Rock, AR 72202 (501) 364-1100

Arkansas Hospice

We provide comprehensive care designed with the patient's comfort and individual needs in mind. The physical, emotional and spiritual support provided is determined by the patient's wishes and the family's unique needs. Arkansas Hospice was one of the first providers of hospice care services in the state, and is now the largest in Arkansas. We are proud to be a leader in providing comfort care to patients and their families across our 43 county service area. 24/7 arkansashospice.org

508 Ouachita Avenue Hot Springs, AR 71901 (501) 318-9992 or (877) 713-2348

Arkansas Medicaid

(800) 482-8988 Customer service Arkansas Medicaid eligibility, lost or non-receipt of Medicaid cards, county DHS problems

(800) 482-5431 Arkansas Medicaid Information Line coverage, bills, beneficiary denial letters, or other services

(800) 457-4454 Arkansas Medicaid Providers

(800) 482-5850 Extension 28301 Out of State Calls

(800) 285-1131 Extension 26789 Telecommunication Device for the Deaf (TDD)

(888) 987-1200 Arkansas Non-Emergency Transportation Helpline

(800) 422-6641 Arkansas Medicaid Fraud and Abuse Hotline

(888) 474-8275 ARKids First

(800) 275-1131 ConnectCare

(800) 285-1131 ConnectCare, Telecommunication Device for the Deaf (TDD)

(888) 987-1200 Arkansas Medicaid Complaint Hotline (For complaints about healthcare)

(800) 582-4887 Arkansas Nursing Home Abuse Hotline

(800) 285-1131 Arkansas Medicaid Complaint Hotline, Telecommunication Device for the Deaf (TDD) (For complaints about healthcare)

American Cancer Society

The American Cancer Society is a nationwide voluntary health organization dedicated to eliminating cancer. Established in 1913, the society is organized into six geographical regions of both medical and lay volunteers operating in more than 250 Regional offices throughout the United States. (800) 227-2345

American Council of the Blind

Strives to increase the independence, security, equality of opportunity and quality of life for all blind and visually-impaired people. (800) 424-8666. http://www.acb.org/

American Diabetes Association

(800) 342-2383 Monday-Friday 8:30am-8pm ET. www.diabetes.org

American Kidney Fund

Our mission is to help people fight kidney disease and live healthier lives. We fulfill that mission by providing a complete spectrum of programs and services: Prevention Activities, Top-Rated Health Educational Resources and Direct Financial Assistance enabling 1 in 5 U.S. kidney patients to access lifesaving medical care, including dialysis and transplantation. (866) 300-2900 www.kidneyfund.org/

American Lung Association of Arkansas

(800) 880-5684. <u>www.lungark.org/</u>

American Parkinson Disease Association

Founded in 1961 with the dual purpose to "Ease the Burden - Find the Cure" for Parkinson's disease.

(800) 223-2732. <u>www.apdaparkinson.org/</u>

Arkansas Poison Control and Drug Information Center

(800) 376-4766

Arkansas Spinal Cord Commission

1501 North University Suite 400 Little Rock, AR 72207 (800) 459-1517

ARKids First (DHS Office)

ARKids First is a health insurance program that provides coverage for more than 70,000 children across the state. It covers well-child checkups, eye-exams, dental checkups and more. It's insurance that is growing healthy kids in Arkansas and it might be the answer for health coverage for your children.

1603 Edison Ave. Benton, AR 72018 (501) 315-1260

For Spanish: (800) 782-8988

Behavioral Health Services/ Mental Health

Evolve Behavioral Health Services and Medication Management

INDIVIDUAL, GROUP AND FAMILY COUNSELING. Offering compassionate care through individual and family counseling. Therapists provide caring and confidential services to help cope with crises and life changes.

Medication management, pediatrics therapy and counseling available. Evolve accepts Medicaid, including ARKids First, and all private health insurances. We also have a sliding fee scale for patients without health insurance.

301 Professional Park Drive Arkadelphia, AR 71923

For appointment: 1-800-409-6250 https://healthy-connections.org/evolve/

Ouachita Behavioral Health & Wellness (formerly Community Counseling Service)

Services include: Individual and Group Counseling, Marriage and Family Counseling, Psychological, Personality and Intellectual Evaluations, Psychiatric Treatment and Medication Management for children and adults. Serving the following Counties: Clark, Garland, Hot Spring, Montgomery and Pike. Monday-Friday 8:00am-5:00pm.

http://www.communitycounselingservices.org/

125 Wellness Way Hot Springs AR 71913 (501) 624-7111 or (800) 264-2410 Caroline Finney, CarolineF@hsccs.org

P.A.T.H. (Project for Assistance in Transition from Homelessness)

Program is provided to support individuals with serious mental illnesses, as well as individuals with co-occurring substance use disorders who are homeless or at risk of becoming homeless. Housing, Diagnostic Screening and Therapeutic Treatment for serious mental illness, Case Management Services, Job Training, Educational Opportunities, Referral for Substance Abuse and Primary Healthcare. Walk in Clinic: Monday-Friday 8:30am-3:30pm.

125 Dons Way Hot Springs, AR 71913 (501) 624-7111 (ask to speak with member of the P.A.T.H. Team)

Pinnacle Pointe Behavioral Healthcare System

Provides a full continuum of behavioral healthcare services. We specialize in mental health treatment for children and adolescents. pinnaclepointehospital.com/

11501 Financial Centre Parkway Little Rock, AR 72206 (800) 880-3322 or (501) 223-3322

Rivendell Behavioral Health Services of Arkansas

Offers award winning inpatient psychiatric and behavioral health treatment services for adults, adolescents and children.

(800) 264-5640. www.rivendellofarkansas.com/

Smart Moves Smart Choices

Online education, support and resources sponsored by the National Association of School Nurses which raises awareness about the epidemic of abuse of prescription drug abuse by teens. Videos and other resources for teens, parents and educators are available. http://www.smartmovessmartchoices.org/teens

The Caring Place

Provides respite for caregivers and families of people with dementia through a supervised program for participants in a safe and comfortable environment. www.thecaringplacehotsprings.com

Walker Family Clinic/UAMS Psychiatric Research Institute

For adults ages 18 and above, we offer counseling and psychiatric services in a multidisciplinary team of psychiatrists, psychiatric residents, psychologists, neuropsychologists, physician assistants, nurses, clinical social workers and professional counselors. Monday through Friday 8:00am-5:00pm. (501) 526-8200

<u>Child Study Center</u> located at Arkansas Children's Hospital (501) 364-5150. Monday-Friday 8:00am-5:00pm.

CLINICS

AIDS Clinic - Tuggle Clinic HIV/AIDS Resources

Medical treatment and case management, testing, medications, support groups and prevention education.

1801 Central Avenue Suite A Hot Springs, AR 71913 Mike Melancon (501) 623-5598

Camp Quality Arkansas

Letting kids with cancer be kids again. Free week-long camp for children with cancer. Contact: Beth Cameron (830) 486-7106; arkansas@campqualityusa.org/ar
http://www.campqualityusa.org/ar

Child Medical Services

Diagnostic evaluations for children suspected of having physically handicapping conditions regardless of financial status. Approval required for physical services, hospital and surgical care, laboratory, x-rays, applications, equipment and other services. Referrals to specialists, social workers, follow-up and other agencies. Serving Clark, Garland, Hot Spring, Montgomery and Pike Counties. (870) 246-9886

Compassion Women's Clinic/ Healthy Connections Arkadelphia

301 Professional Park Drive Arkadelphia, AR 71923 888-710-8228 Ext. 811 M-Thu 8AM- 6PM www.healthy-connections.org

Department of Human Services

DHS protects children and the elderly who have been abused or neglected; finds adoptive homes for foster children; funds congregate and home-delivered meals for the elderly; regulates nursing homes and childcare facilities; supports high-quality early childhood education; treats and serves youth in the juvenile justice system; runs residential facilities for people with developmental disabilities; manages the Arkansas State Hospital and Arkansas Health Center for those with acute behavioral health issues; and supports nonprofit, community and faith-based organizations that depend on volunteers to continue programs vital to our communities.

1603 Edison Ave. Benton, AR 72018 (501) 315-1260

Healthy Connections Arkadelphia

Provides medical, dental and social services to residents of all ages regardless of ability to pay. Offers discounted services for uninsured or under-insured persons, sliding fee scale for those who qualify and low cost or no cost preventative care. Will assist clients in signing up for healthcare insurance.

301 Professional Park Drive Arkadelphia, AR 71923 888-710-8228 Ext. 811 M-Thu 8AM- 6PM www.healthy-connections.org

Levi Hospital Physical Therapy

Mental health counseling 8:00am-4:30pm. Adult Psychiatric Services 24/7. Rehabilitation, Fitness and Outpatient Counseling. www.levihospital.com

300 Prospect Avenue
Hot Springs AR 71901
(501) 624-1281
Physical Therapy (501) 622-3334
Jackie Arrison 501-622-3498, jarrison@levihospital.com

DENTAL

See Dental tab

EYE-CARE

American Council of the Blind

American Eye Care Project Strives to increase the independence, security, equality of opportunity and quality of life for all blind and visually-impaired people. (800) 424-8666 www.acb.org/

HEARING

Captioned Films for the Deaf

Voice: (864) 585-1778 or (800) 237-6213

TTY: (864) 585-2617 or (800) 237-6819 <u>www.dcmp.org</u>

Deaf and Hearing Impaired/Rehab Service

Information, referral, in-service professional training, sign language classes, hearing evaluations and adaptive equipment. Monday- Friday 8:00am-4:30pm.

200 Reserve Street Hot Springs, AR 71913 (501) 623-4479

Telecommunications Relay Service- Arkansas

TRS Provider - Sprint Relay
711 or 800-285-1131 (TTY)
800-285-1121 (Voice)
866-656-8260 (VCO)
800-285-1131(HCO)
866-656-2966 (Speech-to-Speech)
866-656-1842 (Spanish)
900-230-3131 (900 Number calls)
800-855-4000 (TTY Operator Assistance)

Medicare telephone Hotline

(800) 633-4227) TTY# 1-877-486-2048

Medicare/File a Complaint

www.medicare.gov/claims-and-appeals/file-a-claim/file-a-claim.html

National Cancer Institute

(800) 422-6237

Prescription

Department of Human Services

TEA (Transitional Employment Assistance), Food Stamps and Medicaid

FamilyWize

Prescription discount for those without other prescription insurance, up to 39% discount on all FDA approved drugs, good at all area pharmacies. Free prescription discount card, pay less for prescriptions.

https://familywize.org/prescription-savings-card/get-your-free-card/

United Way of the Ouachitas 233 Hobson Avenue Hot Springs, AR 71913 Katie Gibson (501) 625-2505; <u>unitedwayouachitas.org</u>

Saline County Health Department (WIC - Family Planning)

(501) 303-5650

Services for the Blind

Division of Services for the Blind

Evaluation, counseling, referral, restoration, vocational training, orientation, mobility and job placement at no charge.

Monday-Friday 8:00am-4:30pm.

http://humanservices.arkansas.gov/dsb/Pages/default.aspx

700 Main Street Little Rock, AR 72206 (800) 960-9270 or (501) 682-5463

Lions Club Saline County

Lions meet the needs of the local communities and the world every day because they share a core belief- "to serve their community". Lions are best known for fighting blindness but they also volunteer for many different projects. Caring for the environment, feeding the hungry and aiding seniors and the disabled. Breakfast (574) 360-2499 or Evening (501) 915-8984

Evolve Behavioral Health Services and Medication Management

INDIVIDUAL, GROUP AND FAMILY COUNSELING. Offering compassionate care through individual and family counseling. Therapists provide caring and confidential services to help cope with crises and life changes. Medication management, pediatrics therapy and counseling available. Evolve accepts Medicaid, including ARKids First, and all private health insurances. We also have a sliding fee scale for patients without health insurance.

For an appointment: 1-800-409-6250

3604 Central Avenue

Hot Springs, AR 71913For appointment: 1-800-409-6250

https://healthy-connections.org/evolve/

Clark County Hotlines

also see "toll free"

Alzheimer's Arkansas

Counseling and support, education, elder abuse programs and services for all Alzheimer's or related dementia patients, their caregivers, families and friends.

Caregiver line: (501) 913-1878 Toll-free: (800) 689-6090 24/7

Amity Police Department

121 East Thompson Street Amity, AR 71921 (870) 342-5832

Arkadelphia Police Department

514 Clay Street Arkadelphia, AR 71923 (870) 246-4545

Arkansas Adult Protective Services Hotline

Aging is a natural process, abuse is not. Elder Abuse remains a poorly understood problem in our state. (800)482-8049

Arkansas State Police

Troop K 201 Karen Street Hot Springs, AR 71901 (501) 767-8500

Caddo Valley Police Department

137 Malvern Road Caddo Valley, AR 71923 (870) 246-6357

Change Point Pregnancy Center

Resources for Pregnancy/Post-Pregnancy, diapers and set appointment for parenting classes

201 Nickels Street Hot Springs, AR 71913 (501) 624-2273

Child Abuse Hotline

The Childhelp National Child Abuse Hotline 1-800-4-A-CHILD (1-800-422-4453) dedicated to the prevention of child abuse. Serving the United States, its territories, and Canada, the hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who, through interpreters, can provide assistance in over 200 languages. **All calls are confidential.** (800) 482-5964 Arkansas or (800) 4-A-CHILD (1-800-422-4453) National Child Abuse Hotline TDD (800) 843-6349.

Clark County Sheriff Department

406 S 5th Street Arkadelphia, AR 71923 (870) 246-2222

Crisis and Intervention Hot Line

Our mission is restoring hope, empowering people and saving lives through suicide prevention. By calling our helpline **(888) 274-7472**, our crisis call specialists confidentially and anonymously offer intervention and counseling, link the caller with resources in their area and ultimately save lives by preventing crises from becoming life-threatening.

Deaf Hotline (Abuse)

Get help 24/7 by calling **1-800-787-3224**(TTY) or **1-855-812-1001**(Video Phone)

Domestic & Rape Violence Hotline

Call (800) 656-HOPE (4673) to be connected with a trained staff member from a sexual assault service provider in your area. (800) 799-SAFE (800-799-7233) (877) 215-0167 Spanish. www.domesticpeace.com/resources.html

Drug Rehab Center

Help find a Rehab Center near you. (800) 501-9330

Eating Disorder Solutions

While there are a variety of different treatment options available for those struggling with eating disorders, it is important to find the treatment, or combination of treatments, that works best for you. Effective treatment should address more than just your symptoms and destructive eating habits. It should also address the root causes of the problem—the emotional triggers that lead to disordered eating and your difficulty coping with stress, anxiety, fear, sadness, or other uncomfortable emotions. (855) 245-0961

Nationwide Runaway Hotline

If you are thinking of running from home, if you have a friend who has runaway, or if you are a runaway ready to go home. (800) RUNAWAY (800-786-2929)

National Sexual Assault Hotline

Calling the National Sexual Assault Hotline gives you access to a range of free services including: Confidential support from a trained staff member, support finding a local health facility, someone to help you talk through what happened, local resources, referrals for long term support in your area, information about the laws in your community and basic information about medical concerns. (800) 656-4673

Poison Control and Drug Information Center

The Arkansas Poison & Drug Information Center is your 24/7 antidote for any poisoning concern you may have. Simply call (800) 222-1222 and speak with a pharmacist or RN about your concern.

Pregnancy Resource Center for Southwest Arkansas (PRCSA)

The Pregnancy Resource Center for Southwest Arkansas (PRCSA) is locate in downtown Arkadelphia. The PRCSA was established to serve women and men in Southwest Arkansas who are in and unplanned pregnancy situations. Our purpose is to reach out to women and men in unexpected pregnancy situations to offer hope, emotional support and practical help. Client information is held in strict and absolute confidence.

202 Carpenter Street Arkadelphia, AR 71933 (870) 210-5353

Rape Crisis

Rape crisis centers are community-based organizations affiliated with the anti-rape movement that work to help victims of rape, sexual abuse, and sexual violence. (800)794-4175

S.A.F.E. (Self Abuse Finally Ends)

The <u>S.A.F.E. Clinic</u> provides outpatient services to adolescents and adults who engage in self-destructive, impulsive behaviors and have a desire to stop. (800) 366-8288

Suicide Hotline

No matter what problems you are dealing with, we want to help you find a reason to keep living. You will be connected to a skilled, trained counselor at a crisis center in your area, **anytime 24/7.** (800) 273-8255 (1-800-273-TALK) 24/7

www.suicidepreventionlifeline.org/

Sex Addicts Anonymous

Sex Addicts Anonymous is a twelve-step program for people who want to stop their addictive sexual behavior. There also exists a group known as COSA, for those who have been impacted by others' sexual addiction. (800) 477-8191

saa.recovery.org

Teen Dating Abuse Hotline

The National Dating Abuse Helpline is the direct service provider behind <u>loveisrespect.org(link is external)</u>, operating the 24/7 text, phone and live chat services. The texting function of the Helpline allows for users to text the Helpline advocates 24/7. (866) 331-9474

Veteran's Crisis Line

Connect with the Veterans Crisis Line to reach caring, qualified responders with the Department of Veterans Affairs. Many of them are Veterans themselves. (800) 273-8255 the press 1

Clark County Housing

American Red Cross

Disaster Services: Lodging, food, clothing and community referrals. Provided based on damage to place of residence.

Monday-Friday 9:00am-5:00pm. After 5:00pm call (501) 748-1021. www.redcross.org

820 Central Avenue Suite J Hot Springs, AR 71901 Andrea Jackson, (501) 623-9321; andrea.jackson2@redcross.org

Arkadelphia Housing Authority

Arkadelphia Housing Authority provides safe and affordable housing options to low income residents that qualify. They offer assistance by providing low rent apartments and through the management of the Housing Choice Voucher Program, formerly Section 8. The eligibility requirements for these programs are set by HUD.

Monday-Friday 8:00am-4:30pm.

670 South 6th Street Arkadelphia, AR 71923 (870) 246-4632

Arkansas Sheriff's Youth Ranch

Shelter and education for at-risk youth 6-17. www.youthranches.com

P.O. Box 3964
Batesville, AR 72503
Nancy Weaver (870) 793-6841; nweaver@youthranches.com

DHS-Division of Residential Placement/Licensing

Monitors Residential, Emergency Residential, Psychiatric Residential Treatment, Independent Living facilities for children, and Child Placement agencies that place children into foster and adoptive homes.

http://humanservices.arkansas.gov/dccece/Pages/PlacementResidentialLicensing.asp

700 Main Street Little Rock, AR 72201 (501) 682-8590 Greg Gilliland, (501) 321-2583 ext 227, Greg.Gilliland@arkansas.gov

First Step, Inc.

First Step, Inc. residential program gives adults with disabilities the freedom of choice that is so often lacking at other long-term care facilities.

(501) 620-5432. www.firststeparkansas.com

First Step, Inc. Intermediate Care Facility (ICF/IDD) residential program provides a highly-structured living environment that is supervised 24 hours by trained staff in a 'home-like' atmosphere for children ages five to eighteen that meet the Division of Developmental Services (DDS) eligibility criteria.

For more information, please call (501) 609-9537

www.firststeparka

Highland Maternity Home

Highlands is dedicated to bringing hope and healing to young women ages 13-28 facing an unplanned pregnancy. Highlands has helped more than 3,000 young women by offering hope, healing, peace, joy and a bright future. Highlands offers the remedy to fear...a supportive Christian living environment. Our mission is to rescue young women from harm's way and to bring healing to broken hearts and spirits.

hillcrest@compactfamilyservices.org

2325 Malvern Avenue Hot Springs, AR 71913 (501) 262-1660__

http://www.compactfamilyservices.org/ministries/hillcrest-childrens-home

Hillcrest Children's Center/COMPACT Family Services

Residential care for children 6-14. Assembly of God affiliation. COMPACT is a Christ-centered ministry to redeem vulnerable children and families through compassionate action to the glory of God. .

http://www.compactfamilyservices.org/ministries/hillcrest-childrens-home

2325 Malvern Avenue
Hot Springs, AR 71913
(501) 262-1660
hillcrest@compactfamilyservices.org

Housing Authority, Amity

Amity Housing Authority Arkansas provides low income residents with housing assistance through the management of Low Rent Public Housing. This program is income based and the eligibility requirements are set by HUD.

232 North Briggs Street Amity, AR 71921 (870) 342-5750

Housing Authority, Gurdon

Gurdon Housing Authority is a public housing agency that helps provide decent and safe rental housing for eligible low-income families, the elderly and persons with disabilities.

401 South 2nd Street Gurdon, AR 71743 (870) 353-2507

OCC (Ouachita Children's Center)

Emergency shelter and treatment for youth 8 to 18. Adolescent drug abuse prevention information, case management, follow-up services, referral to family therapy, respite care and parent support groups are offered for dependent neglected children and families.

339 Charter Oak Street Hot Springs, AR 71901 (501) 623-5591 Fax: (501) 623-4226

P.A.T.H. (Project for Assistance in Transition from Homelessness)

Program is provided to support individuals with serious mental illnesses, as well as individuals with co-occurring substance use disorders, who are homeless or at risk of becoming homeless. Housing, diagnostic screening and therapeutic treatment for serious mental illness, case management services, job training, educational opportunities, referral for substance abuse, primary healthcare. Walk-in clinic: Monday-Friday 8:30am-3:30pm.

125 Dons Way
Hot Springs, AR 71913
(501) 624-7111 (ask to speak with a member of the PATH team)

Potter's Clay

Potter's Clay Ministries, Inc. was founded in 1984 as an outreach to women and children in crisis. We accept no state or federal funding to fund our facility. Therefore, we depend on support from churches, organizations and individuals. We provide food, clothing and shelter to our clients.

Monday-Friday 8:00am-4:00pm. http://pottersclayhotsprings.org/

110 Crescent Avenue Hot Springs, AR 71901 (501) 624-1366

Potters Clay Thrift allow shoppers to find products like unique clothing, home goods items, antiques, novelty items and even furniture. Thrifts stores are known for their bargain deals on items that you won't be able to find at your local departments stores. Shop at Potters Clay Thrift Store in Hot Springs, AR. You'll be amazed at items that you can find. Monday-Friday 9:00am-4:00pm and Saturday 10:00am-3:00pm.

1032 Malvern Avenue Hot Springs, AR 71901 (501) 620-4405

Safe Haven Transitional Housing for Women and Children

Safe Haven Shelter for Women and Children has, as its primary goal, to provide a safe and comfortable shelter for a diverse community of homeless women and children. We strive to create an environment of dignity, respect and compassion while providing shelter and meeting the needs of hungry and food for insecure women and children. Safe Haven Shelter provides temporary shelter of up to 180 days to homeless women and children.

110 Highrise Circle Hot Springs, AR 71901 (501) 276-7750

Salvation Army

Committed to breaking the cycle of entitlement that has crippled and destroyed generations of families in our communities. We will offer a hand up to those willing to grow and change toward a better life. We are committed to educating, inspiring and ministering to this generation as we empower people to build lives of purpose.

www.salvationarmyaok.org/hotsprings/

115 Crescent Street Hot Springs, AR 71913 (501) 623-1628

Samaritan Ministries of Hot Springs Rescue Mission for Homeless Men

Shelter, food, clothing and showers for 10 days. 24/7 with overnight intake from 4:00pm-5:45pm. Clean and sober only. By interview only, resident program for 10 months: woodshop skills, job skills, life skills. www.samaritanhs.org

131 Sanford Street Hot Springs, AR 71901 (501) 321-2888

Shalom Recovery Center

Shalom House Ministries provides holistic recovery for women and men addicted to alcohol and drugs. Our goal is to give the individuals with life controlling issues the tools to be mentally sound, physically transformed, spiritually alive and socially adjusted. We believe that through biblical principles and a personal relationship with Jesus Christ each person can be healed and restored. (501) 625-3811 or (501) 625-3895. shalomwomenscenter@gmail.com

Women's Center: 2375 East Grand Avenue

Hot Springs, AR 71901

Men's Center: 2446 East Grand Avenue

Hot Springs, AR 71901

Thee Brother's Keeper

To Assist single fathers and their families from dependence to independence with legal, housing, food, clothing, education and financial resources so that they can recover from a crisis and lead productive single father households. Monday-Friday 8:00am-1:00pm. www.theebrotherskeeper.com

126 Oriole Street Suite 112 Hot Springs, AR 71901 (501) 781-8403

Clark County Income Stability

Arkansas Community Foundation

Arkansas Community Foundation engages people, connects resources and inspires solutions to build community. A non- profit organization that promotes smart giving to improve communities. Grants available for non-profits. Scholarships available for all levels of education. http://www.arcf.org

201 North 26th Street Arkadelphia, AR 71923 (870) 464-7653 or (870) 403-2484.

Central Arkansas Development Council (CADC)

Our role is to develop and deliver the programs and services that can meet the needs of hard-working low income families and rural communities. Food, Nutrition, IDA/Money Management, LIHEAP (energy Assistance), Crisis Intervention, Public Transportation, Public and Medicaid Transportation, Senior Activity Centers, Single Parent Scholarship Fund, USDA Commodities and Weatherization.

1305 North 10th Street Arkadelphia, AR 71923 (870) 403-0679

Getting Ahead in a Just-Gettin'-By World

A 16-20 week curriculum designed to teach individuals who are experiencing poverty how they can create a path to a more stable, secure future for themselves and their family.

133 Arbor Street Hot Springs, AR 71901 (501) 318-1153

Clark County Legal

Arkansas State Police, Troop K

200 Karen Street Hot Springs, AR 71901 (501) 767-8550

Arkansas State Public Defender's Office

Provides legal representation to indigent persons charged with crimes.

http://www.arkansas.gov/apdc/contact/index.html

101 East Capitol Suite 201 Little Rock, AR 72201 Scott Tanner, (501) 682-9070, scott.tanner@arkansas.gov

Center for Arkansas Legal Services

Provides free legal services to low-income individuals residing in the state of Arkansas in civil (non-criminal) cases. CALS is headquartered in Little Rock and serves 44 counties of the 75 counties in Arkansas. www.arlegalservices.org/center

1820 Central Avenue Suite H Hot Springs, AR 71901 (501) 624-2591

Child Support Enforcement

Paternity testing for open cases, child support orders and enforce wage withholding.

2228 Albert Pike Suite H Hot Springs, AR 71913 (501) 321-1561

Crime Victims Reparations Board

Compensation and assistance to victims of violent crime (including DUI) and their families. $(501)\ 682-1020\ or\ (800)\ 448-3014$

https://www.arlegalservices.org/files/FSCrimeReparations.pdf

DHS/DYS (Department of Youth Services)

Prevention, intervention and treatment to insure public safety. Oversees juvenile correction facilities. http://humanservices.arkansas.gov/dys/Pages/default.aspx

700 Main Street Little Rock, AR 72203 (501) 682-8654 After hours: (866) 257-8223

CASA of Clark County (Court Appointed Special Advocates)

Garland County CASA trains and supports volunteers who intervene in the juvenile court systems to advocate for children in abuse and neglect cases. These dedicated advocates work alongside Department of Human Services and Division of Children and Family Services case workers and investigators to represent these children's best interests and provide relief to a critically overburdened child welfare system. Serving Clark and Pike Counties.

401 Clay Street Arkadelphia, AR 71923 (870) 230-1450

Thomas Smith Law Firm

We are a Hot Springs based legal practice that offers special needs legal services throughout the State of Arkansas.

Legal services in estate planning for those with a special-needs loved one include but are not limited to special needs trusts, ABLE Accounts and coordination with family financial planners. At Thomas Smith Law Firm special needs planning is near to our heart. We are committed to providing the best life-time possible for families of special needs children and adults. http://arspecialneedsplanners.com/

508 Ouachita Avenue Suite D Hot Springs, AR 71901 Thomas Smith, ESQ (501) 249-2600; thomas@smithlawfirmar.com

U.S. Secret Service

The United States Secret Service is a federal law enforcement agency under the Department of Homeland Security charged with conducting criminal investigations and protecting the nation's leaders and their families.

(501) 324-6241 Little Rock (202) 406-5708 Washington

9 East Judicial District Victim Assistance

The United States Attorney's Office for the Eastern District of Arkansas is committed to ensuring that federal crime victims are afforded all rights to which they are entitled by law. To accomplish this goal, our office has designated an individual to provide victim and witness support. Our role is to prosecute cases fairly and justly.

414 Court Street Arkadelphia, AR 71923 (870) 246-9868 or (870) 246-7071

Clark County Mental Health

Arkansas Children Hospital (ACH)

Children are at the center of everything we do. Arkansas Children's is the only hospital system in the state solely dedicated to caring for children, which allows our organization to uniquely shape the landscape of pediatric care in Arkansas. ACH is a pediatric hospital with a Level 1 Trauma Center, that's located in Little Rock, AR. It is among the largest pediatric hospitals in the United States and serves children from birth to age 21. ACH is affiliated with the University of Arkansas for Medical Sciences and is a teaching hospital with the UAMS college of Medicine's Department of Pediatrics. Open 24/7.

1 Children's Way Little Rock, AR 72202 (501) 364-1100

Burn Survivor Adult Retreat

The retreat is an event for adult to meet others who are surviving and living in a world of adjustment and awareness of their scars. Commences on Friday and ends Sunday morning. Contact Gretta Wilkinson, RN; wilkinsonge@archildrens.org

Child Study Center Clinic

Serves children up to age 18. A division of Child and Adolescent Psychiatry program and part of the UAMS Department of Psychiatry/Psychiatric Research Institute. The Child Therapy Clinic offers brief comprehensive evaluations as well as individual and family therapy. The Psychiatric Care Clinic is the child residency training clinic for the Child and Adolescent Psychiatry Division and offers diagnostic evaluations, medical consultation and treatment. Common referral problems include anxiety, depression, conduct and behavior problems, emotional adjustment difficulties, learning difficulties, attention problems, child management issues and other psychiatric disorders affecting children, adolescents and their families. Monday-Friday 8:00am-5:00pm.

1210 Wolfe Street Little Rock, AR 72202 (501) 364-5150

Healthy Connections

Healthy Connections strives to make a positive impact on the lives of adults, youth and families. Providing Individual, Group and Family Counseling, Coordination with Primary Care Physicians, Crisis Intervention, Support Group, Mental Health Education, Psychopharmacologic Evaluation and Medication Management. The Licensed Staff includes a Psychiatric Mental Health Evaluation and Medication Management, a Psychiatric Mental Health Nurse, Clinical Social Worker, Professional Counselor, Marriage and Family Therapists. Some of the conditions treated are: Suicidal/Homicidal thoughts, Tic Disorder, Attention Deficit Disorders, Addictive Behavior, Aggressive Behavior, Anxiety/Panic/PTSD, Depression, Trauma-Related Disorders and Eating/Mood Disorders. Healthy Connections accepts Medicaid, Medicare and most private health insurance. There is also a sliding fee scale for patients without health insurance. Healthy Connections can also provide assistance in signing up for healthcare insurance. Visit: www.healthy-connections.org/

3034 A Pine Street Arkadelphia, AR 71923 Phone (870) 230-1280

3604 Central Avenue Hot Springs, AR 71913 (501) 463-4074

1517 South Main Street Malvern, AR 72104 (501) 332-7525

Ouachita Behavioral Health & Wellness (formerly Community Counseling Service)
Services include individual and group counseling, marriage and family counseling,
psychological, personality, intellectual evaluations, psychiatric treatment and medication
management for children and adults. Clark, Garland, Hot Spring, Montgomery and Pike
Counties. Monday-Friday 8:00am-5:00pm. http://www.communitycounselingservices.org/

201 North 26th Street Arkadelphia, AR 71923 (870) 246-4123 or (800) 264-2410

P.A.T.H. (Project for Assistance in Transition from Homelessness)

Program is provided to support individuals with serious mental illnesses as well as individuals with co-occurring substance use disorders, who are homeless or at risk of becoming homeless. Housing, diagnostic screening and therapeutic treatment for serious mental illness, case management services, job training, educational opportunities, referral for substance abuse and primary healthcare. Walk-in clinic: Monday-Friday 8:30am-3:30pm.

125 Wellness Way
Hot Springs, AR 71913
(501) 624-7111 (ask to speak with a member of the PATH team)

Pinnacle Pointe Behavioral Healthcare System

Provides a full continuum of behavioral healthcare services. We specialize in mental health treatment for children and adolescents. pinnaclepointehospital.com/

11501 Financial Centre Parkway Little Rock, AR 72211 (501) 223-3322 or (800) 880-3322

Rivendell Behavioral Health Services of Arkansas

Offers award winning inpatient psychiatric and behavioral health treatment services for adults, adolescents and children.

100 Rivendell Drive Benton, AR 72019 (800) 264-5640

The Bridgeway

Caring for all ages. 24-hour nursing care. Medication management, physician care, neuropsychological testing, discharge and aftercare planning.

21 Bridgeway Road North Little Rock, AR 72113 (800) 245-0011 24/7

Therapeutic Family Services

To provide affordable, ethical, high quality behavioral health services designed to meet individual, family, organizational and community needs.

314 Cheatham Street Gurdon, AR 71743 (870) 353-6555

UAMS Psychiatric Research Institute

The **Psychiatric Research Institute** at UAMS is a one-of-a-kind facility, created to treat and study various forms of mental illness. Our highly qualified staff has the experience and knowledge necessary to care for patients of all ages, no matter what kind of challenges they are facing. Monday-Friday 8:30am-4:30pm. psychiatry.uams.edu/

Walker Family Clinic 4224 Shuffield Drive Little Rock, AR 72205 (501) 526-8100

Clark County Parenting

Central Arkansas Development Council (CADC)

Our role is to develop and deliver the programs and services that can meet the needs of hard-working low income families and rural communities. (870) 246-8931 or (501) 778-1133. www.cadc.com

Change Point Pregnancy Care and Parenting Resource Center

Change Point Pregnancy Care and Parenting Resource Center of Hot Springs has been helping families and single parents for over 30 years. We have a caring, loving staff, here to help you with free pregnancy testing, ultrasounds, educational materials on fetal development, and referrals to health care facilities. We offer educational parenting classes and programs, fatherhood program and classes, supervised parental court ordered visitation, and Biblically-Faith based classes to help a parent accomplish positive, loving, and solution solving parenting skills. changepointcenter.com/

201 Nickels Street Hot Springs, AR 71901 Terri Sanders (501) 624-2773; tsanders.changepoint@yahoo.com)

COMPACT - Highland Maternity Home

Dedicated to bringing hope and healing to young women facing an unplanned pregnancy and who have questions about their future.

agfamilyservices.org/ministries/highlands-maternity-home

2325 Malvern Avenue Hot Springs, AR 71901 (501) 262-1660

Child Support Enforcement Hot Springs (serves Garland and Clark counties)

Hot Springs AR Child Support and Social Service Office enhances the well-being of children by locating noncustodial parents, establish paternity, establish and enforce support orders, modify orders when appropriate, collect and distribute child support payments, and refer parents to other social service programs. These programs promote parent accountability, self-sufficiency and reduce the public's responsibility for providing financial and medical support to children.

228 Albert Pike Suite H
Hot Springs, AR 71913
(501) 321-1561
support.hotsprings@ocse.arkansas.gov

Ouachita Behavioral Health & Wellness (formerly Community Counseling Services)

Services include: Individual and Group Counseling, Marriage and Family Counseling,
Psychological, Personality and Intellectual Evaluations, Psychiatric Treatment and Medication
Management for children and adults. Clark, Garland, Hot Spring, Montgomery and Pike

Counties. Monday-Friday 8:00am-5:00pm. www.OBHAW.org

125 Wellness Way Hot Springs AR 71913 (501) 624-7111 or (800) 264-2410

Ouachita Children's Center (OCC)

Breaking the cycles of a social and negative behavior as well as those of abuse and neglect for Arkansas youth, one child at a time. A non-profit child advocacy organization providing emergency shelter and quality services for youth and families empowering them to achieve lifelong success. www.occnet.org/

339 Charter Oak Street Hot Springs, AR 71901 (501) 623-5591

Smart Moves Smart Choices

Online education, support and resources sponsored by the National Association of School Nurses which raises awareness about the epidemic of abuse of prescription drug abuse by teens. Videos and other resources for teens, parents and educators are available upon request. http://www.smartmovessmartchoices.org/teens

Teen Dating Abuse Hotline

The National Dating Abuse Helpline is the direct service provider behind <u>loveisrespect.org(link is external)</u>, operating the 24/7 text, phone and live chat services. The texting function of the Helpline allows for users to text the Helpline advocates 24/7. (866) 331-9474

Clark County Re-entry

Arkansas Workforce Development Services/Employment Security Department

An array of career training and placement services and temporary assistance to needy families. Monday-Friday 8:00am-4:30pm. http://dws.arkansas.gov/

502 South 6th Arkadelphia, AR 71923 (870) 246-2481

P.A.T.H. (Project for Assistance in Transition from Homelessness)

Program is provided to support individuals with serious mental illnesses, as well as individuals with co-occurring substance use disorders, who are homeless or at risk of becoming homeless. Housing, Diagnostic Screening and Therapeutic Treatment for serious mental illness, Case Management Services, Job Training, Educational Opportunities, Referral for Substance Abuse and Primary Healthcare. Walk-in clinic: Monday-Friday 8:30am-3:30pm.

125 Wellness Way
Hot Springs, AR 71913
(501) 624-7111 (ask to speak with a member of the PATH team)

Stoneworks Agency

Veterans Reconnect Project & Community Re-entry, Life Redirection Programs for exoffenders. Available at the Garland County Library on Thursdays 10:30am to 12:30pm, please come by if you need assistance. (501) 620-9381

www.facebook.com/StoneWorks-Agency-277608995651514/timeline

Clark County Seniors

Adult Protective Services (Adult Abuse Hotline)

Investigations of abuse, neglect, self-neglect and exploitation of adults who are unable to understand they are in imminent risk of death or serious bodily injury. (800) 482-8049. www.aradultprotection.com/

Alzheimer's Arkansas

Counseling and support, education, elder abuse programs and services for all Alzheimer's or related dementia patients, their caregivers, families and friends. Monday-Friday 8:30am-

4:30pm. <u>www.alzark.org</u>

Elise Stuart, <u>elise.stuart@alzark.org</u>
After hours Caregiver line: (501) 913-1878

201 Markham Center Drive Little Rock, AR 72205 (501) 224-0021 or (800) 689-6090 24/7

Area Agency on Aging (AAA) Meals on Wheels

The agency's services are 14 senior activity centers across the 10-county West Central Arkansas region, offering Meals on Wheels, group meals, socialization, recreational and educational activities, wellness programs and activities and other services to seniors. Contact: Billie Holsomback @ bholsomback@seniorspecialists.org.

Monday-Friday 8:30a-4:30pm. www.seniorspecialists.org

905 West Grand Avenue, Hot Springs, AR 71913 (501) 321-2811 or (800) 467-2170

Arkansas Long-Term Care Ombudsman Program

The mission of the **Arkansas Long-Term Care Ombudsman Program** is to assure that long-term care facility residents have the right to live their lives harmoniously and with dignity, feeling free to voice complaints or concerns without reprisal. Call Ombudsman when you have questions about: finances, long-term care Medicaid eligibility, use of restraints, food quality, guardianship/power of attorney, transfers or discharges, social activities, residents rights concern and care plans. (800) 467-2170 or (501) 321-2811.

Assisted Living Facilities Home Care

- Arkansas Human Development Center
 - 1 Prator Drive Arkadelphia, AR 71923 (870) 246-8011
- Courtyard Gardens Health and Rehabilitation

2701 Twins Rivers Drive Arkadelphia, AR 71923 (870) 246-6337

- Ouachita Village Apartments
 - 11 Cypress Road Arkadelphia, AR 71923 (877) 921-0397 or (866) 614-6709
- The Plaza

3007 Twin Rivers Drive Arkadelphia, AR 71923 (870) 230-1490

Twins Rivers Health and Rehabilitation

3021 Twin Rivers Drive Arkadelphia, AR 71923 (870) 246-6337

Center for Arkansas Legal Services

Provides free legal services to low-income individuals residing in the state of Arkansas in civil (non-criminal) cases. CALS is headquartered in Little Rock and serves 44 counties of the 75 counties in Arkansas. www.arlegalservices.org/center

1300 West 6th Street Little Rock, AR 72206 (501) 376-3423 or (800) 9 LAW AID (1-800-952-9243) 1820 Central Avenue Suite H Hot Springs, AR 71901 (501) 624-2591

Central Arkansas Development Council (CADC)

Our role is to develop and deliver the programs and services that can meet the needs of hardworking low income families and rural communities. Food and Nutrition, IDA/ Money Management, LIHEAP (energy Assistance)/Crisis Intervention, Public Transportation, Public and Medicaid Transportation, Senior Activity Centers, Single Parent Scholarship Fund, USDA Commodities and Weatherization.

1305 North 10th Street Arkadelphia, AR 71923 (870) 403-0679 or (870) 246-5036

Central Arkansas Veterans Healthcare System

Hot Springs VA Outpatient Clinic is a group practice with 1 location. Currently, Hot Springs VA Outpatient Clinic specializes in Family Medicine, Geriatric Medicine and Internal Medicine with 1 physician.

177 Sawtooth Oak Street Hot Springs, AR 71913 (501) 520-6250

FamilyWize Prescription Discount Cards

Prescription discount for those without other prescription insurance, up to 39% discount on all FDA approved drugs, good at all area pharmacies. Cards available from United Way of Garland County. https://familywize.org/

233 Hobson Avenue Hot Springs, AR 71913 Katie Gibson (501) 623-2505.

Healthy Connections

Provides services to residents of all ages regardless of ability to pay. Same day appointments and walk-ins are welcome. Healthy Connections accepts Medicaid, Medicare and most private a sliding fee scale for those who qualify and for those who are under insured or without health care insurance. Visit: www.healthy-connections.org/

3034 A Pine Street Arkadelphia, AR 71923 (870) 230-1280 1517 South Main Street Malvern, AR 72104 (501) 332-7525

Hospice Care

Arkansas Hospice

We provide comprehensive care designed with the patient's comfort and individual needs in mind. The physical, emotional and spiritual support provided is determined by the patient's wishes and the family's unique needs. Arkansas Hospice was one of the first providers of hospice care services in the state, and is now the largest in

Arkansas. We are proud to be a leader in providing comfort care to patients and their families across our 43-county service area. 24/7 arkansashospice.org

508 Ouachita Avenue Hot Springs, AR 71901 (501) 318-9992 or (877) 713-2348

Baptist Health Home

Baptist Health Home Health Network allows patients to receive the highest quality healthcare from the state's most trusted provider, all from the comfort of their own home. Our compassionate nurses tailor a treatment plan to your specific needs and are there every step of the way on your journey to recovery. homecare@baptist-health.org

3050 Twin River Drive Arkadelphia, AR 71923 (870) 245-1040

Ouachita Behavioral Health and Wellness

We offer Adult Groups Classes for: Anger Management Training, Rebuilding when your relationship ends, Bereavement Support, Healing from Childhood Abuse, Active Parenting, Trauma Informed Yoga, Life Skills, Living Well and Anxiety/Depression Group. Serving Clark, Garland and Hot Spring Counties. Monday-Saturday 8:00am-5:00pm.

125 Wellness Way Hot Springs, AR 71913 (501) 624-7111

Nursing Homes

Arbor Oaks Healthcare and Rehabilitation Center

105 Russellville Road Malvern, AR 72104 (501) 332-5251

Courtyard Gardens Health and Rehabilitation Center

2701 Twin River Drive Arkadelphia, AR 71923 (866) 603-1221 or (877) 920-3960105

Encore Healthcare and Rehabilitation

1820 West Moline Street Malvern, AR 72104 (501) 337-9581

Long Meadow Nursing Center

912 Section Line Road Malvern, AR 72104 (501) 332-6936

Twin River Health & Rehab

3021 Twin River Drive Arkadelphia, AR 71923 (870) 246-6337 or (888) 481-8704 or (866) 355-9435

Social Security Administration

The United States Social Security Administration is an independent agency of the U.S. federal government that administers Social Security, a social insurance program consisting of retirement, disability, and survivors' benefits.

112 Corporate Terrace Hot Springs, AR 71913

Clark County Toll Free

see also "hotlines"

Arkansas Adult Protective Services Hotline

Aging is a natural process, abuse is not. Elder Abuse remains a poorly understood problem in our state. (800) 482-8049

Arkansas Coalition Against Domestic Violence

Provides training, support, public information education and advocacy for victims of personal and institutional violence

(800) 269-4668. **24/7 Hotline 800-799-7233.**

Monday-Friday 8:00am-4:00pm. http://www.domesticpeace.com/

Arkansas Poison Control and Drug Information Center

The Arkansas Poison & Drug Information Center is your 24/7 antidote for any poisoning concern you may have. Simply call (800) 222-1222 and speak with a pharmacist or RN about your concern.

Center for Missing and Exploited Children

The Center provides information to help locate children reported missing (by parental abduction, child abduction, or running away from home) and to assist physically and sexually abused children. In this resource capacity, the NCMEC distributes photographs of missing children and accepts tips and information from the public. It also coordinates these activities with numerous state and federal law enforcement agencies

(800) 834-5678 (800-THE-LOST) 24/7. http://www.missingkids.org/home

Child Abuse Hotline

The Childhelp National Child Abuse Hotline 1-800-4-A-CHILD (1-800-422-4453) dedicated to the prevention of child abuse. Serving the United States, its territories, and Canada, the hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who, through interpreters, can provide assistance in over 200 languages. **All calls are confidential**. (800) 482-5964 Arkansas or (800) 4-A-CHILD (1-800-422-4453) National Child Abuse Hotline

Crime Victims Reparations Board

Compensation and assistance to victims of violent crime (including DUI) and their families (800) 482-8982 or (501) 682-1020.

https://www.arlegalservices.org/files/FSCrimeReparations.pdf

Medicare telephone Hotline

You are now able to submit feedback about your Medicare health plan or prescription drug plan directly to Medicare. The Centers for Medicare & Medicaid Services values your feedback and will use it to continue to improve the quality of the Medicare program. If you have any other feedback or concerns, or if this is an urgent matter, please call 1-800-MEDICARE (1-800-633-4227). TTY/TTD users can call 1-877-486-2048.

Medicare/File a Complaint

You can file a complaint if you have concerns about the quality of care or other services you get from a Medicare provider. (800) 633-4227.

www.medicare.gov/claims-and-appeals/file-a-claim/file-a-claim.html

Nationwide Runaway Hotline

The National Runaway Safeline is the national communications system designated by the United States federal government for runaway and homeless youth, their parents and families, teens in crisis, and others who might benefit from its services. It is confidential, anonymous, non-judgmental, non-directive, and free.

(800) RUNAWAY(800-786-2929) 24/7 Text 66008. <u>www.1800runaway.org/</u>

Suicide Prevention Hotline

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

(800) 273-8255 (800-273-TALK)

Suicide Prevention Hotline The Recovery Village

Symptoms of depression can pop up at the most inconvenient times. When your friends are asleep, your therapist is out of the office or your significant other is at work, it can be hard to know where to turn. Even if you have never considered it, a depression hotline could be a useful resource. Available 24 hours a day, seven days per week, depression helplines are a useful tool for your coping skill toolbox. (855) 498-5516.

https://www.therecoveryvillage.com/drug-addiction/drugs-and-suicide/ https://www.therecoveryvillage.com/co-occurring-disorders/

Clark County Transportation

CADC Medical Transportation

Through SCAT, public and Medicaid transportation, is available at a reduced rate to any person, regardless of income. Monday-Friday 8:00am-5:00pm. www.cadc.com

1303 South Main Street Malvern, AR 72104 (501) 332-5426

Central Arkansas Development Council (CADC)

Our role is to develop and deliver the programs and services that can meet the needs of hard-working low income families and rural communities. Food and Nutrition, IDA/Money Management, LIHEAP (energy Assistance)/ Crisis Intervention, Public Transportation, Public and Medicaid Transportation, Senior Activity Centers, Single Parent Scholarship Fund, USDA Commodities and Weatherization. www.cadc.com

1305 North 10th Street Arkadelphia, AR 71923 (870) 403-0679

Our Promise Cancer Patient Resources

Transportation for people receiving cancer treatments. http://www.ourpromise.info/

Road to Recovery Cancer Treatment Transportation

Patients must be traveling to an appointment required to begin or complete cancer treatment, or to an appointment for complementary therapy during cancer treatment. (877) 227-2345

Clark County Utilities

Central Arkansas Development Council (CADC)

Our role is to develop and deliver the programs and services that can meet the needs of hard-working low income families and rural communities. Food and Nutrition, IDA/Money Management, Power to Care, (elderly & disabled) <u>LIHEAP</u> (energy Assistance)/Crisis Intervention, Public Transportation, Public and Medicaid Transportation, Senior Activity Centers, Single Parent Scholarship Fund, USDA Commodities and Weatherization.

1305 North 10th Street Arkadelphia, AR 71923 (870) 403-0679

CenterPoint Energy/ARKLA Gas

629 South 6th Street Arkadelphia, AR 71923 (870) 246-5089 or (800) 992-7552 www.centerpointenergy.com

Entergy Electricity

(800) 368-3749

Free Cell Phone

(888) 493-0748

LiHeap Utility Assistance

The Low-Income Home Energy Assistance Program (LIHEAP) is a federally-funded program that helps low-income households pay their home heating and cooling bills.

(870) 403-0679

Clark County Veterans

Veterans Crisis Line

(800) 273-8255 press 1 confidential chat veteranscrisisline.net text 838255

Area Agency on Aging

Seniors, veterans or disabled under 60, elder care and home health care, in Clark, Conway, Garland, Hot Spring, Johnson, Montgomery, Perry, Pike, Pope, and Yell Counties. Monday-Friday 8:00am-4:30pm. www.seniorspecialists.org

2749 Pine Street Suite B
Arkadelphia, AR 71923
(870) 246-8708 or (800) 467-2170
Billie Holsomback bholsomback@seniorspecialists.org

Arkansas Department of Veteran Affairs

The Arkansas Department of Veterans Affairs (ADVA) serves Arkansas Veterans, and their eligible dependents, through advocacy and education to access state and federal benefits, high-quality long-term nursing care and burial honors.

(501) 683-2382. www.veterans.arkansas.gov

Arkansas Department of Veteran Affairs Clark County Veteran Service Office

Serves Arkansas Veterans and their eligible dependents through advocacy and education to access state and federal benefits, high-quality long-term nursing care and burial honors. Serving Clark, Columbia, Hempstead, Howard, Lafayette, Little River, Miller, Nevada, Pike, and Sevier Counties. District Office 8 - Hope, AR

501 Clay Street Arkadelphia, AR 71923 (870) 246-7321

Arkansas Freedom Fund

The Arkansas Freedom Fund exists to serve and support rehabilitative recreational outdoor activities that benefit our military, veterans, wounded/disabled veterans, and their families. www.arkansasfreedomfund.org

6017 Springwood Circle Bryant, AR 72022 (501) 517-5338

Arkansas Hospice

Hospice care actually enables patients to live their last days to the fullest with purpose, dignity, grace and support. It's about bringing the best in physical, emotional and spiritual care to those who are facing the challenges of a life-limiting illness and their families. At Arkansas Hospice that is our mission. As a not-for-profit organization we believe that fear of costs should never prevent a person from having access to hospice care and our patients are cared for regardless of ability to pay. (501) 748-3333 or (877) 713-2348. www.arkansashospice.org

Camp Alliance

Camp Alliance was established in 2010 with the purpose to serve the United States Guard/Reserve Armed Forces, to compliment the Department of Defense Military Unit and family mission readiness programs. Camp Alliance is a leader in military unit and family support services as well as a role model for building strong support communities.

(479) 936-2160. <u>www.campalliance.org</u>

DD-214s

To obtain a DD-214:

National Personnel Records Center (314) 801-0800 Arkansas National Guard DD-214s (501) 212-4171 Active duty/Arkansas DD-214s (501) 370-3820 www.archives.gov/veterans/military-service-records

Darby's Warrior Support

Provides combat veterans of the 9/11 Generation free, all-inclusive Arkansas duck hunting in luxury accommodations, while also providing educational scholarship assistance for the severely wounded and permanently disabled veteran seeking a college degree.

(501) 724-0109. www.darbyswarriorsupport.org

Clark County Veteran Service Office

The mission of the Clark County Veterans Office is to assist in an efficient and compassionate manner the residents of the county in obtaining all federal state and county veterans benefits for which they are eligible.

501 Clay Street Arkadelphia, AR 71923

Officer in Charge: Bob Palmer (870) 246-7321

Homeless Veteran Resources

Homeless Veteran Hotline 877-424-3838

If you are a Veteran who has lost your home, VA can help you get back on your feet. Contact VA's National Call Center for Homeless Veterans at (877) 4AID-VET (1-877-424-3838) to speak to a trained VA responder. The hotline and online chat are free and neither a registration nor enrollment in VA healthcare is required to use either service.

www.littlerock.va.gov/services/homeless/index.asp

HUD/VASH

Collaborative program between HUD and VA combines HUD housing vouchers with VA supportive services to help Veterans who are homeless and their families find and sustain permanent housing. (877) 4AID-VET (877-424-3838) 24/7 www.va.gov/homeless/hud-vash.asp

Jobs for Veterans

502 South 6th St. Arkadelphia, AR 71923

Representative: Alethiea Woodard (870) 246-2481

www.veterans.arkansas.gov/jobs

www.fedshirevets.gov.AgencyDirectory/index.aspx

National Park College Veterans Assistance

Assists veterans in applying for and receiving veteran educational benefits as well as available resources outside of the college. Contact Nathan Looper, Veteran Education Coordinator at (501) 760-4151.

P.A.T.H. (Project for Assistance in Transition from Homelessness)

Program is provided to support individuals with serious mental illnesses, as well as individuals with co-occurring substance use disorders, who are homeless or at risk of becoming homeless. Housing, Diagnostic Screening and Therapeutic Treatment for serious mental illness, Case Management Services, Job Training, Educational Opportunities, Referral for Substance Abuse and Primary Healthcare. Walk-in clinic: Monday-Friday 8:30am-3:30pm.

125 Wellness Way Hot Springs, AR 71913 501-624-7111 (ask to speak with a member of the PATH team)

Stoneworks Agency

Veterans Reconnect Project & Community Re-entry, Life Redirection Programs for exoffenders. Available at the Garland County Library on Thursdays 10:30am to 12:30pm, please come by if you need assistance. (501) 620-9381

www.facebook.com/StoneWorks-Agency-277608995651514/timeline

Veterans Administration Hospital Little Rock, AR

4300 West 7th Street Little Rock, AR 72205 (501) 257-1000 www.littlerock.va.gov/

Veterans Affairs Home Based Primary Care

177 Sawtooth Oak St Hot Springs, AR 71901 (501) 520-6250

www.littlerock.va.gov/locations/HotSprings.asp

Veterans Crisis Line

Veterans Crisis Line: (800) 273-8225 Press 1

Veterans Villages of America

Our Mission is to combine many of the distinctly diverse programs and policies servicing our veterans into a unifying effort which will improve the economic well-being and quality of life for our veterans. (501) 663-5003

www.veteransvillagesofamerica.org

Veteran Organization Headquarters

Veterans of Foreign Wars	(501) 834-8392	www.arkansasvfw.org
Paralyzed Veterans of America	(501) 370-3757	www.pva.org
American Legion	(501) 375-1104	www.arlegion.org
Disabled American Veterans	(501) 257-1896	www.ardav.org
Military Order of Purple Heart	(479) 263-6772	www.purpleheart.org
American Legion Auxiliary	(501) 374-5836	www.auxiliary.arlegion.org
National Guard Association of Arkansas	(501) 758-6422	www.ngaa.org

Women Veterans Call Center

Call or Text: (855) 829-6636

Workforce Development Office

An array of career training and placement services.

Monday-Friday 8:00am-4:30pm. http://dws.arkansas.gov/

502 South 6th Street Arkadelphia, AR 71923 (870) 246-2481